NEWS  ICE raids leaves freshman sole provider  P.3

SCENE  Jazz Festival brings sweet tunes to CWU  P.7

SPORTS  Basketball: Wildcats ruin Vikings  P.12
Stories for Learning, Laptops for Growing

Dates: Wednesdays February 2, 16, and March 2, 2011
Time: 6-8 p.m. (Registration: 5:45 p.m.)
Where: Brooks Library Lounge, Room 205
Who is facilitating: Brooks Library staff, certified early childhood education teacher, students from the CWU Family Resource Center, and the Departments of Education and Spanish.

Cost: FREE
Open to campus and community families.

These events are limited to the first 25 children each evening. Parents must remain in the library while their children are under the supervision of teacher and students.

The “Stories for Learning, Laptops for Growing” Project has been funded in part under the provisions of the Library Services and Technology Act, from the Institute of Museum and Library Services, administered by the Office of the Secretary of State, Washington State Library Division. Persons of disability may make arrangements for reasonable accommodation by calling 509/963-2546. For hearing impaired 703/285-3143. Central Washington University is an AA/EO/TMA institution.
Octavio García-Ruíz cut class last Thursday. He wasn’t hungover or dawdling a lame lecture. He was running away. He rose off  the foot outside his home in the Millpond Mobile Manor off  Canyon Road that the immigration agents who were snatching his neighbors from their homes would take him too.

“If I went outside, I didn’t know if  they would point a gun at me or anything,” said García-Ruíz, freshman undeclared. “I didn’t know where was going through their papers,”

García-Ruíz awoke at 7 a.m. and was soon told by his sister that law enforcement was pulling people over at the Millpond entrance. Confused, he looked out his window and saw a helicopter flying low overhead. Across the way, he saw over five law enforcement officers filing in and out of his neighbor’s house. Although García-Ruíz’s other household was never breached, his aunt wasn’t so lucky.

“What I heard is that they knocked on the door, somebody else opened it, she was on the phone and they said ‘You have 30 seconds’ and she went out and they arrested her.”

Her 3-year-old son was left behind in the care of a family friend.

García-Ruíz believes that what he saw was excessive force. He feels that far too much manpower and force was used to arrest hard-working people who were wanted for nonviolent crimes, like using fake I.D.s and immigration violations. García-Ruíz said that some of the Immigration and Customs Enforcement (ICE) agents were smirking as they worked.

“I don’t think that this should be shining when you’re going into peoples’ homes,” García-Ruíz said.

Homeland Security Investigations (HSI), a division of ICE, made 14 criminal arrests Thursday and took another 16 into custody on administrative immigration violations, according to a press release from ICE. Of those, three were released for humanitarian reasons.

García-Ruíz went into separate rooms, ASCSU student body President Gabriel Munoz plans to inform students of what happened and to support them in any way possible. Munoz said that the best way to inform students is with interest group and public meetings.

“I think the whole way this thing was carried out was a disaster,” Munoz said. “It’s caused a lot of pain and anguish to the families.”

Around the campus, ASCSU student body President Gabriel Munoz plans to inform students of what happened and to support them in any way possible. Munoz said that the best way to inform students is with interest group and public meetings.

“The Khmer Rouge forced my family to go into the jungle. No house, no nothing. They tell us to get out,” said García-Ruíz, referring to the Friday meeting at the First United Methodist Church of Ellensburg.

“The Khmer Rouge said that they wanted to arrest the whole family and they wanted to arrest the babies too. We were afraid that if  he set foot outside his home in the Millpond Mobile Manor off  Canyon Road that the immigration enforcement agencies would take him too.”

Marian Liens, interim director of the Diversity Education Center, said she believes that the raids have “torn a community apart” and are “an example how we need immigration reform.”

“Central students need to be informed with immigration issues in our community and in our nation,” Munoz said.

“It’s an achievement for a man who speaks Spanish, for nonviolent crimes, like using fake I.D.s and immigration violations. García-Ruíz said that some of the Immigration and Customs Enforcement (ICE) agents were smirking as they worked.

“I don’t think that this should be shining when you’re going into peoples’ homes,” García-Ruíz said.

“If you don’t educate yourself, then you have nothing,” García-Ruíz said. “That’s what we’re trying to do right now. We’re trying to educate ourselves about how we can protect ourselves from immigration if  they come again,” said García-Ruíz, referring to the Friday meeting at the First United Methodist Church of Ellensburg.

“García-Ruíz said that he feels the immigration raids will bring a negative stigma to the Hispanic community. He said that he feels many people won’t be happy that law enforcement made so many arrests.

“I didn’t see anyone arrested — people that are here trying to better themselves.” García-Ruíz said that he feels many people won’t be happy that law enforcement made so many arrests.

“I didn’t see anyone arrested — people that are here trying to better themselves.”

In a day flooded with hard-hitting moments, the hardest moment of García-Ruíz’s day happened that night, long after law enforcement had left Millpond.

“Before [my three-year-old cousin] was going to go to sleep he was like, ‘What time is Mom gonna pick me up?’” García-Ruíz said. “How do you explain that to him?”

“Sometimes my friends collapse, I don’t know what to do and you try to help them and you cannot … Whenever I fall down I try to get up quickly or else you try to help them and they collapse, I don’t know what to do and you try to help them and they collapse.”

Bun Yom

Bun Yom, a Cambodian man and Ellensburg resident, addressed the Army cadets who filled the hall. His English is tough to follow, but it’s an achievement for a man who speaks six languages — English being his most recently learned. He addressed the cadets at a Friday night to impart the lessons learned from his experiences.

“The Khmer Rouge forced my family to go into the jungle. No house, no nothing. They tell us to get out,” Bun said. “We have no food, nothing.”

At first appearance Bun pronounced other words in a clipped and hurried manner, short in stature and unthreatening. However, Bun has an amazing story of hardship and strength. Bun survived years of enslavement in the killing fields of Cambodia and went on to become a freedom fighter, liberating thousands of his people. His story is a tale of courage, honor and loyalty to his people. His journey ultimately ended in Ellensburg, thousands of miles from his homeland.

“Bun Yom was born in Cambodia in 1960, the second of four children. Shortly after he was born, his mother found a five – carat ruby, which earned them enough money to buy land. His parents began a business where they bought rubies and sold them in Thailand. Because of this, Bun’s parents were able to send him to school. At the age of six, Bun began school and quickly skipped grades on the recommendation of his teachers.

Bun lived a normal life until 1974 when the Khmer Rouge came to his town and forced the people out of their homes and into the jungle. They had no food or supplies. Bun was only 11 years-old.

“My brother was only six-years-old when the Khmer Rouge came to his town and forced the people out of their homes and into the jungle. They had no food or supplies.”

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Bun Yom

“I tell my sister when you find food, bring food to our parents first … From that day, I never see my sister,” Bun said.

Garcia-Ruíz believes that ICE is endangering the people they’re sending back to Mexico because of the violent drug cartels that are currently ravaging Mexican lives.

“They’re sending people back basically just to get a shot, go get killed,” Garcia-Ruíz said.

In a day flooded with hard-hitting moments, the hardest moment of García-Ruíz’s day happened that night, long after law enforcement had left Millpond.

“Before [my three-year-old cousin] was going to go to sleep he was like, ‘What time is Mom gonna pick me up?’” García-Ruíz said. “How do you explain that to him?”

Victoria War killing fields survivor shares his story

The room was silent as Bun Yom, a Cambodian man and Ellensburg resident, addressed the Army cadets who filled the hall. His English is tough to follow, but it’s an achievement for a man who speaks six languages — English being his most recently learned. He addressed the cadets at a Friday night to impart the lessons learned from his experiences.

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Killing field survivor

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KILLING FIELDS
CONTINUED FROM P.3

After building the dam Bun was sent to plant rice, but first had to work to clear the killing fields. One of those injured was Bun! He ended his speech by telling the care- receivers in similar situations.

The thing I found most amazing about Bun is for all his experience with the Khmer Rouge he would go to great lengths to capture and bring down his tormentors,” said Bill Chandler, a close friend who introduced Bun to the outer circle of dark- ened audience. “I know many of us would get revenge, but he didn’t.” Bun’s time as a sol- dier came to an end in 1983 when he received a letter from his mother. Bun learned that his family was dead, but he learned that they were in a refugee camp in the Khmer Rouge territory. He was between serving with his soldiers and reuniting with his family. His wife and three children were now

Christine Myers, junior spanish major conti- nued from p.3

Iron Horse Brewery began in 2004 and opened its second location, the Mi- Norlaxian, warehouse supervisor at F.I.S.H. Food Bank.

Iron Horse Brewery’s donations, especial- ly its collaboration with the Ellensburg F.I.S.H. Food Bank, brought an increase in business for the brewery in addition to contributions to cause in supporting a local food bank, but the brewery plans to carry on.

Iron Horse food drive
Brewery cuts deals for canned items

BY MATTHEW WILCOX
Staff Reporter

Iron Horse Brewery launched its inaug- ural canned food drive in November with high community contributions from both the brewery and other local entities.

The brewery will be offering discounts to customers who donate canned food on Tuesdays in exchange for edible items that have been displayed on a board in the store.

The company offers an impressive selection of beers with fun and creative names such as Salt, Style, Ale, High-Five, Hel, and the self- titled Iron Horse IPA.

The company has been very impressed with the local brews at a discounted price.

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It’s nap time for Central students

A new Relaxation Room in the SURC allows users to catch some Z’s

BY WESTON MORROW

Do you keep falling asleep in class? Do you find your eyelids slowly getting heavier and your head drifting toward your desk?

The Wellness Center has offered students a solution: The Relaxation Room. A friendly volunteer sits outside the door of SURC 201, like a gatekeeper defending the slumber of the students resting within. They take your name and direct you to an air mattress. Inside, peaceful music plays quietly as you drift off into a nap.

No, this isn’t a dream—it’s the Wellness Center’s newest attempt to improve student’s well-being.

“It’s a great opportunity for students to come rest, relax their eyes or just read a book,” said Jadie Dahl, peer health educator.

Dahl and Andrea Easlick of the Wellness Center said the idea for the room came from a conference they attended in Seattle.

“A lot of schools were using holistic approaches,” Dahl said.

These other universities attempt to improve student health by focusing on psychological and social needs as well as physical ones, they said.

The goal of the Relaxation Room is to provide students a place to relax on campus. Instead of sleeping in chairs or nodding off in class, the room gives students a place to close their eyes in peace and comfort.

“Almost a quarter of students feel stressed 11 or more times in a quarter,” Dahl said.

While studying on the second floor of the SURC, John Hull, freshman undeclared, said, “Kids sleep up here all the time—maybe it will give them a place to go.”

In a recent poll taken by the Wellness Center, 87 percent of students said a lack of sleep had negatively impacted their grades.

The room, located above the Cat Trax coffee stand and next to the upper level of the Recreation Center, houses six air mattresses stationed around a conference table.

The Relaxation Room is open to students and those looking for a quick rest can reserve a spot in advance or simply show up when desired.

Don’t worry about falling asleep and missing your next class. A volunteer will come wake you up after 25 minutes. They might let you sleep longer if demand is low and you ask politely.

Air-mattresses and ear plugs are provided by the school and if you have an extra $7 burning a hole in your pocket you can buy a fleece blanket.

Easlick said they aren’t able to give out blankets for free because they have no way of cleaning them after each use.

According to Dahl, they’ve been getting positive feedback and plan to continue running the room through spring quarter.

The Relaxation Room:
Monday and Wednesdays 10 a.m. - 2 p.m.
SURC Room 201

News brief: The CWU General Scholarship application deadline has been extended to Feb. 8. For more information, visit www.cwu.edu/~scholar.
**In memory**


This week, we lost one of our own—John Luke LaSalle, our assistant sports editor. John Luke covered the weekend sports stories, and over the weekend from what friends say was due to an accidental drug overdose. He had just turned 23 minutes, 6 seconds. He ran the 60 meter run, not 23 minutes, 6 seconds. He ran the 60 meter run, not 23 minutes, 6 seconds. He ran the 60 meter run, not 23 minutes, 6 seconds. He ran the 60 meter run, not 23 minutes, 6 seconds. He ran the 60 meter run, not 23 minutes, 6 seconds. He ran the 60 meter run, not 23 minutes, 6 seconds. He ran the 60 meter run, not 23 minutes, 6 seconds. He ran the 60 meter run, not 23 minutes, 6 seconds. He ran the 60 meter run, not 23 minutes, 6 seconds. He ran the 60 meter run, not 23 minutes, 6 seconds. He ran the 60 meter run, not 23 minutes, 6 seconds. He ran the 60 meter run, not 23 minutes, 6 seconds. He ran the 60 meter run, not 23 minutes, 6 seconds. He ran the 60 meter run, not 23 minutes, 6 seconds. 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Faculty jazz night returns with a bang

BY GIANCARLO GONZALEZ
Senior Staff Reporter

The crowd filed into the concert hall, buzzing with excitement. Backstage the well-dressed musicians prepared themselves for an evening of jazz. They played musical scales and did physical warm ups, stretching to get ready for a special night.

The free concert was the return of Faculty Jazz Night. Its return was the brainchild of Jeff Snedeker, professor of music, French horn. Backstage, he was calm and waiting for the moment to perform.

“I think the most exciting thing that we haven’t done sort of thing is actually collaborating, bringing a bit of that feeling of being in a combo, and having that be a part of this as a large group. And as a result it’s kind of unusual for the period, and having that be a part of this experience, it’s nice when people want to do this.”

John S. Neurohr, faculty jazz director, notes on his sheet music as he prepared for the concert to begin. He focused as the Miles Davis albums, it’s always great to get really great to get to play and it’s likely to be a rare chance for most people to ever hear the album played live.

“For years, people have been looking for the charts themselves, and they weren’t published; there were stories about sort of straight parts and somebody had them but nobody knew who, and so finally, they’ve come out and they’re available,” he said. “So as soon as we heard about that, it was like, ‘Let’s get ’em. I have a particular interest in them because they include a French horn, which is kind of a unique part of jazz.”

The first trio, RetroPotential, received strong applause for their renditions of “Bill Bailey,” “St. James Infirmary” and “Stella by Starlight”. They gave an encore of “Blue Skies” before going off stage.

Daniel Taylor, a graduate assistant in piano, waited backstage for his turn. “As a pianist, I really am looking forward to playing with the trio, because the drummer, Mark Goodenberger, is faculty as well as the bass player, Jon Hamar, and they are really great musicians,” he said. “So I just feel really honored and excited to play with them.”

Goodenberger, director of percussion studies, was fighting the flu, but nothing was stopping him tonight.

“You get behind the kit, you play, and it’s just really fun. It just takes your mind out of feeling bad — not a lot of things do that,” he said. “So I wasn’t playing, I’d still be in bed,” Goodenberger said. Hamar cracked jokes and with his easy smile kept everyone loose. Then it was time for the trio of Taylor, Hamar, and Goodenberger to play “Stella by Starlight,” a romantic easy swing piece. They were then joined by Snedeker on horn for an original Hamar composition entitled “December” – an evocative moody ballad. Har-...
CENTRAL'S SPOTLIGHT: BRENDA HUBBARD

BY LINDSAY TROTT

Brenda Hubbard began her acting career playingtagger who came her way. She has landed in a repertory theater’s character, did runny modeling for Nordstrom’s. Her appeared in catalog, was a spokesperson and model appearances on commercials for radio and TV.

She was once the voice for Fred Meyer’s commercials. She made $50,000 in three hours, but had to hang onto her earnings until the next gig arrived—which could be anywhere from three to six months later.

“ IT was kind of a gypsy lifestyle, but I loved it,” Hubbard said. “I got to travel all over and meet all kinds of interesting people.”

After Hubbard married and had her son, Zuck, she came to the realization that she would need to give up her gypsy lifestyle in order for him to have a neat stable life.

Her mother always told her that she always had a connection through me, which is important,” Hubbard said.

When Hubbard returns from Portland, she will begin working on the play “The Country Wife,” set in an opium quarter.

“It’s a sexy comedy of manners with beautiful sets and costumes,” Hubbard said.

Hubbard said she thoroughly enjoys her lifestyle because she does what she loves. Teaching keeps her intellectually engaged.

“She is really passionate about teaching,” Macdowell said.

Hubbard said she will begin working on the play “The Country Wife,” set in an opium quarter.

“I am never bored because I always have a million things going on,” Hubbard said.

BY MARC TRATAR

LETS TALK ABOUT PHOTOS

Wedding Expo brings brides-to-be to CWU

The third annual event in SURC Ballroom showcases ideas for engaged couples

BY MADISON SHORTT

Many engaged couples attended Central Washington University’s third Annual Winter Wedding and Expo last Sunday.

The expo took place in the SURC Ballroom, where a variety of wedding-related businesses attempted to address many wedding-related stress couples often experience while planning their big day.

Wedding representatives encouraged couples to take charge of their wedding day.

Portfolios, samples and giveaways were handed out to any interested attendees. Colorful booths housed an array of ideas.

Music by Pro Disc Jockey Service, photography by Joe Cunningham Photography, and Macy’s department store were on hand.

Local business Cowgirl Divas featured dainty flip-flops with macramé crystal beading on the front of the sandals.

“Just braided into wedding jewelry from western,” said Lynn Sullivan from Cowgirl Divas.

“Every single piece I make is one of a kind.”

Many vendors had drawings and contests, one prize being a free night at Suncadia.

Randy Lauren, who has been engaged two years, draws down from Yakima to explore Central’s Expo and find her ideal wedding necessities.

“I’m looking more toward flowers, food and location,” Lauren said.

Central students Melissa Korne and Adam Ramsen are planning their wedding day to be on a holiday.

“We’re thinking Fourth of July— it would be a summer kind of joy,” Ramsen said.

They came to the expo looking for inspiration and answers.

The personal touch of the wedding planners drew the couple to pair to seek a professional perspective that takes into account their unique qualities and limited budgets.

“I want a personal relationship” with the planner, Korne said.

Standing in the DJ booth across the hall was Cowgirl Divas. That was Jonathon Marbesmorel and Krista Minney, both sopranos.

Their one-month-old daughter, McKenzee, slept oblivious to the loud pounding music and flashing lights that surrounded her.

They felt the expo helped to answer some of their questions for their future wedding.

“We’re getting an idea about what people are charging for things,” Marbesmorel said.

Ellensburg business owners gather for Business After Hours

BY MARC TRATAR

Central’s Spotlight: Brenda Hubbard

Hubbard ended up taking the advice her mother once gave her and began teaching theater classes and directing plays. She has been at Central for 19 years.


She once horrified by the idea. “I thought, I will never teach. That is so boring,” Hubbard recalled. “I am going to be a professional actress.”

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BY MADELYNN SHORTT

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Exploring ways to save money in college

Students living on and off campus have options to help them save, save, save...

BY RACHEL RODDY
Staff Reporter

Saving money is always a bonus. However, finding ways to successfully do this can be a challenge. The need to save money has shown up both on and off campus. At Central and in the surrounding town of Ellensburg, there are options for a more cost-effective college experience for each type of living situation.

ON CAMPUS

For on campus students, Dining Services offers several convenient places to eat. Central Market, Holmes Dining and the C-Store being the three most prominent locations. Extra areas include two coffee stands in the SURC, North Village Café and scattered vending machines around campus.

To purchase food, students living on campus have meal plans, which are broken up in several categories: athletic, large, medium, and small. Especially for first year students, Dining Services recommends that students begin with a large meal plan because there are designated days at the end of the quarter to make necessary changes if they decide they can make it through with more or less. This helps the student best monitor their account and be aware of how much money they need.

“Your best value eating is Holmes,” said Dan Layman, director of Dining Services. “It offers an ‘all you can eat’ and you get more for your money. The C-Store is more like a 7-11 and the Marketplace doesn’t save you as much money as you think. It’s kind of a sticker shock, because it almost gives a false perspective, but those places are good for students on the run or who prefer eating in their rooms.”

Dining Services works from a two-tier pricing system. Holmes’ incorporates a 65 percent discount and takes out overhead charges, which is what makes it less expensive. The other locations still implement the discount but the overhead charges is what doesn’t stretch the money as far.

The Connection Card Office brochure provides a chart that maps out each price range for individual quarters and meal plans. It also lists the possible days and times to either lessen or increase the amount students are allotted each term.

“It’s a judgment call,” Layman said. “Students have to learn how to budget their money.”

OFF CAMPUS

Off campus students are required to branch out a little more and be more independent. In other words, it means weekly or monthly trips to the local grocery stores. There are ways to save money, even in this situation. With Albertsons, the closest grocery store to campus closing, at the end of the month, there is potential to create a bit of a hitch, but there are still places like Safeway and the Dollar Tree available that offer deals and coupons.

Weekly ads are available either online or directly inside the store. When saving money on food, the most important thing is to be aware of how much money you think it’s kind of a sticker shock, because it almost gives a false perspective, but those places are good for students on the run or who prefer eating in their rooms.”

Dining Services works from a two-tier pricing system. Holmes’ incorporates a 65 percent discount and takes out overhead charges, which is what makes it less expensive. The other locations still implement the discount but the overhead charges is what doesn’t stretch the money as far.

The Connection Card Office brochure provides a chart that maps out each price range for individual quarters and meal plans. It also lists the possible days and times to either lessen or increase the amount students are allotted each term.

“It’s a judgment call,” Layman said. “Students have to learn how to budget their money.”

“Trial and error,” Layman said. “There’s a lot of switch and move, but we do the best we can.”

Quick ways to save

- Clip coupons
- Stick to a budget
- Research
- Go where it’s cheap
- Bring a calculator
- Don’t shop while hungry
- Pay attention to price per unit
- Buy necessity items in bulk

VISUAL STIMULATION

POWER-POPPIN’ (from left to right) Skyler Mehal (vocals/lead guitar), Jazmarae Beebe (lead vocals/keyboard), Janss Woldseth (bass guitar), and Markus Hoyer (vocals/rhythm guitar) of Red Means Go gave a great performance as their indie/powerpop style of rock drew a large crowd of followers faithful to the band. (Tom Noble on drums not shown).
Some funky fresh beats
Iron and Wine’s "Kiss Each Other Clean" bring a new style while keeping their original feel

It’s taken over 10 years for Iron and Wine’s Samuel Beam to become one of today’s mastery storytellers, creating impressions by his dreams and tales of forlorn love. This January, Iron and Wine’s newest album “Kiss Each Other Clean” will surely not disappoint listeners. "The Shepherd Dog," which was widely praised by the media, is a radio-friendly track.

Producer Brian Deck returned for studio sessions, continuing the creative part- nership that has lead singer and frontman Beam. They have worked together on Iron and Wine’s last three albums, which were released by Warner Bros.

Beam’s early albums were slow, relaxed, solo affairs with multi-layered rhythms and textured soundscapes that give life to the lyrics. Beam took these poly-rhythmic sounds and developed them for his new album. The result is a brighter, funkier style that focuses on new instruments while still keeping the distinctive elements that create Iron and Wine.

To his ears, “Kiss” “sounds like the music people heard in their parent’s car growing up... that early-to-mid-70s FM, radio-friendly music.” He also experiments with “straight-up jazz, blues and African elements.”

Iron and Wine has once again surprised listeners as they continue to experiment with their lyrics and deep vibrations in saxophone solos. Creating that 70s vibe in “Big Burned Hand” or even the funky electronic synthesizers that reminisce birdcalls in “Rabbit Will Run.” The song was recorded in a live setting to create the effect of a more raw, personal sound.

Beam still retreats back, thankfully, for most of the album to his wispy, gentle, folk singer side that made him so original to begin with in “Tree By the River.” The single of the album reminisces wasted teenage love with lines like “I mean the world/To a potty mouthed girl/And a pretty pair of blue-eyed birds/Time isn’t kind or unkind.”

Even the beautiful imagery in “Walking Far From Home” takes you on a jour- ney into the city with catchy lyrics that will get fixed in your head. The album un- folds song by song revealing themes from good and evil to ideas of love and death. Kiss has that right combination of Beam’s airy past and unexpected, intoxicating present soundings.

"Kiss Each Other Clean" released Tuesday is the growth of Beam as he con- tinues his progression through experimen- tation without the loss of his trademark style.

Creating awareness on campus
Jess Lindquist finds comfort in the DEC

BY STEFANIE BURGER
Staff Reporter

What is a student programmer? According to Jess Lindquist, a student pro- grammer is involved in creating events and programs for dorms and other on-campus entities. Lindquist works in the Diversity Education Center and most of her programs are surrounded around social justice and creating awareness on campus for those issues.

Lindquist came to Central in the fall of 2009 and instantly found comfort in the Diversity Education Center. “When I first came here last year I was trying to find more about Gay & Lesbian Alliance (GLA) or now EQAAL, and I found Marian and the DEC,” Lindquist said. “It was the most open and welcoming environment from day one and I knew it was a home for me.”

Working in the Diversity Educa- tion Center has been very rewarding for Lindquist. She says knowing that you’re creating awareness makes hard work worthwhile.

“At the end of the day or end of a program, even if one person’s opinion is changed then you are affecting the cam- pus and its climate,” Lindquist said.

During her time as a programmer, Lindquist has enjoyed her work. Her fa- vorite programs have included the Parade of Nations and Safe Space Training.

“Safe Space Training is a voluntary workshop that includes activities that cen- ter on building alliances to the LGBT community,” Lindquist said. “It teaches about differences in gender sexuality and gender expression or identity.”

Lindquist’s coworkers hold her in high regard and embrace her enthusiasm in the workplace.

“Jess is a caring person that continues to grow with everything she learns and she puts all her energy and knowledge to better any issue that comes her way as a programmer and as an individual,” said Daryn Sequihod, fellow student programmer.

Sequihod met Lindquist through the Diversity Education Center. They worked together on The Naked Truth, a weekend long workshop put on by the DEC.

“Her true compassion for being part of our DEC staff shined through when we would be sharing our thoughts and ex- perience with the group,” Sequihod said. “That weekend we all grew individually but for a few of us it was life changing just being given the opportunity to be in such a trustworthy circle of friends and DEC family.”

Lindquist said that through her work as a programmer she has learned that social change is possible. Lindquist said that after her time at Central, she hopes to become a corrections officer, but her dream job is to be continuing down her current path and working for a non-profit LGBT-QA foundation or organization that benefits youth.

Lindquist will graduate in the spring after majoring in sociology and minoring in gender expression or identity...” Lindquist said. “It was the most open and welcoming environment from day one and I knew it was a home for me.”

She says knowing that you’re creating awareness makes hard work worthwhile.

“Creating awareness on campus has been a home for me.”

She says knowing that you’re creating awareness makes hard work worthwhile.

“Creating awareness on campus has been a home for me.”
Central cruises over Western, off to best start in 40 years
BY SYECE MAHBERT

Central Washington University men’s basketball team had another pair of wins last week as they hosted Western Washington University (WWU) and Simon Fraser University (SFU).

The Wildcats are now nationally ranked 16th with a record of 15-2 overall and 6-1 within the Great Northwest Athletic Conference (GNAC). They have also extended their win streak to six games.

“It’s very nice to win on your home floor,” said head coach Greg Sparling. “Especially after the Western game; I thought the crowd was very nice out there.”

The week started off Thursday when the WWU Vikings came to Nicholson Pavilion coming off five previous wins against the Wildcats.

The first half went back and forth, as there were five ties and three lead changes in the first 20 minutes of play. Central went on a 13-2 streak towards the end of the first half, ending the first half with a nine point lead.

In the second half, the Wildcats continued to pour it on as they scored 14 points in four minutes and gained a 19-point lead over the Vikings.

Western made a good effort for a comeback, as they came within five points of the Wildcats with just under three minutes left in regulation. The Wildcats responded by scoring seven straight points, as senior center Coby Gibler scored his first career three-point field goal. Central finished the game with a score of 86-73.

Senior guard/forward Jamar Berry led the Wildcats in scoring as he went 7 of 12 from the field with 17 points.

Senior center Chris Sprinker had a double double as he went 7 of 12 from the field with 17 points and 18 rebounds.

“Just too good” (Above) Senior center Chris Sprinker throws down a two-handed jam in traffic against rival WWU. (Below) Senior guard Chris Scott drains a 3-pointer over a Western defender. Central beat the Vikings 86-73 and sit in first place.

Berry and Sprinker combined for 41 points and 16 rebounds for the Wildcats to give SFU their 11th straight loss dropping their record to 2-14 with a record of 1-9 within GNAC play.

“We just kept on feeding the post,” Sprinker said. “Once we got to the post we could kick it out and we were hitting open shots.”

Central started the game slow, as they were not able to pull away from SFU. Late in the first half the Wildcats were able to go on a 10-2 run, furthering their lead to 39-29 going into halftime.

The Wildcats started off the second half with a 6-0 run and continued to slowly increase their lead throughout the game. In the later part of the half the Wildcats were able to go on a 28-7 run, ending any hope of SFU making a comeback.

“I thought we started off kind of slow tonight,” Berry said. “But we were able to pick it up in the second half.”

Eleven Wildcats players were able to score two points or more. Freshman guard/forward Taylor Dunn was part of the mix, as he shot his first field goal attempt as a Wildcat and put up four points on the night.

The Wildcats’ bench played much better than their opponents, outscoring them to 34-9. The bench was led by Gibler, who tied his career-high 16 points.

“I like to, you know, inflict some pain,” Gibler said. “It’s in my blood. I don’t like when people get easy buckets.” Gibler also recorded two blocks.

Next Thursday the Wildcats travel to Alaska Fairbanks where they plan to keep their winning streak alive against the Alaska Nanooks. The last time the two teams met, they went into double overtime where the Wildcats suffered their only home loss of the season.

JEFF BAYLEY

#5 Chris Sprinker

#12 Drew Harris

JUST TOO GOOD

Basketball Standings

<table>
<thead>
<tr>
<th>School/Conference</th>
<th>GNAC Men's Basketball Standings</th>
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<tbody>
<tr>
<td>Central Washington</td>
<td>1 15 2</td>
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<tr>
<td>Alaska Anchorage</td>
<td>7 15 4</td>
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<td>Seattle Pacific</td>
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<td>Simon Fraser</td>
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The CWU men’s basketball team is off to their best start in over 40 years, earning the 16th national ranking this season. The men haven’t had this great of a start since the 1969-70 basketball season. They currently sit in first place in the Great Northwest Athletic Conference (GNAC), with a record of 8-1, and 15-2 overall.

The Wildcats are coming off a first round exit from a year ago, to the hands of rival Western Washington. In their first match up this season, Central handled the Vikings at home with a 86-73 victory last week in front of a sold out crowd in Nicholson Pavilion.

Head Coach Greg Sparling seems to have hit the jackpot this year with his off-season recruiting, bringing in top scoring forward Jamar Berry and starting point guard Drew Harris. Berry leads Central in scoring at 16.6 points per game, shooting nearly 52 percent from the field.

There were questions heading into this year just how good this team would be. Central lost three starters from a year ago, including top scorer JC Cook and floor general Jon Cliff, who many considered Central’s most irreplaceable player.

Some key returners have also seen a spike in production. Starting center Chris Sprinker is having his best year as a Wildcat, extending their win streak to six games. He is currently sit in first place in the Great Northwest Athletic Conference (GNAC), with a record to 2-14, with a record of 1-9 within GNAC play.

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Too Much Heart

Former Kentlake High School baseball star becomes coach at CWU after heart condition sidelines pro career

BY DANNY SCHMIDT
Sports Reporter

When Ryan Voelkel was attending Kentlake High School, it seemed like he had it all. The 6-foot-6 first baseman was a three-sport athlete playing baseball, football and basketball, but was predominantly a baseball star who was destined for big things.

Baseball was Voelkel’s love from an early age, thanks in large part to his father, Mike. “My dad actually played,” Voelkel said. The Toronto Blue Jays drafted Mike Voelkel in 1982. His career had a huge impact on young Voelkel’s life.

“Baseball was always my love, that was the first sport I loved,” Voelkel said.

Voelkel graduated from KHS where he was a prep star and went to Green River Community College to play baseball. He was a standout player for both of his seasons at Green River.

After graduating with his Associates of Arts Degree from Green River, Voelkel began getting ready for the upcoming Major League Baseball draft. Unfortunately for Voelkel, his name was not called during the draft, but that did not stop the first baseman from getting the chance to live his dream.

“The way the Major League Baseball draft works is if you don’t get drafted, and you’re draft eligible, any team can sign you,” Voelkel said.

The Atlanta Braves offered Voelkel the chance of a lifetime.

“The other guy he drafted didn’t want to sign, didn’t want to play first base,” Voelkel said. “So he called me up the next day after the draft and he goes, ‘do you want to play?’ I said, ‘Yeah I’ll sign, I’ll take that guys money.’”

Voelkel flew out to Orlando, Fla., to play in the Gulf Coast League. He played in Orlando from June to the end of August. It was in Florida that Voelkel learned of the news that would turn his life around.

Voelkel has a heart murmur, which is an odd sound heard during the heartbeat. Heart murmurs do not affect the amount of physical activity athletes can partake in, but because of the heart murmur, Voelkel had routine physicals, however nothing ever seemed to be wrong.

The Braves organization wanted to make sure everything was OK with Voelkel’s heart.

“Right before I left in August they ran some more tests for me,” Voelkel said. “And then I went back home, trained throughout the offseason and all that stuff, then they wanted me to come down a day or two early to go to this other doctor in Atlanta, their team doctor, to cover all their bases, and that’s when they found it.”

What they found was Hypertrophic Cardiomyopathy (HCM). According to Google Health, HCM is when the heart is forced to work harder to pump blood because the heart muscle is so thick. One part of the heart tends to be bigger than the other. Voelkel’s HCM has nothing to do with his heart murmur. With the heart condition, Voelkel could no longer play the sport he loved.

After the news, Voelkel decided to enroll at Central, where he already had friends attending. He e-mailed head coach Desi Storey and told him his story and that he wanted to help out in any way possible. Storey was more than willing to give Voelkel a coaching position on Central’s baseball team.

“Matt Acker, his coach over at Green River played for me,” Storey said. “I actually tried to get Ryan to come here instead of going down to the University of Las Vegas (UNLV), after he was done with Green River.”

In addition to coaching Voelkel’s Green River coach, Storey also had ties with Voelkel through Ryan’s father, Mike. Voelkel and Storey both played baseball for the same team.

Voelkel works with outfielders and hitters on the team. Redshirt freshman outfielder Clifton Coulter loves having Voelkel as a coach.

“He is a really good coach,” Coulter said. “It helps that he is around the same age as us because he can obviously connect and communicate with us differently, but it also helps that he is just a big positive guy. He never misses an opportunity to tell a funny story and crack a big smile.”

Coulter aspires to be like Voelkel one day.

“His best coaching asset is his competitiveness,” Coulter said. “And sometimes I feel like he wants to get out there and compete with us, which is shown through the passion he puts into his coaching.”

Overall he is a solid contribution to our coaching staff and a type of coach that I would aspire to be someday,”

Voelkel went through a tremendous amount of events. He received news that would change the spirit of just about anyone.

“At first I did feel bad for myself,” Voelkel said. “It’s another opportunity to go forward and expand, it’s a new start for me. I probably wouldn’t have had a degree. I wouldn’t have just my A.A. from Green River. Now I’m going to graduate from Central with a business degree.”

Voelkel is currently a junior. “Though Voelkel can’t play baseball anymore, it is still a huge part of his life,” Coulter said. “He cherishes the memories baseball gave to him. One of his finer memories came with the Braves organization in his first start in the Gulf Coast League.

“We were down playing the Phillies in their spring training complex in Clearwater, and Voelkel said, ‘I haven’t been playing a lot and finally the coach goes, ‘I’ll let you get a start tomorrow,’” Voelkel said.

Voelkel took advantage of the opportunity when he came to bat.

“First pitch, I knew the dude was going to throw me a fast ball,” Voelkel said. “I was sitting on it, ripped it to left field. Running around the bases, it was the thrill of my life.”

PHOTOS COURTESY OF RYAN VOELKEL

ATLANTA BRAVES

Voelkel played in the Gulf Coast League for the Braves minor league team from June until the end of August. Voelkel is now enrolled as a student at CWU and acting as an outfielders coach for the baseball team.
The winding road keeps on winding the wrong way for Central Washington University’s women’s basketball team as they lost for the ninth time Saturday against Northwest Nazarene University (NNU).

The Wildcats lost 71-54, and have lost seven of their last eight games. Freshman forward Amber Moser and sophomore forward Stacy Albrecht both led the team with 10 points, the lowest point total a leading scorer has had all season.

Central had broken up the monotony of another losing season with their win over Montana State University Billings on Jan. 15, but could not put together a consecutive win, a feat they haven’t matched since they opened the season with three straight wins.

The game stayed close throughout the first half as the Crusaders were kept to shooting an abysmal 29.4 percent. Not to be out done, the second half saw Central shoot 33.3 percent including just two of 15 three-point shots made.

Central had tied the game at 33 points a piece in the first two minutes of the second half, but less than five minutes later NNU had taken control of the contest with a 15 point lead due to an 11-2 run.

Central’s game was balanced loss, being out-rebounded for the ninth time this season and gave up 28 turnovers, the ninth time this season they have given up at least 20 or more turnovers in a game. The team will head up north to Brem- aby, BC to face off with Simon Fraser University who are currently tied with the Wildcats with a record of 1-7 in the Great Northwest Athletic Conference (GNAC) overall in eighth place.

Both teams will be looking for their second conference win, as both teams climb out of the GNAC gutter where they are among only three teams in the conference with a sub .500 record.

BY MATT CARSTENS
Assistant Sports Editor

CONFERENCE STRUGGLES
Senior point guard Lux Ratliff drives to the hoop against Northwest Nazarene. Central is just 1-7 in conference play this season.

CWU CLIMBING CLUB prepares for upcoming competitions

BY MACKENZIE NICHOLS
Sports Reporter

It’s 4:50 a.m. and 10 Central students are sitting in a van waiting to leave the parking lot. Most of the students have already been up for an hour.

Alicia Christianson, a sophomore anthropology major turns on “You tet aching big calluses on their hands that usual covered by chalk, while creating huge calluses on their hands that usually spending their time clinging to walls and climbing the walls. A small group of students spend their time clinging to walls and climbing the walls. A small group of students

The Cyril’s team’s official theme song of the Cyril’s team’s official theme song of

This year’s team is very down to earth, just looking to meet people and have a great time.

“My goal this year for NC3 is to just have a lot of fun and be approachable. And meeting some people send some sick routes!” freshman Hunter Burke said.

On climbing with the Cyril’s team, some people send some sick routes!” freshman Hunter Burke said. “I think my favorite part of climbing is being able to push my self through my comfort level, it gives a good adrenaline rush, ” Cairney said.  “A lot of climbers have a fear of heights, but when you push through that fear it feels great.”

According to Brian Adams, Vice President of the Climbing Club and senior percussion performance major, the club is doing exceptionally well.

“I think this years team has a lot of potential,” Adams said. “Most of the climbers in the club are new to the sport and have just started climbing this year. Despite the club being so young, they have already proven themselves to be fast learners and have become some of the strongest climbers in the gym. The next couple of years this team will be at the top of the NC3 rankings.”

There are seven more competitions with the next two events being at Eastern Washington University this Saturday and the third at the University of Washington on the Feb. 12. Students interested in becoming part of the club should e-mail Brit Dahlgren, President of the Climbing Club at DahlgrenB@cwu.edu or they can show up at the practices times on Tuesday and Wednesday at 11 a.m. to 1 p.m.

“Climbing is all about learning and sharing an experience,” said Peter. “So get out there and climb!”
Warm weather doesn’t stop riders from hitting slopes

BY ADRIANA ZAZULA
Sports Reporter

It doesn’t seem like it can be true. The sun is actually shining in the middle of January. The weather outside is not so frightful. The righteous snow that once fell relentlessly is now becoming a distant memory.

It looks like spring may be making an early return and those powder-promising clouds are no longer in sight.

Unfortunately for all the shredders on campus this means that what they need to ride could be in short supply.

The forecast for the upcoming week still holds no promises for fresh snow on the slopes in Snoqualmie. A majority of the days were labeled with predictions ranging from rain to light rain, and a chance of rain. All this rain on The Summit at Snoqualmie Pass may be putting a damper on the cruising season all too soon.

Before this bummer weather decided to show up the runs could be summed up as picture perfect.

Some boarders got quality snow time in before this unwanted weather downpour. Freshmen exercise science major Taylor Kartes, was able to get in quite a bit of snowboarding over break. “It was perfect. Powder.”

The early part of the season began with plenty of snowfall, which is an ideal sight for any snowboarding enthusiast. The rain started its pass through in the earlier part of this month. Some days showed promise of some decent shredding weather, but like any real Washingtonian knows that the rain is never really gone.

Kartes feels like she got enough out of her pass to make the purchase worthwhile.

“I went up there seven times and you only need to go like five times to get your money’s worth,” Kartes said.

Hopefully Mother Nature is a Shred Betty at heart and decides to bring back the snow for just a little while longer. The rain really does need to go away so the powder can stay. At least until March, if that’s not asking too much.

Freshman education major Chelsea Cairney, works at The Summit and provided some hope for those trying to cruise until the end of the season.

“We had an amazing pre-season,” Cairney said. “But the 2011 season has given us some yucky weather. We are hoping it turns around. However, the snowboarding is still okay. Usually the days that seem like won’t be any fun turn out to be our busiest and best.”

Freshmen political science major Derrick Lecker agreed with Cairney.

“It was like that last season,” Lecker said. “There was a low point early on, but it finished strong.”

It seems like the dedicated riders of CWU might have to go a bit further out of their way to Crystal, Stevens, or even White Pass.

It could be an excellent excuse to have a road trip, try out a new mountain, and get away from the craziness of school with good friends. Whatever it takes to shred the gnar, bro.
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