Two-Time ACP Pacemaker Award Finalist

The OBSERVER
by the students & for the students of CWU

Two-Time ACP Pacemaker Award Finalist

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The Observer

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cwubobserver.com

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Editorial Policy:
The Observer is a public forum for student expression, in which student editors make policy and content decisions. The mission of the Observer is to serve Central Washington University as a newspaper and to provide training for students who are seeking a career in journalism. The Observer seeks to provide complete, accurate, dependable information to the campus and community; to provide a public forum for the free debate of issues, ideas and problems facing the community at large; and to be the best source for information, education and entertainment news. As a training program, the Observer is the practical application of the theories, values, and skills needed to succeed in their chosen career. If you have questions call (509) 963-1073 or e-mail us at cwubobserver@gmail.com

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Locked and loaded
Chief of campus police says county is prepared

BY JOE COUCCIO
Staff Reporter

Washington is one of 47 states, along with Georgia, New York and Texas, who have classified their flu activity as “widespread,” according to the Washington State Department of Health.

“Influenza is preventable and should be taken seriously,” said Rhonda Holdren, chief nursing officer of Kittitas Valley Community Hospital, in a press release. “We are taking preventative measures in order to protect our patients, visitors, and employees from influenza.”

People who are exhibiting flu-like symptoms are urged to visit their primary health care providers, who can better serve patients.

The “flu is a serious illness that can be fatal, and several Washington residents have died from influenza this season,” Secretary of Health Mary Slearcky said in a press release. “Taking simple steps to prevent the flu can help people avoid this miserable and potentially dangerous illness. We urge people who haven’t been vaccinated to do it now.”

Between Oct. 1, 2012, and Jan. 5, 2013, there have been 3,170 confirmed influenza-related hospitalizations in the United States, with seniors (65 years and over) comprising more than 86 percent of those cases.

According to the Centers for Disease Control and Prevention (CDC), annual vaccination against seasonal influenza is recommended for people at high risk. This includes seniors, young children, pregnant women, and people with chronic medical conditions such as asthma.

Influenza infects other sectors; a lot of people in class are sick; they cough and don’t cover their mouths,” Wayo Yuanguti, a senior accounting and finance major said. “I had work as an employee on Tuesdays and I’m sick, so it’s hard to deal with both.”

The national influenza outbreak has Ellensburg citizens concerned.

The emergency room at KVCH has had 120 patients come in experiencing flu-like symptoms. The laboratory at KVCH reported 22 cases of influenza in Ellensburg since Dec. 1, 2012.

“We’re a little bazed,” said Dr. Jack Horsley, medical director for the Student Health and Counseling Clinic. “We have students coming in making sure they don’t have the flu because they don’t want to miss a week of school.”

The flu can come on quickly, with symptoms which may include coughing, muscle and body aches, sore throat, fever and chills.

In most cases, people who contract the flu recover within two weeks, but further complications, such as pneumonia, can develop as a result of the flu. For some, complications can result in hospitalization or even death.

“The best thing you can do is get immunized every year,” said Amy Diaz, communications director at KVCH. “The best way to protect yourself is hand-washing, and the best way to protect other people is to cover your mouth when you cough or sneeze and to stay home when you’re sick.”

Flu vaccines are available for all age groups at Safeway, Bi-Mart, Fred Meyer and Rite Aid. Prescriptions from a doctor will be required for children 10 and younger.

“If you have had the symptoms for more than two days, there is not much we can do for you,” Horsley said. “Just stay home and keep up with your fluids, and use Tylenol or Advil to control your fever.”

State categorizes flu as widespread

Graphic by Vicky Valdovinos

State categorizes flu as widespread

Influenza

INFLUENZA

Sourced from various outlets

School Shootings in the U.S.
Since Feb. 27, 2012

Total: 13
Total Wounded: 20
Total Deaths: 41
Total Deaths by Suicide: 3

Source: Sourced from various outlets
Central students are able to “enjoy alcohol in the same way adults do,” said Pearson, assistant professor of public health education.

According to Pearson, the stereotype is that students make poor decisions around alcohol.

“Back in 1996, there were two main participants for the project. About 10 students attended weekly meetings throughout the year and committed their time to discuss findings along the way.

Students were given a camera and asked to snap photos of what alcohol represented in their lives. The students then shared their photos with the group. The best photos were voted on and mounted for display at the Wellington Event Center in Barto Hall.

The photos tell a new story about alcohol: that Central students do drink and party, but many are able to do so without making high-risk decisions.

Laura Osborn, public health major and peer health educator at the Wellness Center, said the exhibit is not meant to lecture students about their drinking habits, but instead it should show students that alcohol shouldn’t play a big role in their lives.

Last spring, a group of students used “Photo Voice” to create a research report for SOURCE, which demonstrated how social science and qualitative research are combined to conduct studies on community health issues. Upon completion of their research project, these students were able to see the reasoning behind the photography aspect of “Photo Voice.” The photos serve to voice the perceptions which students have about drinking.
Students pursuing higher education can always practice better spending habits even with their modest income. Apart from tuition and fees, books, supplies, and room and board, other expenses amounted to about $2,928 during the 2011-2012 academic year at Central, according to the National Center for Education Statistics. The definition of other expenses is “the amount of money (estimated by the financial aid office) needed by a student to cover expenses such as laundry, transportation, and entertainment,” the NCES said.

Attending college may be creating debt for most students, but it is a fair argument that it is a justifiable investment. Students must make conscious efforts to avoid accumulating debt outside of academic endeavors. While the coined term ‘struggling students’ is most appropriate, it is not altogether unavoidable. Ways to save are at every student’s disposal.

According to Chase Thiel, Central management professor, individuals must have a plan and a budget. “You need to set boundaries and rules for yourself,” Thiel said.

In order to make these rules, one must identify which transactions are much more important than others. Thiel explains that purchases should be split into two different groups: non-discretionary purchases (which include food, housing, taxes and anything else unavoidable) and discretionary purchases (which are more luxurious wants and should be limited and carefully decided upon.) According to Thiel, once the distinctions are made, make sure the necessities are taken care of before anything else.

Tip$ from Thiel
• Limit visits to stores
• Make a list and stick to it
• Decrease use of plastic (debit/credit)
McDonald's existing in the past, or that such a thing, buy it here – we'll wrap it for you hard-ware store. Why does it matter whether she actu-ally performed the song live or not? She

Inaugural flaw

Some seem more interested in Beyonce's performance, rather than Obama's historic day

Following the custom of having a big-name star sing the national anthem at the inauguration, Beyonce belted out her rendition on Monday.

Once again, credit for nam-ing another term was snatched from President Barack Obama. Much of the news cover-age surrounding the inauguration has been cen-tered on whether or not Beyonce actually sung the national- anthem, or if she was lip syncing it. Historically, at a high-profile event such as the inauguration, artists are known to tip sync just to prevent any mis-takes. Call me biased, but we all know Beyonce has a beautiful voice. So, now, the Marine Band has conflicting stories as to whether or not she actually sang the song live. Why does it matter whether she actu-ally performed the song live or not? She has performed numerous shows—preg-nant and in heels. Her professionalism shouldn't be the issue on the chopping block.

As a nation, people should be more focused on the other pieces of history. President Obama, the first African-American president, was re-elected for his second term. During 2008, an issue arose about whether or not he was properly sworn in, which pretty much stole the initial glory of his historical accomplishment. According to the Los Angeles Times, ratings for the inauguration fell by 61 percent in comparison to 2009’s inau-guration. The decrease is common for most presidents the second time around. When George W. Bush was sworn in his second term, his ratings fell by 46 percent, according to the Los Angeles Times.

Such a decrease in viewership speaks volumes when MSNBC reported that Obama’s inauguration was expected to be the highest-grossing event to date, breaking $150 million. For such a high-priced ticket, you would think there would be a greater value on what actually went on at the event, and not on one minor aspect of it.

Most likely, President Obama and Be-yonce have both been attacked enough to not allow pointless speculation to steal the glory of performing at, and being the subject of, the presidential inauguration.

Truth will be impossible to find about hoax

As an English major, my life is one of constant fear. If it’s not the frightening lack of jobs post-graduation, it’s the in-evitable party question: “So what do you plan to do with that?”

If you don’t answer “teach-er,” guests will al-so be asking if you’re ransoring your name to save them a nametag glance at the nearest hardware store.

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If you don’t answer “teach-er,” guests will also be asking if you’re ransoring your name to save them a nametag glance at the nearest hardware store. But alas! A solution is on the horizon! The biggest book distributor in the U.K.—Happy Meals. The restaurant giant has partnered with publisher Drifting Kindly and booker White Smith to distribute more than 15 million books to children over the next two years, according to its website.

This prompts a serious inquiry: Could this change take place in the United States? After all, Happy Meals still be happy?

Books are credited with a child’s level of future success, and McDonald’s is con-siderably on a quest to improve in its image. First it was healthier salads, then apple slices, and now books. The new attitude is basically, this: If you’re going to buy any-thing, buy it here – we’ll wrap it for you hard-ware store.

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Central Washington University student Connie Wood is making her dreams come true.

Wood, senior nutrition major, lives in Orlando, Fla. working as an intern for the Disney Company. A lifelong fan of Disney, Wood learned about the Disney internships program from flyers around campus and in the Student Union and Recreational Center (SURC).

“The application process takes a few weeks,” Wood said. To work as an intern, a student must be enrolled full time and maintain a minimum GPA of 2.0.

Once the main applications are sorted through and applicants are chosen, the next stage is a web-based interview, followed by a phone interview.

Out of these finalists, only 8 percent are selected to live in the happiest place on earth for one quarter.

Wood remembers when she received her congratulations email.

“I was so overwhelmed with shock and excitement that I screamed and dropped my phone to hug my friend right next to me,” Wood said.

After flying to Orlando and living with three other interns in Disney housing, Wood is still in the training part of the program.

“I’ve been going to training, then to Downtown Disney in the evening,” Wood said.

Disney interns get free admission to parks and rides, as well as other discounts and perks in the parks’ food establishments and merchandise shops.

University of Washington senior Lindsay Baumann attended the program in Florida last year.

“Depending on what your specific interest or major was, we would work right next to Disney’s employees and learn under their teachings,” Baumann said.

“Working with the other fashion majors, we learned what goes into all the pajamas we wore when we were young.”

Intersex must adhere to strict appearance regulations, which include no bright nail polish or facial piercings. Wood said she has even taken princess lessons from Aurora, the princess in “Sleeping Beauty.”

According to StaticBrain.com, The Walt Disney Company currently employs 133,000 people in 40 countries, and all of its employees must remain up to company standards on visual presentation.

Wood said the company goes to great lengths to keep the magic alive for everyone.

Interns also receive a behind-the-scenes view of Disney World, including tours of the park and meet-and-greets with characters.

Interns have the opportunity to play games with Alice, dance with Pluto and learn inside facts about the park.

Wood said she has seen how many of the classic and modern movies were produced, as well as daily operations of rides and the amount of work which characters go through before they are allowed into the park.

In a world where interns join Mickey Mouse for a pancake breakfast or share a cup of hot chocolate with Aladdin, it’s hard to imagine Wood ever wanting to come back to Ellensburg.

“It’s been warm, so any time we have free time we’re outside doing something,” Wood said.

Although she loves being able to wear shorts year-round, Wood does miss the snow and hiking in the Ellensburg area. She will be returning at the end of the quarter.

“Hearing about the program has opened up a lot of doors for me for possible employment with them in the future,” Wood said, although she does not plan on returning to Florida once she completes her internship.

After returning home, Baumann said she has applied much of what she learned to her schoolwork as she prepares to graduate in the spring.

“Living in Florida, on the opposite coast, and learning so much with my best friends was the greatest part of the internship,” Baumann said.

“Everyone always says to do something you love, and I was fortunate to start my career with such a prestigious and successful company.”

The internship is available for students of all majors or fields of studies. For more information about the Disney internship, visit: www.disneycareers.com.
Residence halls on the hire
Campus housing on the early look-out for student employees

By Braden Denhinder
Staff Reporter

Every year, Central Washington University Housing and New Student Programs hires around 76 residents.

Student housing has seen a great influx of new student participation in the residence halls, and Ian Miller, associate director of Student Life, is pleased with student involvement this year.

“We continue to see a high student involvement with our Residence Hall Leadership Counsel, which forms our larger Residence Hall Association,” Miller said.

Every Wednesday at 6 p.m. in the Wellington Event Center, close to 100 on-campus residents and some faculty gather for the weekly RHA meeting.

Because retention is important to Student Housing, Jenna Hyatt, director of Student Housing and New Student Programs, is excited about how many students have continued to live on campus and work in the residence halls.

“Our retention is great,” Hyatt said.

“We are right on for what we normally expect.”

One way Student Housing works to keep residence halls and apartments up to standards is through a variety of surveys.

“These are a direct connection to us for feedback about housing, our staff and their experience,” Hyatt said.

This quarter, Housing is continuing the process of acquiring students to fill these positions.

“For hiring for Fall, we are right on target,” Hyatt said. “This is exactly when we always do it so folks can make plans about deciding where they are living next year.”

Student Housing holds resident assistants to high standards and expects them to be a valuable resource and example to the residents they oversee.

“Candidates are evaluated on their application, resume, the individual interviews and the group interviews as well as the references they give us,” Miller said.

In addition to new or returning resident assistants for next year, University Housing is also looking for orientation leaders for this coming year.

“We’re seeking really highly exciting, interested ambassadors for the University to be orientation leaders,” Hyatt said.

The application for orientation leaders can be found on the University Housing website.

One new opportunity for interested students this year is the online application. This can be found on the Student Housing website.

Students can go to the Central Housing webpage to find a link for the application.

Other than the online application, Student Housing is not expecting any new changes with the Resident Assistant application this coming year.

Student Housing is also looking for orientation leader position, visit:

To apply for a Resident Assistant or Orientation Leader position, visit: https://www.cwu.edu/housing/

Carnival of career options

By Henry Van Lushout
Staff Reporter

Students seeking clarification or information about any major, minor or specialization should make their way over to the 13th annual Majors Fair.

The Majors Fair will be held in the SURC Ballroom on Jan. 30 from noon to 3 p.m.

“It’s not just for undeclared majors,” said Kristina Paquette, secretary supervisor of the Career Center, despite the fact that there are 2,933 undeclared students this quarter alone.

Career Services has invited chairs, deans, faculty and advisors to come and share their knowledge and information with the students of Central Washington University to help with the stressful and confusing decision about which major is right for them.

This year in particular is a special one. The Career Center has invited local high school seniors to attend the majors fair for the first time ever.

There is a workshop scheduled for these young hopefuls which will teach them how to choose the perfect major.

Anyone who wants to attend the workshop can, however.

“Majors Fair was a turning point for me,” said Liz Stewart, a sophomore double majoring in primate behavior ecology and anthropology.

When she was still in high school, Stewart thought she wanted to be a biologist. She later visited Central’s Chimp Symposium and knew exactly what she wanted to do.

Stewart attended the fair last year because she wanted more information on her already chosen major. She was able to find out all the information she needed to decide on her second major.

Stewart brought a group of undeclared friends with her. None of her friends left the fair having made a decision, but they all left with a good idea of what direction they might want to go in and what kinds of classes seemed interesting to them.

“The Majors Fair will get you where you need to be,” Stewart said. “Even if you have no idea what you want to do.”

Students may not experience the epiphany Stewart did, but they might be able to find out about some classes which can point them in the right direction.

Information on job opportunities, field school and graduate school, as well as minors, minors and specializations are just a few of the many resources students can access at the Majors Fair.

Some of the tables at the fair will have brochures, four-year plans, business cards and other helpful giveaways for students.

Majors Fair is an opportunity for [the faculty and advisors] to be a part of helping the students find direction and stay connected to Central,” Paquette said.

The Majors Fair will be closing shortly after 3 p.m.
Central students G.I.V.E. internationally

New club travels to small Nicaraguan community to build homes, schools

BY HAILEY NELSON
Staff Reporter

The small Nicaraguan communities of Little Corn Island, Jiquilillo, and Chinandega now have new schools and storage facilities. They also have children with the ability to read, write and speak English—all thanks to the efforts of Central Washington University students.

Created in spring of 2012, Central’s Growth International Volunteer Excursions (GIVE) club is in partnership with the Seattle GIVE organization.

“Seattle GIVE builds secondary schools out of recycled materials, which provide means for education. The majority of the schools created are built out of plastic soda bottles that are filled with sand,” said Andrew Mason, junior biology major and a member of GIVE who has helped with the efforts in Nicaragua.

The nonprofit organization is run by volunteers with a desire to help Third world countries.

“We focus on community development in Ellensburg, as well as recruiting volunteers to help in Nicaragua,” said Kevin Sprague, senior business major and Central GIVE club president.

Beginning with only six members last spring, the club has grown to 35 members and has formed other GIVE clubs at UCLA, UC Santa Barbara, University of Central Florida, Gonzaga, and Arizona State University.

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Musical – alongside Dr. King and other civil rights activists – has been a part of the fight which helped to shape the meaning of freedom in America.

In the 1960s, Charles Mingus was a talented musician, and outspoken human rights activist. Mingus played on bandstands and often spoke or played music to display his feeling towards oppressed people in America.

This is why graduate student Dean Snavely will conduct an elegy concert tonight for Mingus around the Martin Luther King Jr. holiday. The piece he’s conducting was composed by Timothy Broege, who arranged five of Mingus’s most well-known pieces. Snavely specifically picked this 30-minute piece because Mingus expresses his feelings toward the oppressed.

“Mingus himself was a very outspoken activist, not just for civil rights, but for everything,” Snavely said.

Putting on this concert inspired Snavely to research more into the jazz musician’s role in the civil rights movement, which he said has long been forgotten.

“It has been a mind-expanding experience,” Snavely said. “I am excited and a little overwhelmed.”

A talented jazz quartet, formed of three Central alumni and one Central faculty member, will be performing the elegy. The quartet features Gary Hobbs on drums, Saul Cline playing tenor saxophone, Revel Lubag on the piano and John Hamar on bass. The CWU Wind Ensemble will accompany the quartet.

“Doyle isn’t Mingus’s first Central tribute concert.

“It was a really weird experience because I had never heard that type of music before,” Doyle said. “Now that we are playing his music, everything that I heard years ago makes a lot more sense.”

It’s a really great experience,” Doyle said. “It is really cool music and a challenge musically. I am excited to be with the jazz quartet on stage.”

Daniel Higgins, dual major in music education and clarinet performance, will be the only bass clarinet player on stage during the concert.

“I am really looking forward to hearing our guest artists. They are going to be amazing and I can’t wait to play with them.”

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Michael Towey, also a percussion performance major, is looking forward to playing in a chamber ensemble setting with the jazz quartet.

“It’s one of those things that you don’t normally get to do – it’s called third stream,” Towey said.

Third stream is a mixture of jazz, wind ensemble and orchestral ideas coming together to form one piece.

The jazz quartet will perform a free concert at Prosody Events on Jan. 23 at 7 p.m. Several jazz ensemble students from Central will be opening for the quartet before they play. The quartet will also hold several clinics on the day of the concert.

Two winners will be announced March 8!

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The History of Hebeler Hall
A look into the building’s past life

BY CODY SPENCER
Staff Reporter

Hebeler Hall, formerly College Elementary School, is an important artifact which links today’s campus to the past.

For anyone who has ever had a class in Hebeler Hall, it is obvious the building was constructed to serve the needs of children. The hallway is lined with miniature lockers, water fountains and doors.

These are remnants of the building’s past life as a “lab school,” which gave student teachers the opportunity to observe elementary school students while studying alongside college instructors.

Although Central’s academic focus has expanded since the lab school’s establishment, the strong faculty group Central has today is an extension of the tradition of excellence started in this building.

Amanda Hebeler, after whom the building was named in 1963, was the innovative leader who sparked the creation of the lab school.

Throughout the 1930s, Hebeler in Ellensburg by train in 1924 as the newly hired supervisor of Washington State Normal School’s off-campus student teaching program.

Five years later, Hebeler became the director of College Elementary School, teaching classes, teaching classes in addition to the courses she taught at the college.

“Throughout the 1930s, Hebeler was an integral part of the planning for a new elementary school building. Her efforts paid off in 1938 when the building known today as Hebeler Hall was constructed.

At the time of its completion, College Elementary School represented the future of student teaching.

“It was a cutting-edge program with a very strong mission,” Central Washington University archivist Stephen Hussman said. “The faculty worked quite well together. They were efficient and well-prepared.”

Hebeler was the core of the faculty group’s excellence. Striving to improve the standard of student teaching, she recruited highly qualified teachers who were fully committed to student success.

“The faculty was totally committed and very involved,” Hussman said. “They wanted their students to be successful.”

It was logical for Ellensburg parents to send their children to College Elementary School, but the renowned academic program also attracted the attention of parents from around the region.

The program quickly became a fixture in the evolution of education. Because of its effectiveness and commitment to student success, the school earned recognition from numerous regional and national publications.

Hebeler continued to influence educators and students until she stepped down from her position as director of College Elementary School in 1956, after having served the institution for 27 years.

In 1963, the building was named after Hebeler in honor of her lifetime of achievement and dedication. In 1969, 45 years after she first arrived in Ellensburg, Hebeler died of a stroke.

College Elementary School at Hebeler Hall functioned until 1982, when budget cuts forced the school to close.

The building was quickly converted into a college learning facility. Today, many college classes are held in rooms once occupied by young children and their student instructors.

Maintaining the physical structure of Hebeler Hall is a continual process, but so far no major repairs have been necessary.

“It is one of my favorite buildings on campus because of the way it has held up,” said Robert Tosch, director of Operations and Maintenance.

Since 1938, but the goal remains: to produce educated, professional citizens.

“You could write a book on Hebeler,” Hussman said. “I’m surprised nobody has done that.”
PREVIEW

NNU makes first crusade to Central

Pg. 13

Rivalry Week:
CWU vs. WWU

The Wildcats enter their matchup with No. 5 Western Washington with momentum on their side.

PAGE 14

Wildcats fall short of upset bid

Central battled with No. 6 Seattle Pacific until a late rally allowed the Falcons to pull ahead.

PAGE 15

Track and Field:
Idaho Collegiate

Wildcats return home from Moscow with experience and several first-place finishers.

PAGE 16

THE OBSERVER’S “GAME OF THE WEEK” PREDICTION: CWU 89, NNU 75
Wildcats fifth in GNAC, Northwest Nazarene up next

Wildcats will reach halfway mark in GNAC this Saturday with every single game remaining being crucial toward postseason seedings

BY QUIN WALKER
Staff Reporter

The Wildcats will pass the halfway mark in Great Northwest Athletic Conference play next week against Northwest Nazarene on Saturday night in Nicholson Pavilion.

The Wildcats (10-6, 4-4 GNAC) fell to No. 6 Seattle Pacific University 80-71 last week and are currently fifth in the conference standings. After CWU plays NNU (9-7, 3-5 in GNAC) on Saturday, the Wildcats will take on the Alaska Anchorage Seawolves (11-4, 4-3 GNAC) on Jan. 31.

Nazarene enters Saturday’s matchup having lost four out of their last five. Junior guard Mark McLaughlin still leads the GNAC in scoring and has converted 54 percent of his shots from the field and 80 percent from the free throw line. Always a critical factor in games, McLaughlin will look to improve on their rebounding versus NNU, after recovering 15 offensive rebounds against SPU but only scoring six points.

Because of this Sparkling’s main focus in practice is rebounding.

“In the games we have lost, rebounding has been a huge issue,” McLaughlin said. “They’re really scrappy and well coached, real competitive. Coach has been talking about playing a full 40 minutes, it’s easy to get up for the big games but when you are playing a team at the bottom of the standings it’s no different, you have to play every game the same.”

After the Wildcats play NNU, they will make the trek to face the Alaska-Anchorage Seawolves on Jan. 31. The Seawolves are currently in fourth place in the GNAC standings and lost to the Wildcats during their last matchup 81-72.

Junior guard Kyle Fossman scored 24 points and collected five rebounds on 7-13 shooting and 6-6 from the free throw line.

“We will throw something at him, but right now our focus is on Nazarene,” Sparling said. “We will watch the tape, he is a good player, a winner.”

McLaughlin knows where the Wildcats can effectively slow Fossman’s scoring and how tough it could be to come away with a win.

“We have to find him when he crosses half court,” McLaughlin said. “He is a good shooter, he hit a couple threes against us last time. We just need to be better defending pick and rolls, it’s always tough to win up in Alaska but we just...
The Central Washington University Women’s basketball team will return home to compete with two nationally ranked teams this week, taking on archrival Western Washington University tonight at 7 p.m., followed by Simon Fraser University on Saturday at 5:15 p.m.

The Wildcats swept the Alaskan teams in the GNAC this past weekend, beating Fairbanks 69-49 and then cleaning up in Anchorage 74-64.

Junior Leslie Stillar contributed 22 points, eight rebounds and eight assists in the University of Alaska Anchorage game on Saturday night. Stillar, who made her second-consecutive start for the Wildcats Saturday night, is averaging 9.1 points per game.

Another standout player this past weekend was freshman Jasmine Parker, who scored a total of 14 game points, adding nine rebounds to the Wildcats’ win over the Seawolves.

The Vikings, however, will be the real test for the Wildcats.

“Western Washington’s team is really big,” said head coach Shawn Nelson, “So we are really going to have to focus on being tough and winning the battle of rebounding and just sticking to what has made us successful the past couple games.”

The Vikings were ranked No.8 in last week’s USA Today Sports/ESPN NCAA Division II Top 25 Poll. They now hold a record of 13-2 overall and top the GNAC standings at 7-0, following their seventh consecutive victory.

Senior Viking Corinn Waltrip is the 2012-2013 GNAC pre-season all-conference pick, scoring a game- and career-high of 24 points against the Montana State University Yellowjackets this past weekend.

The Simon Fraser University Clan holds a record of 13-2 as well, with a GNAC record of 6-1 after their win Saturday night against the Seattle Pacific University Falcons. Clan senior Nayo Raincock-Ekunwe, 2010-2011 and 2011-2012 GNAC First Team All Star, was the evening’s top scorer with 20 points.

“We have really high expectations and I believe our players are really starting to get higher expectations too,” Nelson said. “That’s what you want when you’re trying to build a program. We are just taking it one game at a time and the Western Washington game is all we are really focused on right now.”

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Preview

Central ready for rivalry

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Recap

Wildcats rally but fall to No.6 Falcons

BY JARYD CLINE
Staff Reporter

The deep three-pointer off the hands of Jordan Coby hit nothing but net, sending the crowd into a frenzy and tying the score at 66 against Seattle Pacific University, the No. 6 ranked team in the nation.

Junior guard Mark McLaughlin led Central with 18 points and senior guard Brandon Magee finished with 10 points and 10 rebounds, giving Magee his third double-double of the season. But the Wildcats' effort wasn't quite enough, as Seattle Pacific held on to win 80-71 on Saturday.

The Wildcats (10-6 overall, 4-4 GNAC) dropped to fifth place in the GNAC as SPU (13-2 overall, 6-1 GNAC) now sits a half game behind Western Washington University in the standings.

The Wildcats played strong in the first half, leading by as much as three before heading into the locker room trailing by two, 34-32.

At halftime, the Falcons held a 12-0 advantage in second-chance points, despite having the same amount of offensive rebounds as the Wildcats.

The Wildcats opened the second half slowly as SPU increased its lead to eight within the first 90 seconds. Sparling credited Seattle Pacific’s offense.

“Throughout the season, we’ve had slow starts and we’ve never really been able to get our offense going,” Greg Sparling said. “I think we let [SPU player and former WSU player] Patrick Simon score eight straight against us.”

SPU increased its lead to 10 before Central was forced to call a timeout and regroup.

Over the next four minutes, Central converted on eight free throws and guard Jordan Coby hit the deep three-pointer to tie the game up with three minutes left to play.

But the Wildcats went scoreless from the field in the last four minutes and SPU converted on its free throws to seal the game.

SPU out-rebounded the Wildcats 42-38 and scored 36 points in the paint.

“We tried to let our athletic ability take over and tried to get some easy looks,” Magee said.

The Wildcats face Northwest Nazarene University next Saturday at Nicholson Pavilion. Tip-off is at 7 p.m.

Recap

Women’s basketball on the rise after sweeping in Alaska

BY THOMAS LORANZ
Staff Reporter

After winning two games in Alaska, Central Washington University women’s basketball team improved its record to 8-7 overall, 3-4 GNAC.

The Wildcats began in Fairbanks against the University of Alaska. Junior Jessica VanDyke led the charge with 21 points. Junior Daisy Burke, sophomore Courtney Johnson and freshman Jasmine Parker also had double-figure games, which helped the Wildcats defeat the Nanooks 69-49.

The Wildcats came out strong in the first half, leading 24-13 in the first 10 minutes of the game. They reached a 17-point advantage with four minutes left in the half before the Seawolves answered with an 8-0 run to enter halftime.

The Seawolves’ momentum continued in the second half with a 20-6 run, pushing them in front of the Wildcats. Central kept its cool and returned with a 14-0 run to cut the deficit. The Seawolves got within two points of the lead, but Stillar went 6-6 in the final minutes, which ultimately gave the Wildcats the win.

The Wildcats were the first team since 2005 to sweep both of their games in Alaska.

The Wildcats return home to the Pavilion where they play rivals Western on Jan. 24 at 7 p.m., followed by Simon Fraser on Jan. 26 at 5:15 p.m.
when he was 8 years old.

The Central Washington University track team competed at the Idaho Collegiate Meet last Saturday, hosted in Moscow, Idaho, where four Wildcats finished the meet as champions.

Freshman Jayna Inderbitzen took first in the women's 400-meter dash with a time of 1:00.98. Since the last event, Inderbitzen is now sitting in 8th place in the GNAC 400-meter-dash standings.

Senior Kelsey Kreft also took a first place spot in the women's 5000 meter race with a time of 18:43:70.

As for field event competitors, junior Lewis Meyers competed in the men's high jump and placed first with a mark of 6' 4.75 meters. Meyers' high jump measured to 1.95 meters and is currently sitting in first place in the men's high jump standings.

OPR offers skiing under the moon

At a time of year when most of the population would prefer to remain inside, content to be warm and holed, Central's Outdoor Pursuits and Recreation is busy finding ways to get people outside to find better forms of entertainment.

This last weekend the OPR hosted a cross-country skiing expedition in the Methow Valley. Led by OPR's Trevor Bergstrom, junior mechanical engineering major, and graduate assistant Tom Potter, the group left Friday afternoon and spent two days taking in the sights and experiencing the snowy terrain in central Washington. Potter was pleased to report that the trip appeared to be a success.

“It was a beautiful blue bird day, and relatively warm out,” Potter said. “Everyone had a great time, and those that haven’t had a lot of experience developed the skills they needed.”

Bergstrom also doubles as the shop manager at the OPR and has been cross-country skiing since his parents first put him on skis when he was 3 years old.

Bergstrom also noted that the OPR's winter events are suited for anyone who wants to get off their couch and partake in the fun.

“We gear things more towards beginners,” Bergstrom said. “If anybody’s never shown up, we’ll cater to them and their skill level.”

The group of 11 people went up to the Methow Valley, located about two hours north of Wenatchee. It’s one of the biggest cross-country skiing trail networks in North America. The trail itself offers a pleasant experience for skiers of all abilities, Bergstrom said.

The trip covered about 16-20 kilometers, at a clip of about three to four hours of skiing each day. At night the group was able to sleep in a cabin that was built along the trail. To add to the weekend's fun, Bergstrom and several others made the trip in style, sporting multi-colored spandex on the trail.

Because of the full moon that was out this weekend, the group was able to partake in some whittling night skiing. Bergstrom said that although visibility is obviously limited at night, there are still some amazing views to take in after the sun goes down.

“It’s just beautiful, with the moon reflecting on the snow,” Bergstrom said.