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The Observer

Central Washington University

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THE OBSERVER

FREE TAKE ONE | VOL. 85, NO. 1 | April 8-14, 2010 | <http://observer.cwu.edu>



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PHOTO BY ANNELISE ANDERSON

the Observer - by the students and for the students of CWU

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SPRING QUARTER DATES TO KNOW

MATH LAB HOURS

The University Math Center's Drop-in Help Lab opened Monday April 5. The help lab is open to students in all subjects with a quantitative component. The labs hours are as follows:
Hertz 104:
Monday/Wednesday - 2 - 6 p.m.
Tuesday/Thursday - 2 - 8 p.m.
Library Fishbowl:
Sundays 5 - 8 p.m.
For more information, please contact University Math Center Director Erin Lee at 509-963-2040

ACADEMIC DATES

April 9 - Deadline for Summer 2010 Degree Application
May 14 - Uncontested Withdrawal Deadline
May 10 - June 21 Summer Registration
May 10 - 14 - Fall Quarter Advising Week
May 17 - Early Registration for Fall 2010 Begins
June 4 - Hardship Withdrawal Deadline
June 4 - Complete Withdrawal Deadline
June 8-11 - Final Exams
June 11 - Honors Convocation
June 12 - Eastside Commencement
June 13 - Westside Commencement

ASCWU-BOD ELECTION INFO

Important Dates for Candidates:
April 8 - Information meeting: 6 p.m., SURC 301
April 21 - Filing closes: 4 p.m. Campus Life office SURC 263
April 22 - Campaign Kickoff: 6 p.m., SURC 301
This essential meeting is for candidates or their designee. Advertising begins after meeting.
April 27 - Last day to register as a write-in candidate for Primary Election: 4 p.m., SURC 263
May 11 - Last day to register as a write-in candidate for General Election: 4 p.m., SURC 263

BOD Job Descriptions:

President - Chair and chief spokesperson of the Board that represents the Associated Students in all legislative issues.
Executive Vice President - Vice Chair of the Board that oversees committees and appointments and provides summaries of monetary activity.
Vice President for Clubs & Organizations - Chair of the Senate of Student Organizations that acts as a liaison to the sports council, clubs and organizations.
Vice President for Academic Affairs - Chair to the Academic Senate that relays student concerns to Faculty Senate and oversees the ASCWU Scholarship Program.
Vice President for Equity & Community Service - Chair of the Equity and Services Council that initiates community service projects and coordinates employment for the office support staff.
Vice President for Student Life & Facilities - Chair of the Student Union Advisory Board that takes part in the RHA, oversees the integrity and safety of campus facilities and facilitates off-campus student concerns.
Vice President for Political Affairs - Director of the Office of Legislative Affairs and chair of the CWU Washington Student Lobby chapter that provides programs to increase political awareness and student political involvement.

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Scholarship office helps students win free money

BY KATIE REESE | News Editor

With the 14 percent increase of in-state tuition, Central Washington University undergraduate students will be adding \$685 per quarter to their financial aid budget, whether they apply for loans, grants or scholarships.

"With tuition going up another 14 percent for next year, it's imperative that we double our efforts to make sure students know about their options for funding, and feel comfortable pursuing those options," said Kara Hoisington, scholarship program support supervisor.

To give scholarship seekers a leg up, Central Washington University's scholarship office and university housing and new student programs will be offering "Scholarships 101" at noon on April 14 at 4 p.m. in the Student Union and Recreation Center theatre.

"Many of the students who come into the

scholarship office for scholarship guidance just have no idea where to start," Hoisington said. "This lack of knowledge about what to do to get started is intimidating to students, and they may not push through that intimidation to explore their scholarship resources."

"It's a scary time to be paying for college, and one of the best ways to deal with that fear is to be proactive about paying for school."

KARA HOISINGTON
Scholarship Program Support
Supervisor

The sessions are free and will teach students the basics on searching for scholarships, writing essays and whether winning scholarships will affect their financial aid.

"It's a scary time to be paying for college, and one of the best ways to deal with that fear is to be proactive about paying for school," Hoisington said. "We're

here to help students be proactive." For more information call the Scholarship Office at 509-963-3005 or e-mail scholar@cwu.edu.

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9TH PLACE

Staff member's daughter missing since March 8

BY PETE LOS | Staff Reporter

The Lowery family spent Easter on the west side with relatives, although the spirit of the occasion was dampened by their daughter Morgan's absence.

"It didn't feel right that she wasn't there," said Robert Lowery, Morgan's father and director of publications at Central Washington University. "It has been hard on the family, on her niece and nephews too. That's one thing [they ask], 'Where's Auntie Mo? Where's Auntie MoMo?' Well she's not there. You can tell they wonder where she is."

According to her father, Morgan used to spend a lot of time with the family. She was a really good aunt.

Morgan is an Ellensburg High School student and was enrolled in Running Start at Central. She has played volleyball and softball and was on track to graduate in June. But several months ago something changed; She began to lose interest in athletics and stopped spending time with several of her friends.

"All I know is that the girl who ran off was not the same daughter that we knew several months ago. She has really changed in the past few months," Robert Lowery said. "It would ease our minds a ton if we could just hear that she was safe."

A month or so before she took off, she announced to her parents that she wasn't going to play softball this year. Her parents began to notice their daughter was changing.

On March 8, the 17-year-old girl went missing. Morgan Lowery is described as being 5-foot-6 and 160 pounds with dyed blue and black hair.

"We're concerned about her," Robert Lowery said. "We don't know where she is, be it here in the Valley somewhere, or be it in Seattle, or Spokane or who



PHOTO COURTESY OF ROBERT LOWERY

MISSING GIRL Morgan E. Lowery is described as being 5-foot-6 and 160 pounds. Her hair is currently dyed blue and black.

knows where she could be?"

It has been approximately a month since Morgan was reported missing. She was last seen on campus when her mother dropped her off for class at 1 p.m.

The Kittitas County Sheriff's Office, as well as family and friends, have been putting an effort into locating Morgan. Flyers have been distributed throughout Ellensburg, Spokane and Seattle, including the surrounding areas. A friend of Morgan's even created an event called 'Help Find Morgan' on Facebook that has received nearly 3,000 hits. However, the police have had no promising leads and there has been no word from Morgan.

"We haven't heard a thing from her.

Neither have any of her friends," Robert Lowery said. "The one thing we need to know is that she's safe, and that's something we're very, very concerned about."

According to the Kittitas Sheriff's Office press release, she is said to be in the company of Matthew J. Mitchell, her 20-year-old boyfriend, "who may be controlling her movements and activities."

Neither of the two have cars or cell phones and will more than likely be traveling on foot or hitch hiking.

Anyone with information concerning the location of Morgan Lowery and Matthew Mitchell should contact Det. Brent Severson at the Kittitas County Sheriff's Office at 509-925-8534 and refer to incident report number S10-02964.

Financial aid overhaul written into healthcare bill

BY ANTHONY JAMES |

Sr. News Reporter

The sweeping student loan legislation passed by Congress in March will help out Central Washington University students going into teaching, public service or non-profit jobs.

The university is already part of the U.S. Department of Education's Direct Loan program, so it won't see as much impact from the law that ends the long-standing federal subsidies of private student loans.

The Student Aid and Fiscal Responsibility Act was passed as part of the larger health care reform legislation and was a key piece of President Barack Obama's agenda. The law would increase the Pell Grant to a maximum of \$5,500 for the 2010-11 school year and annually thereafter with rates based on the Consumer Price Index.

Beginning with loans taken out after July 2014, the new law will also forgive loan balances after 20 years, instead of 25 years. The period will be reduced to 10 years for students working in public service jobs such as teaching, nursing or serving in the military. Repayments will also be capped at 10 percent above a basic living allowance, reduced from 15 percent.

Director of Financial Aid Agnes Canedo said Central has been offering Direct Loans since 1994. The University of Washington and Western Washington University also offer the program and all have been impressed with the results.

"We all love the program. We always have," Canedo said.

The Direct Loan program has been controversial since its inception. Passed by Congress under the George H. W. Bush administration, the program was not signed into law until President Bill Clinton took office. Under pressure from banks who make millions on interest, Congress has rolled back numerous provisions, including providing subsidies to participating schools to pay for staff costs.

The act is estimated to save \$87 billion over the next 10 years, putting savings back into Pell Grants.

Despite this, Canedo said only two full-time employees are needed to process \$55 million in Direct Loans at Central.

"By being a part of the Direct Loan program, we have saved the taxpayer, typically \$4 to \$6 million a year," Canedo said.

The loans are also easier for students to obtain. Instead of filling out a FAFSA, submitting it and taking the information to banks, the loans are processed through the financial aid office.

Interest rates are also lower. Subsidized Direct Loans incur no interest until six months after graduation. Unsubsidized loan rates are 6.8 percent, lower than private loans, which often range between 9 percent and 12 percent, Canedo said.

Logan Bahr, executive vice president of the Associated Students of Central Washington University Board of Directors, was in Washington, D.C. for a U.S. Student Association conference when the bill passed.

"We think it's great," Bahr said. "It essentially cuts out the middle man and makes it cheaper for the government and students."

Some students agreed.

Mariah Wells, freshman undeclared, said student loan interest rates are too high. "The government can more easily regulate than the private sector," Wells said.

Zach Beeler, junior elementary education major, said the nationalization of student loans takes away choice of lenders.

"It's one of those things you see the good and bad coming out of it," Beeler said.

Gaudino signals move towards 'private model'

BY RYAN RICIGLIANO | Asst. News Editor

President James Gaudino outlined Central's plan for surviving the current budget crisis and how the university must rebrand itself in order to better appeal to students during an annual address to classified staff on Tuesday.

"We need to rethink how we vision ourselves and move from the traditional public model to a private model," Gaudino said in his opening.

During the speech several staff members challenged the president on everything from the large pay discrepancy between administrators and staff members to the cost of renovations to his house.

"You forget about us little people," said one audience member referring to the universities service employees. "Are we top-end heavy?"

In his speech Gaudino noted how, in the last 20 years, the university has been receiving less state financial support and has been forced to rely more on a tuition-based model. The sharpest decline in state funding, roughly 30 percent, came in last year's budget.

"There is no indication in Olympia that we will return to a state-funded model," Gaudino said. "The legislation is saying that if you are getting the returns [from your education] then you should be pay-

ing the major freight of that expense."

The president believes the university will continue to see cuts for the next four to six years, and even if money returns to the state budget, Central may not get its fairshare.

His plan for the coming year is to "change everything we do to be student-focused" and work on making Central a student's first choice.

"If you aren't serving a student, or supporting someone who is serving a student, then you need to rethink what you're doing here," Gaudino said.

He also placed strong emphasis on the rebranding of the university and the importance of value.

Other universities such as the University of Washington and Western Washington have focused on becoming "destinations." Central must do the same, Gaudino said.

"The proposition is less of affordability, but more of a question of value," Gaudino said. "Families and students are beginning to look where they'll get the best value."

Smaller class sizes, better career counseling and more international opportunities are a few things Central has to offer students, Gaudino said.

He used the newly opened Welcome Center as an example of a highly visible facet of the university that will help encourage and recruit prospective students.

Gaudino went on to address the need for an enrollment management plan, so the university is able to recruit for specific needs. He also believes that Central needs a marketing communication plan and a better message in Olympia about what the

university needs. "UW and WSU are driving the bus over there," Gaudino said. "We need to convince Olympia there are distinctions between the six universities in funding." Lastly, Gaudino mentioned the need for alumni support and how student scholarships must come from an enhanced endowment.

"The Foundation is hugely inadequate for our students'

"There is no indication in Olympia that we will return to a state-funded model."

JAMES GAUDINO
University President

Central student battles rare disease

\$750 monthly shots, daily meds help him stay 'normal'

BY ANTHONY JAMES | Sr. News Reporter

Central Washington University construction management student Sean Sommerville is one of 127 unique Americans.

At the age of 12, Sommerville was diagnosed with a rare disease called systemic mastocytosis, the symptoms of which include red spots covering the body with an attack similar to an allergic reaction, where one will break out in hives and often suffer a seizure. It's not known what causes the attacks.

Sommerville lives with a disease that fewer than 500 people in the world have been diagnosed.

"Basically I try to live my life like a normal human being day to day," Sommerville said.

But growing up was often a challenge for Sommerville.

As a child growing up in Pasco, Wash., Sommerville couldn't spend much time outside or he would have a severe reaction.

Sommerville's primary care doctor had met with a Seattle doctor who was familiar with the disease at a conference and referred Sommerville to a children's hospital in Seattle during the summer of 2001. There, he underwent a month-long series of tests that confirmed his condition. He stayed in the children's hospital with his dad, Todd, and grandma, Sandy, during this time.

Because of the rarity of the disease, Sommerville was sent to the National Institutes of Health in Bethesda, Md. After another series of tests, doctors confirmed the diagnosis. Sommerville and his dad were sent back to Washington on a red-eye flight out of Dulles International Airport, a plane ride that sticks well out in his mind - it was the morning of Sept. 11, 2001.

Soon after crossing the Washington-Idaho border, the plane's pilot made an announcement about what had just taken place in New York and Washington, D.C. Two military jets escorted the flight back to Seattle-Tacoma International Airport.

"It was kinda crazy to think I flew out of the same airport as those guys," Sommerville said.

Sommerville's case is unique from most. He is the only known person who passes out and loses all potassium during an attack. His case is also less severe day-to-day, but more serious during an attack.

The disease has caused long-term difficulties for Sommerville. The attacks have made him lose many memories of his childhood and has kept him from attending school due to doctor appointments.

Sommerville said he has been tested multiple times for every known allergy. Despite that all have come back negative, his desk is stocked with allergy medication and EpiPens because an allergic reaction could be deadly.

Researchers are not sure where the disease originated, but Sommerville said 90 percent of sufferers are of German descent, like him. It can only be dated back to around the time of World War II and could be the result of an experiment by the Nazis.



DANIELLE DECATO

SEAN SOMMERVILLE Despite suffering from systemic mastocytosis, Sommerville tries to live a typical college student life.

The disease is genetic, but Sommerville said the disease has skipped at least the last five generations on each side of his family.

Today, an attack is rare, but throughout middle school, an attack every three days was common for Sommerville. For now, he takes daily medication and receives an experimental shot once a month in each arm. At \$750 a shot, the government covers the cost, but Sommerville said his family has paid thousands of dollars in medical bills out of pocket because his insurance company doesn't cover many of the procedures.

Once a year in August, he flies to Washington, D.C., to receive a series of tests, including CAT scans, blood tests and anti-stress training since stress has been shown to induce attacks. He also receives a bone marrow biopsy since systemic mastocytosis resides in the bone marrow as well as the kidneys.

The trip allows Sommerville to network with doctors and other patients with the disease. It also allows researchers to collect data and share experiences of those living with the disease.

Of the known cases, Sommerville said he is the only person who has lost many of the spots on his body. Researchers believe this may be due to high exposure to the sun he gets living in the Tri-Cities, which enjoys sun 80 percent of the year. Sommerville said several friends who share his disease have moved from the Northeast to Sun

Belt states such as Florida.

After graduating from high school in 2007, Sommerville attended classes at Columbia Basin College before transferring to Central in September 2009.

Jessica Weisz, Sommerville's girlfriend of three years and a Central student, said all of the time he has spent with his family has helped make him into the person he is today.

"His family has been there with him through everything and that has made him a very loyal person to those close to him," Weisz said.

As a child, Sommerville often visited Central to see his uncle, who majored in construction management.

"I always made sure I had good grades to get into college," Sommerville said.

Throughout high school, Sommerville worked with his uncle in the construction trade and helped build three houses in the Tri-Cities area as part of a high school class. Those houses were sold to fund a scholarship for graduating Pasco High School seniors.

Through middle school and high school, Sommerville also stayed active by participating in karate, competing with the swim team and playing varsity soccer. Sommerville said he was only affected playing sports if he was suffering an attack.

Today, he has followed in his uncle's footsteps and is a junior construction management major at Central.

Coach's Coffeehouse opens in North Campus

BY KATIE REESE | News Editor

Residents of Central Washington University's north campus have a new coffeehouse closer to home this quarter.

Central's Dining Services opened the coffee shop midway through winter quarter in Wendell Hill Hall dorms building B to all students, faculty and staff.

While the coffee shop is quiet most days, employees say the amount of customers is slowly rising.

"It's getting more steady," said Annette Olivares, sophomore graphic design major and employee. "As it gets warmer I think people are starting to notice it from outside."

The coffee shop offers a wide variety of drinks and food, including baked goods, fruit, yogurt, salads, italian sodas and D&M espresso and coffee drink.

"People should check it out," said Amanda Iffrig, freshmen elementary education major and employee. "You don't have to live here or have a [connection] card to get in."

The coffee shop will be open Monday through Friday from 7:30 a.m. to 4 p.m. and closed on weekends throughout spring quarter.



MICHAEL WINKLER

COACH'S COFFEEHOUSE A new coffee stand is now open to students, faculty and staff in Wendell Hill Hall building B. The stand is open Monday through Friday from 7:30 a.m. to 4 p.m.

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Talking and driving now a primary offense

BY KELLY REQUA | Staff Reporter

Drop the cell phone and ignore that text - talking or texting on a cell phone while driving has become a primary offense in Washington State.

Gov. Christine Gregoire signed Senate Bill 6345 on March 26, making talking on a cell phone while driving without a wireless device a primary offense. The new law goes into effect on June 10.

According to Sgt. Pete Ross of Central Washington University Campus Police, the new law is aimed at increasing driving safety.

"Texting and talking is now an activity we can pull drivers over for," Ross said.

A standard ticket for driving while using a cell phone without a hands-free device will be \$124. The infraction will not become part of the driver's record and will not be available to insurance companies or employers.

Under the current law, officers can only issue a ticket for cell phone use as a secondary offense after pulling over the driver for another traffic infraction such as speeding.

The new law also prohibits drivers who are under 18 with a permit or intermediate license, from using cell phones or wireless devices of any kind while driving.

James Bussoletti, senior flight technology major, believes the new law is good.

"There's some people that can multitask and drive at the same time, but most people can't," Bussoletti said.

The current law's exemptions will remain the same for the new law - emergency vehicles, people with hearing aids,



KATIE REESE

DANGEROUS DRIVING Driving and using a cellphone will be \$124 fine after June 10.

drivers reporting illegal activity or those summoning emergency aid will not be issued a citation. Vehicles such as trucks that have a permanently fixed phone or radio for relaying information between transit and dispatch are also exempt.

According to Ross, campus police plan to educate students about the new law at their annual public safety talks at the beginning of each school year. Campus Police are also setting the standard by already using hands free devices in their patrol cars.

Ross advises drivers to be aware that the new law also applies to GPS devices.

"The GPS has to be permanently attached to the vehicle," Ross said. "Cell

phone GPS devices do not count."

Stacey Rose, sophomore undeclared, sees the law as a good idea because she has been involved in an accident that resulted from cell phone use.

"I got rear-ended by a woman that was texting while driving," Rose said.

The accident cost \$740 in damages and was a situation that Rose believes wouldn't have happened if the other driver hadn't been using a phone.

Samantha Dick, sophomore family studies major, also sees the new law as a positive improvement.

"I'd be more willing to spend 20 bucks on a Bluetooth than the \$124 for a ticket," Dick said.

Legislature nearing end of special session

BY ANTHONY JAMES |

Sr. News Reporter

Legislators in Olympia now have until April 13 to close the state's budget deficit, the effects of which may have long-term impacts at Central Washington University.

Lawmakers must agree to a budget based on proposals from Gov. Chris Gregoire, the House and the Senate. At stake are projects such as the Hogue Hall renovation and permanent cuts to state funding. For the Hogue Hall project, Senate and the governor's budget keeps the project funded in the supplemental capital budget while the House does not.

All budgets have the university taking cuts of \$5 million to \$6 million. The Senate and governor's budgets have these cuts being permanent, while the House proposal would make the cuts temporary.

Legislators are proposing taxes on beer, candy, gum and bottled water. The tax on beer would reportedly be about 28 cents per six pack. Gregoire has signed into law Senate Bill 6355, which set conditions under which higher education institutions could expand.

If legislators can't agree on a budget by the end of the session, another may be in store.

Central PR and marketing team wins ADDY award

BY LINDSY WHEADON | Staff Reporter

Central Washington University's public relations and marketing department has earned its first ever Best in Show awards, ranking both regionally and nationally.

"To the best of our knowledge, this is the first time we have ever won a Best in Show award," said Teri Olin, public relations and marketing assistant director. "For sure this is the first time that we have a Best in Show awards in two different competitions in the same year."

According to Becky Watson, public relations and marketing director, the department won its first Professional Best of Show award at the regional ADDY awards for the 2009 - 2010 Performing Arts and Presidential Speaker Series campaign. The department also received a Best of Show award from the Higher Education Marketing Report (HEMR) for the Central Builds Lives total recruitment package.

"We have won [more] prestigious awards in the past month than ever before," Watson said.

2010 marked HEMR's 25th Annual Educational Advertising Awards, which recognized schools across the country. This year, Central beat out tough competition from various esteemed universities including Yale, the University of Texas and the University of Pennsylvania.

"It's a huge honor to know that our work was right up there with those more recognized universities," Olin said. "It is nice to know that we have what it takes to compete."

The department received gold within the Best of Show category for their Performing Arts and Presidential Speaker Series, silver for Central Builds Lives and a merit for RESLIFE.

According to Watson, it is not uncommon for schools to hire advertising agencies that help produce their publications, but Central is not one of them.

"First and foremost, our staff is as good as, or better than, any agency," Watson said. "There is no way that the university could have gone to an ad agency anyway in light of budget cuts."

Prior to the HEMR awards, Central's public relations and marketing department achieved regional success by earning an American Advertising Federation Gold ADDY in conjunction with the Professional Best of Show for the 2009-2010 Performing Arts and Presidential Speaker Series campaign, a gold award for the 2009 CWU Commencement Book, and a silver for the Central Builds Lives campaign.

The Campus Life Publicity Center received silver



NATALIE KINKEL

AWARD WINNING The Central PR and Marketing Team (from left) Becky Watson, Rich Villacres, Teri Olin, Liz Bryson and Bret Bleggi recently won a Best in Show in the regional ADDY awards.

ADDY awards for a brochure for the David Wain Coon Center for Excellence in Leadership, a poster campaign for Career Services and a brochure campaign for University Recreation.

Student winners at the ADDY awards included senior graphic design students Terry Carter and Karin Batdorf, who both won silver in the professional category. Carter also received a second silver ADDY in the student category for her cover illustration for the Winter 2009 Hype, a quarterly publication in Campus Life. Publicity Center designer Audrey Schlecht received a silver ADDY for a University Recreation booklet. Andrew Saxton and Heidi Ruff received Gold and Silver ADDY awards.

According to Karin Batdorf, receiving recognition from around the region makes all the time and effort worthwhile.

"It's nice to get recognized for something that you

work so hard on," Batdorf said. "The campaign itself not only serves the design world, but it is also serving its purpose by allowing career services to get more publicly recognized."

The ADDY awards give students the chance to compete against their peers, and according to Olin, it provides students with the chance to gain recognition for their work and exposure in the field.

"Students are competing against other students and getting their work out there among professionals," Olin said. "It's a good networking opportunity."

Watson believes their success not only reflects positively on their department, but on the staff and students of Central as well.

"It's not just our department, but all of the people who are putting in work are being recognized and I think that's just fabulous," Watson said.



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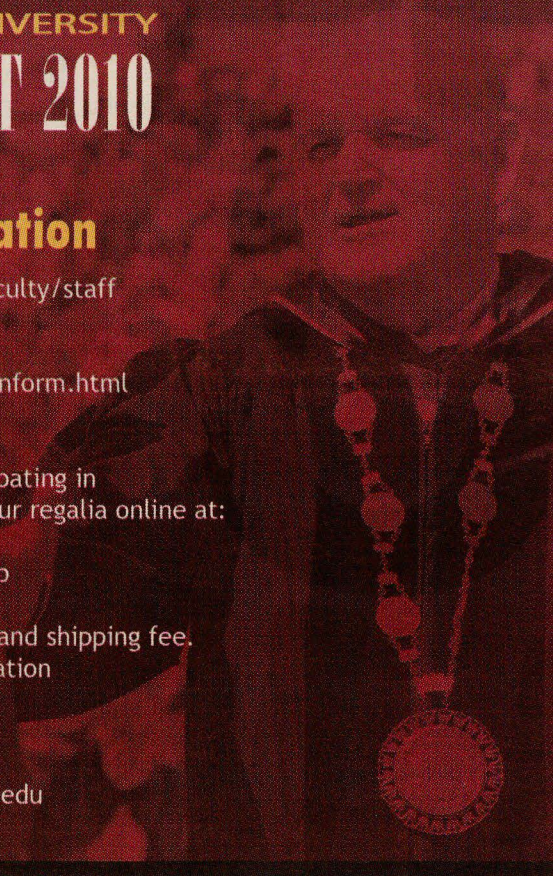
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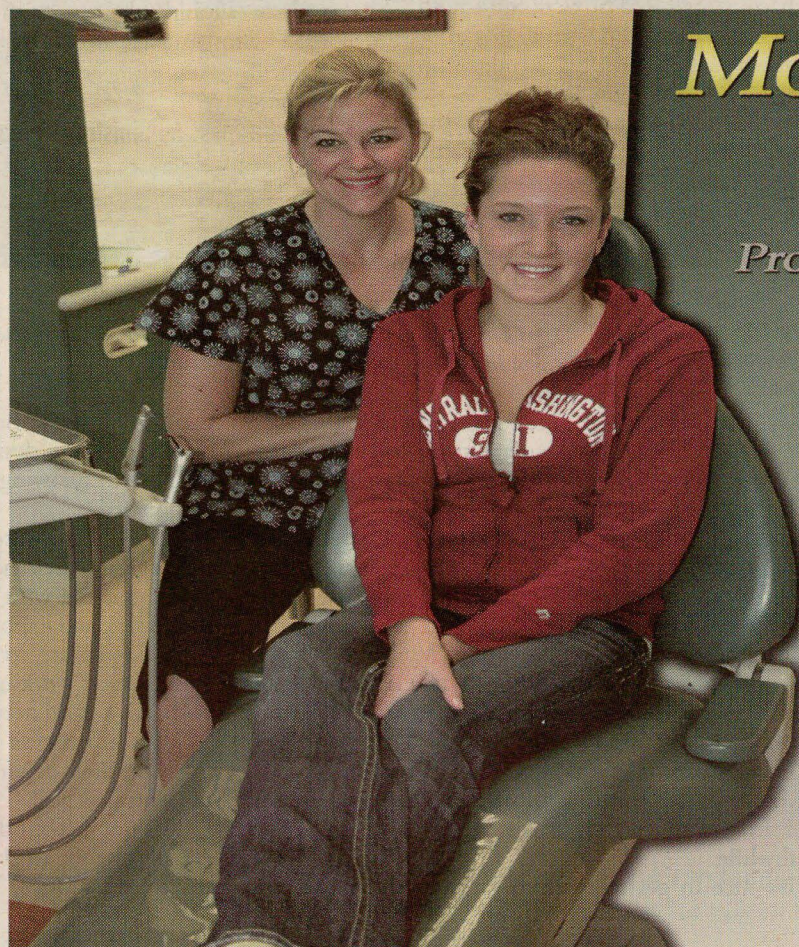
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Editor's NOTE: In this issue . . . Putting out the Observer - a good hedge against unemployment

BY DARCY WYTKO | Editor-in-Chief

For many of us who are graduating this spring (myself included), the question we seem to face is no longer "How will I find a job?" but rather, "Would you like fries with that?"

So on the last page of the Observer syllabus, you will find an application for McDonald's.

Seriously.

I tell my staff on the first day of class that if they're hoping to work professionally in any communications field, and they can't succeed as a staff member of the Observer, they should honestly consider filling out the application or changing their major.

This is not to make fun of working at McDonald's. In this economy, a job is a job. I just know that most of my friends who are attending Central are doing so in hopes that they will be spared from a lifetime in fast food.

Attaching a McDonald's application to a syllabus may seem harsh, but the Observer is both a publication and a business. We have a circulation of 6,000 - the same size of circulation as the Daily Record, Ellensburg's daily newspaper. We have a staff of roughly 60 people, four sections of coverage, and several departments dealing with editing, photography and advertising. Aside from our faculty adviser and our business manager, our publication is entirely student run.

Each week hundreds of dollars worth of advertising is sold, more than 40 articles are written, compiled and edited, and hundreds, if not thousands of photos are taken and edited. Then, over the course of Monday and Tuesday evenings, editors design more than 20 pages of articles, photographs, and advertisements.

Each Wednesday at noon, we face our publication deadline. The week's issue is then printed at the Yakima Herald's printing facility. Next, our papers are transported to Ellensburg, and our delivery crew distributes copies to roughly 50 locations.

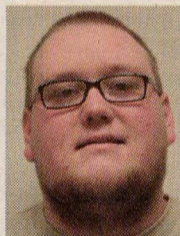
That said, the Observer is a course taken for academic credit, and is required for several degrees within the Communications Department. Yet for all intents and purposes, it is treated as a job by those on staff. We maintain a strict schedule of deadlines, and a code of ethical reporting conduct that has to be followed.

For many journalism majors in particular, the Observer is the first taste of real-world reporting and newsroom experience we get. Working as an editor is our final stop before graduating and joining the work force.

When I graduate this spring, I anticipate a long, hard job search. Yet I know that whatever situation I find myself in, my experience spending an academic year as editor-in-chief will have prepared me for it.

But I'll keep my McDonald's application on file. Just in case.

The editorial views expressed here are those of the writers and not necessarily the views of the staff at large, the student body, or the faculty and administration. They are not to be considered the official views of CWU.



Observance

Red Sox Nation: running wild

BY ANDREW HOGGARTH | Copy Desk

There is a Major League Baseball team today whose fans have evolved into the most arrogant and annoying "nation" in baseball. That team is the Boston Red Sox and those fans are the self-proclaimed Red Sox Nation.

How about the name, "Red Sox Nation?" They weren't even known as "Red Sox Nation" until they started winning championships, which in case New Englanders forget, and it seems they have, was only a few years ago. Before 2004, Red Sox fans were like Chicago Cubs fans: lovable losers. You felt sorry for them when Bucky Dent, Bill Buckner and Aaron Boone happened. Then they won a World Series and then another and now they, including all the bandwagon jumpers, parade around like they invented the game. They were more fun, and a whole lot classier, when they were cursed.

The most annoying thing about them is that Red Sox fans have horrible attitudes. They boo their own players more than they do opposing ones, unless the Yankees are in town. Remember Bill Buckner? These days, Red Sox fans say that they have forgiven Buckner, the supposed goat of the 1986 World Series. But what about the period between 1986 until the Red Sox won the World Series in 2004? They treated Buckner like dirt,

running him out of town and making him live in shame all because the Red Sox couldn't hold on to a 3-0 lead in game seven, two nights after Buckner had the audacity to let a grounder skip between his legs. But it's not just Buckner.

Red Sox fans defended Manny Ramirez to the death, until he got traded. Then their fans came out and said that they had never liked him and they were sick of his antics. Well, which one is it?

For years, Red Sox fans bellyached about their rivals, the Yankees, and how much money the Yankees would spend on players. Well, guess what, the Red Sox are the Yankees, too. They win championships because they spend money. And yet, they still act like they're the organization with all the sharp baseball minds who built through the draft and shrewd waiver-wire pickups with a tiny payroll. That's the Rays, not the Red Sox.

But, the bottom line is, they are a good team. They find a way to win every season, even though it looks like they are too old and too injured to compete. They are tied with the Yankees for the most World Series titles in the last decade, so their fans have reason to be proud. But, calling themselves a nation? They aren't a nation. Crazy, yes, but not a nation.

Deadlines:

Weekend sports information: Mon. 3 p.m. - 5 p.m.
Letters to the editor: Sun. 5 p.m.

Entertainment, meetings, calendar events: Fri. 5 p.m.
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509-963-1073

Dear Editor,

I sit in my classes and discuss the tuition hikes and listen to students complain and moan about how unfair it is and what they deserve. Well, what do they deserve? Outside of an opportunity for an education, nothing. I am in the fortunate position of attending CWU and finally having the opportunity to finish school after 13 years. I am attending on the GI Bill. I know what it's like to have to worry how I was going to pay for school and work a full time job because I had to do it for a long time. Three years ago I joined the Army, went to Iraq for 15 months and am now reaping the benefits by attending here.

I mention this because with the outrageous spending, over-acceptance of students and lack of transparency with the budget from the administration, students are looking for handouts. What are they willing to do for their education? There are a plethora of state and federal programs to assist with school costs but many, if not all involve service and sacrifice. The military is the best known but what about AmeriCorps, the Peace Corps or emergency services. Many states give credit tuition for volunteering with emergency services. Why won't more students give of themselves to get for themselves?

Instead of walking out of class, wasting the precious resource that they pay for, class time, why don't students do more? A sense of entitlement has permeated every aspect of our culture and can be seen ever so clearly in the attitudes of students at every level. If an education at a four-year university is worth asking for, it should be worth working for. When did Americans become afraid of work and lose their willingness to work and give of themselves if not just to gain for themselves?

Paul Stayback
Junior, Social Studies Education

I am a student programmer in the Diversity Education Center and today, while I was reading Steven Rogers' article, "Jesus, pot, pop-singing transvestites & my senior farewell," I didn't even want to finish reading his article because of his evident transphobia.

Yes, that's right, there is such a thing as transphobia, described as the discrimination against transsexuality and transsexual or transgender people based on the expression of their internal gender identity. Rogers' statement, "If that 'thing' isn't still a man, she definitely was at some point" is incredibly dehumanizing; stating that she is a lowly creature that doesn't deserve to be treated as a person. He is also, at this time, unveiling his own transphobia. Whether he will admit it or not, he has strong opinions of people who, perceptibly, are born male and are now female or were born intersex. Intersexuality occurs around the world and when words such as "thing" and "it" are used to describe them, it is incredibly offensive, and this is what leads to low self-esteem and possibly suicide or homicide. One source suggests that the transgender suicide rate is between 30 percent and 50 percent. The attitude that transgender people are lesser beings is hugely contributing to their thoughts of suicide.

If you don't like Lady Gaga so much, why would you devote your time writing about her? Elie Wiesel said, "The opposite of love is not hate, it's indifference."

Lastly, and the most important point I have to make, what difference does it make to you or anyone what Lady Gaga, or anyone's, sex, gender, orientation, anything is? Does Lady Gaga's rumored transsexuality affect her music? Does it affect you in a major way? Would the world collapse if a pop music sensation was born male and is now female? I think most would agree with me and say the answer is no.

Steven Rogers then signs off his article with "Peace & Love"... Maybe he should take a note from his own writings and work on spreading more peace and love instead of hate and discrimination.

Kyle Duffey
Senior, Business Administration Major

Dear Rachel,

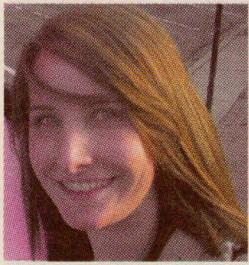
I have enjoyed your column in the Observer, and am grateful for the many wonderful recipes you shared. Although I don't know you, I wanted to say thank you and let you know that you have given me something valuable. I hope the Observer will continue the Culinary Corner feature after you have moved on to the next phase of your career. I wish you well in your new adventures, and hope you will have good luck, success and happiness!

Congratulations on your upcoming graduation!

Gayle Dohrman
Assistant Director of Financial Aid / Student Employment
Instructor of Philosophy

The Observer welcomes brief letters (300 words or less) from readers on current issues. Please include your full name and university affiliation: year and major, degree and year graduated, or staff position and department. For letters to be printed in the following week's issue, please e-mail your letters to cwuobserveropinion@gmail.com by 5 p.m. Monday. The Observer reserves the right to edit for style and length. Anonymous letters will not be considered.

REALationships 101:



**Why am I worried?
Is this what we have
become?
Have we thrown it
all away?**

BY ERICA SPALTI | Online Editor

Dear Erica,

My boyfriend and I have been dating for a year and I know I have nothing to worry about; however, I feel that I am being overbearing and suspicious about what it is he is doing and who with. I have brought it up to him that I feel vulnerable and insecure and how he feels about our relationship and it gets worse and we have little arguments. I just don't know what I am supposed to do or if I have a reason to feel so insecure about the relationship? I feel like he is going to dump me any minute and I am just going to be replaced with the next best thing.

Thanks,
Troubled girlfriend

Dear troubled girlfriend,

We have all been in your shoes. In fact, I was standing there this past weekend. Let me answer your question in two parts.

It is okay to feel vulnerable; however, it is unhealthy to feel like that all the time. It is good that you two have talked about it and that he knows how you feel – it shows that you two can communicate. As for the arguments, I believe that you cannot have a relationship without arguing at some point. I'm not saying fighting – I'm saying arguing. If you are in a relationship and you don't express your feelings and talk about your differences, then you are ultimately lying to your partner. If you hold in your emotions for so long, you will end up exploding with anger, sadness, and fear one day. Your differences are what contribute to a working relationship.

You can't keep worrying that he is going to dump you, or you are going to ruin your relationship. It's okay to feel scared from time to time because you really like this person. However, try not to worry about it too much. I was feeling how you are this weekend and I finally let my boyfriend know all my worries. He put it in the best way, "I loved being single till I realized that I wanted you in my life and I don't want you to not be in my life, so why would I ruin it?" Great advice from a guy huh? Since you two have been dating for quite some time, I don't think you have anything to worry about. Keep communicating your feelings and you'll be fine. And if it turns out he breaks up with you anyways, he is not the guy for you.

X.O.X.O.
Erica

Got a relationship problem and you need some outside advice? Send me an e-mail at cwuobserveronline@gmail.com.

Ask Tina Sparkle:



Dear Tina,

How do you know when a relationship is coming to an end? I feel as though my boyfriend is losing interest but when I ask if everything is okay and if we are okay, he says we are good and we are fine. But I feel so insecure about myself and that I am just not good enough for him right now. His friends have a predisposed opinion of me being a bi**h but I am not like what they say I am. I feel so though I may be letting what they say get to me and affect what I feel about the relationship. I have attempted to talk to him about this and he says he is not going anywhere. Do I need to worry? I feel insecure and worried. What do I do?

Thank you, Insecure

Dear Insecure,

You are probably feeling this way because of the word choices your boyfriend is using with you. When a man says to a woman, "fine", or "good" they register as "I'm not fine" or "nothing is good about this", but your boyfriend seems to be counter-acting this by saying "I'm not going anywhere". This means exactly what he is saying. That is one reason that you could be torn between what he is saying.

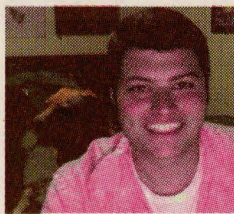
As for his friends, they are just trying to watch out for their friend, and sometimes they will put a new relationship through a blender, and if you can survive it you are worthy. It's totally cliché but sometimes you can't let the sticks and stones break your bones. If this boy is someone you want to be with, then girl, you go get him, because like he's told you "he isn't going anywhere".

Some advice for when you are feeling insecure, from my experience, is to sit or lay down in a quiet room, close your eyes, take four big deep breaths (not normal either, make them big and make them count), then with your eyes still closed count backwards from 10 to zero. Finish it off with another big deep breath, open your eyes and continue on with your day.

I hope this helps you, and remember to relax and just live in the moment, be happy and laugh often.

LOVE ALWAYS, *Tina Sparkle*

If you think I care, WRITE IN and see!
asktinasparkle@yahoo.com



Deep Thoughts

BY QUINN EDDY | Thinker

My friends,

I'm relieved my hamburger can be helped. Now that I own a Carhartt jacket, I feel the logical next step would be to change my Xbox live name to BigCountry.

The idea of a magic carpet is pretty out of hand. They probably wouldn't be very safe for dogs.

Some people have goofy names. I have a buddy whose last name is Buffalo. On Easter Sunday I drove out to his house to get my Xbox and his entire family was there. I couldn't come up with anything funny to say other than that I got to meet the entire herd.

At Fred Meyer one of the automatic door was slow and I saw someone run into it. YouTube videos get paid after a certain amount of hits – business partner anyone?

After my second million I plan on getting season tickets to every NASA launch.

My relatives deep in Minnesota would think

the Redbox video rental system is some sort of witchcraft.

Our parents are starting to get caught up with technology. It's disturbing when I get a text and get all excited thinking its going to be some hottie and it turns out to be my Mom.

She uses phrases like, "I'm pleased as punch." As of now I'm starting the third quarter of Deep Thoughts with Quinn Eddy. In two quarters I've only had one person ever write in a negative thing about my weekly word snack. The other day I put on my creeper cape and found out where he worked.

Of course I had to introduce myself. He's surprisingly polite and has soft hands.

This week's vocabulary enrichment came from the way a buddy of mine described the recent Sandra Bullock blockbuster. Cozy (adj.) – term used to describe the movie The Blindside. Used in a sentence. "That movie The Blindside was just the coziest."

JEREMY'S JURISDICTION



BY JEREMY VIMISLIK
Opinion Editor

On March 23, all of our lives changed forever. What happened? President Barack Obama made a change!

For those who don't know, March 23 was the day that Obama signed the Healthcare Reform bill into law. Just two days before, the 111th congress of the United States passed the revolutionary bill in a 219-212 vote after more than a year of debate. All 178 Republicans opposed the bill, along with 34 Democrats. So much for his promise to forge consensus between parties. The bill also didn't make the

radical changes he had hoped for.

What other promises has Obama botched in the White House in his first 442 days in office?

Obama said he would close Guantanamo Bay the day after he entered office. Well, it's still up and running (although waterboarding is now code-named "bobbing for apples").

In February 2009, Obama gave us an economic rescue package at a cost of about \$825 billion, then he gave \$3 billion to the Cash for Clunkers program, and now he has unveiled the 2011 Budget Proposal which adds a whopping \$3.69 trillion to the \$12.7 trillion national debt.

Isn't the entire reason why we – well, you – all voted him into office was to see change? Well whered all my change go? For one, I have none in my pocket, and for two I have no idea where all my campaign promises went, chief.

Obama got elected because he was charismatic and intelligent, and let's face it – not a war-happy Republican like 'Dubya.

Obama is the President of the Unit-

ed States of America. Now, if he is the most powerful man in the world, then why doesn't he get anything done?

Now, if you know your Tolkien, one cannot simply walk into Mordor – or easily bring Republicans to your side. But, couldn't he rally all of Congress behind something that would help everyone and the Earth too? How about in lieu of taxing car companies that make guzzlers, why not push Congress to require every American car manufacturer to produce hybrid-electrics or hydrogen cars that get a minimum of 70 miles to the gallon by 2020?

The technology is already here. On March 29, some Canadian students won Shell's Eco-Marathon by creating a car that got 2487.5 miles per gallon. Suck on that Prius owners. Albeit the winning car looks like a sardine, the technology is amazing in this day in age, and 70 mpg is easily attainable.

That would be a change that we could all see. Now, here is a list of how Obama's fared on keeping his campaign promises from our savior, Obama.

Obama's Campaign Promises:

Broken:

- Double funding for afterschool programs
- Urge states to treat same-sex couples with full equality in their family and adoption laws
- Support human mission to moon by 2020
- Reduce earmarks to 1994 levels
- Recognize the Armenian genocide
- Negotiate health care reform in public sessions televised on C-SPAN

Tougher rules against revolving door for lobbyists and former officials

Double the Peace Corps

Stalled:

- Restrict warrantless wiretaps
- Provide a path to citizenship for undocumented immigrants

In the works:

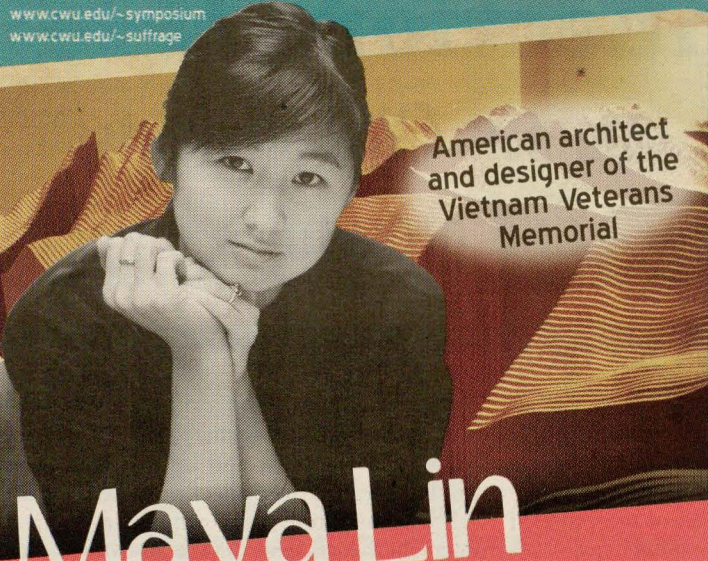
- Repeal the Bush tax cuts for higher incomes
- Invest in electronic health information systems
- Fully fund the Veterans Administration
- Begin removing combat brigades from Iraq
- End the use of torture
- Close the Guantanamo Bay Detention Center
- Seek verifiable reductions in nuclear stockpiles
- Centralize ethics and lobbying information for voters
- Secure the borders
- Secure nuclear weapons vulnerabilities in four years
- Strengthen antitrust enforcement
- Create 5 million "green" jobs
- Reduce oil consumption by 35 percent by 2030
- Create cap and trade system with interim goals to reduce global warming

Source: www.politifact.com

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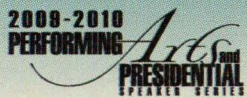
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Ask AMANDA

Amanda, one of my best friends just started dating a new guy that I feel is really dangerous and could end up hurting her. How do I confront her about how I feel in a positive way that won't make her mad at me?

Unfortunately, these relationships are all too common. It makes me happy to know that you are a good friend who is willing to have your friend's back.

You don't have to bluntly tell her you get a bad vibe from her boyfriend, instead you could start out by asking how the relationship is going. If her answer is a short "good," or something similar, maybe say "so what kind of things do you do when you hang out?" Try to get a sense of their relationship first, and then talk about a specific situation you witnessed.

If you heard him say something offensive, like he called her a bad name, he threatened her, or demanded to know her entire schedule for the day, tell her how that made you feel. Or perhaps if you've seen something

that really bothered you such as getting in her face, grabbing her to get her attention, or stalking (he's there right when she gets out of class, the gym, etc.), let her know that those can be signs of an unhealthy relationship.

Other signs may be physical and/or mental abuse, and even cruelty to animals. Focus on making sure she knows that you're telling her all this because you care and don't want to see her get hurt.

In fall 2009 the Wellness Center launched an awesome program called Green Dot where you can learn to be an active bystander to these or similar situations.

Call or email the Wellness Center at 963-3213 or greendot@cwu.edu and make sure to check out www.cwu.edu/~greendot for more information.

-Amanda

Have a story to share or a question for Amanda? Send them to wwc@cwu.edu. It just might be a future topic!

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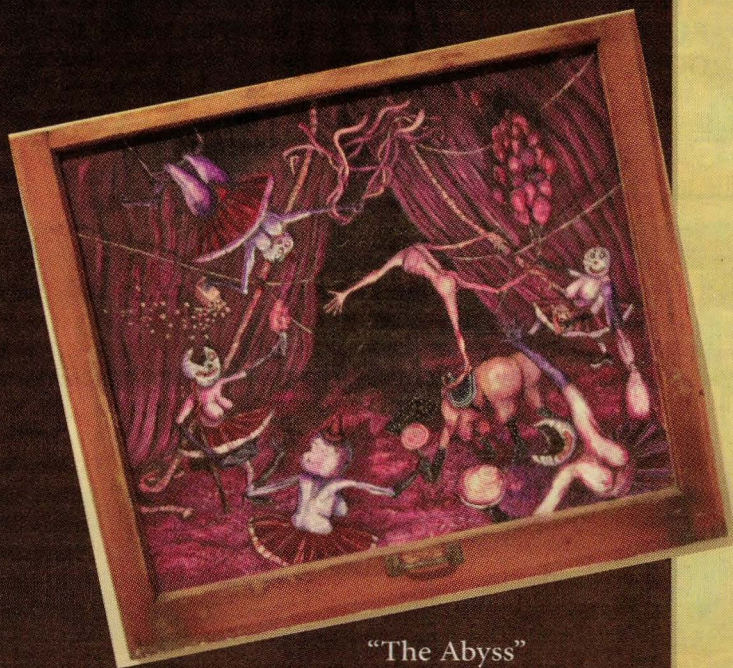
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"Hibiscus at Balboa"
by Terri Akins



"The Abyss"
by Scott Mayberry



"Obra Negra No. 2 -
Contemporary Declaration"
by Amundson and Gour

Crossroads and Connections II

Art show connects CWU students, past and present

BY LURA TREIBER | Staff Reporter

If art imitates life, then the lives of many Central Washington University alumni have been filled with excitement and wonder.

Friday night was the opening reception of the Crossroads and Connections II art exhibition at the Sarah Spurgeon Gallery in Randall Hall room 141 and at the Gallery One Visual Arts Center on North Pearl Street.

The exhibit features art by 34 Central alumni who graduated between 1980 and 1995. It is a follow-up to the first Crossroads and Connections exhibit in 2007 that featured art from graduates from 1955 to 1979.

The art featured in the current exhibit ranges from framed paintings and photographs to jewelry and short films.

"It shows examples of engaging work by active alumni artists who have made successful careers for themselves since graduating from Central," said Heather Horn Johnson, manager of the Sarah Spurgeon Gallery. "The artists still feel a strong connection with CWU and want to reconnect with the campus community."

The gallery reverberated with soft music and the chatter of visitors as they moved around the room and discussed the art with each other and the artists who were attending.

Marlene Brong and her husband always try to come to see the new exhibits at the gallery. Both were once Central students.

"We enjoy seeing what the students and past students are doing," Brong said.

Brong liked two pieces by Danna Dal Porta, entitled "Autumn Tapestry" and "Tracery." "Autumn Tapestry" consists of a collage of leaf cut-outs and paper torn to create shapes such as trees and deer. "Tracery" is a painting of a reflective pond.

"I liked the complexity of them and I like puzzles," Brong said. "I liked looking for all the animals in the forest."

Dal Porta's art is influenced by her desert home and celebrates the rhythms and cycles of nature. One underlying theme of her work is man's responsibility to protect, preserve and take pride in the earth.

Other artists in the show include Garth Amundson and his partner Pierre Gour.

Amundson and Gour are showing their project, "Sub-divisions," which consists of three pieces: "Obra Negra No. 1 - Big Unit, edition 1/3," "Obra Negra No. 6 - Golden Guarantee" and "Obra Negra No. 2 - Contemporary Declaration."

The three pieces are photographs of partially completed houses set next to images taken from magazines of the idealized version of 1950s family life. Amundson took the photos while in Michoacán, Mexico.

"It's the idea of reading one image off another," Amundson said.

The theme behind this project is national identity, domesticity and immigration. They got the idea for the project from their clashes with immigration laws, which have threatened their own sense of home. Gour is from Canada and the Federal Defense of Marriage Act prevents same-sex couples from sponsoring an immigrant spouse for permanent residence.

"I think art is inherently political," Amundson said.

This project addresses the fragility and universality of the dream of having of home by contrasting two different images of what constitutes a home.

"These houses just imbue this idea of hope and beauty, but there's this insidious aspect to it," Amundson said.

According to Gour, contrasting the images brings up several questions.

"They bring up questions of what is a home and what is a family and what materialism is," Gour said.

Tracy Wallschlaeger is another artist to have art in the exhibit. She graduated from Central in 1985 with a bachelor's of arts in graphic design. She is an accomplished oil painter who has done many shows around Seattle.

Wallschlaeger submitted two paintings for the exhibit, "Louis XVI" and "Marie Antoinette." Both pieces feature an animal with the rulers, a fox with Marie Antoinette and a meerkat with Louis.

"I enjoy reading about historical characters," Wallschlaeger said. "What I've read about both

Marie Antoinette and Louis XVI made me feel they were very spoiled, indulged, and out of touch, but also perhaps a bit misunderstood and childlike, thus the animal friends, who are also meant to depict their rumored personalities."

She submitted the pieces because she had fun creating them and thought they might bring a smile to the people who come to the show. She also hopes that they will inspire students and others to follow their dreams and to support the arts at Central.

"When I was a student at Central, I struggled financially," Wallschlaeger said. "It breaks my heart that our state is raising tuition so much that some students may not be able to continue their education. The arts are always cut and those who wish to pursue a career in art are often discouraged to do so."

The exhibit will be on display at the Spurgeon Gallery until April 25, and at Gallery One until April 30.

For gallery hours, visit:
www.gallery-one.org
www.cwu.edu/~art/gallery

Admission is free at both galleries.

CeleBURGtion toasts 11 years, new formats

BY DAVID GUZMAN | Scene Editor

Last Thursday, Central's radio station 88.1 The 'Burg rang in their 11th year on the air with afros, frog legs and a lot of energy.

The CeleBURGtion, which was held from 6 p.m. to midnight in the SURC Ballroom, showcased a variety of music and promoted the station's new programming format.

The festivities started with electronica/pop duo Afro Panda, which consists of senior music composition major Matt Woodard and senior music performance major Isaac Castillo. The third member, a laptop computer, provided sequenced electronic sounds and loops while Castillo held down the groove on bass guitar. Woodard contributed keyboards, vocals and the keytar, an obscure instrument that combines the programming capabilities of a keyboard with the shape and functionality of a guitar.

Afro Panda played an assortment of original, quirky electro-pop music, with a futuristic-sounding cover of the Beatles' "Eleanor Rigby," earning the biggest applause of their set.

When asked about the group's unusual name, Castillo referred to bandmate Woodard's impressive afro hairstyle. And pandas?

"I just really like them," Castillo said. "They're my favorite animal. They look like they constantly want to have a hug."

Ellensburg favorite Red Means Go followed Afro Panda. Despite their status as openers rather than headliners, the indie pop/rock group gathered the largest crowd of the night. Lead singer Jazmarae Beebe's forceful, commanding vocals melded sweetly with the intertwining riffs from guitarists Skyler Mehal and Markus Hoyer. Bassist Janss Woldseth and drummer Tom Noble provided an earnest, rock-solid rhythm section.

If the audience was a bit unresponsive during the band's set, Castillo and another audience member set a major example. The two resembled zombies dancing to Michael Jackson's "Thriller," while simultaneously being electrocuted.



NINA KANARSKAYA

RED MEANS GO Jazmarae Beebe, lead singer/keyboardist, engages the audience during her band's set. Red Means Go helped 88.1 The 'Burg ring in their 11th year during their "CeleBURGtion" event. The band drew the largest crowd of the night, despite not being headliners.

Next, Seattle rapper Q-Dot brought some urban flavor to the CeleBURGtion. Q-Dot told the audience he was up for eight Grammy nominations last year, and almost secured a record deal with Interscope Records (before his A&R rep got fired).

"I'm 'Mr. Almost,' throughout my entire career," Q-Dot said to the audience. "Honestly, I think [rapper] Q-Tip, who was also up for a Grammy, got a lot of Q-Dot votes," Q-Dot said. "That helps me sleep at night."

Musically, Q-Dot's slick beats and hooks were radio-ready, while his lazy, slightly behind-the-beat flow added a good deal of attitude. Q-Dot was not afraid to show off his lighter side, using a refrain from "Frosty the Snowman" in one track, and shouting, "dancin' like frog legs, poppin' like fish grease" in a song dedicated to his Southern roots.

"Central Washington University," Q-Dot called during the start of one track. "When I say 'Wild,' you say 'Cats!' Wild!"

The audience answered.

Orange County headliner, My Hero, brought a high-energy urban sound and stage presence to the celebration. The vocal quartet bears a similarity to the Black Eyed Peas, and has even shared the stage with them, along with other artists such as Jamie Foxx, Lady Gaga and Flo Rida. One highlight, "Radio," featured vocalists Tai and KayStyle wielding acoustic guitars while backing up energetic lead female vocalist Taylr.

In between the bands' sets, select 'Burg DJs addressed the audience and plugged their shows. A video, displayed on an overhead projector, explained the background and inner workings of the station.

Attendees were also treated to a largely unrehearsed performance by the David Funkin' Owens Trio. The group, consisting of Burg staffers David Owens and Andy Lowe, and general manager Chris Hull, jammed on "Chameleon," by Herbie Hancock and "Mercy Mercy Mercy," by Cannonball Adderly.

"We only rehearsed one time, but it was fun," said Lowe, junior public relations major and 'Burg office and traffic associate.

According to Robert Nelson, 'Burg Promotions Director and junior public relations major, the main purpose of the event was to promote the station's new programming format.

"This is an informative information session," Nelson said. "It's also a fun way to celebrate 11 years on the air."

Nelson said the 'Burg's new programming format is described as a "vertical format," which allows for blocks of particular genres to be played on certain days, in order to attract specific audiences. Additionally, the station can tap into new music subscription service Promo Only, which gives DJs the option of featuring more commercial music, in addition to the typical indie fare.

"We're supplementing our music with a little bit more mainstream stuff to attract a larger audience, to give them more variety," Nelson said. "We want to find the best way to serve our audience, which is about 80 percent Central students."

88.1 The 'Burg Schedule (6 p.m. - 12 a.m.)

Sundays/Mondays

"Adults Only"
- Blues, Jazz, Alt/Folk

Tuesdays/Saturdays

"Rock Revisited"
- Classic 80s-90s Rock

Wednesdays

"Welcome to the Darkside"
- Metal (all sub-genres)

Thursdays

"Thirsty Thursday"
- Hip Hop, Urban

Fridays

"The House Special"
- Dance/Electronica

Monday Movie Madness!

At 7 and 9 p.m. each Monday this quarter, Campus Activities is hosting a variety of movies in the SURC Theatre. If you're a student, you get in free. Otherwise, general admission is \$3.

Check out this handy guide to all the movies being shown this quarter and take a break on Monday night in the SURC Theatre:

April 12
500 Days of Summer

April 26
The Blind Side

May 3
Raiders of the Lost Ark

May 17
Sherlock Holmes

May 24
The Book of Eli

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8 Cody Beebe and the Crooks
Noon and 7 p.m.
SURC Pit
FREE

9 Flowmotion
9 p.m.
The Brick, Roslyn
\$5 - 21 or over

12 American Red Cross Blood Drive
6:30 a.m. - 4 p.m.
SURC 137 A&B

13 Justin Caldwell
7 p.m.
SURC Pit
FREE

13 Mary Clearman Blew
Lion Rock Visiting Writer Series
7 p.m., Black 151

14 Break the Silence
6:30 p.m.
Amphitheater
FREE

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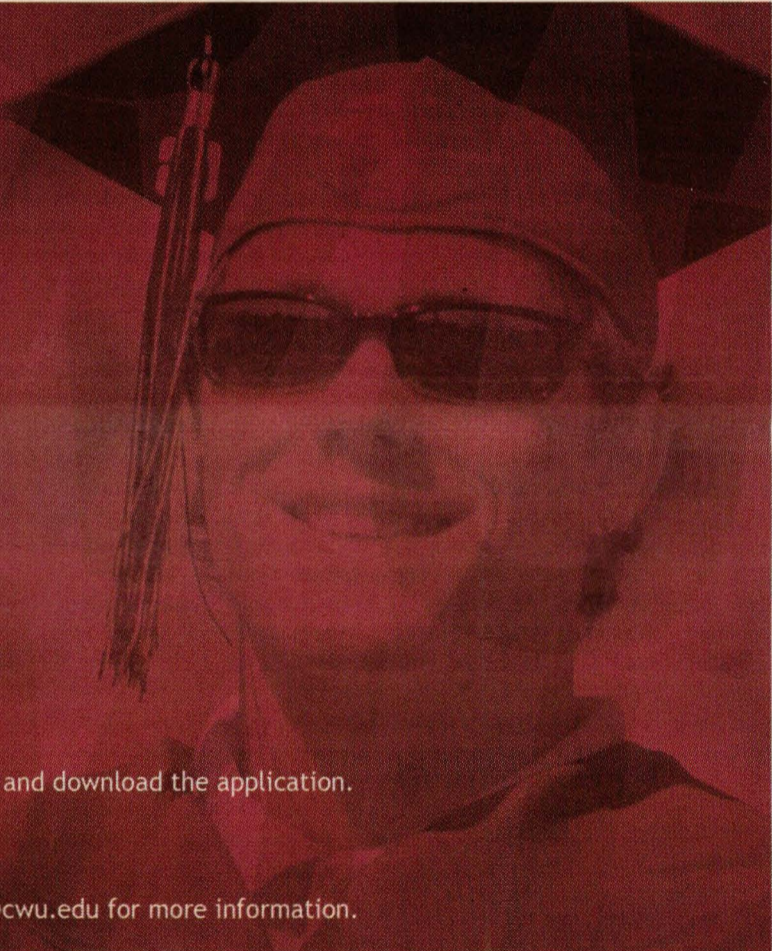
One speaker and one alternate will be selected for each ceremony (two in Ellensburg, one in Kent).

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Go to www.cwu.edu/~commencement/
Click on Eastside or Westside Student Speaker Invitation link and download the application.

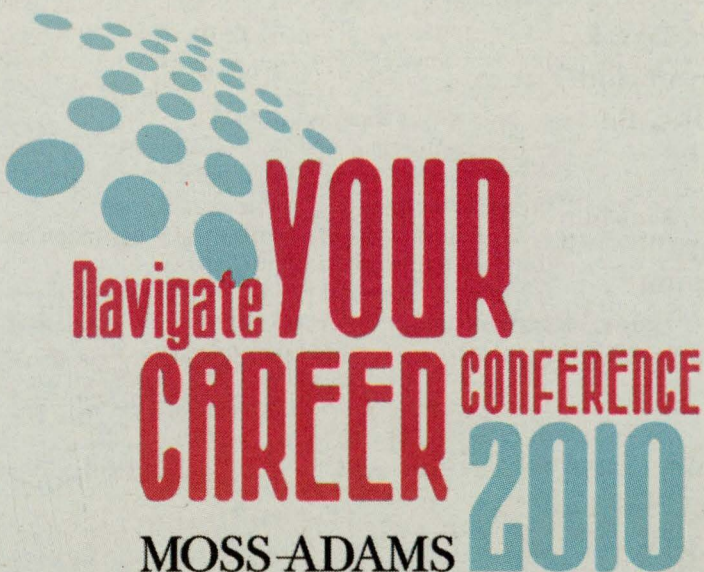
Submissions are due April 19, 2010.

Please contact Tina Morefield at 509-963-3012 or morefiet@cwu.edu for more information.



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Remembering the Holocaust

Diversity Center, SIDE to put on memorial events

BY AMANDA MILLER | Asst. Scene Editor

Holocaust Remembrance Day is April 11. It is a day to remember those who were persecuted by the Nazis. It is a day to gain an understanding of what those victims experienced. It is a day with a purpose: to remind us not to forget.

"It's easy to forget because the survivors are dying off. You should never forget people who died in such terrible ways and ... were persecuted for no reason," said Sasha Geise, senior history and religious studies major and president of the Society for Inter-Religious Dialogue and Education (SIDE).

The Diversity Education Center is putting on three events in the next two weeks in honor of Holocaust Remembrance Day. The first event will be held on April 14 in Black Hall. Advertisements for this event will go up soon with the finalized time and location.

This event will include a discussion of topics, such as the history of the swastika, women in Nazi Germany and lesbians in the Holocaust.

The second event will be a showing of the film, "God on Trial," at 6:30 p.m. on April 18 in the Music Recital Hall. A discussion, facilitated by SIDE members, will follow the film.

According to pbs.org, "God on Trial" explores unfathomable loss and unshakable faith," and was inspired by the legend that several concentration camp prisoners put together a mock trial against God. Supporters and critics pulled arguments from history and science, theology and personal experience.

The final event is Seattle's Music of Remembrance (MOR) performance, "Musical Witness," which will take place at 6:30 p.m. on April 19 in the Music Building Recital Hall. Nina Miller, MOR's president and artistic director, will give a pre-concert lecture at 4:45 p.m. in the Music Building Recital Hall.

According to MOR's Website, Miller

founded MOR in 1998. In addition to other programs, MOR has since performed at Benaroya Hall, every spring in honor of Holocaust Remembrance Day.

opened her eyes and helped her realize that everyone has the ability to make a difference.

"[Szpek] always asked us, 'what are

program every year.

"When hatred blinds us, the Holocaust is what happens," Vashist said.

Vashist encourages students to attend these events, educate themselves, and share their knowledge with others.

"I look at it as a way to respect all victims," Vashist said.

SIDE meets Wednesdays from 6 to 8 p.m. Check them out on Facebook or email geises@cwu.edu for meeting locations.

For more information about these events, contact the Diversity Education Center at 509-963-3488.



COURTESY OF THE UNITED STATES HOLOCAUST MEMORIAL MUSEUM

HOLOCAUST VICTIMS *These Sachsenhausen prisoners stand under guard supervision. The color-coded triangular badges were used as a way to identify individuals as Jewish, homosexuals and habitual criminals, among other identities deemed negative by the Nazis.*

Geise attended MOR's performance last year at Central and liked that Miller preceded musical pieces with the background and stories of their composers. She described the performance as "phenomenal".

"They perform music written by Jewish composers, a lot of who were persecuted by the Nazis," Geise said. "Some of the music had never been played. It was found buried in the ghettos to protect it."

Geise is one of several students who took Professor Heidi Szpek's, "Holocaust: A Quest for Meaning," class. She said it

you going to do with this knowledge?" Geise said.

Geise, with the help of others, started the SIDE organization with the goal of eliminating religious stereotypes.

"You need to understand people's beliefs so that you don't have intolerance and negative misperceptions," Geise said. "It's when people fear that negative and destructive behaviors come about."

Sonika Vashist, senior law and justice and religious studies major and vice president of SIDE, said that SIDE hopes to be involved in the Holocaust Remembrance

Schedule of Events

April 11 - 17

KCWU Channel 15 will air
Remembrance Talks
by Holocaust survivors

April 18

6:30 p.m.
"God on Trial"
Film followed by discussion in
Music Recital Hall

April 19

4:45 - 5:45 p.m.
"Voices of Witness"
Dr. Nina Miller will give a pre-
concert lecture in Music Recital Hall

April 19

6:30 p.m.
"Musical Witness"
Music of Remembrance
performs in Music Recital Hall

A call for drama

Central offers teens and youth after-school programs

BY CHRISTINE JAHNS | Senior Reporter

For years, many parents in the Ellensburg community have asked the Central Washington University department of theatre arts to offer a program to teach their children the basics of theatre arts.

Finally, Scott Robinson, chair of the theatre arts department, approached Zac and Mindy Curtis, theatre production graduate students, about putting together a theatre class. What transpired is an eight-week program entitled "Central Theatre: After School," which teaches children from third through twelfth grade.

"Central is always looking for ways to outreach to the community and it gives us a chance to do some work with the schools in Ellensburg," Robinson said.

The majority of theatre classes offered in town are after school programs for the middle school and high school drama and musical performances. Many parents have had to take their children to Yakima or other nearby cities in order to take advanced classes.

Zac and Mindy have taught theatre in the past and Mindy had put together a similar program while working in Salt Lake City, Utah. The couple moved to Ellensburg after starting the graduate program in theatre production.

Since coming to Ellensburg, Mindy has been able to aide and direct productions for both Ellensburg High

School and Valley View Elementary.

The couple started the theatre class during fall quarter, but it was small. Six students participated and Mindy had them adapt a folk tale into a play. The students were very receptive to the class and the final performance was a success.

"We believe that [theatre] can teach confidence, creativity and communication. Kids in Ellensburg have really had limited opportunities to do this."

MINDY CURTIS

Theatre Production Graduate Student

"We believe that [theatre] can teach confidence, creativity and communication" Mindy said. "Kids in Ellensburg have really had limited opportunities to do this."

Due to their first successful trial run, the couple decided to offer two classes this quarter: Drama for Youth, grades three through six, and Drama for Teenagers, grades seventh through twelfth.

The younger group will be taught by Mindy and will be similar to the previous class in that they will adapt a story into a play. The older group will be more of an improv comedy troupe, headed by Zac. Both classes will be heavily student run in order to give Central students more teaching experience.

The theatre department hopes to keep this program running in the future to help both the youth in Ellensburg and theatre education majors at Central.

Zac said this program gives theatre education majors the chance to work with kids locally.

"Theatre education majors have to go out of town to get [teaching experience]" Zac said.

Zac and Mindy have asked Jamie Schlenker, senior theatre education major, to work with them in hopes that she can take over next year. The plan is to offer the class in fall and spring quarter, but due to a hectic schedule in the department, a winter program will most likely not be offered.

Classes for this quarter began April 7 and are held on Wednesdays from 4:15 p.m. to 5:15 p.m. There will be a final performance on May 26. Zac and Mindy are accepting late applicants until April 14. Classes are \$80. For more information, call Mindy Curtis at 435-512-4458 or e-mail her at mindycurtis@gmail.com.

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|-----------------------------|---------|----------------|--------------------|
| Washington State University | Anatomy | Pullman, WA | Mar. 27 - 28, 2010 |
| Spokane Club | Level 1 | Spokane, WA | May 1 - 2, 2010 |
| Spokane Valley YMCA | Kids | Spokane, WA | May 21, 2010 |
| Spokane Valley YMCA | Level 3 | Spokane, WA | May 22 - 23, 2010 |
| University of Idaho | Level 1 | Moscow, ID | Sep. 11 - 12, 2010 |
| Spokane Club | Level 2 | Spokane, WA | Sep. 25 - 26, 2010 |
| Central Wa University | Level 1 | Ellensburg, WA | Oct. 6 - 7, 2010 |
| University of Idaho | Level 3 | Moscow, ID | Nov. 6 - 7, 2010 |
| Spokane Valley YMCA | Level 4 | Spokane, WA | Dec. 2 - 5, 2010 |

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*Please note Levels 2 and 3 can be taken out of order



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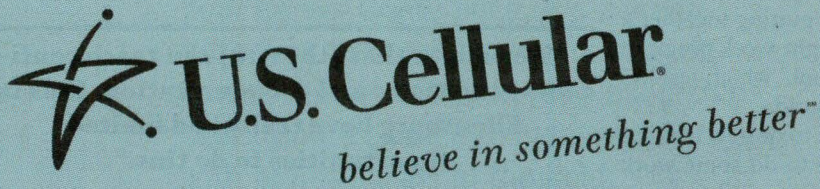
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CWU rugby falls short in playoffs

BY ANTHONY HOGAN | Asst. Sports Editor

Central shocked in regional final by University of Utah

Despite having homefield advantage, penalties knocked the Central Washington University Rugby team out of a shot at the national championship, even though they outscored the University of Utah in tries.

After the penalties, the Utes came out on top, 27-10.

In last years playoff match, the Wildcats lost to the Utes by only 1 point.

"Bad calls are gonna happen, its all about how you play through them," said senior Captain Michael Nelson.

Central, two-time league champions, started the game strong, working for a 3-3 tie 10 minutes into the contest. Center Ryan Hamilton converted a penalty of his own at the 10-minute mark to tie the match at 3.

Hooker Adrian Pulcinski was banned for 10 minutes for an inadvertent collision with a Utah player during a kicking exchange. The Wildcats had a total of two yellow card penalties for the game.

Playing with one man down, Central fought hard to fend off multiple advances by the Utes, but in the end Utah scored twice more. The Wildcats then trailed the Utes 10-3 during the penalty time.

When Pulcinski returned, the Wildcats made a comeback attempt but failed. There were attempts to make tries for the Wildcats but they ultimately ran out of time.

The Wildcats actually outscored the Utes by 3 scores, but



ANNELISE ANDERSON

UPSET SPECIAL Pat Sarrel carries the ball through defenders in an attempt to score for Central.

all were taken back due to penalties called by the refs.

"Many penalties were called against the Wildcats that made it seem like they were against us," said scrum Half Matt Lobe. "In all we didn't lose, we just ran out of time."

Nelson, who led the team to

a 12-3 record was disappointed by the end result.

"It was really hard to realize that my season just ended like that."

At the end of the season the Wildcats will be losing four key seniors. It will be crucial for the next generation of play-

ers to rise to the challenge and keep the team strong next year in 2011 for CWU.

"As any athlete knows, penalties can be the deciding factor of a game," Nelson said. "The important thing is that no one gave up in the game, they kept fighting till the end."

FRIDAY'S GAME

The Wildcats came ready to play with home field advantage on their side as they hosted the Pacific Coast Playoffs.

The team has been very dominant the year, beating out highly ranked teams as well as teams from the Pac10 conference.

The team advanced to the finals of the Pacific Coast playoffs with a 36-15 win over the Sacramento State Hornets (SSU) in Ellensburg on Friday afternoon. SSU took the first lead in the game. The Hornets scored on a penalty at the 12-minute mark.

After that, Central began to command the pace of the game with aggression. Sophomore center Ryan Snider got the team's first try, and junior center Ryan Hamilton converted to give CWU a 7-3 lead at the 25-minute mark.

Junior winger Matt Lobe scored to put Central ahead 14-3 four minutes later. Center Ryan Hamilton scored again completing the nine-minute scoring flurry with a try and conversion to give Central a commanding 21-3 lead going in to intermission.

SSU came back after half time with a new attitude. They scored a try to open second half and closed the lead to 21-10 just five minutes into the second half. The Wildcats ended the game with a victory of 36-15.

Central will host an alumni meet on May 15 here at Central Washington University. Registration is now open for the game on the Rugby web site. Come out and support the old and the new players as they show who is the strongest of the Wildcat teams.



ANNELISE ANDERSON

IN THE TRENCHES (left) Ryan Moore dives for a loose ball (right) Central players battle for position against Sacramento State in the first playoff game of the weekend.

Men's basketball out in first round

Central falls to Western in NCAA Tournament

BY KEVIN PROCTOR | Sports Editor

Last month, the Central men's basketball team traveled to Bellingham to take on conference rival Western Washington in the first round of the NCAA Division II playoffs. The Wildcats were able to squeak into the tournament with an overtime victory against St. Martin's on March 6, the last regular season game of the year.

Central entered the tournament as an eighth seed, earning a date with the number one ranked Vikings on March 12.

The Wildcats got off to a horrid start, quickly falling behind 28-8 in the first 12 and a half minutes of the game. Poor shooting and bad defense led to a 15-point deficit at halftime. While Central shot an abysmal 23 percent from the floor in the first half, Western was able to connect on 15 of 25 shot attempts, good for 60 percent from the field.

Down 38-23 coming out of the break, it was Central that started the second half on fire. After a 3-pointer by senior guard Noble'D Shelton, Central tied the game with 8:15 left in the game. On their next possession, senior guard Jon Clift hit two free throws, and the Wildcats had cut their early 20-point deficit into a two point lead.

However, Western was able to regain the lead a minute later. Central's shooting again went cold late in the game, and Western pulled away down the stretch. The Vikings went on to win the game 84-70, bouncing the

Wildcats out of the tournament, and ending the 2010 season for Central Washington.

Junior guard Toussaint Tyler led the charge with 18 points in 30 minutes off the bench. Clift finished with 14 points and 4 assists, while junior guard JC Cook had 11 points and 8 rebounds.

Hometown favorite Riley Sivak had 10 points, 7 rebounds and 1 assist, shooting a perfect 6-6 from the free throw line in his last game in a Central Wildcat uniform.

"I remember coming to the games since I was in the sixth grade," Sivak said. "It was a life long goal of mine to play at Central. It's been a great experience playing here."

The Wildcats will be losing two starters and three seniors. Senior point guard Jon Clift finishes his senior campaign third in scoring for the Wildcats at 11.6 points per game, along with a team high 3.5 assists. Senior forward Riley Sivak finishes 2010 with 8.5 points and 4 rebounds a game, and was Central's best perimeter defender.

Senior guard Noble'D Shelton saw limited playing time this year, but was a key factor in Central's overtime victory against St. Martin's, a game CWU had to have to get into the playoffs. His 11 points in that contest were a season high.

Looking forward to 2010, Central will be returning three starters. JC Cook, Roby Clyde, and Chris Sprink-

er will all figure to be major factors next year for the Wildcats.

Also returning will be sharp-shooting forward Humberto Perez, who broke his wrist on February 20th and was lost for the season. Central struggled down the stretch without Perez' 3-point shooting, finishing the season just 1-5 with him out of action.

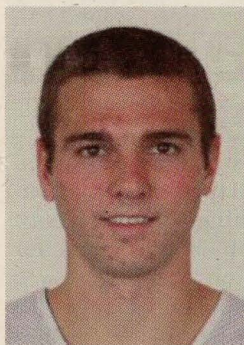
"It was tough sitting on the sidelines, not being able to help my team on the floor," Perez said. "Next year I plan on being more aggressive and just a better overall player."

Toussaint Tyler will also figure to be a key returner, after averaging 11.6 points per game despite coming off the bench. Forwards Ryan Snowden and Shane Miller project to see increased playing time as well. Despite limited playing time this season, both players showed flashes of what is to come, including a career high 25 points from Shane Miller against Alaska Fairbanks on Jan 14.

Coby Gibler will help bolster the frontcourt for the Wildcats, as the junior center provided big minutes as the season went along.

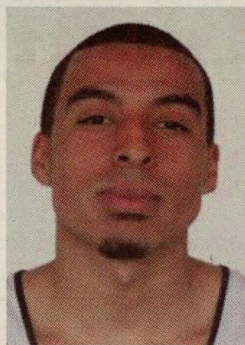
After making the NCAA Division II Tournament for a third year in row, the Wildcats are primed to make it a fourth year in 2011. Despite a third straight first round exit, Central is expected to contend for the GNAC title in 2011, and will look to advance past the opening round next year.

The Seniors



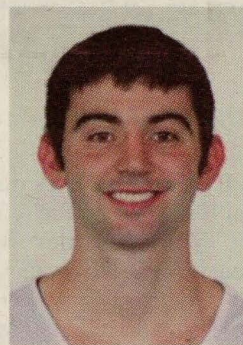
Position: Guard
Height: 5' 10"
Weight: 160
Hometown: Spokane, WA
High School: Joel E. Ferris
11.6 PPG
29.3 MPG
3.5 APG
81.8 FT%

#1 Jon Clift



Position: Guard
Height: 5' 10"
Weight: 160
Hometown: Auburn, WA
High School: Auburn
2.9 PPG
10.1 MPG
Season high 11 points in final regular season game

#24 Noble'D Shelton



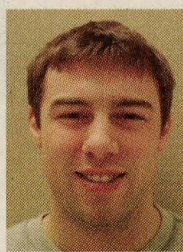
Position: Forward
Height: 6' 5"
Weight: 195
Hometown: Ellensburg, WA
High School: Ellensburg
8.5 PPG
21.6 MPG
4.0 RPG
48.4 FG%

#40 Riley Sivak

Fantasy Baseball with Doctor Proctor

Players to target and avoid early in the season

BY KEVIN PROCTOR | Sports Editor



Spring is upon us, and with that comes another season of fantasy baseball. Every week I will be giving tips and advice on players, trades, and free agent pick-ups, hopefully helping those who follow me every week win your own respective leagues. I have been playing fantasy sports for several years now, including several money leagues every year.

Very rarely am I not one of the top two or three teams in any league, and if you take my advice I can almost assure you that you will too. Keep in mind that I play in ESPN leagues, and all my advice will be geared towards those playing the standard 5x5 category setups in ESPN. So with out further adu, let's get to the players I'm targeting and avoiding for the 2010 fantasy baseball season.

Justin Morneau- Currently rated at 50 overall in ESPN pre-draft rankings, Morneau is a great value for where you have to draft him. Up until the all-star break last year, the dude had numbers comparable to Mark Teixeira and Prince Fielder, and both those guys are top 15 players.

Morneau however got hurt, and ultimately cut his season short.

I can't understand why he is falling so far in so many drafts in 2010 though. All indications are that he is healthy again, and I fully expect him to put up all-star numbers again this year. He'll likely give you second round production at a fifth round price. Draft with confidence.

Carlos Gonzalez- Gonzalez was acquired by the Rockies in the Matt Holliday trade last year. After raking in Triple-A, Gonzalez hit a smoking .320 after the all-star break. The Rockies have one of the best young line-ups in all of baseball, and Gonzalez figures to be a key part of all the fun this year. Not to mention, he also plays half his games this year in the oh-so hitter friendly park that is Coors Field.

Currently going in the 12th round, Gonzalez will be a great bargain that late in your drafts. A full season in the majors should have him sniffing at an all-star spot come July.

To read more players I love and hate, and for more fantasy advice every week, visit:

<http://observer.cwu.edu/sports>

Men and women's basketball sign two new recruits

BY KEVIN PROCTOR | Sports Editor

The Central Washington men and women basketball teams both got some much needed help and depth last week.

For the men, Central signed guard Drew Harris, a transfer from Seattle University (SU). Harris attended Eisenhower High School before playing at Seattle University for the past three seasons.

At 6-feet 170 pounds, Harris is a pass first, natural point guard, who will help fill the void left from graduating senior Jon Clift. Harris averaged 19 points, 7 assists and 2.5 steals per game at EHS.

As a sophomore, Harris averaged 5.9 points and 2.5 assists per game in 2009, before appearing in just 13 games this past winter.

Harris is expected to compete for the starting point guard duties for the Wildcats heading

into the 2011 season.

On the women's side, the Lady Wildcats also signed a point guard themselves last week. Nneka Payne, a junior transfer from Sacramento State, projects to be in the starting line-up in the 2011 season.

At 5-6, Payne is an athletic point guard that can score the ball as well as find the open player.

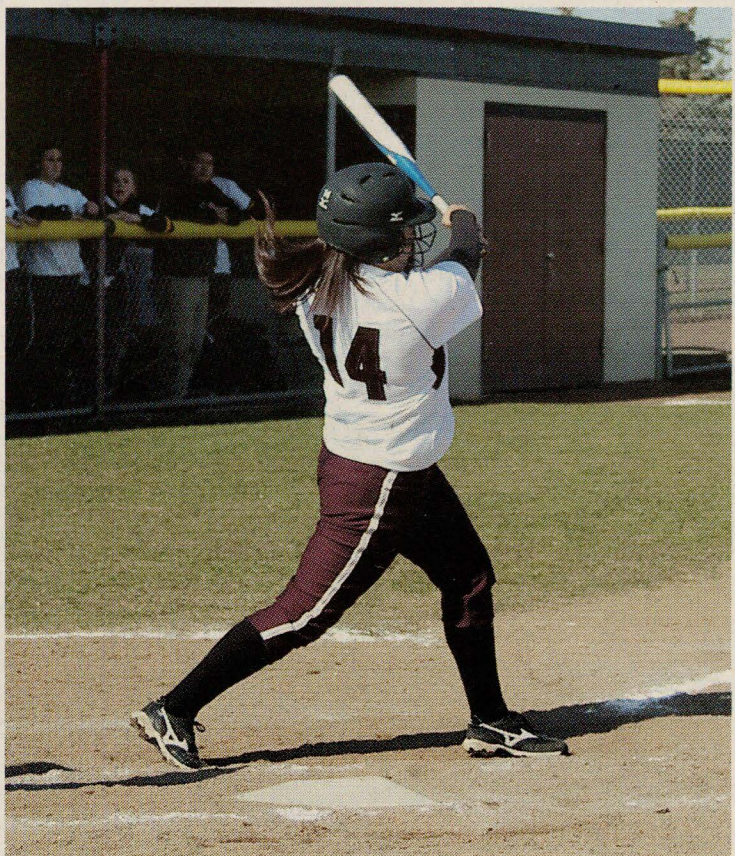
After graduating from Auburn High School in 2009, Payne averaged 4 points per game as a freshman in 2009 at Sacramento State. As a sophomore in 2010, Payne averaged 5.9 points for the Hornets, before leaving the team mid-December.

At 4-12 in GNAC play, the Ladywildcats hope Payne can step in and make an immediate impact with her scoring ability, bringing Central back to the playoffs in 2011.

Softball ranked in top 25

Women nationally ranked for first time in school history

BY JON CLEVELAND | Sports Reporter



SWEET SWINGER Senior outfielder Ashley Fix has helped lead Central to a top 25 ranking for the first time in school history.

NATE WALLEN

Last week, the Central Washington softball team ranked 19th in the nation, the first top 25 ranking in school history. However, after dropping two of their last three, it remains to be seen where Central will be ranked this week.

With Friday's double-header being postponed to rain, the Wildcats faced a long Saturday ahead of them with three games to play. Central traveled to Nampa, Idaho, to face off against Northwest Nazarene University (NNU).

Central fought hard but came up short in the first two games, losing 3-5 and 1-3. In game one of the triple-header, CWU had 7 hits but was unable to outscore Northwest Nazarene's 5 runs off 8 hits.

Junior utility player Kelsey Hauptert had 2 of Central's 3 runs batted in, but it wasn't enough to get the job done. Central left 3 runners on base for the game.

"It was a huge wake-up call," senior outfielder Ashley Fix said. "We need to play like we

know how to play, play like we are capable of playing."

In the second game of the day, Central again struggled to put runs on the board. The Wildcats could muster just 1 run on 5 hits, leaving 10 runners stranded on base and allowing Northwest Nazarene to win a close game 3-1.

With two close games behind them for the weekend, Central buckled down and started scoring some runs. The Wildcats got big contributions from Fix, who went 4 for 5 at the plate, bringing in 4 runs for Central in the game.

Junior shortstop Samantha Petrich also came through in a big way with her bat, giving Central 4 RBIs as well. Senior outfielder Danielle Monson, the leadoff hitter for the Lady Wildcats improved her consecutive game hit streak to 28 games.

"It feels good," said Monson about her streak. "I don't really try to think about it that much. It's the last thing I want to think about when I am out there."

Before the seventh inning had started, Central had already

scored 6 runs. The seventh inning gave CWU 8 more runs, 3 of which came from freshman pinch-hitter Elena Carter. As she stepped up to the plate, Carter hit a huge three-run home run, sparking Central's big seventh inning.

Junior pitcher Lauren Hadenfeld had another stellar performance on the mound, pitching a complete game, only giving up 2 earned runs with 8 strikeouts.

Hadenfeld earned the win improving her record to 12-5 on the season.

With timely hitting and great pitching, Central walked away with a victory over Northwest Nazarene, winning 14-4.

The Wildcats now stand at 19-10 on the season and 14-5 within the conference. Central is currently in first place with a one game lead over Western Oregon in the GNAC (Greater Northwest Athletic Conference).

Next Saturday and Sunday the Wildcats play a tough double header each day in Lacey, Washington, against St. Martin University.

Baseball swept by Western Oregon

Rough season continues for Wildcats

BY MATTHEW CARSTENS | Sports Reporter

A snowy Saturday morning in Ellensburg had people wondering if the game would still be played, but that cold air did not stop the baseballs from flying out of the park.

Western Oregon, (WOU) led by Jason Moseby, came out swinging with a run in the second and third inning.

The Wildcat bats seemed to be in a winter slumber through the first three innings, until scoring their first run in the fourth.

The bats were awoken quickly in the fifth, when junior second baseman Keola Rubin came up to bat with two runners on. Rubin was drilled in the back with a pitch, but the umpire did not grant him first base because he did not attempt to get out of the way.

"I just rolled with it," said Rubin. "It was just a curve ball, there was nothing I could really do. I don't know what [the umpire] saw. I was a little confused, but I'm OK with it. They made a mistake. Next pitch I just swung hard."

After a lengthy discussion between home plate umpire Ed Rhoades and Head Coach Desi Storey, Rubin stepped back up to the plate and smoked a 3-2 fast ball, hitting the scoreboard in left field for a 3-run home run and taking the lead.

The Wildcat's bullpen however, could not hold onto the close game. Junior right-handed pitcher Palmer Brown came in for the bottom of the ninth and allowed 2 runs on three hits including a home run.

It was an up and down day for starter junior right-handed pitcher Bryce Hjelum. He allowed 7 runs, all earned, in eight innings. His teammates picked him up scoring once in the seventh and eighth keeping it a one run ball game.

However, Central lost the game, 6-9.

"Normally we keep a pretty close tab on pitch counts," Storey said. "We haven't been throwing very well out of the pen, so I'm riding my starters as long as I can."

In the second game of the Saturday double-header the Central offense came out swinging, scoring 2 runs on 3 hits including a double by senior outfielder Danny Myers. Central repeated that in the second inning, scoring one run on an RBI triple by senior outfielder Anthony Sanelli, who was later knocked in by Rickey McKinney with a sacrifice fly.

Sophomore pitcher Justin Reed could not hold on to the 4-1 lead allowing four runs in the third inning. Control was the main issue, walking four and hitting a batter. Freshman pitcher Jordan Wakefield and senior pitcher Kevin Walkenhauer finished the rest of the game from the mound, both giving up two runs.

Western Oregon University's starting pitcher Blake Keitzman, who was selected in the 15 round of the MLB draft by the Mariners last year but declined to sign, settled down after giving up four runs over the first two innings. He was dominant the rest of the game, striking out five and scattering four hits.

"He's got a good curve ball," Walkenhauer said. "He throws a lot of strikes and keeps it up in the zone, and we seem to swing at it."

Central dropped the second game on Saturday, again 6-9.

Sunday it was more of the same story for the Wildcats. Central entered the ninth inning tied at 2 a piece in the first game, but WOU was able to get 3 runs in the ninth to take a 5-2 victory. In the second game on Sunday, WOU scored

14 runs, while Central was held to just three, as the Wolves completed the four game sweep of the Wildcats. At 4-12 in GNAC play, and 6-22 overall, Central sits in last place in the conference. There next contest will be against Cal State East Bay on Friday at home starting at 1 p.m. followed by a double header on Saturday.



COURTESY OF NATE WALLEN

RUNNING ON EMPTY Central currently sits in last place in the GNAC conference with a 4-12 record.

Freshmen track stars make their mark

BY JAKE ABBOTT | Sports Reporter

The Wildcat Track and Field team traveled to Tacoma on Saturday, April 3 to attend the JD Shotwell Invitational at the University of Puget Sound for their first scored meet of the season.

Due to the snow conditions on the pass, a few members on the team were at a disadvantage. Because the team barely made it on time before the first event, Central had little time to warm up.

Central's men ended the meet with 148 points, finishing the competition behind Western Washington University in second place. Three freshmen men walked away with individual titles - Anthony Hogan in the 110 meter hurdles with a time of 15.18, Anthony Wright in the 200 meter dash with a winning time of 22.06, and Brandon Roddewig clearing 6 feet, 4 ¼ inches in the high jump.

Freshman hurdler Anthony Hogan endured the rainy weather to run the best time of his outdoor season this year, putting him at the number 2 spot in the con-

ference for his event. Freshman Anthony Wright came close to his season best in the 200 meter dash as well. Wright walked away from the 400 meter with a second place finish with a time of 50.16.

"I started running the open 400 to improve my times in the 200 and 100 meter dash," said freshman sprinter Anthony Wright. "My strongest race is the 100m dash, and I just need to work on running with authority."

The mens 4x100 meter relay team, Bryan Mack, Anthony Wright, Anthony Hogan, and Kincaid Nichols, took 1st place with a successful time of 42.03. They improved their time of 42.15 from the Oregon Preview meet over spring break.

"We ran pretty fast but we know we can get better," said sprinter Kincaid Nichols. "We just got to work on our hand offs more to get that time down to what we want, and we all know that will come in time."

In the 100 meter dash, sophomore

sprinter Kincaid Nichols experienced something very rare in the sport of track; Nichols and his competitor came across the finish line at the same time. The photo finish took a lot of debating and the result came out to be a tie. Nichols ran an impressive 100 meters with a time of 10.95, only to tie I.V. Reeves from Pacific Lutheran University.

For the women, junior Torrie Self won in both the shot put with the throw of 12.81 meters (42 ft. ½ in.) and discus throw with the distance of 33.66 meters.

"I wasn't too worried about the competition being that it was a small meet so I expected to place high but I was thankful that I did well enough to win both events."

Freshman, hurdler Katharine Lotze,

finished second in the triple jump with a leap of 11.28 meters (37 ft. ¼ in.). Overall, the Wildcat women finished with 79 ½ points, leaving them in third place behind WWU (176 ½) and Seattle Pacific University (163).

Central Washington will have an eventful week this week as the Decathletes and Hepathletes prepare for the WWU Multi-Events in Bellingham on Thursday and Friday (April 8-9). Also on Friday, the rest of the team will be competing at the Ralph Vernacchia Invitational, followed by the Oregon-Washington Duals taking place in Spokane on Saturday.



COURTESY OF KATHERINE LOTZE

NEW HEIGHTS (left) Freshman Brandon Roddewig won the men's high jump, clearing a height of 6 feet 4 inches. (right) Freshman Thomas Steinke edges out a Concordia hurdler to finish a personal best of 16.28 seconds.

Weightlifting competition hits Central

BY SHAY MAILLOUX | Sports Reporter

For 33 competitors in the annual power lifting competition, not only stress, but sweat, triumphant yells and anxiety from months of preparation were released in just a few hours. The event took place on March 13.

"It's something that kind of releases stress. I mean you have people who have classes or work and when they go to the gym you know it releases stress," said Victor Kimuhu, CWU powerlifting competition coordinator.

Competitors gathered in the CWU weight room to put all of their strength to the test in two lifts: the dead lift and the bench press.

Senior Exercise Science Major Lionel Orji was one of those competitors. Orji was the winner in the 22 and over age group in both events with a dead lift of 625 pounds and a bench press of 350 pounds.

"Setting goals like long term goals and short term goals and then working towards those goals and seeing that your work outs pay off is what really drives me," explained Orji.

Approximately 75 spectators attended the event. Conrad Larsen came to participate in the event with a few fellow Western Washington University participants and what Larsen did stunned everyone. Kimuhu paints the perfect picture.

"This guy was like 170/175 (pounds), pretty tall skinny 6 foot guy, and this dude dead lifted I think it was 610 pounds," Kimuhu said. "Guys can work out, they can train and even though they don't look buff they still can come out and do something crazy."

The competition has become an annual event and it offers a platform for experienced lifters as well as first time competitors who are interested.

"A couple of people that had never done it before, to see them do something that they weren't sure that they could do, that was pretty cool," said Freshmen Emma Gremer.

Gremer is an Olympic style lifter with a wealth of experience and lifting knowledge and she was integral in the organization of this year's competition.

Gremer explained that one of the nice things about this competition was that it was non-sanctioned. Most of these events have regulations which require participants to be members of groups such as USA Weightlifting or USA Powerlifting.

This event was however organized to be non-sanctioned, allowing participants to be non-members of weightlifting organizations.

Although Gremer did not participate in this competition, she was impressed by the show she saw, as was Kimuhu.

"Power lifting, it's a competition but it feels good, you feel excellent about yourself, I mean its not just beating the person in your age group or your weight class but setting a personal record, doing the best you can do, and the people screaming at you yelling at you saying you can do it," Kimuhu said.

Gremer had similar feelings.

"When I make a lift in a meet its huge, it gets me so pumped and so excited," Gremer said. "Its like I have accomplished something that you know sometimes I don't think I can do, but I go up there and do it."

For competitors of this event, achieving your goals and reaching beyond what you think you can achieve is what it is all about.

Lifters like Orji and Kimuhu encourage others to set goals for yourself and work hard to achieve them.

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