STI rates in Kittitas County could be better

*2007-2008 rate for Chlamydia in Kittitas County per 100,000 population

- **823** * age 15-24
- **207** * age 25-44
- **1426** * age 15-24
- **318** * age 25-44

*2007-2008 rate for Chlamydia in Washington per 100,000 population
Persons of disability may make arrangements for reasonable accommodation by calling 509.963.3537 or (for hearing impaired) TDD 509.963.2143.

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because great taste is important.
Sexually transmitted disease rates good but can be better, health department says

By David Guzman

In the anything-goes mentality of college life, “responsibility” isn’t in the forefront of many students’ minds when it comes to sexual activity.

But one student at Central Washington University (CWU), who wishes to remain anonymous, has no choice but to be responsible.

“The student contracted the human papillomavirus (HPV) two years ago. More than as many, she says, she understands the concerns about sexually-transmitted infections (STIs).”

It’s not painful for her, she says. But it does affect her love life and the relationships she chooses to have.

She always has informational pamphlets handed. And she has educating her friends and community health majors about the importance of getting tested.

“Right now it’s a waiting game,” she said. “I’m in a carrier for the next few years.”

Kittitas County STI Rates

According to the Kittitas County Public Health Department, most of the significant STI cases in Kittitas County are of young, presumably because Ellensburg has a large college student population.

“Yes, we don’t see a decrease in cases during the summer,” said Amy Diaz, assessment coordinator for the Kittitas County Public Health Department.

According to the most recent report on STI rates in Kittitas County, for 2007-2008, the overwhelming majority of cases are in the 15-24 age range.

HPV, however, is not the most commonly diagnosed STI in the county, despite its rates nationwide. Chlamydia is the most commonly diagnosed STI (with genital herpes a close second), Diaz said. The data for all other age brackets haven’t been released for confidentiality.

The real problem we’re dealing with is preventing the spread of STIs. The whole plan for earlier treatment.,” she said.

Kittitas Health Department

The health department is also in charge of counseling patients with STIs, and educating students.

“We do have an early partner treatment and data collection,” said Linda Navare, county public health nurse and community health services supervisor.

“I am concerned about being in a relationship where we’re not honest about our past,” said Amanda Kieser, freshman psychology major. Kieser’s last partner was tested for STIs with her insistence.

“I haven’t had any problems, though,” said Landie Pederson, sophomore undeclared, said he believes there is always a concern about STIs when attending a university.

“Communication is the key,” Yanez said.

We’re using the same methods that we use to deal with much about issues with STIs as she and her boyfriend have been together for almost six years.

“Communication is the key,” they said.

RESOURCES

Kittitas County Planned Parenthood

509-925-7113

413 N Pine St.

Ellensburg, Wash.

www.plannedparenthood.org

Kittitas County Public Health Department

105 W Grant or Benton counties, Kittitas County have increased between 1992 and 2008, and community health majors have been able to be prepared.

This year, about 250 volunteers took a bus trip to the state capital to lobby for your annual trek to the state capital to lobby for the Department of Health’s family planning division.

The effort was spurred by this year’s proposed $3 million cut to the state Department of Health’s family planning division.

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“Communication is the key,” they said.

Kittitas Health Department

The health department is also in charge of counseling patients with STIs, and educating students.

“What do we do here? It’s not as easy to get the treatment you need,” said Linda Navare, county public health nurse and community health services supervisor.

“Not only did we not get cut, but we also got funds reinstated. That’s a pretty big deal.”

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509-925-7113

413 N Pine St.

Ellensburg, Wash.

www.plannedparenthood.org

Kittitas County Public Health Department

509-963-7531

507 Naram St., #102

Ellensburg, Wash.

www.cwu.edu/~shcc

CWU Wellness Center

509-963-3213

SURC 139

www.cwu.edu/~wellness

CWU Student Health and Counseling Services

509-963-1881

On campus at the corner of 11th and Poplar.

www.cwu.edu/shcc
**GENERAL ELECTION RESULTS**

Tuesday was Election Day and voters cast their ballots on a wide range of issues, from alcohol sales to instituting a state income tax. Here are the latest results as of Wednesday morning:

- Initiative 1053 Concerning tax and fee increases by state government
  - APPROVED
- Initiative 1098 Establishing a state income tax and reducing other taxes
  - REJECTED
- Initiative 1100 Concerning liquor (beer, wine and spirits)
  - TOO CLOSE TO CALL
- Initiative 1105 Concerning liquor (beer, wine and spirits)
  - REJECTED
- Initiative 1107 Concerns reversing certain 2010 amendments to state tax laws
  - APPROVED

Referendum 52 Concerning authorizing and funding bonds for energy efficient projects in schools
- REJECTED

Resolution 8225 Concerns the limitation on state debt
- TOO CLOSE TO CALL

Resolution 4220 Concerning denying bail for persons charged with certain criminal offenses
- APPROVED

**SAS calls for students**

Senators needed to represent departments

**BY LINDSAY TROTT Staff Reporter**

The Student Academic Senate (SAS) is looking for more student involvement and input with hopes of having a much stronger voice for students and faculty members. SAS’s main goals are to spread awareness of important information throughout the different departments and be responsible for awarding money to students who need help with funding for academic programs and opportunities.

Paul Stayback, ASCSU vice president for academic affairs, represents SAS and is eager to get the word out there for more students to participate and be involved.

“We want to take it to the next level. Their voices need to be heard,” Stayback said. “Not a bite but a little more bark.”

Cam Garlock, senator for the law & justice department, says that because many students are unaware of SAS they don’t know about the benefits or importance of being involved.

“SAS is really good for students to join and bridge that gap so they can voice their opinions,” Garlock said.

Since SAS has 16 out of 39 senators seated, not each academic department is being appropriately represented.

“A lot of departments aren’t being represented [by a senator] and they should be,” Garlock said.

Students who wish to participate in SAS as a senator must have declared their major before applying, have one office hour a week and attend the monthly meetings.

Stayback explained that in these tough economic times it is more important than ever for students to have their concerns heard in order to get results and changes.

Stayback is also working on having class evaluations (SOEs) filled out at the end of each quarter available online as part information for students to view and see what others have said about potential professors.

Stayback also wants students to know that he is an “advocate for students” and is there for them if they need help with any academic issues they may be having.

“If I can help them I will,” Stayback said. “If I can’t I’ll let them know why and suggest ways to get the results they want.”

**Mother of six strives to become college grad**

Non-traditional student, cancer survivor, dedicated to achieving goals and getting involved on campus

**BY KAITLEN RAPP Staff Reporter**

Carmelita Barrett is very different than your average college student. Barrett is a Native American single mother of six, part-time employee for the Hope Source Emergency Shelter, breast cancer survivor and full-time student at Central Washington University. Though she has overcome many obstacles to get to this point, she has not lost sight of her ultimate goal: becoming a college graduate.

Barrett finds time in her busy schedule to be involved with many organizations. She has worked with the Don and Verna Duncan Civic Engagement Center doing volunteer work, spoken at various panels about her service learning projects and is currently also the president of Central’s First in the Family club.

“It was time for me to apply my life skills and get back in school,” Barrett said. “There are definitely some benefits to going to school later in life. I’m well past the partying stage that most college students are in; I’m more focused and I knew what I wanted to do coming in.”

Barrett was born in Tacoma, Wash. and graduated from the Bellarmine Preparatory School of Tacoma in 1977. Majoring in social work at the University of Washington. Current, Barrett is a case manager at the Hope Source Emergency Shelter, where she deals with families needing assistance.

“Hope Source is great for anyone looking to do service learning,” Barrett said. “They’ve been extremely awesome through everything I’ve been through.”

In fall of 2007, Barrett began taking classes at Central to complete her degree, but in December she was diagnosed with breast cancer. As she began her chemotherapy, she made the choice to stay in school for both the following winter and spring quarters, and she also chose to continue working at Hope Source. Her chemotherapy was complete by the end of the summer of 2008 and though she continued at Hope Source, she decided to take fall quarter off. By winter quarter 2009, she had re-enrolled and had begun taking classes part-time again.

Prior to coming back to school, Barrett worked in a variety of fields. For years she worked in construction, but more recently she worked as a night stocker at Safeway and later Fred Meyer. One of her motivations to get back in to school and complete her degree came from her children and grandchildren. She now has six children, her oldest is 30 and her youngest is 18.

“My children have been amazing through all of this – I call them my ‘ma-ma-sisters,’” Barrett said. “It’s funny, I actually came to Ellensburg originally to babysit my grandchildren that live here, but I actually came to Ellensburg originally to babysit my grandchildren that live here, but I

Barrett has also received support from the Central faculty. Dr. James Pappas of the academic service learning program has helped Barrett throughout many of her projects and encouraged her to speak about the projects at a panel of students.

Arthur Manjarrez, of the student support services, was her advisor for the TRIO program, which is comprised of the Upward Bound, Talent Search and the Student Support Services programs. Manjarrez is another person whose support has helped Barrett in her academic career.

“Carmelita’s a fighter. She’s a survivor,” Manjarrez said. “She’s goal orientated, focused and she knows what she wants to do in life. She’s making the effort to ensure she’s successful.”

Manjarrez has worked as a TRIO advisor at Central for over 12 years. TRIO focuses on helping disabled, low-income and first-generation students complete their degrees.

“The support from the faculty here has been amazing,” Barrett said. “I don’t know where I would be today if I hadn’t received as much support as I did from all my instructors and advisors.”

**Road closure prolonged for year**

Construction to continue on old Hogue Hall section

**BY NICHOL WILLIAMSON Staff Reporter**

Drivers looking forward to the opening of the Nicholson Boulevard will be disappointed come spring.

According to Eric Fraley, construction coordinator for Central Washington University, the road will be closed for an additional year due to the renovation of the existing half of Hogue Hall.

Nicholson Boulevard has been closed since Dec. 21, 2009, with local access to Nicholson Pavilion, Wendell Hill and the Music Building parking lots.

**Live near Barto? “Tough luck”**

Loud early morning construction to begin soon

**BY ANDREW HOGGART Staff Reporter**

Students living in the residence buildings near Barto Hall will have a rude awakening come December.

Construction is due to begin on the old student residence hall this winter as Barto Hall is scheduled to be demolished and a more modern residence building will replace it. According to Central Washington University’s construction coordinator, this move will not be a quiet little demolition job.

“This will not be a quiet little demolition job either. The plan is to reuse much of the cement that is already there, which means jackhammers and concrete crushers,” Fraley said. “There is no way to use a concrete crusher quietly,” Fraley said. “So to those living close to the construction zone: tough luck.”

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Cold weather drives off swarms of woolly aphids
Ellensburg is a natural home to winged aphids, but they’ll be back in the spring

BY DEEJ PLUES
Staff Reporter

When Adam Bowman, senior anthropology major, got back to his apartment, he found an unwelcome visitor in the most unusual place.

“When I looked in the mirror, I saw that there was a bug smashed on my forehead,” Bowman said. “I started to wonder how long it had been there.”

Walking to and from classes was not the easiest task during the last few weeks, thanks to a swarm of insects called woolly aphids. Many people make the mistake of referring to them as gnats, which is not true.

Jason Irwin is a biology professor at Central who teaches animal physiology and entomology, the study of insects. Woolly aphids are special because they secrete a wax and, if you’ve noticed, it looks like fuzz, that’s why they are called woolly aphids,” Irwin said. “Those forms that are not winged look just like little tufts of fur, they don’t even look like aphids. The winged ones are not quite as fuzzy, but you can still see it because it would interfere with flying.”

Wooly aphids are related to cicadas. What separates these species from other insects is that they have proboscises that stick into a plant to suck out the nutrients. This is the biggest difference between a gnat and a woolly aphid.

Ellensburg is one of the woolly aphid’s natural habitats. In winter the woolly aphids do not survive, but their eggs do. “You’ll notice they’re basically gone now,” Irwin said. “Those few cold nights we had, they just killed them off.”

When spring comes around the aphids will hatch out of the eggs and then lay eggs and feed on herbaceous plants throughout the summer.

“When they’re going through their generations as I was scared of the EP03 mate,” Irwin said. “They don’t even lay eggs; the females give birth to live young. Occasionally, the young are already starting to develop their own live young, so they go through generations and generations really quick in the summer and their numbers just multiply.”

In the fall, right before it starts to gel, the final group of eggs that are laid will generate winged woolly aphids. These winged aphids are what many Central students are talking about.

“When I was walking class one flew directly into my eye,” said Holly Tallman-Sayers, freshman psychology major. “I started to hold my breath everywhere I went because I was afraid I was going to breath one in.”

The primary function of the winged form of the woolly aphid is procreation.

“The winged aphids “fly around and mate,” and then lay their eggs, not on herbaceous plants, but on woody plants. Because they will be around next spring, the herbaceous plants are obviously going to be preoccupied, so it wouldn’t be a good place to lay their eggs,” Irwin said.

Security report doesn’t show an increase in crime
Police chief cites rigorous testing and open communication as key to keeping campus safe

BY JOHN BARAN
Staff Reporter

With the events in Roslyn sparking up interest in the well-being of students, many, both with their parents, can find all the information they need about safety on campus in the Annual Security and Fire Safety Report.

According to Steve Rittereiser, assistant president of business auxiliaries and member of the CAT, “We are also the Ellensburg Police Department as well as the Counseling Center and university police chief, the report came out on Sept. 30 and primarily contains information about emergency responses on campus, the status and location of on-campus fire, police, an information on off-campus police, relations on other police forces, a 3-year history of crimes that have occurred on campus, a list of crime prevention programs and the department offers.”

The report shows that in 2009, the majority of the offenses committed were burglary, which takes up 18% of the 23 offenses. This number is less than half of what it was in 2008, when 44 burglaries were committed. Rittereiser claims the number was so high in 2008 because during one of the summer camps, an offender went room to room, taking money from the wallets of people staying in the rooms at the time, which caused each incident to be considered a separate crime.

“We’ve not had any increases in crime,” Rittereiser said. “In general, they stay fairly constant and low.”

According to Rittereiser, the campus police department is working towards improving the crime rate and vehicle prowls, although it is still fairly low.

“Most of the crimes occurred on campus are crimes of opportunity,” Rittereiser said.

Off-campus, this is also a problem that the Ellensburg Police Department (EPD) faces.

“Vehicle prowls have been a problem,” said Dan Holley, an assistant professor of criminal justice. “It’s usually because valuables are left in plain sight.”

Rittereiser also claims that the campus is safe due to rigorous testing.

 Nobody tests their systems as regular as we do,” Rittereiser said.

Programs such as CWU Alert! which sends automated e-mail, voice announcements and text messages, are tested regularly to ensure they work.

The report also details numerous programs that the department offers, such as the Rape Aggression Defense (RAD), Courtesyneo Tourism students, BDA collaborate on online walking tour to bolster local interest

By Preston Prendergast

A unique twist on tourism is in the works for downtown Ellensburg. Tourism students are working with the Ellensburg Downtown Association to help improve tourism.

The virtual tour consists of a walk through of downtown Ellensburg with audio recordings to help students explain the architectural and historical significance of downtown Ellensburg.

The project has been heading the student project.

Ellensburg Downtown Association has been working on it,” said Zach Kehres, history major and student project coordinator. “We started the project for our Planning and Development class and we just kept working on it,” said Zach Kehres, history major and tourism minor. “The tour emphasizes the historical and architectural aspects of downtown Ellensburg.”

Dr. Dorothy Chase, associate professor and program director of the recreation and tourism department has been heading the student project.

“The twist is this tour is available online and is more convenient than the traditional tours provided by the Ellensburg Downtown Association,” Chase said. “It’s a work in progress, but we intend to have it up and running for the 2011 tourist season.”

The Ellensburg Downtown Association has been collaborating with the students and they are very excited about the tourism potential of the project.

Currently, the association has to set up tours of downtown by collaborating with groups of people interested, which proves to be both a hassle and time-consuming. The new tour will be available online and will help interested tourists learn about Ellensburg whenever they want, without the trouble of setting up a tour.

“The project encourages both residents and tourists to visit downtown Ellensburg and get a new understanding about its history,” said Carolyn Honeycutt, executive director of the association. “The project helps bring in tourists, which helps all the local businesses, especially the hotels around town.”

The project seems to be a win-win situation for both Ellensburg and the tourism students here at campus.

For more information, visit the Ellensburg Downtown Association at their office, located in the historic Davidson building at 105 E. 4th Ave. Suite 204.
Dear Editor,

Your article that came out this week on the outcome of the Roslyn party has been nothing but a catalyst for more sales of these energy/alcohol drinks. I work at a local convenience store, and the sales of these drinks has skyrocketed in the past three days.

I checked the shelves and they looked pretty bare. The stacks of extra stock normally at the store were gone. Once I got to the cashier, the clerk said that they were going to run out of Four Loko soon.

The Facebook group “I remember when I had my first Four Loko” is now up to more than 7,500 members in just over a week. Another group called “Save Four Loko” has more than 3,000 fans.

There are some already hosting Four Loko parties. One publicly posted on Facebook, is a “Four Loko power hour,” where partygoers will drink two Four Lokos in an hour, then continue to drink other alcohol – all while filming it for YouTube.

Rules include “no drugging,” “no hospital visits” and “it’s not rape if it’s your [girlfriend’s] fault.” But I’m not sure what the worst: drinking attempts to Four Lokos in succession, filleting it, or the fact that this party is on a Thursday. Halloween always brings out ridiculous costumes and of course, a few people had to capitalize on the news and wear costumes of Four Loko cans.

The Stranger covered the Associated Press story and live-blogged on it. The resulting blog by Trent Moorman was Press story and live-blogged on it. The blog promises to be a follow up for Four Loko.

I am surprised at this week’s cartoon by David Guzman. The caption reads, “When you go to clubs that sell Four Lokos, it’s another item for your...” But it seems that the only one that is getting drunk or she knows and trusts you.

I assure you that CWU does implement Health Educator at the Wellness Center, and responsible with alcohol.” As a Peer Health Educator at the Wellness Center, I assure you that CWU does implement programs specifically tailored to educate students how to be safe with alcohol.

We give students many opportunities to acquire the skills and information needed to make smart decisions with alcohol. There are programs such as Party Smart, Prime for Life, E-Chug, Alcohol Wise, our Facebook page, Tulsa, Student Health 101, our CWU webpage and our blog. We even put out Dealing with Four Loko.

The fact is, only a small minority of students drink alcohol, but being Halloween weekend, sales were probably much higher.

Not cool.

Antony James
Editor-in-Chief

On McKenna’s statement about Four Loko targeting college students by using fruit flavoring and caffeine: “And that’s the worst: drinking Four Lokos in succession, filleting it, or the fact that this party is on a Thursday. Halloween always brings out ridiculous costumes and of course, a few people had to capitalize on the news and wear costumes of Four Loko cans.

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Editor-in-Chief
An entertaining and thought-provoking contemporary art exhibition, “Repercussions: Tides and Time,” curated by Alex Emmons, assistant professor of art, arrived at the Sarah Spurgeon Gallery today and will run until Dec. 5.

The exhibition focuses on ways artists document place and time. Viewers will enjoy the sense of humor, shock, mystery, beauty and wonder found in everyday life from unique perspectives, while marveling at the exceptional quality of the work.

“I was inspired by my mentors Mark Klett and Rebecca Cummins and their longstanding creative research regarding place and time. When the Soil Art Gallery advertised a juried curatorial call, I felt compelled to apply with a show proposal involving the aforementioned concepts. I contacted other artists with similar approaches and put together the proposal: ‘Repercussions: Tides and Time’ and submitted it to Soil in Seattle, WA,” Emmons wrote in a statement.

Visiting artists Filippo Tagliati and Rebecca Cummins will lecture today from 4 to 5 p.m. in Randall Hall 118 and the exhibit’s opening reception will follow from 5 to 7 p.m.

Through his art, Tagliati speaks “on a universal truth that change, however minute, is constant.”

“When with video, I use time lapse and I took hundreds of photos in six hours in Tokyo with a tripod to create my piece in ‘Repercussions.’ I use the images to reconstruct photographic space. The images belong to the space, but they’re not quite right and I’m interested in experimenting more with video.

“With the sound composition, I recreate it but it doesn’t belong with the images, that is, I record in the same place but I don’t match them, they’re more my memories of Japan and I see it as a collage, placing everything so it looks right.”

When asked about her involvement in “Repercussions,” Rebecca Cummins said, “I’ve been working on these issues, on the notion of time and tracing time and place, and I’ve been drawn to other artists’ work on these issues.”

“It’s interesting to be in a common context with other artists and non-representational work and I think there is a beautiful variety in ‘Repercussions.’”

The variety in the show stimulates the viewer viscerally and intellectually.

Mark Klett’s “Folded in Place: Eclipse” is a playful piece that intimates the grandeur of this celestial event on the scale of a small, wooden table.

By using a globe of the Earth for his subject, one wonders from which heavenly body one would be standing on to observe this eclipse.

Jason Urban’s “Desktop Mountain-top” recalls every mundane job one has had, during which the most interesting aspect of that day’s work was staring at the monitor’s idyllic screensaver.

By using calm, cool blues in the image, one feels serenity from the beauty of the scene and a vibrancy of life, which contrasts with the routine feeling of the cardboard, legal sized boxes used as a canvas for the mental getaway.

Every generation of artists tackles the grand questions posed since time began, and their unique responses fit those ages. Concepts of time and place reveal current accepted norms and with “Repercussions” – much like an echo or a reverberation – those ideas are still changing.
A bluegrass anniversary at Raw Space
3 bands, community jam out in celebration of local venue’s exciting year

BY SOPHIA WORGAN
Staff Reporter

It was a whirl of unusual instruments and twangy tunes last Saturday at Raw Space’s first anniversary as Podunk Funk, Better Day and Open Country Joy Johannned out in celebration.

Better Day started their set in Raw Space while Podunk Funk played in the front of Bertine’s, among a crowd of costumed patrons.

“It’s really tight that Ellenburg has this type of venue now,” said Chad Templer, an undeclared student from Seat-
dale. “It’s nice to come to visit and be able to listen to some good music. Every single performance that can be said about this place for concerts gives people an excuse to do something. “

Better Day is a local band with four members: Sam Albritton, Billy Maguire, Bob Bayles and Leah Vik Shelton. Their bluegrass funk had people dancing, young and old. The band members write their own music, and perform with instruments such as the fiddle and the mandolin. Every member contributes vocally.

“Podunk Funk is right along the front window. They’re an all-string ensemble with Taik Rich-
tlemans on acoustic guitar. Nick Sokol on mandolin and Isaac Castillo on cello. Bertine’s patrons, including Janie Win-
slow, a 22-year-old senior graphic design major, were crowded around the band, one of whom liked the all-string band.

Bettine’s patrons, including Janie Winslow enjoyed the instrumental band. “It’s neat that they incorporate instru-
ments like the cello and mandolin,” Winslow said. “They remind me of a blue-
grass version of ‘God is an Astronaut’ - it’s a nice change from the usual drummer, guitar, and bass trio of an average band.”

Once Better Day finished their set, Open Country Joy, a band that is no strangers to Raw Space, played. They’re made up of Brandon Brooks on guitar and vocals, Jeff Demond on bass and vocals, Seth Garrido playing guitar, sax, percussion and vocals, and Matt Reiger on drums.

Their sound pairs funk and bluegrass and always gets their crowds moving. Accordin-
to to Open Country Joy’s website, “the members of OCJ know that there is nothing more personally gratifying than making a bunch of people shake their as-
ses on the dance floor.”

Rock violinist explores new musical territory
Geoffrey Castle and company set to perform Saturday

BY JANAYE BIRKLAND
Staff Reporter

The Ellenburg community will have a chance to explore the true meaning of “rock violin-
ist” by watching Geoffrey Castle and his band perform tomorrow at 7 p.m. in the Music Building Concert Hall. According to a press release, general admission is $12.50 and the earnings will benefit Central’s Preparatory Strings Program, which provides scholarships to all ages the opportunity to learn a stringed instru-
ment and grants college students paid teaching opportunities.

“We’re training the next generation of string teachers through this program,” said Ben Smith, music professor and program organizer, in a press re-
lease.

Smith and Castle met during a May music convention in Ta-
coma and shared a close interest regarding youth education and support in music. That connection is the reason Castle is coming to Central.

Castle began his career as a public street performer in New York City and Paris and later took part in various rock and country bands across America. He is a graduate of Columbia University and calls Washing-
ton his home. Castle and his band currently tour all over the Northwest and other parts of the nation, thanks to their rap-
idly growing fan base.

Castle commonly performs with music legend Alan White, drummer for Yes and John Lennon, in the White Sox All-Star Band.

According to Castle’s web-
site, he also performs in school assemblies, workshops, fundrais-
ers and school performances as the unusual six-string violin guy.

He is known for playing a wide variety of tunes, none of which reflect normal violin music. Ac-
cording to Castle, he enjoys writ-
ing some of his music, but he performs covers of Jimi Hendrix and Stevie Wonder in a fashion all of his own. His version of the well-liked tune “The Lion Sleeps Tonight” is an energetic crowd pleaser and he gives the song a whole new feel.

According to his website, as an electric violinist, Castle’s goal when taking the stage is to get the crowd rocking and destroy people’s pre-conceived notions of what is possible on a violin.

He makes his stage presence well known through mindblow-
ing musical talents and versatile wardrobe choices, Smith said.

“‘A variety of music will be played by the trio on Friday, anywhere from rock venues to Irish Celtic fiddle,’” Smith said.

Individuals interested in all genres of music will find interest in Castle and his core band consisting of Darin Watkins and Eric Robert.

“This is a good thing to sup-
port, especially with the decline of music education in public school curriculum,” Smith said in a press release.

The Scoop

4
FAIR
Engineering Technologies and Construction Management Fair
SURC Ballroom
11 a.m. - 3 p.m.
FREE

6
FAIR
Burg Tailgate Party
Tomlinson Stadium
11 a.m.
FREE

6
MUSIC
Nick Sokol and the Matt Larsen Trio
Music Bldg. Recital Hall
7 - 8 p.m.
FREE
We all have that one song we listen to that turns our whole day around, snaps our universe back into place and renews our souls. Andrew Belle’s songs have the potential to do just that.

This up and coming singer/songwriter is new to the music scene, but you wouldn’t know it from listening to his debut album “The Ladder,” released last February, without the help of a major label. Belle will be performing from 11 a.m to 1 p.m. on Monday, Nov. 8, in the SURC Pit.

According to a blogger, “The first time I listened to singer/songwriter Andrew Belle I knew immediately that this guy was something special. His lyrics, his voice, and his hooks all work together to from something truly enjoyable and noticeably unique.”

Belle’s songs have a southern feel with a splash of pop and the sincerity in his voice makes him seem just that more charming. His lyrics tell the raw and honest truth about love, life and all of the struggles in between with a captivating voice that makes you want to hear more.

“He plays guitar, is really insightful with his lyrics and puts on a really good show,” said Liz Rich, student programmer for CWU student activities.

His vocals are fresh and young, reminding some of artists like The Fray and John Mayer. All Belle’s songs are relatable and can be applied to anyone in some way or another. His songs have also been featured on television shows such as “90210” and his song, “I’ll Be Your Breeze” has even received national airplay.

“The music video has nearly 39,000 hits on YouTube. The song is easy to listen to because the vocals of the two singers complement each other and the melody is catchy, tempting the listener to want to hear more. The lyrics to “In My Veins” speaks the dark truth that applies to each individual differently. “Everything will change. Nothing stays the same. And nobody here’s perfect. Oh, but everyone’s to blame.”

Living in both Nashville and Chicago, Belle is part of “Ten Out Of Tenn,” a group of ten talented artists who have collectively released 30 albums and travel on the road together performing all over the country.

More information about Belle can be found on his official website, www.andrewbelle.com. Fans are able to buy his albums, merchandise, follow him on Facebook, Twitter and MySpace and view his blogs.

On his website, Belle talks about the first album he bought: “August and Everything After” by Counting Crows. He snuck the album into his room and listened to it very quietly on his Sony boombox.

“There is no doubt that those quiet moments spent alone in my bedroom shaped my desires and passions and gave me the hope to make my small mark on this world, one song at a time,” Belle said.

Belle also has photo and food blogs on his website. His photo blog consists of pictures from places where he has performed. The photographs have an antique feel and include photos of audience members, sold out signs, and various random objects.

Belle’s food blog contains pictures of him preparing his meals and the finished products. “I’ve always loved food,” Belle said. “When I was a kid the running joke at the end of any meal would be for someone to say, ‘Well, I guess we should just tip the table Drew’s way.’”

Songwriter Andrew Belle
Up-and-coming artist serenades Central on Monday

THE LADDER
Singer/songwriter Andrew Belle will perform his debut album on Monday, Nov. 8.
Four Loko: An honest-to-gorsh critical review

The Observer’s resident beer columnist tackles the latest craze in bottom shelf alcohol

Who wants a Four Loko? Apparently this drink is a big thing on college campuses now, most likely due to an amazing advertising campaign concocted by school and state government. If you haven’t tried it yet, chances are you’ll be compelled to try it soon.

So, If Four Loko really is the big deal everyone says it is, it would be a disservice for me, a somewhat seasoned Observer alcoholic beverage columnist, to completely ignore this phenomenon. So here it is: an honest critical review of America’s Newest Alcoholic Beverage: Four Loko.

First thing’s first: if you can find a can anywhere in this town (it’s kinda caught on a bit around here), it would be a disservice to responsible consumers drinking for me, a somewhat seasoned Observer alcoholic beverage columnist, to completely ignore this phenomenon. So here it is: an honest critical review of America’s Newest Alcoholic Beverage: Four Loko.

First thing’s first: if you can find a can anywhere in this town (it’s kinda caught on a bit around here), it would be a disservice to responsible consumers drinking.

Four Loko, in order to appreciate it, you need to try it. Don’t think I’m joking.

Visually, the beverage is of a bright orange color that Southern wine glass -- that is, the big fat glass that Southern gentlemen drink brandy out of. Treat yourself right.

Upon opening the 24 oz. can, the complexity of Four Loko hits you immediately. The aroma of the beverage permeates all five senses -- yes, all five. It also permeates the room, too, so if you’re trying to enjoy an entire can of Four Loko quietly and discreetly, keep aware of this. The smell, a curious combination of Tang from the year 2005, canned mandarin oranges, and Maine Coon cat urine, goes to show you the lengths the makers of this beverage go to ensure a unique experience. And this is before even tasting it.

Remember how your snifter of Four Loko: wilted baby carrots, multi-colored lasagna, Thai left-overs from Homecoming weekend, and so on. Be creative. Enjoy it revisioned, or repulsive, beverage (depending on who you ask), and oh, don’t be a moron. Hopefully you know how to do that.

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Four Loko: An honest-to-gorsh critical review

By DAVID GUZMAN

Liquid Masochist

DAVID GUZMAN

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First thing’s first: if you can find a can anywhere in this town (it’s kinda caught on a bit around here), I strongly recommend SAVING your Four Loko, in order to appreciate the beverage it actually is. No alcoholic energy drink has gotten the bad press that Four Loko has recently, and that has all to do with irresponsible consumers drinking it too fast!

So slow down. Savor the complexity of flavor, the naughty alcoholic bite, the way it creates tiny holes on the surface of your tongue that never grow back.

Oh, and pour it into a snifter -- that is, the big fat wine glass that Southern gentlemen drink brandy out of. Treat yourself right.

Four Loko comes in a variety of flavors: “orange,” “fruit punch,” “lemon/lime,” “watermelon,” “castor oil,” “hydrogen peroxide,” and a few others. For the purposes of this review, I chose “orange,” the most neutral and (from what I’ve heard) the least offensive flavor.

Upon opening the 24 oz. can, the complexity of Four Loko hits you immediately. The...uh, aroma of the beverage permeates all five senses -- yes, all five. It also permeates the room, too, so if you’re trying to enjoy an entire can of Four Loko quietly and discreetly, keep aware of this. The smell, a curious combination of Tang from the year 2005, canned mandarin oranges, and Maine Coon cat urine, goes to show you the lengths the makers of this beverage go to ensure a unique experience. And this is before even tasting it.

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As for the mouthfeel of Four Loko, the experience is similar to the result of mixing a Rockstar energy drink with generic orange soda, tonic water and a Bud Light. It really is as good as it sounds.

Like any sophisticated beverage, Four Loko is just begging to be paired with appropriate food items. And you can get all these combinable food items at your local mini mart deli for a pretty good price.

Here’s what you do: Ask the clerk for the day-old items -- the pale, rock-solid slices of pizza, the unbreakable taquito slices, the unbreakable taquito slices, the unbreakable taquito slices. They go perfectly with Four Loko.

The back of your fridge is also a treasure trove of good stuff to dip in your snifter of Four Loko: wilted baby carrots, multi-colored lasagna, Thai leftovers from Homecoming weekend, and so on. Be creative. Enjoy this revered, or repulsive, beverage (depending on who you ask), and oh, don’t be a moron. Hopefully you know how to do that.

Disclaimer: Do not, DO NOT attempt to purchase Four Loko if you are under 21. As evidenced by the “WE I.D.” label on every can, anybody attempting to buy Four Loko under age (depending on who you ask), and oh, don’t be a moron. Hopefully you know how to do that.

Enjoy this revered, or repulsive, beverage (depending on who you ask), and oh, don’t be a moron. Hopefully you know how to do that.
Boobies bring new artists to the stage for Unheard Voices fundraiser

BY NICHELLE WILLIAMSON
Staff Reporter

Central students and community members flocked to D&M Coffee on Thursday night to take part in the Unheard Voices Open Mic Night, sponsored by the Don and Verna Duncan Civic Engagement Center (CEC) as part of Breast Cancer Awareness Month.

"Each time we do an Unheard Voices event we try to have a cause," said Megan Ferguson, service-learning fellow at the CEC. All funds donated will go to free mammograms for low-income women in the Ellensburg community.

The CEC tries to host one Unheard Voices event per quarter and encourages all types of performers to participate. They try to "combine them all in one night and tie them to a global or local cause," Ferguson said.

This quarter's performers included people from the local community as well as Central students, and the event presented a mix of slam poetry, music and comedy.

"If I were you, I wouldn’t talk shit, everyone is chemically co-dependent," sang Liam McCoy, undeclared freshman.

"Sometimes when they met in the dorms," said McCoy.

"The world is crazy and I don’t know what to do," sang McGuigan, "I'm counting on you to lift me like you used to do.

"McGuigan also preformed one of her original pieces, 'Fast, Cheap and Easy,' which was inspired by a refrigerator magnet.

"If you are what you eat, I must be fast, cheap and easy," sang McGuigan.

"Dance is an invigorating activity that I could not live without," Johnson said. "If I could, I would dance all day every day.

"Dance is so realistic that all races are unique -- there's more to being white, black or Asian."

"I definitely want to be involved with spreading diversity around campus and educating my peers about people from different places," Allison said. "Dance is so realistic that all races are unique -- there's more to being white, black or Asian."

This year’s Parade of Nations will support Women for Women International through the sale of raffle tickets in the SURC with an iPod as the prize. The winning raffle ticket will be drawn at the end of the show.

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This year’s Parade of Nations will support Women for Woman...
Tempers flare on the road in loss to Western Oregon

**Offensive struggles plague Wildcats, drop to sixth in GNAC play**

By ANDREW HOGARTH

Santos headlines Central men's cross country team to Yakima in NCAA championships

BY JON CLEVELAND

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BY JON CLEVELAND

Offensive struggles plague Wildcats, drop to sixth in GNAC play

The Central men and women's cross-country teams will compete this Saturday in the Great Northwest Athletic Conference (GNAC) Cross-Country Championship in Yakima. Ten men and twelve women will be competing this year.

The Central men placed sixth in last year's championship and are returning with six runners from last year's team. The women's team is returning with four runners from 2009, which finished eighth in the conference meet.

"Our number two runner [Ryan Eidsmoe] is going to be out this week," Adkisson said. "That's going to be really tough for the guys because he has been a really solid number two runner for the guys pretty much all year." 

Junior runner Manuel Santos will be a runner to watch for in the GNAC championship. He has been Central's lead finisher in five of his starts this year.

"Santos has been our top runner pretty much all season for the guys," Adkisson said. "We are hoping for him to have a really good day. He is the one you call a true front runner." 

Two of the top teams at this year's GNAC Champi- onship are Western Washington and Alaska Anchorage. Anchorage currently ranks eighth in cross-country na- tionally in Division II. Together, Western and Alaska An- chorage have claimed seven of the last nine men's titles.

"I am going to go out and compete for Central and try to give it everything I have," Santos said.

Four of the top 10 teams in NCAA division II West Regionals will be competing in Saturday's event for the men's women.

"On the ladies side, the person who has emerged as a leader in the last couple of races is Adriana Mendoza," Adkisson said. "She is just looking stronger and stronger as the season has continued."

The Central women's team has had an outstanding season, thanks to big contributions by senior Adriana Mendoza.

"Our plan is to work as a team and see how we can push each other," Mendoza said. "I think we have done definitely improved from last year."

In their latest competition, the men's squad finished well, we have definitely improved from last year.

"Our plan is to work as a team and see how we can push each other," Mendoza said. "I think we have done definitely improved from last year."
CWU prepares for cross country GNAC championships

SPORTS

Former Wildcat has bright Phuture in Philly

BY MATTHEW CARSTENS
Assoc. Sports Editor

CWU baseball player Andrew Snowdon climbing the ladder in minors

Former Wildcat catcher Andrew Snowdon spent the last year pitching for the Tucson Toros, as well as the Gulf Coast League Phillies in Clear Water, Fla. Snowdon played his last year for Central in 2009 and is currently playing for the Philadelphia Phillies minor league organization.

PHUTURE PHILLIE? Snowdon throws a pitch for the Gulf Coast League Phillies. He ended the year with a 0.93 ERA, 10 strikeouts and only one walk.

Snowdon was selected by the Tucson Toros and reported to spring training, where General Manager Sean Smock was impressed right away.

“I had gotten some interest from some of these [scouts] earlier during the season,” Smock said. “So when the phone call came I was wondering which [player] it was. Finally we connected on the phone and it was Snowdon, and I was so excited for him. Here’s a kid that’s been working really hard, had played in college, come down to Yuma winter league where we drafted him and within a couple of months he’s going off with the Phillies organization and ends up winning a championship with the rookie ball team. I mean that’s quite a year for him.”

With his first season of affiliated professional baseball behind him, Snowdon is working in a warehouse, keeping up with his conditioning and throwing program until he reports for spring training Feb. 13.

“I got to pitch the last two outs of the championship game and then had the big ‘dog pile on the mound. It was a really fun experience.”

Snowdon recalls his age being the biggest adjustment when switching to affiliated baseball. “I was one of the oldest guys on the team,” Snowdon said. “I was playing against 17, 18, 19, 20 year olds. People would say I’m old and I’d say, ‘I’m only 24!’ I have to work that ladder a lot faster than a lot of the guys.”

Snowdon credited his age and experience with helping him climb that proverbial ladder this summer. “There were a lot of free swingers,” Snowdon said. “They weren’t really patient, just waiting for a fastball.”

Pittman also agreed with Snowdon, saying 24-year-olds aren’t often seen in that league. “Usually at that point you’d be in low-A or high-A if you were making a normal progression,” Pittman said. “But this was a different circumstance. We needed a guy right away that had been pitching all year. We wouldn’t have to wait three or four weeks to about his mechanics, made a few changes during our spring training time and he worked really hard and focused on those recommendations, and it helped him when we started the season. He came out and he was pitching like a pitcher and not a catcher who was recently converted to relief, an inning here, a batter there, no

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PHOTOS COURTESY OF ANDREW SNOWDON

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Kady Try leads way with 12 kills, 10 digs against SMU

BY JAKE ABBOTT
Staff Reporter

Wildcat volleyball faced St. Martin’s University (SMU) and Western Oregon University (WOU) on the road last week, returning with one win. The Wildcats dominated SMU in three sets on Thursday, 25-13, 25-10, 25-15. Statistically, Central led in almost every category. Holding the Saints to .000 hitting percentage, the Wildcats banged out 41 kills, 58 digs and 39 assists as a team. Senior outside hitter Kady Try, currently nationally ranked in the NCAA Division II leaders in kills and points, produced 12 kills, 10 digs and a .243 hitting percentage. Junior setter Carlee Marble had 22 assists as the Wildcats out-hit the Saints. “We played really well,” Marble said. “We focused on the things we need to get better at, like defense, passing and serving.” Junior outside hitter Meg Ryan generated a .250 hitting percentage with 8 kills and 7 digs for the night. With eleven players getting at least one kill, the Wildcats hit .259 for the match. Redshirt freshman middle-blocker Emmy Dolan contributed four kills for Central. Sophomore setter Devin Larson had an impressive showing against the Saints with 12 assists. “Devin went in and played very well,” Marble said.

Defensively, senior libero Brandi Vea had 15 digs for the night while freshman libero Cherri Vea had 10. On Saturday, the Wildcats suffered a tough loss to WOU in four sets. After beating the Wolves in the first set 25-22, Central lost the next three sets 25-20, 25-14, 25-17.

Having beaten the Wolves in three straight sets in their previous meeting, this loss was a hard one for the Wildcats to swallow. In the second set, Central found themselves playing catch-up and were unable to tie the score once. “We came out ready and we got an early lead,” Chase said. “The light was led by Try, Ryan and senior middle blocker Kristel Baeckel as they combined for 36 kills and 29 digs. Marble, who has done a great job of controlling the offense all year, produced 46 assists and 14 digs for Central.” The fourth and final set was a hard one for Central as the match ended on a controversial call. With the Wildcats down 23-24, it was game point for the Wolves. After the serve, there was a debatable set by WOU that was let go by the referees followed by a kill that seemed to be out of bounds. That point ended the match, handing the victory to the Wolves.

“This was a really tough road loss for us,” Marble said. “We really played our hearts out and it didn’t go out way in the end.” This loss put the Wildcats fifth in the Great Northwest Athletic Conference (GNAC) with an overall record of 10-9, 8-6 in GNAC. The Wildcats are two games behind Western Oregon and Alaska Anchorage.

Tonight the Wildcats will face Alaska Fairbanks in the Nicholson Pavilion at 7 p.m. Alaska Fairbanks is ranked seventh in the GNAC with a conference record of 10-4, 6-4 overall. In their last meeting, the Seawolves beat the Wildcats in four sets and are currently two games ahead of Central. The game will be held in Ellensburg at Nicholson Pavilion at 7 p.m.

#4 Carlee Marble

SUPER SETTER
Junior Carlee Marble sets up a teammate. Marble finished with 22 assists against Saint Martin’s University last Thursday.

#50 Charles Osgood

Central football legend Charles “Bob” Osgood passed away on Thursday Oct. 19 at 86 years old. Osgood was an All-American for the Wildcats in 1948, playing both guard and middle linebacker.

In 1983, he was inducted into the Central Washington University athletic Hall of Fame, along with the 1942 and 1946 football teams, both of which Osgood was a part of. Teammates remember him as a fierce competitor, but also as a compassionate coach in his years after college.


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The dominant players of the match were sophomore forward Lindsay Robinson and junior back Kelsey Disbrow. “Our senior fly-half, Randi Rowland, has a very powerful kick and she used it to our advantage during the match,” Chase said.

With a new team, fresh faces and players that also as coaches they have grown together and shown improvement in just the third game this season.

“I think it’s going to go really well,” Greenway said. “We’ve progressed together as a whole from game to game and it only helps us to play better as a team.”

The dominant players of the match were sophomore forward Lindsay Robinson and junior back Kelsey Disbrow.

“Our senior fly-half, Randi Rowland, has a very powerful kick and she used it to our advantage during the match,” Chase said.

Finding themselves dominating the scoreboard, they were able to efficiently execute their plays and work through their weaknesses on the pitch.

“I feel that our team played to our strengths a lot in this game,” said junior wing Kalica Chase. “Although we mostly played offense during the match, when we played defense we did great at staying in a flat line and coming together as a team.”

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Ending the match on a high note, Lindsay Robinson, Kelsey Disbrow, Christina Zient, Kendal Jo Rapp and Caitlin Yost each scored one try against EOU. Rowland finished with two game conversions and one penalty kick as well.

“We’re just going to go up from here,” Yost said.

The women’s rugby team will travel this weekend to Reed, Ore. hoping to come back with another win and a stronger team.

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The two teams were mirror images of each other on the field and in the box score. Central took a total of 15 shots with five shots on goal to Saint Martin’s 13 shots and four on goal, the only major discrepancy showing up on the scoreboard under the goals category with the Saints coming out on top, 1-0.

“It was not our best performance at all,” said junior defenseman Hillary Franks. “We did some things well, but when we did one thing wrong, like not knowing who is [covering] who, it results in a goal. We just have to fix that.”

In their second game of the week, Central went on the road to play Western Oregon, another team that the Wildcats had already beaten once this year. However, the result on Saturday was not the same as their 3-0 domination of the Wolves back in September.

In the first half, the two teams played to a deadlock, with the Wolves holding a slight 4-3 advantage in shots and neither team was able to score a goal. However, the real deciding factor in the game did not come from a statistical category. Instead, it came from the front pocket of the referee as he awarded a red card to the Wildcats’ defensive leader, junior forward Serena Tomaso, in the 34th minute.

The sending off of their best player was the first of the season for any Central player or coach, and it left the Wildcats with only 10 players on the field for the rest of the game. Central was able to keep the game tied at 0-0 until the 54-minute mark, when the Wolves scored two quick goals in less than three minutes and took control of the game. Western Oregon went on to score two more unanswered goals to reach the final score of 4-0.

The Wildcats have had a tough season overall, getting out-scored by their opponents 34-19, and the current three-game losing streak is the third of the season. Such statistical deficits won’t give the squad’s fans much to look forward to heading into the final game of the season against the conference leader, nationally ranked Seattle Pacific University. The game will take place on Saturday in Seattle on SPU’s home field. Central will look to avoid their first four game losing streak against the Falcons. SPU beat Central earlier this year 3-1 in Ellensburg.

In the last twenty minutes we stopped talking out there. We stopped playing our game, and after the goal, we went into panic mode. It was frustrating because we know we were the better team.”

Kaycie Hutchins
Senior Forward

GNAC Soccer Standings

<table>
<thead>
<tr>
<th>School</th>
<th>Conference</th>
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<tr>
<td>Western Oregon</td>
<td>2 11 0 0</td>
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</tbody>
</table>

FIGHT FOR THE BALL. Midfielder Miranda Heslep runs for control of the ball against a Saint Martin’s player. Central dropped the game 1-0 to Saint Martin’s University on Thursday.

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