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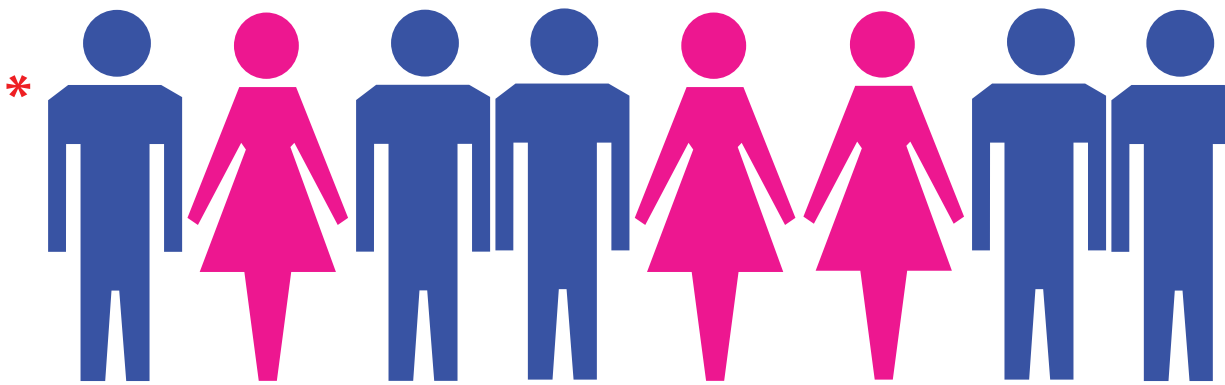
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STI rates in Kittitas County *could be better*

*2007-2008 rate for **Chlamydia** in **Kittitas County** per 100,000 population

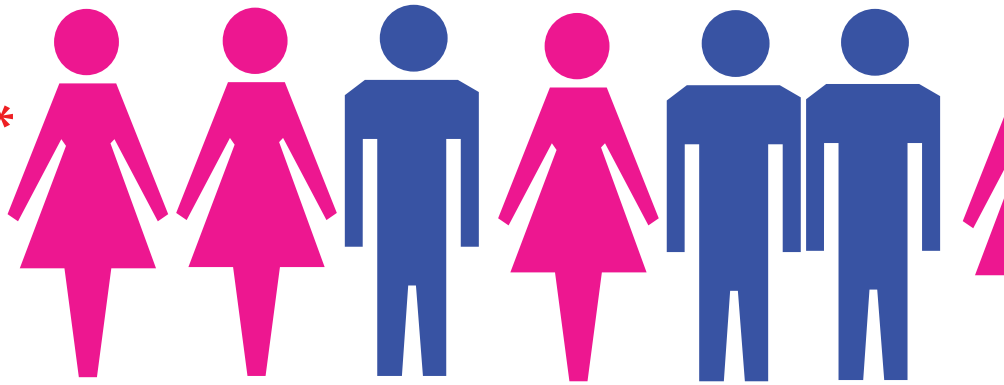
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age 15-24



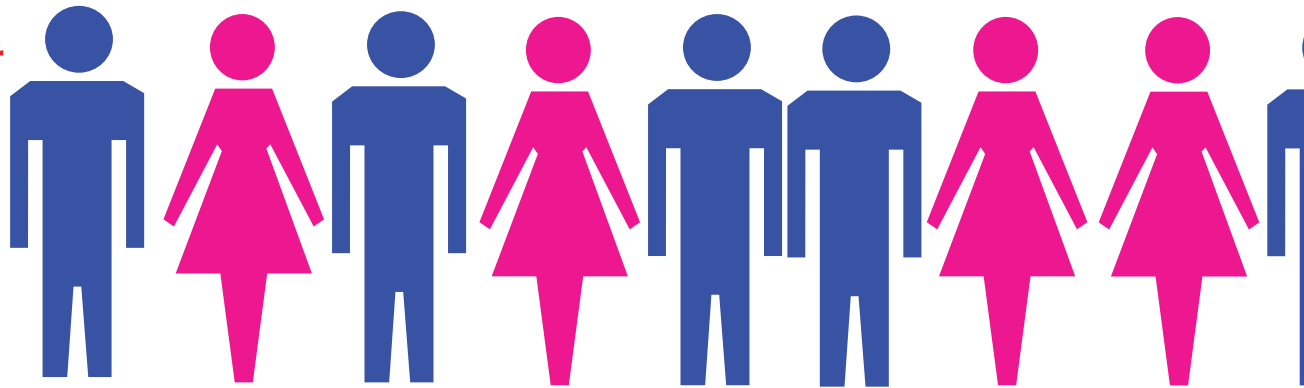
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age 25-44



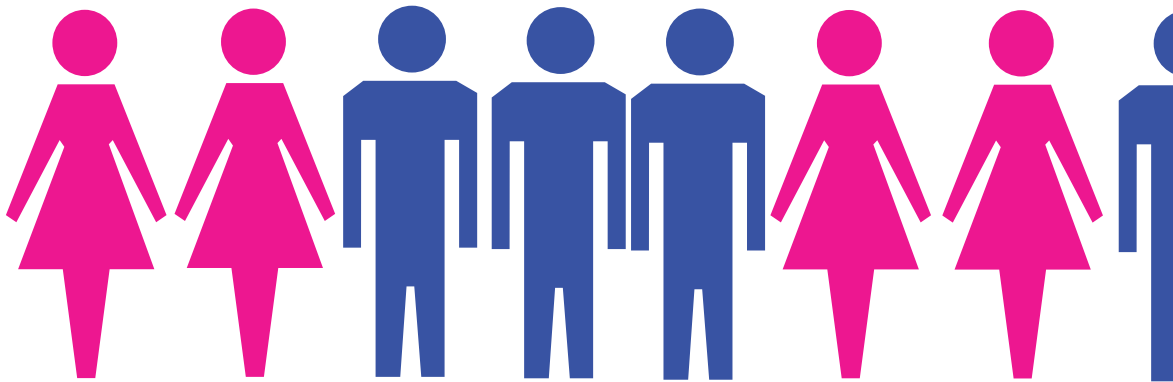
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age 15-24



318

age 25-44



*2007-2008 rate for **Chlamydia** in **Washington** per 100,000 population

ART EXHIBIT OPENING
PROF SHOWS HER STUFF
AT SARAH SPURGEON

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FORMER CWU PLAYER
SIGNS WITH PHILLIES

P.11

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Kittitas County ranks low in state on STI rates

Sexually transmitted disease rates good but can be better, health department says

BY DAVID GUZMAN
Copy Desk Chief

In the anything-goes mentality of college life, “responsibility” isn’t in the forefront of many students’ minds when it comes to sexual activity.

But one student at Central Washington University (CWU), who wishes to remain anonymous, has no choice but to be responsible.

The student contracted the human papillomavirus (HPV) two years ago. More so than many, she says, she understands the concerns about sexually-transmitted infections (STIs).

It’s not painful for her, she says. But it does affect her love life and the relationships she chooses to have.

She always has informational pamphlets handy. And she has educated herself and researched the topic thoroughly enough to answer any questions a partner might have.

“I’ll do whatever it takes to make them feel comfortable about it,” she said. “I always insist on using condoms for my own peace of mind ... I’m just coming to terms with” HPV.

HPV, overall, is the most common STI in the United States, and generally causes no symptoms. However, individuals who are not treated are at a much higher risk of cervical cancer and pregnant women can pass the virus to their infant at delivery. The student found out she contracted the virus after a normal pap screening test.

The virus typically lasts for about two to five years until becoming dormant and disappearing.

“Right now it’s a waiting game,” she said. “I’m a carrier for the next few years.”

Kittitas County STI Rates

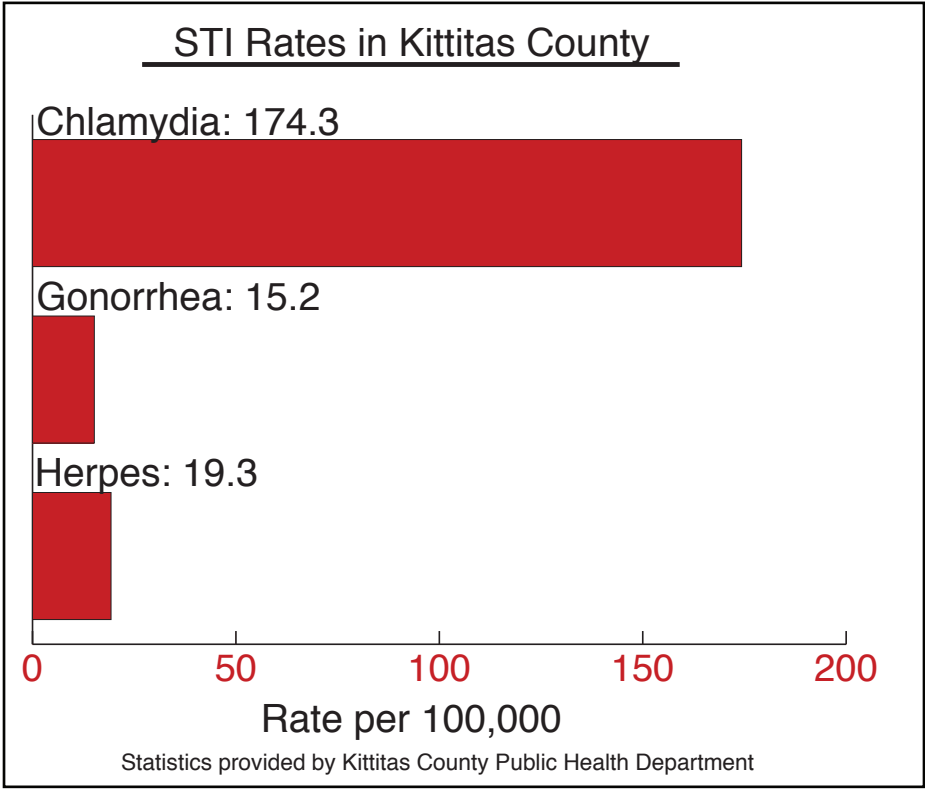
According to the Kittitas County Public Health Department, most of the STI cases in Kittitas County are young, presumably because Ellensburg has a large college student population.

“Let’s just say that we do see a decrease in cases during the summer,” said Amy Diaz, assessment coordinator for the Kittitas County Public Health Department.

According to the most recent report on STI rates in Kittitas County, for 2007-2008, the overwhelming majority of cases are in the 15-24 age range.

HPV, however, is not the most commonly diagnosed STI in the county, despite its rates nationwide. Chlamydia is the most commonly diagnosed STI (with genital herpes a close second), Diaz said. Numbers for other common STIs such as Gonorrhea are small, and cases are few and far between.

Jen Ham, community organizer for Kittitas County Planned Parenthood, said that Chlamydia produces about 70 per-



cent of their cases, and that it’s the second-most common communicable disease next to the common cold.

“It produces very few symptoms but it can cause a whole bunch of other things if untreated,” Ham said.

Untreated Chlamydia cases in women increase the risk for infertility, pelvic inflammatory disease and complications during childbirth, Ham said.

Diaz said that Chlamydia rates in Kittitas County have increased between 1992 and 2008 at a rate of about 6 percent per year.

Ham said that it’s easier to test for STIs than it was in the past, so it can be assumed that more students are getting tested.

“The technology is way better now,” Ham said. “All we need is a urine sample.”

Kittitas County, according to estimated 2008 U.S. Census data, has a population of 38,951. Since the area is relatively small, case counts are small compared to surrounding counties.

Between 2007 and 2008, the rate for Chlamydia for ages 15-24 in Kittitas County (per 100,000 population) is 823.4, and 207.1 for ages 25 to 44. This is compared to a Washington state rate of 1,426 and 318.1, respectively.

Chlamydia cases for the upper and lower age brackets are so low that the department won’t release the data for confidentiality reasons.

A similar finding showed that the only figures reported for the Herpes virus were from the 15-24 age bracket. The data for all the other age brackets hasn’t been released for confidentiality.

Ham said that compared to STI rates in surrounding areas, such as Yakima, Grant or Benton counties, Kittitas County has a very low rate of STIs overall.

“We’re pretty good – that’s not to say it can’t get any better,” Ham said.

Central picture unclear

Diaz said the county doesn’t have a clear picture of the situation with Central students with STIs. Non-resident students who use a home address when being tested for an infection will have their information reported to their respective home counties.

“A lot of people aren’t even aware that doctors are required to report that information to the health department,”

Diaz said.

Ham credited the relatively low rates to Planned Parenthood’s attempts to reach out to students on campus, through programs like Central VOX (which meets regularly on campus to educate and inform students on the dangers of STIs), and by holding regular classes and residence hall programs.

Kittitas County’s Planned Parenthood is one of several non-profit organizations feeling the strain of recent budget cuts in

Washington state. Last February, however, the organization and volunteers helped stop a proposed \$3 million cut to the state Department of Health’s family planning division.

The effort was spurred by this year’s Planned Parenthood Lobby Day, an annual trek to the state capital to lobby for various family planning-related issues. This year, about 250 volunteers took a bus to Olympia to protest budget cuts, 16 of them from Kittitas County.

“The people of Washington thought this was an important issue,” Ham said. “Not only did we not get cut, but we also got funds reinstated. That’s a pretty big deal.”

Kittitas Health Department

The health department is also in charge of counseling patients with STIs, and educating students.

“What we do here is facilitate early partner treatment and data collection,” said Linda Navarre, county public health nurse and community health services supervisor. “The real problem we’re dealing with is preventing the spread of STIs. The whole plan is for earlier treatment.”

Other Central students acknowledge the prevalence of STIs on campus, and agree that preventative measures should be taken.

“I am concerned about being in a relationship where we’re not honest about our past,” said Amanda Kieser, freshman psychology major. Kieser’s last partner was tested for STIs with her insistence.

Lacey Yanez, senior English education major, said she doesn’t need to worry much about issues with STIs as she and her boyfriend have been together for almost six years.

“Communication is the key,” Yanez said.

Landis Pederson, sophomore undeclared, said he believes there is always a concern about STIs when attending a university.

“I haven’t had any problems, though,” Pederson said. “Condoms, that’s pretty much it.”

RESOURCES

If you believe you may have a STI, contact one of the following resources.

Kittitas County Planned Parenthood
509-925-7113
413 N Pine St.
Ellensburg, Wash.
www.plannedparenthood.org

Kittitas County Public Health Department
509-962-7515
507 Nanum St. #102
Ellensburg, Wash.
www.co.kittitas.wa.us/health

CWU Wellness Center
509-963-3213
SURC 139
www.cwu.edu/~wellness

CWU Student Health and Counseling Services
509-963-1881
On campus at the corner of 11th and Poplar
www.cwu.edu/~shcc



GENERAL ELECTION RESULTS

Tuesday was Election Day and voters cast their ballots on a wide range of issues, from alcohol sales to instituting a state income tax. Here are the latest results as of Wednesday morning:

- Initiative 1053 Concerning tax and fee increases by state government
APPROVED
- Initiative 1098 Establishing a state income tax and reducing other taxes
REJECTED
- Initiative 1100 Concerning liquor (beer, wine and spirits)
TOO CLOSE TO CALL
- Initiative 1105 Concerning liquor (beer, wine and spirits)
REJECTED
- Initiative 1107 Concerns reversing certain 2010 amendments to state tax laws
APPROVED
- Referendum 52 Concerning authorizing and funding bonds for energy efficient projects in schools
REJECTED
- Resolution 8225 Concerns the limitation on state debt
TOO CLOSE TO CALL
- Resolution 4220 Concerning denying bail for persons charged with certain criminal offenses
APPROVED

SAS calls for students
Senators needed to represent departments

BY LINDSAY TROTT
Staff Reporter

The Student Academic Senate (SAS) is looking for more student involvement and input with hopes of having a much stronger voice for students and faculty members. SAS’s main goals are to spread awareness of important information throughout the different departments and be responsible for awarding money to students who need help with funding for academic programs and opportunities.

Paul Stayback, ASCWU vice president for academic affairs, represents SAS and is eager to get the word out there for more students to participate and be involved.

“We want to take it to the next level. Their voices need to be heard,” Stayback said. “If not a bite than a little more bark.”

Cam Garlock, senator for the law & justice department, says that because many students are unaware of SAS they don’t know about the benefits or importance of being involved.

“SAS is really good for students to join and bridge that gap so they can voice

their opinions,” Garlock said.

Since SAS has 16 out of 39 senators seated, not each academic department is being appropriately represented.

“A lot of departments aren’t being represented [by a senator] and they should be,” Garlock said.

Students who wish to participate in SAS as a senator must have declared their major before applying, have one office hour a week and attend the monthly meetings.

Stayback explained that in these tough economic times it is more important than ever for students to have their concerns heard in order to get results and changes.

Stayback is also working on having class evaluations (SEOs) filled out at the end of each quarter available online as public information for students to view and see what others have said about potential professors.

Stayback also wants students to know that he is an “advocate for students” and is there for them if they need help with any academic issues they may be having.

“If I can help them I will,” Stayback said. “If I can’t I’ll let them know why and suggest ways to get the results they want.”

Mother of six strives to become college grad

Non-traditional student, cancer survivor, dedicated to achieving goals and getting involved on campus

BY HAYDEN RAPP
Staff Reporter

Carmelita Barrett is very different than your average college student. Barrett is a Native American single mother of six, part-time employee for the Hope Source Emergency Shelter, breast cancer survivor and full-time student at Central Washington University. Though she has overcome many obstacles to get to this point, she has not lost sight of her ultimate goal: becoming a college graduate.

Barrett finds time in her busy schedule to be involved with many organizations. She has worked with the Don and Verna Duncan Civic Engagement Center doing volunteer work, spoken at various panels about her service learning projects and is currently also the president of Central’s First in the Family club.

“It was time for me to apply my life skills and get back in school,” Barrett said. “There are definitely some benefits to going to school later in life. I’m well past the partying stage that most college students are in; I’m more focused and I knew what I wanted to do coming in.”

Barrett was born in Tacoma, Wash. and graduated from the Bellarmine Preparatory School of Tacoma in 1977. Majoring in social services with a minor in American Indian studies, Barrett plans to have her Bachelor’s degree completed

by winter of next year. After completing her degree, she hopes to finish her master’s degree in social work at the University of Washington. Currently, Barrett is a case manager at the Hope Source Emergency Shelter, where she deals with families needing assistance.

“Hope Source is great for anyone looking to do service learning,” Barrett said. “They’ve been extremely awesome through everything I’ve been through.”

In fall of 2007, Barrett began taking classes at Central to complete her degree, but in December she was diagnosed with breast cancer. As she began her chemotherapy, she made the choice to stay in school for both the following winter and spring quarters, and she also chose to



HAYDEN RAPP

CARMELITA BARRETT Works at Hope Source Emergency Center.

continue working at Hope Source. Her chemotherapy was complete by the end of the summer of 2008 and though she continued at Hope Source, she decided to take fall quarter off. By winter quarter 2009, she had re-enrolled and had begun taking classes part-time again.

Prior to coming back to school, Barrett worked in a variety of fields. For years she worked in construction, but more recently she worked as a night stocker at Safeway and later Fred Meyer. One of her motivations to get back in to school and complete

her degree came from her children and grandchildren. She now has six children — her oldest is 30 and her youngest is 18.

“My children have been amazing

through all of this – I call them my ‘ma-ma-sitters,’” Barrett said. “It’s funny, I actually came to Ellensburg originally to babysit my grandkids that live here, but I ended up staying and my kids convinced me to enroll at Central.”

Barrett has also received support from the Central faculty. Dr. James Pappas of the academic service learning program has helped Barrett throughout many of her projects and encouraged her to speak about the projects at a panel he held. Arthur Manjarrez, of the student support services, was her advisor for the TRiO program, which is comprised of the Upward Bound, Talent Search and the Student Support Services programs. Manjarrez is another person whose support has helped Barrett in her academic career.

“Carmelita’s a fighter. She’s a survivor,” Manjarrez said. “She’s goal oriented, focused and she knows what she wants to do in life. She’s making the effort to ensure she’s successful.”

Manjarrez has worked as a TRiO advisor at Central for over 12 years. TRiO focuses on helping disabled, low-income and first-generation students complete their degrees.

“The support from the faculty here has been amazing,” Barrett said. “I don’t know where I would be today if I hadn’t received as much support as I did from all my instructors and advisors.”

Live near Barto? “Tough luck”

Loud early morning construction to begin soon

BY ANDREW HOGGARTH
Staff Reporter

Students living in the residence buildings near Barto Hall will have a rude awakening come December.

Construction is due to begin on the old student residence hall this winter as Barto Hall is scheduled to be demolished and a more modern residence building will replace it. According to Central Washington University’s construction coordina-

tor, Eric Fraley, the daily work will begin around 7 a.m.

This will not be a quiet little demolition job either. The plan is to reuse much of the cement that is already there, which means jackhammers and concrete crushers.

“There is no way to use a concrete crusher quietly,” Fraley said. “So to those living close to the construction zone: tough luck.”

Road closure prolonged for year

Construction to continue on old Hogue Hall section

BY NICHOLE WILLIAMSON
Staff Reporter

Drivers looking forward to the opening of the Nicholson Boulevard will be disappointed come spring.

According to Eric Fraley, construction coordinator for Central Washington Uni-

versity, the road will be closed for an additional year due to the renovation of the existing half of Hogue Hall.

Nicholson Boulevard has been closed since Dec. 21, 2009, with local access to Nicholson Pavilion, Wendell Hill and the Music Building parking lots.

Cold weather drives off swarms of woolly aphids

Ellensburg is a natural home to winged aphids, but they’ll be back in the spring

BY ERIK FLEIS
Staff Reporter

When Adam Bowman, senior anthropology major, got back to his apartment, he found an unwelcome visitor in the most unusual place.

“When I looked in the mirror, I saw that there was a bug smashed on my forehead,” Bowman said. “I started to wonder how long it had been there.”

Walking to and from classes was not the easiest of tasks during the last few weeks, thanks to a swarm of insects called woolly aphids. Many people make the mistake of referring to them as gnats, which is not true.

Jason Irwin is a biology professor at Central who teaches animal physiology and entomology, the study of insects.

“Woolly aphids are special because they secrete a wax and, if you’ve noticed, it looks like fuzz, that’s why they are called woolly aphids,” Irwin said. “Those forms that are not winged look just like little tufts of fur, they don’t even look like aphids. The winged ones are not quite as furry because it would interfere with flying.”

Woolly aphids are related to cicadas. What separates these species from other insects is that they have proboscises that stick into a plant to suck out the nutri-

ents. This is the biggest difference between a gnat and a woolly aphid.

Ellensburg is one of the woolly aphid’s natural habitats. In the winter the woolly aphids do not survive, but their eggs do.

“You’ll notice they’re basically gone now,” Irwin said. “Those few cold nights we had, they just killed them off.”

When spring comes around the aphids will hatch out of the eggs and then lay eggs and feed on herbaceous plants throughout the summer.

“When they’re going through their generations in the summer they don’t mate,” Irwin said. “They don’t even lay eggs; the females give birth to live young. And those young are already starting to develop their own live young, so they go through generations and generations really quickly in the summer and their numbers just multiply.”

In the fall, right before it starts to get cold, the final group of eggs that are laid will generate winged woolly aphids.

These winged aphids are what many Central students are talking about.

“When I was walking to class one flew directly into my eye,” said Holly Tallman-Sayers, freshman psychology major. “I started to hold my breath everywhere I went because I was afraid I was going to breath one in.”

The primary function of the winged



PHOTO COURTESY OF TOM MURRAY

APHIDS Over the past few weeks, swarms of woolly aphids have blanketed campus during their fall mating season.

form of the woolly aphid is procreation.

The winged aphids “fly around and mate and then lay their eggs, not on herbaceous plants, but on woody plants. Because they will be around next spring, the herbaceous plants are obviously going to die in the winter, so it wouldn’t be a good place to lay their eggs,” Irwin said.

JP Sahota, junior biology major, was

already aware of the aphid’s mating ritual.

“I think that might be the only time I will ever interrupt an orgy with my face,” Sahota said. “I flew through a big swarm and I didn’t even see them until they were all around me. I do not recommend it.”

Ellensburg Downtown Association goes virtual

Tourism students, EDA collaborate on online walking tour to bolster local interest

BY PRESTON PRENDERGAST
Staff Reporter

A unique twist on tourism is in the works for downtown Ellensburg. Tourism students are working with the Ellensburg Downtown Association to help improve tourism.

The virtual tour consists of a walk through of downtown Ellensburg with audio recordings to help explain the architectural and historical significance of the town.

“We started the project for our Planning and Development of Tourism class and we just kept working on it,” said Zach Kehres, history major and tourism minor. “The tour emphasizes the historical and

architectural aspects of downtown Ellensburg.”

Dr. Dorothy Chase, associate professor and program director of the recreation and tourism department has been heading the student project.

“The twist is this tour is available online and is more convenient than the traditional tours provided by the Ellensburg Downtown Association,” Chase said. “It’s a work in progress, but we intend to have it up and running for the 2011 tourist season.”

The Ellensburg Downtown Association has been collaborating with the students and they are very excited about the tourism potential of the project.

Currently, the association has to set up tours of downtown by collaborating with groups of people interested, which proves to be both a hassle and time-

consuming. The new tour will be available online and will help interested tourists learn about Ellensburg whenever they want, without the trouble of setting up a tour.

“The project encourages both residents and tourists to visit downtown Ellensburg and get a new understanding about its history,” said Carolyn Honeycutt, executive director for the association. “The project helps bring in tourists, which helps all the local businesses, especially the hotels around town.”

The project seems to be a win-win situation for both Ellensburg and the tourism students here at campus. For more information, visit the Ellensburg Downtown Association at their office, located in the historic Davidson building at 103 E. 4th Ave. Suite 204.

Security report doesn’t show an increase in crime

Police chief cites rigorous testing and open communication as key to keeping campus safe

BY JOHN BARAN
Staff Reporter

With the events in Roslyn sparking up interest in the well-being of students, they along with their parents, can find all the information they need about safety on campus in the Annual Security and Fire Safety Report.

According to Steve Rittereiser, assistant vice president of business auxiliaries and public safety and university police chief, the report came out on Sept. 30 and primarily contains information about emergency responses on campus, the status and authority of the police department, relations with other policing forces, a 3-year history of crimes that have occurred on campus as well as the crime prevention programs the department offers.

The report shows that in 2009, the majority of the offenses committed were burglary, which takes up 18 of the 23 offenses. This number is less than half of what it was in 2008, when 44 burglaries were committed. Rittereiser claims the number was so high in 2008 because dur-

ing one of the summer camps, an offender went room to room, taking money from the wallets of people staying in the rooms at the time, which caused each incident to be considered a separate crime.

“We’ve not had significant increases in crime,” Rittereiser said. “In general, they stay fairly constant and low.”

According to Rittereiser, the campus police have seen an increase in auto theft and vehicle prowls, although it is still fairly low.

“Most of the crimes occurred on campus are crimes of opportunity,” Rittereiser said.

Off-campus, this is also a problem that the Ellensburg Police Department (EPD) faces.

“Vehicle prowls have been a problem,” said Dan Hansberry, captain of the EPD. “It’s usually because valuables are left in plain sight.”

Rittereiser also claims that the campus is safe due to rigorous testing.

“Nobody tests their systems as regularly as we do,” Rittereiser said. “These are things you generally don’t find on other

campuses.”

Programs such as CWU Alert! which sends automated e-mails, voice announcements and text messages, are tested regularly to ensure they work.

The report also details numerous programs that the department offers, such as Rape Aggression Defense (RAD), Courtesy Assistance Team (CAT) and other programs that deal with drug and alcohol awareness.

According to Rittereiser, the police department is committed to helping victims of sexual assault and anyone with concerns about sexual assault by offering RAD, a program that offers self-defense tactics for women.

Also helping to provide campus safety is the CAT program.

“It was originally designed and created for walking students home on campus from late classes who may be uneasy or weary about walking home at night,” said Kyle Newell, senior law and justice major and member of the CAT. “We are also the eyes and ears of the campus police.”

Usually operating from 6 p.m. to mid-

night seven days a week, the CAT usually averages 15 escorts per night, Newell said.

“It gives some peace and sense of mind and puts them at ease,” Newell said.

Rittereiser explained that a unique quality of the campus police department is that they work directly with other organizations on campus to help in certain situations.

“We get directly involved with the diversity center to provide greater or better sensitivity,” Rittereiser said. “There aren’t many police departments that do that.”

According to Rittereiser, the amount of crime committed on campus is so low because of open communication between its residents and police department.

“Overall, because of citizen awareness it keeps people safe,” Rittereiser said.

New to the report is information about fire code, which became mandated by the Higher Education Opportunity Act in 2008. The report details how fire safety is handled in the dormitories.

“Our interest is the same as [students],” Rittereiser said. “We want them to learn and have a safe environment.”

Loco for Four Loko

Naming the drink as the cause of nine students being hospitalized has only increased its popularity

Four Loko. For nearly two weeks, those two words have been all you needed to say and everybody knows exactly what you're talking about. In case you don't know, nine students were hospitalized after an Oct. 9 house party in Roslyn. Police originally thought date rape drugs could be involved, but toxicology reports came back negative.

After a two week-long investigation, officials said the cause was excessive consumption of alcohol, including Four Loko. Central Washington University officials banned the drink on campus and Attorney General Rob McKenna is looking for a statewide ban.

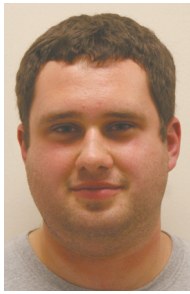
Whether or not Four Loko is being used as a pawn or an easy item to blame for what happened at the party is debatable. But when any item is banned or regulated, all that happens is it becomes more attractive.

Plenty of examples exist in our society: drugs, guns, alcohol and tobacco products for minors. These items have all been made illegal or regulated, but instead of curtailing the use as intended, these items just become more popular and a black market is created.

By singling out Four Loko, all McKenna and Central President Jim Gaudino did was make the product more attractive.

Sure, maybe the media, ourselves included, didn't help in quelling the popularity of Four Loko. But what are we supposed to do, ignore the news? What good does that do our society?

On Saturday night, I went to a local market to buy some food and four of the six people in line at the register had Four Lokos in hand. Some students probably would have bought the drinks anyway, but being Halloween weekend, sales were probably much higher.



ANTHONY JAMES
Editor-in-Chief

“Halloween always brings out ridiculous costumes and of course, a few people had to capitalize on the news and wear costumes of Four Loko cans.”

I checked the shelves and they looked pretty bare. The stacks of extra stock normally at the store were gone. Once I got to the cashier, the clerk said that they were going to run out of Four Loko soon.

The Facebook group “I remember when I had my first Four Loko” is now up to more than 7,500 members in just over a week. Another group called “Save Four Loko” has more than 3,000 fans.

Some are already hosting Four Loko parties. One party, publically posted on Facebook, is a “Four Loko power hour,” where partygoers will drink two Four Lokos in an hour, then continue to drink other alcohol – all while filming it for YouTube.

The rules include “no dying,” “no hospital visits” and “it’s not rape if it’s your [girlfriend].” But I’m not sure what’s the worst: drinking two Four Lokos in succession, filming it, or the fact that this party is on a Thursday.

Halloween always brings out ridiculous costumes and of course, a few people had to capitalize on the news and wear costumes of Four Loko cans.

The Stranger covered the Associated Press story and live-blogged on it. The resulting blog by Trent Moorman was what many students were thinking anyway, only in written form.

On McKenna’s statement about Four Loko targeting college students by using fruit flavoring and caffeine: “And that’s exactly why the college kids love it.” On Gaudino’s campus ban and continuing alcohol education programs: “Kegger at Gaudino’s. Bring TP?”

But the best comment on the campus ban has to be the most true: “It’s called COLLEGE. And they just made Four Loko more popular than it was before.”

Yes, they did. And instead of quelling the issue, we just pushed it off campus, attempted to deny the problem, continued the culture of fear around minors calling for help, and boosted the profits of the makers of Four Loko up a few dollars.

Thanks a lot.

Dear Editor,

Your article that came out this week on the outcome of the Roslyn party has been nothing but a catalyst for more sales of these energy/alcohol drinks. I work at a local convenience store, and the sales of these drinks has skyrocketed in the past three days.

I have monitored this story since it unfolded almost a month ago, and as a student here on campus I have been utterly disgusted by the reporting that has been done on it by not only the news networks, but also by your paper. Whatever happened to responsible reporting? What happened to having your facts straight before putting the pen to paper?

The article that came out the week following the incident that talked of bodies laying everywhere, mass hysteria, and sexual assaults being committed sounded like it belonged in the national enquirer instead of in a newspaper. Over-dramatization of this event by the news media including your newspaper has done nothing but put a black mark on CWU as a whole. Do your reporters not have to verify facts on events before they write about them?

I am surprised at this week’s cartoon by David Guzman. The caption reads, “Instead of banning caffeinated alcoholic beverages, including Four Loko, CWU should teach students how to be safe and responsible with alcohol.” As a Peer Health Educator at the Wellness Center, I assure you that CWU does implement programs specifically tailored to educate students how to be safe with alcohol.

We give students many opportunities to acquire the skills and information needed to make smart decisions with alcohol. There are programs such as Party Smart, Prime for Life, E-Chug, Alcohol Wise, our Facebook page, Twitter, Student Health 101, our CWU webpage and our blog. We even put the

This letter is not intended as a slam on you or your paper, but only as a wake-up call to you, and your staff that there is a serious need for responsible reporting on incidents like this.

All the article on Four Loko’s has done is to increase their consumption, and led to parties solely based on this product. This year’s freshmen class has been made a mockery of at other colleges where students at parties at the UW and EWU dress up as CWU freshmen, wearing shirts that say “CWU Freshmen” while carrying a can of Four Loko around with them. Classy huh?

I hope the kids that lived through this event from the freshmen class learned a valuable lesson. As a society there is a tendency to point fingers at a product or person to blame for bad decisions that are made, and that cannot be allowed to happen here. These kids need to take responsibility for their actions, and quit blaming their bad decisions on an alcoholic drink!

Jason Leatherman
Senior Sociology major

spotlight on the dangers of alcoholic energy drinks, before the Roslyn party. And have you seen the front of our office? There is a ton of information on how to be safe while consuming alcohol.

The fact is, only a small minority of students continue to practice unsafe habits with alcohol. Some students think they can drink whatever and however much they want and still be fine, and have the tendency to think there will be no consequences. The Wellness Center is here to help keep students safe. Please take us seriously; we are here to help.

Jadie Dahl
Senior Public Health major and Peer Health Educator

Dear Readers,

The Observer welcomes brief letters (300 words or less) from readers on current issues. Please include your full name and university affiliation: year and major, degree and year graduated, or staff position and department. To be printed in the following week’s issue, please e-mail your letters to cwuobserveropinion@gmail.com by 5 p.m. Monday. The Observer reserves the right to edit for style and length. Anonymous letters will not be considered.

“She’s not that drunk, she’s just that into me”

Etiquette at the club and while dancing is key making you look attractive to the opposite sex

I won’t lie, I don’t go to clubs that often, not because I can’t dance, but mainly for two reasons: my music taste is different than the top 40 hits and also, I don’t see the point of going.

The thing is, whenever I do decide to go out, I am always addressed with the same question: “Malik, how do you get girls to dance with you?” Well, guys, allow me to let the cat out of the bag.



BY MALIK
OLANREWAJU
Copy Desk

There are only two situations when a girl will dance with you: either she is that drunk or she knows and trusts you.

Fellas, I want you to think about this: what do you think would happen if you went up to a complete stranger and ask, “Excuse me, do you mind if I continuously press my private parts along your back for the next three minutes?”

Chances are you would be slapped or laughed at. Well that is essentially what you are saying when you go to club and begin “dancing” behind a woman. Speaking as a guy with female friends, it’s not hot. Cut it out now; you are embarrassing yourself.

“Cut it out now; you are embarrassing yourself.”

Just in case you didn’t know, about well, let’s just say most women go to night clubs strictly to dance, not necessarily with you, but just to dance in general. In a way, you are really interfering with their good time. Not cool.

Now if the woman is plastered, then yes, it may seem like a good idea to her for you to pelvic thrust behind her, but so would urinating in public.

If the female is your friend, or romantic interest, then yes, you would have a much better shot. Why? Because she knows you. There is a type of psychological contract being administered when that happens.

What the contract says is up to you two. You would also have a better chance because there are always those creepy guys in the club, and they will use you, to draw them away, a.k.a. “run interference.”

With all theories, there is an exception, and there will always be that one girl who wants to dance with the world, but nine times out of 10, I hold these observations to be true. Now this is just my opinion, and hey, I might be old fashioned. I usually prefer to know the woman on an intellectual level before engaging in those activities. But that’s just me. If you guys wanna continue living your life, hoping to resemble a music video, be my guest, and good luck on your quest.

Corrections

In a story titled “Local alumni in election: Two Central grads battle it out for house seat,” U.S. Rep. Doc Hastings was listed as being a Central Washington University graduate in the subheadline. Hastings attended Central, but did not graduate.

About The Observer

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Capturing the power of time

BY GIANCARLO GONZALEZ
Staff Reporter

An entertaining and thought provoking contemporary art exhibition, “Repercussions: Tides and Time,” curated by Alex Emmons, assistant professor of art, arrived at the Sarah Spurgeon Gallery today and will run until Dec. 5.

The exhibition focuses on ways artists document place and time. Viewers will enjoy the sense of humor, shock, mystery, beauty and wonder found in everyday life from unique perspectives, while marveling at the exceptional quality of the work.

“I was inspired by my mentors Mark Klett and Rebecca Cummins and their longstanding creative research regarding place and time. When the Soil Art Gallery advertised a juried curatorial call, I felt compelled to apply with a show proposal involving the aforementioned concepts. I contacted other artists with similar approaches and put together the proposal: ‘Repercussions: Tides and Time’ and submitted it to Soil in Seattle, WA,” Emmons wrote in a statement.

Visiting artists Filippo Tagliati and Rebecca Cummins will lecture today from 4 to 5 p.m. in Randall Hall 118 and the exhibit’s opening reception will follow from 5 to 7 p.m.

Through his art, Tagliati speaks “on a universal truth that change, however minute, is constant.”

“I have always been interested in non-linear time,” Tagliati said. “To create one picture, I use many pictures from different perspectives, in different times and locations.”

“To create one picture, I use many pictures from different perspectives, in different times and locations.”

FILIPPO TAGLIATI
Visiting Artist

“With video, I use time lapse and I took hundreds of photos in six hours in Tokyo with a tripod to create my piece in ‘Repercussions.’ I use the images to reconstruct photographic space. The images belong to the space, but they’re not quite right and I’m interested in experimenting more with video.

“With the sound composition, I recreate it but it doesn’t belong with the images, that is, I record in the same place but I don’t match them, they’re more my memories of Japan and I see it as a collage, placing everything so it looks right.”

When asked about her involvement in “Repercussions,” Rebecca Cummins said, “I’ve been working on these issues, on the notion of time and tracing time and place, and I’ve been drawn to other artists’ work on these issues.

“It’s interesting to be in a common context with other artists and non-representational work and I think there is a beautiful variety in ‘Repercussions.’”

The variety in the show stimulates the viewer viscerally and intellectually.

Mark Klett’s “Folded in Place: Eclipse” is a playful piece that intimates the grandeur of this celestial event on the scale of a small, wooden table.

By using a globe of the Earth for his subject, one wonders from which heavenly body one would be standing on to observe this eclipse.

Jason Urban’s “Desktop Mountaintop” recalls every mundane job one has had, during which the most interesting aspect of that day’s work was staring at the monitor’s idyllic screensaver.

By using calm, cool blues in the image,



COURTESY OF SARAH SPURGEON GALLERY

TOP Filippo Tagliati, “River City 21: Tokyo”, Video Still

ABOVE Jason Urban, “Desktop Mountaintop”, Digital output on cardboard

one feels serenity from the beauty of the scene and a vibrancy of life, which contrasts with the routine feeling of the cardboard, legal sized boxes used as a canvas for the mental getaway.

Every generation of artists tackles the grand questions posed since time began, and their unique responses fit those ages. Concepts of time and place reveal current accepted norms and with “Repercussions” – much like an echo or a reverberation – those ideas are still changing.

REPERCUSSIONS: TIDES AND TIMES

The exhibit is located in the Sarah Spurgeon Gallery in Randall Hall 141.

Gallery hours: 10 a.m. to 3 p.m., Monday through Friday; 1 to 4 p.m., Saturday and Sunday. Admission is free.

BY KELSEE DODSON-CARTER
Staff Reporter

We all have that one song we listen to that turns our whole day around, snaps our universe back into place and renews our souls. Andrew Belle's songs have the potential to do just that.

This up and coming singer/songwriter is new to the music scene, but you wouldn't know it from listening to his debut album "The Ladder," released last February, without the help of a major label.

Belle will be performing from 11 a.m. to 1 p.m. on Monday, Nov. 8, in the SURC Pit.

According to a blogger, "The first time I listened to singer/songwriter Andrew Belle I knew immediately that this guy was something special. His lyrics, his voice, and his hooks all work together to form something truly enjoyable and noticeably unique."

Belle's songs have a southern feel with a splash of pop and the sincerity in his voice makes him seem just that more charming. His lyrics tell the raw and honest truth about love, life and all of the struggles in between with a captivating voice that makes you want to hear more.

"He plays guitar, is really insightful with his lyrics and puts on a really good show," said Liz Rich, student programmer for CWU student activities.

His vocals are fresh and young, reminding some of artists



COURTESY OF MYSPACE.COM/ANDREWBELLE

THE LADDER Singer/songwriter Andrew Belle will perform his debut album on Monday, Nov. 8

Songwriter Andrew Belle

Up-and-coming artist serenades Central on Monday

like The Fray and John Mayer. All Belle's songs are relatable and can be applied to anyone in some way or another. His songs have also been featured on television shows such as "90210" and his song, "I'll Be Your Breeze" has even received national airplay.

"Static Waves" featuring Katie Herzig, is a song that stands

out among the rest on the album.

"I love this song," Rich said. "That song really stood out to me and made me want to pursue getting him here to Central."

The music video has nearly 39,000 hits on YouTube. The song is easy to listen to because the vocals of the two singers complement each other and the

melody is catchy, tempting the listener to want to hear more.

The lyrics to "In My Veins" speaks the dark truth that applies to each individual differently.

"Everything will change. Nothing stays the same. And nobody here's perfect. Oh, but everyone's to blame."

Living in both Nashville and

Chicago, Belle is part of "Ten Out Of Tenn," a group of ten talented artists who have collectively released 30 albums and travel on the road together performing all over the country.

More information about Belle can be found on his official website, www.andrewbelle.com. Fans are able to buy his albums, merchandise, follow him on Facebook, Twitter and MySpace and view his blogs.

On his website, Belle talks about the first album he bought: "August and Everything After" by Counting Crows. He snuck the album into his room and listened to it very quietly on his Sony boombox.

"There is no doubt that those quiet moments spent alone in my bedroom shaped my desires and passions and gave me the hope to make my small make on this world, one song at a time," Belle said.

Belle also has photo and food blogs on his website. His photo blog consists of pictures from places where he has performed. The snapshots have an antique feel and include photos of audience members, sold out signs, venue signs and random objects.

Belle's food blog contains pictures of him preparing his meals and the finished products.

"I've always loved food," Belle said. "When I was a kid the running joke at the end of any meal would be for someone to say, 'Well, I guess we should just tip the table Drew's way'."



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Four Loko: An honest-to-gorsh critical review

The Observer's resident beer columnist tackles the latest craze in bottom shelf alcohol

Who wants a Four Loko? Apparently this drink is a big thing on college campuses now, most likely due to an amazing advertising campaign concocted by school and state government. If you haven't tried it yet, chances are you'll be compelled to try it soon.

So. If Four Loko really is the big deal everyone says it is, it would be a disservice for me, a somewhat seasoned Observer alcoholic beverage columnist, to completely ignore this phenomenon. So here it is: an honest critical review of America's New Favorite Beverage, Four Loko. Behold.

First thing's first: if you can find a can anywhere in this town (it's kinda caught on a bit around here), I strongly recommend SAVORING Four Loko, in order to appreciate the beverage it actually is. No alcoholic energy drink has gotten the bad press that Four Loko has recently,



DAVID GUZMAN
Liquid Masochist



and that has all to do with irresponsible consumers drinking it TOO FAST!

So slow down. Savor the complexity of flavor, the naughty alcoholic bite, the way it creates tiny holes on the surface of your tongue that never grow back.

Oh, and pour it into a snifter -- that is, the big fat wine glass that Southern gentlemen drink brandy out of. Treat yourself right.

Four Loko comes in a variety of flavors: "orange," "fruit punch," "lemon/lime," "watermelon," "castor oil," "hydrogen peroxide," and a few others. For the purposes of this review, I chose "orange," the most neutral and (from what I've heard) the least offensive flavor.

Upon opening the 24 oz. can, the complexity of Four Loko hits you immediately.

The...uh, aroma of the

beverage permeates all five senses -- yes, all five.

It also permeates the room, too, so if you're trying to enjoy an entire can of Four Loko quietly and discreetly, keep aware of this. The smell, a curious combination of Tang from the year 2005, canned mandarin oranges, and Maine Coon cat urine, goes to show you the lengths the makers of this beverage go to ensure a unique experience.

And this is before even tasting it.

Remember that feeling you got when you tasted beer for the first time? I'm not talking about your first legal drink -- I'm talking about sneaking sips of Grandpa's Old Milwaukee's Best when you were 7.

Remember how it basically tasted the same putrid way it smelled, and how you couldn't understand why someone would willingly drink that stuff?

And remember the total rebellious badassness you felt afterwards, which somehow made the beer taste a little better? Well, prepare to feel that same nervous, giddy, God-fearing kid feeling when having Four Loko for the first time. Four Loko -- 24 ounces of NOSTALGIA! They

ought to put that on the can.

As for the mouthfeel of Four Loko, the experience is similar to the result of mixing a Rockstar energy drink with generic orange soda, tonic water and a Bud Light. It really is as good as it sounds.

Like any sophisticated beverage, Four Loko is just begging to be paired with appropriate food items. And you can get all these combinable food items at your local mini mart deli for a pretty good price.

Here's what you do: Ask the clerk for the day-old items -- the pale, rock-solid slices of pizza, the unbreakable taquito things, misshapen hot dogs -- even if the clerk has to fish out of the garbage for them. They go perfectly with Four Loko.

The back of your fridge is also a treasure trove of good stuff to dip in your snifter of Four Loko: wilted baby carrots, multi-colored lasagna, Thai leftovers from Homecoming weekend, and so on. Be creative.

Enjoy this revered, or repulsive, beverage (depending on who you ask), and oh, don't be a moron. Hopefully you know how to do that.

Disclaimer: Do not, DO NOT attempt to purchase Four Loko if you are under 21. As evidenced by the "WE I.D." label on every can, anybody attempting to buy Four Loko underage will risk getting carded by the makers of the beverage, who are stationed in every store all over the country. Don't think I'm joking.

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Boobies bring new artists to the stage for Unheard Voices fundraiser



BY NICHOLE WILLIAMSON
Staff Reporter

Central students and community members flocked to D&M Coffee on Thursday night to take part in the Unheard Voices Open Mic Night, sponsored by the Don and Verna Duncan Civic Engagement Center (CEC) as part of Breast Cancer Awareness Month.

“Each time we do an Unheard Voices event we try to have a cause,” said Megan Ferguson, service-learning fellow at the CEC. All funds donated will go to free mammograms for low-income women in the Ellensburg community. The CEC tries to host one Unheard Voices event per quarter and encourages all types of performers to participate.

They try to “combine them all in one night and tie them to a global or local cause,” Ferguson said.

This quarter’s performers included people from the local community as well as Central students, who presented a mix of slam poetry, music and comedy.

“If I were you, I wouldn’t talk shit, everyone is chemically co-dependent,” sang Liam McCoy, undeclared freshman. McCoy writes his own

music and was the sound guy for the night.

“I was just messing around. I feel like it’s relatable to a lot of people,” said McCoy.

The evening was an opportunity for performers to try out new pieces and styles. Scott Shelton and his roommates, Kevin Tomson and Connor Middleton, impressed audiences with their unusual style of county, blues and rap.

Our style is “straight off the couch,” said Kevin Tomson, sophomore education major.

The group has only been playing together for three weeks but has known each other since last year when they met in the dorms.

“We honestly had the worst preparation ever,” Shelton said.

Shelton’s group members laughed in agreement.

“It was either the couch tonight or here,” said Tomson.

Students weren’t the only ones displaying their talent. Becky McGuigan, a 63-year-old medical transcriptionist, took the stage with her guitar to sing folk music.

The first song she performed was written by a friend as a eulogy for her pet dog.

“This world is crazy



NICOLE JARVIS

UNHEARD VOICES OPEN MIC (Clockwise from top) Isak Bergman singing a song that he wrote himself for everyone in D&M Coffee; David Choe playing a chord progression in D that he had been working on.

and I don’t know what to do,” sang McGuigan, “Sierra, I’m counting on you to lift me like you used to do.”

McGuigan also performed one of her original pieces “Fast, Cheap and Easy,” which was inspired by a refrigerator magnet.

“If you are what you eat, I must be fast, cheap

and easy,” sang McGuigan.

McGuigan made a living off of music in the 70s but only recently returned to performing.

“It’s not just about women, it’s about everybody,” said Katie Johnson, service-learning fellow. “Check early, check often.”

Never too late to lose the hate

Hate crime documentary “Fagbug” presents tonight

BY REDA LEE
Staff Reporter

Three years ago Erin Davies’ Volkswagen Bug was vandalized due to a small rainbow sticker on her bumper. The words “fag” and “u r gay” were written on the driver’s side of her car. Instead of removing the graffiti on her car, she went on a 58-day road trip across the U.S. and Canada and witnessed similar forms of hate crimes on her trip toward the Lesbian Gay Bisexual Transgender (LGBT) community.

Davies created a documentary of what she had seen and is now using it as a form of communication to the public. Davies’ documentary “Fagbug” will be shown tonight at 6 p.m. in the SURC Theatre.

“It presents a very prevalent issue that needs to be addressed especially in this generation’s society,” said George Senekhamphone, campus activities programmer.

“Hate crimes still happen and people need to be aware of them to prevent future hate crimes from happening.”

Davies is now in the process of turning a vacant building in Syracuse, New York into a museum and brewery dedicated to the “Fagbug” movement. Davies’ mission is to be able to raise awareness about hate crimes and homophobia by inspiring others to take a stand towards these crimes.

“I think it is a good idea. I think there should be more awareness,” said Vanessa Rivera, graduate student in school psychology. “I think education, for one, is good.”

Just a few weeks ago, Central had a hate crime committed towards an LGBT display board that was located in the SURC walkway. The display board was originally put up by the Diversity Education Center. It was found defaced and was then ultimately taken down. These types of action live on our own campus and all around the nation.

Parade of Nations celebrates diversity

Annual event welcomes singers, dancers, models and drag queens

BY MARC TRATAR
Staff Reporter

Cultural dress, dancing and singing will all be a part of the fifth annual Parade of Nations, an international fashion show that gives students an opportunity to express and experience the differences that make each of us unique.

The event will take place in the SURC Ballroom at 7 p.m. on Nov. 10.

CWU SwingCats, Tinikling Filipino dancers and a group of New Zealand Maori Haka dancers are some of the many performance’s that will be brushing across the Ballroom floor.

There will be a special guest performance by the Massive Monkees, a break dance group that made it to the finals in MTV’s fourth season of “America’s Best Dance Crew.”

The attire can be handcrafted, a performer’s daily personal style, or a traditional outfit from one’s heritage.

Amelia Westbay, junior English major, will be modeling a traditional outfit from her Scottish heritage: a white dress with a plaid sash.

“I really like being involved in my heritage and learning about my ancestors,” Westbay said. “I love knowing where I come from; it makes me sad not everyone knows that.”

Susan Johnson, senior English major, is a member of the CWU SwingCats, who will be performing a variety of dances, including east coast, lindy hop and the Charleston. Johnson has over 15 years of dancing experience and is very excited to put her skills on display and hopefully find others with the same interests to join the club.

“Dance is an invigorating activity that I could not live without,” Johnson said. “If I could, I would dance all day every day.”

Olivia Allison, sophomore social services major, has yet to decide the specific song she will perform but is going to pick from a musical pool of either R&B or neo-soul.

“I definitely want to be involved with spreading diversity around campus and educating my peers about people from different places,” Allison said. I want “people to realize that all races are unique – there’s more to being white, black or Asian.”

This year’s Parade of Nations will support Women for Women International through the sale of raffle tickets in the SURC with an iPod as the prize. The winning raffle ticket will be drawn at the end of the show.

Women for Women International is a non-profit organization that empowers women in wartorn countries by helping them develop the skills they need to take part in the growth of their societies.

The Diversity Education Center will accept volunteer applications until tomorrow.

Parade of Nations is free and open to the public.



COURTESY OF VIRTUALVELLUM.BLOGSPOT.COM

“I think what she is doing is a great thing because it is discrimination when you commit a hate crime towards someone who is gay,” said Jordan Jones, junior environmental engineer major. “I think it’s just overboard to go out and commit a hate crime. They should still be treated equally.”

Tempers flare on the road in loss to Western Oregon



NINA KANARSKAYA

Offensive struggles plague Wildcats, drop to sixth in GNAC play

BY ANDREW HOGGARTH
Staff Reporter

Before the last three games, the Central Washington Wildcats women's soccer team had been held scoreless just three times all season. However, during their current three-game losing streak, they have yet to score a goal.

The Wildcats have not had a scoring drought this severe since 2006, when they went scoreless for three consecutive games. The ongoing offensive collapse

this season has dropped the Wildcats' record to 4-11-2 overall and 4-8-1 in the Great Northwest Athletic Conference.

In their first game last week, Central faced off against the St. Martin's University, a team the Wildcats had beaten earlier this year by a score of 4-2 on the Saints home field in Lacey, Wash.

The first half saw both teams struggle to find their rhythm on offense; St. Martin's took six shots in the period to Central's five and between the two teams only one shot was put on goal.

"We did enough to keep ourselves in the game," said head coach Michael Farland. "There wasn't any damage done in the first half, but we didn't take advantage of the opportunities they handed us."

The second half was more of the same from the two teams with the Wildcats taking the slight edge in total shots and putting five shots on goal. However, it was the Saints who finally broke through with the game's only goal in the 81st minute, a tap in from about five feet into an open net off of a give-and-go.

"In the last twenty minutes we stopped talking out there," said senior forward Kaycie Hutchins. "We stopped playing our game, and after the goal, we went into panic mode. It was frustrating because we know we were the better team."

**TEMPERS FLARE
CONTINUED ON P.15**

GETTIN' DOWN AND DIRTY

Women's rugby team stomps Eastern in rain and muddy conditions

BY CAMBREE BENETUA
Staff Reporter

In their third league match, the Central Washington University women's rugby team, while coming off a loss at Washington State University, set themselves up for a good year taking a win over Eastern Washington University in their first home match.

The whipping rain and wind made for a wet and slippery match. Eastern went up early to take the lead over Central scoring a try in the first two minutes of regulation. Fighting back in full force with their offensive line, Central moved down field with junior flanker Caitlin Yost scoring their first try.

"Your first try is always important no matter who scores," Yost said. "It picked up momentum and helped our team come together and play really well the rest of the game."

The beginning of the year has helped the team to explore their strengths, weaknesses and to find holes in Eastern's game play. This allowed the team to score multiple tries with their consistent offensive drive.

In the second half Central continued to excel shutting down Eastern's defensive drives holding the lead for the entire game. They held up the pressure and continued to play strong offense finding themselves up 32-6 with 10 minutes left to play in regulation.



MIKE SUH

GIVE ME THE BALL! Junior Kelsey Disbrow and junior Chelsea Benner try to recover the ball from an Eastern Washington player last Saturday. Central beat Eastern by a final score of 32-8.

**WOMEN'S RUGBY
CONTINUED ON P.14**

CWU prepares for cross country GNAC championships

Santos headlines Central men's cross country team to Yakima in NCAA championships

BY JON CLEVELAND
Sr. Sports Reporter

The Central men and women's cross-country teams will compete this Saturday in the Great Northwest Athletic Conference (GNAC) Cross-Country Championship in Yakima. Ten men and twelve women will be competing this year.

The Central men placed sixth in last year's championship and are returning with six runners from last year's team. The women's team is returning with four runners from 2009, which finished eighth in the conference meet.

"Our number two runner [Ryan Eidsmoe] is going to be out this week," Adkisson said. "That's going to be really tough for the guys because he has been a really solid number two runner for the guys pretty much all year."

Junior runner Manuel Santos will be a runner to watch for in the GNAC championship. He has been Central's lead finisher in five of his starts this year.

Santos had two strong first place finishes for the Wildcats last season as well.

"Santos has been our top runner pretty much all season for the guys," Adkisson said. "We are hoping for him to have a really good day. He is what you call a true front runner."

Two of the top teams at this year's GNAC Championship are Western Washington and Alaska Anchorage. Anchorage currently ranks eighth in cross-country nationally in Division II. Together, Western and Alaska Anchorage they have claimed seven of the last nine men's titles.

"I am going to go out and compete for Central and try to give it everything I have," Santos said.



Manuel Santos

Four of the top 10 teams in NCAA division II West Regionals will be competing in Saturday's event for the men and the women.

"On the ladies side, the person who has emerged as a leader in the last couple of races is Adriana Mendoza," Adkisson said. "She is just looking stronger and stronger as the season has continued."

The Central women's team has had an outstanding season, thanks to big contributions by senior Adriana Mendoza.

"Our plan is to work as a team and see how we can push each other," Mendoza said. "I think we have done well, we have definitely improved from last year."

In their latest competition, the men's squad finished ninth, while the women finished in eighth place at the Western Washington University Invitational two weeks ago on Oct. 23 in Bellingham. The Wildcats will look to improve in the standings this week after two weeks off in the GNAC championships. The team will travel to Yakima Saturday morning for their meet that will begin at 11 a.m.

Former Wildcat has bright Phuture in Philly

CWU baseball player
Andrew Snowdon climb-
ing the ladder in minors

BY MATTHEW CARSTENS
Asst. Sports Editor

It's been a whirlwind of a year for the ex-Wildcat Andrew Snowdon, who's gone from Division-II catcher to rookie ball pitcher in a little over a year.

Snowdon, who played for Central during the 2008 and 2009 seasons, was primarily a catcher for head coach Desi Storey's Wildcat teams. He batted .323 with three homeruns his senior year and was asked to pitch during the stretch run. He made five total appearances including three starts on the mound for the Wildcats and led the team with a 3.60 earned run average (ERA).

The following January, after graduation, Snowdon packed up his bags and headed for Yuma, Ariz., where he would play in an independent scout league in hopes of catching the eye of a local team. Snowdon played in the winter league's 20-game schedule, where at the end the Golden Baseball League (GBL) held their draft. Snowdon was selected by the Tucson Toros and reported to spring training, where General Manager Sean Smock was impressed right away.

"He started out really good," Smock said. "Our pitching coach noted a few things that were interesting or different about his mechanics, made a few changes during our spring training time and he worked really hard and focused on those recommendations, and it helped him when we started the season. He came out and he was pitching like a pitcher and not a catcher who was recently converted to a pitcher."

Snowdon made 22 relief appearances in Tucson, sporting a 2.97 ERA, second on the team only to former Seattle Mariner reliever Emiliano Fruto.

"He came in and performed well in any role we put him in," Smock said. "Long relief, an inning here, a batter there, no matter what it was he was always willing to come in and do it and do what he needed to do to get the outs."

Snowdon was one of five Toros to make the GBL all-star team, where there were major league scouts in attendance. One of those scouts happened to be Demerius Pittman, a Philidelphia Phillies area scout who was covering the GBL that summer.

"We needed an arm that could help



PHOTO COURTESY OF ANDREW SNOWDON

PHUTURE PHILLIE? Snowdon throws a pitch for the Gulf Coast Leauge Phillies. He ended the year with a 0.93 ERA, 10 strikeouts and only one walk.

out right away at the lower levels," Pittman said. "He's a big guy, throws a lot of strikes, keeps the ball down and he's fairly young for that league so I figured, why not give this guy a chance to see what he could do?"

The next morning Snowdon's team flew to Maui bright and early before Pittman got a chance to get a hold of Snowdon.

"After the all-star game we left for

Maui for eight days," Snowdon said. "So when he called [Smock] I was already on a flight to Maui. My Toros team didn't want to tell me when I was in Maui and they also didn't want to play me in case I got hurt. So I was like, 'Why aren't you guys playing me?' I was kind of upset for a little bit, but then I came to find out the reason why."

Snowdon arrived in Clear Water, Fla., where he would join his fourth team that

year. He pitched well down the stretch for the Gulf Coast League (GCL) Phillies, who were in contention for their second league championship in three years. Snowdon pitched nine innings in relief for the GCL Phillies, which resulted in a shiny 0.93 ERA with 10 strikeouts and only one walk.

"It was pretty exciting," Snowdon said. "I got to pitch the last two outs of the championship game and then had the big ol' dog pile on the mound. It was a really fun experience."

Snowdon recalls his age being the biggest adjustment when switching to affiliated baseball.

"I was one of the oldest guys on the team," Snowdon said. "I was playing against 17, 18, 19, 20 year olds. People would say I'm old and I'd say, 'I'm only 24!' I have to work that ladder a lot faster than a lot of the guys."

Snowdon credited his age and experience with helping him climb that proverbial ladder this summer.

"There were a lot of free swingers," Snowdon said. "They weren't really patient, just waiting for a fastball."

Pittman also agreed with Snowdon, saying 24-year-olds aren't often seen in that league.

"Usually at that point you'd be in low-A or high-A if you were making a normal progression," Pittman said. "But this was a different circumstance. We needed a guy right away that had been pitching all year. We wouldn't have to wait three or four weeks to work him in. He fit that bill that way and it worked out well."

And even though one of his best relievers had been signed away, Smock couldn't be happier for Snowdon.

"I had gotten some interest from some of these [scouts] earlier during the season," Smock said. "So when the phone call came I was wondering which [player] it was. Finally we connected on the phone and it was Snowdon, and I was so excited for him. Here's a kid that's been working really hard, had played in college, comes down to Yuma winter league where we drafted him and within a couple of months he's going off with the Phillies organization and ends up winning a championship with the rookie ball team. I mean that's quite a year for him."

With his first season of affiliated professional baseball behind him, Snowdon is working in a warehouse, keeping up with his conditioning and throwing programs until he reports for spring training Feb. 13.



PHOTOS COURTESY OF ANDREW SNOWDON

LIVIN' THE DREAM Former Wildcat catcher Andrew Snowdon spent the last year pitching for the Tuscon Toros, as well as the Gulf Coast League Philies in Clear Water, Fla. Snowdon played his last year for Central in 2009 and is currently playing for the Philadelphia Phillies minor league organization.

Volleyball wins 17th straight over Saints

Kady Try leads way with 12 kills, 10 digs against SMU

BY JAKE ABBOTT
Staff Reporter

Wildcat volleyball faced St. Martin’s University (SMU) and Western Oregon University (WOU) on the road last week, returning with one win. The Wildcats dominated SMU in three sets on Thursday, 25-15, 25-18, 25-15.

Statistically, Central led in almost every category. Holding the Saints to a .000 hitting percentage, the Wildcats banged out 41 kills, 58 digs and 39 assists as a team.

Senior outside hitter Kady Try, currently nationally ranked in the NCAA Division II leaders in kills and points, produced with 12 kills, 10 digs and a .243 hitting percentage. Junior setter Carlee Marble had 22 assists as the Wildcats out-hit the Saints.

“We played really well,” Marble said. “We focused on the things we need to get better at, like defense, passing and serving.”

Junior outside hitter Meg Ryan generated a .250 hitting percentage with 8 kills and 7 digs for the night.

With eleven players getting at least one kill, the Wildcats hit .259 for the match. Redshirt freshman middle blocker Emmy Dolan contributed four kills for Central.

Sophomore setter Devin Larson had an impressive showing against the Saints with 12 assists.

“Devin went in and played very well,” Marble said.

Defensively, senior libero Brandi Vea had 15 digs for the night while freshman libero Chelsi Vea had 10.

On Saturday, the Wildcats suffered a tough loss to WOU in four sets. After beating the Wolves in the first set 18-25, Central lost the next three sets 25-20, 25-22, 25-23.

Having beaten the Wolves in three straight sets in their previous meeting, this loss was a hard one for the Wildcats to swallow. In the second set, Central found themselves playing catch-up and were only able to tie the score once.

“We came out ready and we got an early lead,” Marble said.

The fight was led by Try, Ryan and senior middle blocker Kristel Baeckel as they combined for 38 kills and 29 digs. Marble, who has done a great job of controlling the offense all year, produced 46



PHOTO COURTESY OF RON HOLE, SFU ATHLETICS

SUPER SETTER Junior Carlee Marble sets up a teammate. Marble finished with 22 assists against Saint Martin’s University last Thursday.

assists and 14 digs for Central.

The fourth and final set was a hard one for Central as the match ended on a controversial call. With the Wildcats down 23-24, it was game point for the Wolves. After the serve, there was a debatable set by WOU that was let go by the referees followed by a kill that seemed to be out of bounds. That point ended the match, handing the victory to the Wolves.

“It’s a really tough road loss for us,” Marble said. “We really played our hearts out and it didn’t go out way in the end.”

This loss put the Wildcats fifth in the Great Northwest Athletic Conference (GNAC) with an overall record 10-9, 8-6

in GNAC. The Wildcats are two games behind Western Oregon and Alaska Anchorage.

Tonight the Wildcats will face Alaska Fairbanks in Nicholson Pavilion at 7 p.m. Alaska Fairbanks is ranked seventh in the GNAC with a conference record of 4-10, 6-14 overall.

This Saturday, the volleyball team will take on Alaska Anchorage who is ranked third in the GNAC with a record of 10-4, 15-7 overall.

In their last meeting, the Seawolves beat the Wildcats in four sets and are currently two games ahead of Central. The game will be held in Ellensburg at Nicholson Pavilion at 7 p.m.

Quick Hits

Football ranked 8th in regional poll

In the first official regional poll of 2010, The CWU football team is ranked in eighth place. Central boasts a record of 6-3 record overall, and remains tied in first place in the Great Northwest Athletic Conference (GNAC) with a 5-1 record in conference play.

Humboldt State is currently tied with Central for first place in the GNAC, with both schools defeating each other on their home fields.

Central will need to climb two spots in the regional poll in order to advance to the playoffs for a fourth consecutive year. Their final two games of the year are at home vs. Simon Fraser this Saturday, followed by Western Oregon on Nov. 13 to wrap up the regular season.

Central basketball team to host food drive

The CWU men’s basketball team is teaming up with Ellensburg’s F.I.S.H. food bank to host a food drive on Nov. 6 for those in need. The food drive will be held during Central’s football game this Saturday against Simon Fraser at Tomlinson Stadium. The drive will begin at 10:30 a.m. and encourages everyone to bring their non-perishable food items before the game.

“This is a great way for us to help our community,” said head basketball coach Greg Sparling in a press release. “The city of Ellensburg does an excellent job of supporting us, and we are excited about the opportunity to give back.”

The F.I.S.H. Food Bank is always looking for volunteers to help out. For more information or to get involved please call 509-925-5990, or visit their website at www.ellensburgfishfoodbank.org.

CWU Football legend dies at age 86

Central football legend Charles “Bob” Osgood passed away on Thursday Oct. 19 at 86 years old. Osgood was an All-American for the Wildcats in 1948, playing both guard and middle linebacker.

In 1983, he was inducted into the Central Washington University athletic Hall of Fame, along with the 1942 and 1946 football teams, both of which Osgood was a part of. Teammates remember him as a fierce competitor, but also as a compassionate coach in his years after college.

**-Courtesy of Jonathan Gordon
Assistant Athletic Director for Media Relations**



#50 Charles Osgood

WOMEN’S RUGBY CONTINUED FROM P.12

Finding themselves dominating the scoreboard, they were able to efficiently execute their plays and work through their weaknesses on the pitch.

“I feel that our team played to our strengths a lot in this game,” said junior wing Kalica Chase. “Although we mostly played offense during the match, when we did play defense we did great at staying in a flat line and coming up together as a team.”

With a new team, fresh faces and players that also as coaches they have grown together and shown improvement in just the third game this season.

“I think it’s going to go really well,” Greenway said. “We’ve progressed to-

gether as a whole from game to game and it only helps us to play better as a team,”

The dominant players of the match were sophomore forward Lindsay Robinson and junior back Kelsey Disbrow.

“Our senior fly-half, Randi Rowland, has a very powerful kick and she used it to our advantage during the match,” Chase said.

Ending the match on a high note, Lindsay Robinson, Kelsey Disbrow, Christina Zier, Kendall-Jo Rapp and Caitlin Yost each scored one try against EWU. Rowland finished with two game conversions and one penalty kick as well.

“We’re just going to go up from here,” Yost said.

The women’s rugby team will travel this week to Reed, Ore. hoping to come back with another win and a stronger team.



MIKE SUH

RUN FOR THE GOAL Senior Leah Shepherd pushes though a cluster of opponents toward the goal line.

TEMPERS FLARE CONTINUED FROM P.12

The two teams were mirror images of each other on the field and in the box score. Central took a total of 15 shots with five shots on goal to St. Martin's 13 shots and four on goal, the only major discrepancy showing up on the scoreboard under the goals category with the Saints coming out on top, 1-0.

"It was not our best performance at all," said junior defenseman Hillary Franks. "We did some things well, but when we did one thing wrong, like not knowing who is [covering] who, it results in a goal. We just have to fix that."

In their second game of the week, Central went on the road to play Western Oregon, another team that the Wildcats had already beaten once this year. However, the result on Saturday was not the same as their 3-0 domination of the Wolves back in September.

In the first half, the two teams played to a deadlock, with the Wolves holding a slight 4-3 advantage in shots and neither team was able to score a goal.

However, the real deciding factor in the game did not come from a statistical category. Instead, it came from the front pocket of the referee as he awarded a red card to the Wildcats' statistical leader, junior forward Serena Tomaso, in the 34th minute.

The sending off of their best player was the first of the season for any Central

player or coach, and it left the Wildcats with only 10 players on the field for the rest of the game.

Central was able to keep the game tied at 0-0 until the 54-minute mark, when the Wolves scored two quick goals in less than three minutes and took control of the game. Western Oregon went on to

score two more unanswered goals to reach the final score of 4-0.

The Wildcats have had a tough season overall, getting outscored by their opponents 34-19, and the current three-game losing streak is the third of the season.

Such statistical deficits won't give the squad's fans much to look forward to heading into the final game

of the season against the conference leader, nationally ranked Seattle Pacific University. The game will take place on Saturday in Seattle on SPU's home field. Central will look to avoid their first four game losing streak against the Falcons. SPU beat Central earlier this year 5-1 in Ellensburg.

"In the last twenty minutes we stopped talking out there. We stopped playing our game, and after the goal, we went into panic mode. It was frustrating because we know we were the better team."

KAYCIE HUTCHINS
Senior Forward

GNAC Soccer Standings

School	Conference		
	W	L	T
Seattle Pacific	11	1	1
Simon Fraser	8	3	2
MSU Billings	8	5	0
Western Washington	7	4	2
Saint Martin's	6	7	0
Central Washington	4	8	1
Northwest Nazarene	3	10	0
Western Oregon	2	11	0



NINA KANARSKAYA

FIGHT FOR THE BALL Midfielder Miranda Heslep runs for control of the ball against a Saint Martin's player. Central dropped the game 1-0 to Saint Martin's University on Thursday.

GEOFFREY CASTLE & HIS BAND

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This talent contest is open to all current CWU students. We welcome all types of talent acts, from the amazing to the extreme! Acts will be judged on originality, creativity, and stage presence.

For more information about the rules and application process, go to www.cwu.edu/summer/rules.aspx.

Space is limited, so apply now at the Office of Continuing Education, Bouillon Hall, room 206.



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