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CWU marching band brings spirit to the games and pride to the school

~ See inside

Scene

Boys and ghouls of every age

By Alexi Prante
Staff Reporter

It's the time for little ghouls and ghosts, princesses and jedi's, to come to CWU for the 25th year of Boo Central. Boo Central is offering a safe place for kids to have some Halloween fun.

The clubs of CWU, including Chemistry club, come together and set up booths to offer fun for kids. The kids play games, like fishing and the classic cake walk, for Halloween candy.

Rachel Ford, the event coordinator for Boo Central, is the connection between the students who put on the event and the families in the community who attend.

"Boo Central is an annual event that almost all of the clubs participate in every year. My biggest goal this year is to reach more families in the area. It's a super fun event and I would love for more people to get involved," Ford said. "Boo Central is an event for the families from the community to interact with the students of campus clubs. It's a great way to make connections."

Cosplay club participates almost every year. Kaylee Peckham is a sophomore

and the club president. Before Boo Central club members painted plastic balls to look like Pokéballs and at their booth children can throw the balls, cornhole style, to catch a Pokémon for themselves.

"We want to make Boo Central as open as possible for anyone. I would love to see college kids come in and play around for candy to encourage the kids. I would love to see the students of clubs dress up for the kids, which makes the kids feel more involved," Peckham said.

The clubs usually start setting up their tables one to two hours before the event starts and then the event runs about two to three hours.

"Halloween is the best time of year because you get to dress up and no one judges you. I see boys dressed up as Kyo Ren from Star Wars or girls dressed up as Anna and Elsa from Frozen. They like to dress up as characters from their favorite movies or cartoons and no one feels left out," Peckham said.

The cosplay club welcomes people to come in and learn how to hand sew or try to make costumes for Halloween.

CWU Rodeo Team has also participat-



Photo courtesy of Rich Villacres

Volunteers wait at the entrance to pass out trick-or-treat bags to the little monsters attending Boo Central.

ed in Boo Central the last couple years.

"I'm not sure how it came about for us to join Boo Central, but now we want to continue to be a part of the fun at this Halloween event," said Lydia Johnson, the secretary for the Rodeo team.

The Rodeo team takes the time to give small lasso lessons to kids during this event.

"Boo Central is an opportunity to get into the community and show them our appreciation through teaching kids a little bit about rodeo. This is not just a fun event, but it's very rewarding," Johnson said.

As ghosts and ghouls run amok on Halloween night, Boo Central is there to help

kids and college students have plenty of fun.

Ford also mentioned that if you have any questions for the event, such as children having food allergies, to stop by the campus activities office in SURC 274.

Boo Central

When: Oct. 31, 5 - 8 p.m.

Where: SURC Ballroom

Free for all

News

Take a walk on the science side

Join student media on a tour through the new Samuelson building

By Samuel Beaumont
Senior Reporter

The tour started with a safety lesson by Scott Carlson, the program coordinator who oversees the contracts for the Samuelson construction. His voice was clear, but overcast by construction as a machine pulled gravel away from a ditch beside what we used as our entrance.

He warned us that there would be power cords hanging from the ceiling and clutter on the floor, and if we weren't careful we could easily be injured.

Samuelson was designed to house the departments of Computer Science, Mathematics and Information Technologies and Administrative Management (ITAM) with a \$58 million budget.

"We're computer scientists; we want a lot of labs with a lot of computers, with a lot of software there. All of the provisions you knew, and some exciting new courses will be right here in this new

building," Chair of Computer Science Christos Graikos said.

Graikos wasn't the only one excited about the tour, nor was he the only chair showing up to see how Samuelson was progressing.

"There will be one computer lab dedicated to statistics courses, we'll also have a couple of classrooms designed to be [for] mathematically teaching, so we'll use that to our secondary teaching program and our middle level math program," Chair of Mathematics Stuart Boersma said.

While there were no direct representatives from ITAM on this tour, classrooms and offices were pointed out that would be dedicated to their department and to student support when Samuelson is fully functional.

One part of the building meant to be helpful for all students is the equipment set aside for Multimodal Learning, which is the program behind online teaching.



Xander Fu/The Observer

Observer's Sam Beaumont and News Watch's Forrest Allread grab hard hats and vests for the walk-through

"The multimodal rooms will have a lot more advanced high tech. I do expect that in the multimodal area there will be lots of labs set up or rooms set up so that instructors can record lectures and facilitate online learning," Boersma said.

As the professors and chairs went along the tour they asked questions

about classroom occupancy, projectors, screens and monitors inside the classrooms and the quality of both student and teacher desks.

- See "Tour" page 3

NEWS

EDITOR: ERIC ROSANE | news@cwuobserver.com

EVERGREEN SCENE



Photo illustration by Jack Lambert/The Observer

An advertising ban has been set in place statewide that restricts the public advertising of marijuana products by retailers

Will the weed be the word?

By Hanson Lee
Staff Reporter

Prior to July of this year, you may have seen your local marijuana retailer advertising their products and marijuana plants in forms such as sign waving and other means. If so, then you may have also noticed these retailers dramatically shift their advertising campaigns over the summer.

Back in July, a Washington state law went into effect which restricts marijuana retailers from being able to advertise any depictions of marijuana products and plants. The new law also imposed a ban on any logos associated with the drug, including the symbolic marijuana leaf that you see almost everywhere nowadays. Washington State Governor Jay Inslee signed the bill back in May, but the recent law wasn't initially put into effect until July 23.

Washington's purpose behind enforcing this ban was to ultimately prevent these advertisements from becoming potentially appealing to people under the age of 21,

specifically children. Whether it be a giant marijuana leaf that is displayed out on a billboard next to a highway, or a sign flipper out on a street corner, the list of what's not allowed seems endless for in-state retailers trying to grow their businesses.

Moving forward, this ban has significantly changed the landscape for how marijuana retailers are able to advertise their products. For the local retailers here in Ellensburg, such as Green Shelf, Fire House and Cannabis Central, this ban has had significant impacts on the way these retailers are able to grow their businesses.

"It's just taken us a step back. The big thing is that we're hidden off the highway, and having a sign flipper was very important for getting anyone coming off of I-90," said Dan DeVries, who is the Cannabis Sales Manager for the Fire House retailer here in Ellensburg.

"We're a little discreet now, which is a good thing because a lot of our customers like that. At the same time though, [we just want to be allowed to advertise and bring people into our store like any other retailer.]"

"Some retailers had to

change their entire marketing plan to eliminate the usage of the symbolic marijuana leaf in their ads," said Brit-tany Choyce, who is one of the store owners for the local Green Shelf retailer in Ellensburg. "That could be very costly for those retailers."

Local retailers like the Fire House have had to find alternative ways of advertising their products effectively to the public.

"One of the main things is that everything has to be mostly done online now," DeVries said. "We've basically just turned things into an online advertising realm."

This recent ban has not only had an impact on the retailers doing business but the ban has also impacted the consumers and those that are customers to local retailers.

"Whether it be a smoke lounge or an opportunity for customers to be able to test out our products. Just being able to provide a full on experience for our customers because once [these opportunities] open up it creates a whole new aspect to the retail business," DeVries said.



Observation Deck

Halloween is right around the corner, which means it is time to get spooky! As per usual, I like to write about costuming and how costumes do not mean consent. This issue is near to my heart because as an avid cosplayer I support the right to creative expression.

Now, that of course does not mean every cosplayer, male or female, is down with making more "sexy" costumes or even just costumes that are a little more revealing. I have friends who like doing scary costumes, cute costumes and a variety of other costumes. But that doesn't mean that it is cool to harass those who like dressing more provocatively, they are not dressing like that for you, they are dressing like that for them.

Every year, the cosplay club on campus does a powerpoint presentation on what to expect and how to behave at conventions. One of the biggest rules for attending conventions is to ask permission before taking pictures of someone's outfit and catcalling is NEVER allowed.

Taking pictures without asking, no matter what the costume is, is rude and an invasion of privacy for the person in costume. They are not there for your entertainment or pleasure, they are just trying to have fun.

This rule doesn't just apply to people who cosplay at conventions, it also applies to people who dress up for Halloween. Since I am a cosplayer I try to go all out for Halloween because it is the one day of the year where I can wear a costume because I can't afford to go to conventions most of the time. One costume I made was my take on a Hogwarts school uniform (Harry Potter school for you muggles), and the skirt happened to be a little shorter than anticipated—my measurements were a little off.

But I rocked the costume even though it was short and it is still one of my favorite outfits because it makes me feel sexy. Wearing an

outfit like that is not something that I would wear on a normal basis because it isn't really my style. Halloween means that I can be somebody else for a day and express myself through costuming.

Now, not everyone feels the same way because of experiences that they have had due to some jerk, and that is just not acceptable to me. "Slut-shaming" happens when someone is singled out and harassed because of their outfit. They are gossiped about because they are showing too much, called "sluts" and shunned from groups. Halloween should be the one time of the year (not that people can't dress "slutty" any other day) where people like me can dress in clothes that they normally wouldn't wear.

People who make other people feel uncomfortable because of what they are wearing, or hitting on them when they don't want to be hit on are in my opinion, assholes. This isn't just for women either, men are victims of this too and even though it is less common doesn't make it right.

On page 5 you can read Rebecca's opinion on the #metoo movement and sexual assault. This was just my quick little blurb on the matter but I just wanted to put my thoughts out there before Halloween.

So go out, buy a costume and have some fun, and if anyone gives you any shit for your costume tell them to back off. If you really get into trouble, there are people on campus who are more than willing to help you. Campus police, the Wellness Center and the Student Medical and Counselling Clinic are just a few resources that you can reach out to.

So have fun everyone and have a great Halloween!!

Signed, Sarah J. Hoot
Editor in Chief

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Quote of the Week

No matter what, there is always someone looking up to you.

-ASCWU President Giovanni Severino, Page 4

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NEWS

EDITOR: ERIC ROSANE | news@cwuobserver.com

CWU hits historic numbers in diversity

By Kejuan Coleman
Staff Reporter

Thirty-five percent of CWU students are people of color, as of a 2016 survey, the number is increasing alongside the growing amount of incoming students. CWU is on its way to changing for a better future for all students and faculty.

Andre Dickerson, the director of the Center of Leadership & Community Engagement and CWU Alumnus, has been apart of many other organizations, including Brother 2 Brother (B2B). Dickerson attended CWU in 2007 and has been here a combined ten years. Since his time here at CWU, he's witnessed and also has been a part of the progressive movement for increasing the diversity throughout the community.

"I've seen the campus grow more and more diverse, in terms of the student population of students of color," Dickerson said. While attending CWU, Dickerson was able to help start some of the organizations and clubs that are currently at CWU.

"As a student I was blessed to be a part of some recruitment efforts with university admissions department and we

formed different programs."

CWU has been increasing its diversity, which has been gaining recognition and awards on both the state and national level.

"This year, CWU was the only Washington State institution to earn the Higher Education Excellence in Diversity (HEED) award," Dickerson said.

This award recognizes colleges and universities that demonstrate an outstanding commitment to diversity and inclusion.

"We want to make sure that the students coming into CWU are coming into a school that is promoting and actually putting in practice of equity, inclusion and support," Dickerson said.

To get more insight on diversity at CWU as a black student, Trevon Noel, a current member of B2B and a family and child development major.

"Going into the current 2017 year feels more welcoming honestly, there are some things that went on last year that pushed me away from the school and certain events but now it's better environment and vibe," Noel said.

Noel's initial impressions didn't start there. Before coming to his campus, during a



Mackenzie Lakey/The Observer

The NIOKC march last year brought hate messages to the forefront of discussion.

summer tour, he talked about how different the time of year affects the mood on campus.

"When I was first saw the campus on my tour during the summer and didn't really get to see the full school during my

tour guide. This made my first impression not too good especially because I wasn't able to really see the diversity. Once I came to the school that next fall, I saw something completely different; I saw more diver-

sity which made me feel more comfortable," Noel said.

Last year on Martin Luther King Jr. Day, KKK flyers were passed around campus and other places that students lived.

"What I'm appreciative of is that you see the university respond to it in a very direct fashion of 'we are not going to tolerate it', we are here to protect our students, we care about the students feeling welcomed on this campus and you also see the community get behind it in large numbers saying we aren't going for that," Dickerson said.

These flyers didn't just affect CWU. It also affected students and staff outside of the school on different levels.

"I felt a certain way about it, being a black man living in Ellensburg for the past ten years. I have to be critical about how I move and how to navigate, I'm mindful of that because when I leave campus. I can't take it with me, I can't wear some sort of badge saying that hey look I'm a central administrator," Dickerson said. "I have to wear what I look like, who I really am with the swagger and everything that has to come along with it."

"Tour" from page 01

"Samuelson will be a faculty development space with faculty lecture studios and tech-flex classrooms, which means classrooms that can be organized and changed into different configurations," Chad Schone, the director of the Multimodal Education Center (MEC), said.

A remodel like this is no strange thing for Samuelson, originally a gym turned library.

This latest remodel will be its sixth renovation.

"It started as a gymnasium, and then the locker rooms being added on, then more of the additions kind of turned it into a student union facility," said Bill Yarwood, director of facilitates planning and construction services at CWU, in an interview with the Daily Record.

Yarwood admitted to the Daily Record that adding sections to Samuelson every 15-20 years wasn't normal, but with its location and CWU's consistent growth it made sense.

"When you have a good building to start with and you can do it with an addition it makes sense because you can share facilities," Yarwood said. "It's just interesting it's the one building on campus that we have that situation with."

Samuelson was left practically unused since 2005 when the SURC was completed, except as a storage space for

the university.

CWU submitted multiple proposals for a remodel of Samuelson, including two focused on a media and technology-focused building that was denied as Legislature made clear that its primary focus is on STEM students.

"The beauty of a program change is that it really doesn't change much in terms of building infrastructure," Chief of Staff and Executive Director for Public Affairs Linda Shactler said in an interview with the Daily Record back in 2014.

This was when the initial plan for the project proposal that was accepted by legislature was still being developed.

The work that had went into the previous proposals helped keep CWU on a building efficient timeline.

The departments of mathematics, computer science and ITAM are preparing to move into Samuelson this summer just before it finishes completion and opens up in fall 2018.

They won't be the only ones moving, however. CWU will be experiencing a major "domino effect" as departments shift around and settle into new locations.

An example of this is how the geology and physics department left Lind Hall and moved to Science II last summer, leading the communication and film departments to move into Lind and leave Bouillon hall for student services to fill in.

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NEWS

EDITOR: ERIC ROSANE | news@cwuobserver.com

Giovanni Severino looks to pave paths

By Jason Morales
Staff Reporter

ASCWU President Giovanni Severino is looking forward to his first full year as president.

Severino is heading into his senior year after transferring from Yakima Valley Community College (YVCC). From his time at YVCC he met his best friend of two years, Taylor Tahkeal, who also transferred to CWU. At YVCC, both Severino and Tahkeal held leadership positions.

"He was part of student government. I was a part of diversity series, which was very similar to the CDSJ (Center for Diversity and Social Justice) here," Tahkeal says. She mentions how they worked at a small organization, so they had to partner up and get to know each other.

Tahkeal says that the three words she would use to describe Severino are "ambitious, definitely extraverted and loyal." Severino shakes his head in agreement.

"I'm super proud of him and to see the growth of him from YVCC to the bachelor's level. It's hard for those students who come from Gio's background to stay here," Tahkeal says.

"I was born and raised in south central LA. I come from a low income family. First generation. Oldest of all my siblings

and cousin," Severino said.

He is glad to be at college so he can be a role model for his younger siblings and relatives. To let them have that mentality of 'if he can do it, then so can I.'

Severino is very in touch with his family. He calls them at least twice a week, if not more.

His siblings call him all the time if they need help with their homework. During the interview his phone rang and he said that was probably them.

"I just want to remind them although I am this far away, although I am doing great things, I am still their cousin, I am still their brother, I am still their son," Severino says.

Tahkeal recalls many times, from their YVCC years, when Severino brought his siblings to the programs there.

"It was really important because for one, it exposes them to college atmosphere from just being on campus, and two, it gets them politically involved," Tahkeal says.

She mentions how the actions of Severino were important to keep the Chicano X growing, especially in these times, which needs to continue for years to come.

Other than being the family man, Severino is pumped about being in the president's seat here at ASCWU. While working at the Publicity Center, he was

part of the Street Team, which had him get involved with many events here at Central.

"In some ways, yeah, by getting to meet new people, but most of all, it got me to know the school better," Severino says, when talking about whether working in the Publicity Center helped him transition to being president of ASCWU.

He also mentions how just a job here at CWU would have helped him, whether it was at the Publicity Center or not. Having the knowledge of the school is what made Severino successful in being president.

Severino and Tahkeal are both very active on campus. One of the clubs they are in is Movimiento Estudiantil Chicanos/o de Aztlan (MEChA). This also led Severino to meet the former president of ASCWU, Armando Ortiz. Severino made a professional connection and a friend with Ortiz.

Meeting Ortiz, being active at Central and being an outgoing person led to Severino's friends asking whether he was going to run in last year's election. That was when Severino knew he was going to run for president.

"[It's] Definitely stressful at times, but a good kind of stress. Definitely something that I will remember for the rest of my life.



Xander Fu/The Observer

ASCWU Giovanni Severino listens intently during a public meeting last Tuesday.

So many things that I have to do, but I don't know where to start," Severino says, when it comes to being president.

At the end of the day, Severino wants everyone at CWU to know that role models are all around us.

"No matter what, there is always someone looking up to you," Severino says. "This journey that you are on is not just for you because those pathways that you are creating for yourself, others are going to walk behind you."

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OPINION

EDITOR: Sarah Hoot | editor@cwuobserver.com

It happened to #MeToo



By Rebecca Kelly
Staff Reporter

Someone is sexually assaulted, on average, every 98 seconds in America, according to RAINN (Rape, Abuse & Incest National Network).

I was not surprised to see my social media sites a flood of #MeToo posts with the recent resurgence of the movement, originally started by activist Tarana Burke over ten years ago.

The recent movement was sparked and gained momentum with the allegations against Harvey Weinstein.

The movement acts as a way for survivors to show solidarity: that there is strength in numbers. According to Facebook, over 4.7 million people worldwide have posted using the hashtag.

Similarly, as the tweet by actress Alyssa Milano says, women who have been sexually assaulted or harassed are to write “me too” as a status, so we might give people a sense of the magnitude of the problem.”

However, a lot of victims still

remain silent. Sexual harassment, and especially assault, are incredibly difficult to talk about.

I didn’t realize myself that I was a victim of sexual assault until I wrote about losing my virginity for a paper in a Creative Writing class here at CWU. Our prompt was to recall our most embarrassing childhood memory.

I was only 16. In a conference with my professor, he told me that I should have a trigger warning for my essay and that I was making excuses for the person that assaulted me and letting him off the hook. At the time, I didn’t view it as sexual assault, but my professor was sure.

Even five years after this terrible incident, I was giving my perpetrator the benefit of the doubt without even realizing it. I never told anyone after it happened because I was so ashamed and made him promise to do the same, a promise which he of course didn’t keep.

That paper for Creative Writing was the first time I had ever talked about it, and it was terrifying.

Out of fear and shame, so many people choose to not pursue legal action after sexual assault and don’t tell anyone. According to RAINN, only 344

out of every 1,000 sexual assaults are reported.

Our society teaches women to be small, take up less space and not challenge the men in our lives. For many victims, reporting assault or harassment can lead to job loss, humiliation or even further violence from their perpetrator.

For most, it is just not worth the risk. Victims carry the weight of their assault trauma for years and even lifetimes. Through the #MeToo movement, victims are given a way to show that they have experienced it without having to go into details.

My news feed was filled with girls that I know sharing “me too”, but there were also a few boys who joined in. Though sexual harassment and assault victims are primarily women, 1 out of every 10 rape victims are male, according to RAINN.

Along with friends and family, there have also been several celebrities who have broken silence and shared their stories as well. Olympic gymnast McKayla Maroney, Jennifer Lawrence and many others have been inspired by the movement to open up about their experiences.

Though the spreading of awareness with the movement

#MeToo

Photo Illustration by Sarah Hoot/The Observer

People flooded Facebook and Twitter with #MeToo to support sexual assault victims.

is wonderful, I know it has been quite triggering for many victims.

News stories and posts share sometimes graphic descriptions of the sexual assaults, triggering memories and a state of mind that many victims don’t want to be in. For me, personally, with the flood of stories surrounding sexual assault, I have had nightmares about my own experiences. I’m sure other people have had similar reactions.

With the #MeToo posts I have also seen men on my friends list speaking out on their outrage by the amount of posts and asked what we can do to change things.

Other men shared bravely that they knew they were complicit in this and had contributed to the sexual harassment or assault of others, promising to actively change their behavior.

Men posted, reminding their friends to hold each other accountable and stand up for others when you see signs of sexual harassment or assault.

The movement brings hope, solidarity and awareness. Greater than that, I hope it brings policy change, more funding to resources for sexual assault victims and a more empathetic view of sexual assault victims.

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Blowing our own horns...and flutes

CWU boasts one of the biggest bands in the Northwest

Ben Ramirez

Senior Reporter

There is no mistaking when the CWU Marching Band is practicing. The roar of the horns and the pounding of the drums can be heard for many blocks. The powerful sound draws in an audience who is curious to see who is making such amazing music. The band is not hard to miss.

When spread out, they can just about fill up a football field. Each person has their place and each instrument has its part. The dynamic sounds of the band are impressive to witness. One moment the music will seem as loud as jet engine and the next, they all stop at once and begin playing softly. It is truly a joy to watch.

According to Norm Wallen, the self-appointed keeper of CWU music legend, lore and mythology, the CWU Marching Band has been in existence for 92 years and has had only four directors in the past 78 years.

The band was founded in 1925 by a man named George Beck. Along with directing the band, Beck helped uncover the Ginkgo petrified wood forest. The forest of fossils was discovered in the 1920's but in 1932 Beck found a petrified ginkgo log which was very rare. He focused his efforts on preserving the forest which is now a state park located about 30 miles East of Ellensburg.

In 1938, under the direction of Cloise Meyers, the band made big changes to the standards of playing by leaving the grandstands and playing on the football field while walking in patterns. CWU began the now expected maneuvering long before other schools in the state did. Other schools didn't implement this technique until decades after CWU.

Wayne Hertz directed the band during World War 2, while Meyers joined the Army to fight in the war. Meyers returned once the war was over as a Major and resumed his role as director. Hertz Hall was later named after Wayne Hertz.

When the band began, it had around 40 members. The band has continued to grow ever since and is now the largest marching band in the Northwest with around 200 members. In 2015, Lewis Norfleet became director after the previous director, Larry Gookin left after 34 years. Norfleet has added his own changes to the band and they seem to be working.

"I just tried to put a bit of a modern twist on the way that the marching band had been," Norfleet said. "The marching band prior had been styled towards marching bands of the 70's or 80's."

Norfleet recognizes that there is nothing wrong with an older sounding style of band and there is definitely a time to play it but he aims to connect with the audience more and incorporate sounds that people can recognize and get excited by. People will get excited about the school's fight song but the sound of a fight song is an older style of music. One of the songs the band is playing this year is "Burn" by Ellie Goulding which is a much more modern song that the audience

will recognize and get excited by.

"What I wanted to do was kind of change the sound a little bit by trying new things. I wanted to incorporate instruments that are more common in what you would hear in music today," Norfleet said.

These changes are very apparent in the overall sound of the band and also in the song choices. Along with the standard instruments, the band includes electronic instruments like a guitar, synthesizers and even a keytar. These instruments definitely add a modern feel to the music but do not overpower or take away anything from the rest of the band.

During football games, the marching band performs a halftime show. Each member is dressed in the same crimson and black uniform and they play in unison while moving around the field in intricate formations.

The horns are aimed upwards while the percussionists look like statues that only move their wrists, that is until the song changes and each member begins to dance and move with the music. The dynamic sounds and visuals of the marching band are a testament to just how talented each member is.

The marching band learns three songs and three marching routines per year and practices them over and over until they are perfect. A lot of commitment and hard work has to be given by each member or else the band will not look uniform and the show can suffer. The students who are a part of the band work to push each other to be better because they understand that all of their work will pay off in the end.

According to Cooper Ottum, who is in his second year of working towards a master's degree in music conducting, the band practices two hours a day from Monday through Friday as well as individual time outside of rehearsals.

"We're always going 100 percent," Ottum said.

The marching band plays during each home football game and does a halftime show on the field. Ottum said that it can be nerve racking before a performance but the feeling always goes away as soon as they start playing because the crowd is into the music.

He thinks it is important for the audience to recognize the music they play because it allows them to get engaged more with the band which in turn makes the band play better.

"I think it's one of the best activities you can do with your instrument," said Daniel Hendrick, a junior music education major. "I challenge you to find another activity where 200 people are moving and playing music in perfect harmony."

Mark Lane, Associate Director of the marching band, shares Ottum's opinion. Lane has watched the band grow and is happy that it continues to do so. He admits that there have been a few struggles with growing so fast.

For example, Lane remembers a time when there were simply not enough uniforms for all the members because the band had grown too large too fast and they didn't anticipate how many uniforms would be needed. He said they had to make do until more uniforms were purchased. Lane thinks any struggle is worth it because a larger band will improve the shows.





Top photo: Blethany Howe marches with the trombones and baritones towards the stadium.
Middle photo: William Eshleman smiles with his tuba before heading to the stands.
Bottom photo: Emma Tyree, color guard member, practices her solo during the song, "Burn."

"[A larger band is] going to make the atmosphere at the games more and more better," Lane said. "I've never seen [crowds] like this before."

Lane is very pleased with the amount of crowd support that has come out this year to not only cheer on the football team but to also enjoy the halftime show. He sees only positive vibes at games and likes how the crowd is always into the music.

Zach Teply, a sophomore music education major, has been in the band for two years and has even noticed changes in the short time he has been involved.

"There are more people, it's a lot louder and also it feels like we're just a lot better," Teply said.

Teply plays trombone and acknowledges that the hours of rehearsal time is extremely beneficial for the overall quality of the show. According to Teply, the band often splits up into individual instruments to practice what they call sectionals.

This is an opportunity for people to practice their instrument parts with only people who are practicing the same parts.

Teply thinks this is a great way to practice because he can learn from his section leaders as well as his peers. Once the whole band gets together again, he said, they will run the fields drills and go over their movements while the director and leaders critique them and offer advice to improve.

Teply is pleased with the way Norfleet and the other leaders have chosen to run the program. He thinks that Norfleet obviously knows what he is doing and does a good job at fixing any problems that arise.

Teply is not alone in his praise. Many of the students agree that Norfleet, although new, has done a great job of at taking charge of the band and steering it towards success.

"We are very fortunate," Hendrick said. "[The leaders] are all world class and very hands on. They really care about our education."

Lane, who taught at a high school for 27 years before coming to CWU, regarded Norfleet to be one of the most efficient teachers he has ever worked with. He thinks that Norfleet's custom arrangements help bring in an audience and keep their attention. In addition, Lane sees Norfleet as a great communicator who has developed a sense of community within the band.

Norfleet does not deny that the band feels like a family and he is proud of how inclusive the band is for all students. He credits this not to himself but to the student leaders who have worked hard to recruit more and more students, from all over campus.

One thing Norfleet hopes to do is get rid of the stigma that marching band has to be for only music majors. He understands that it can be intimidating for someone who isn't at CWU to learn music to join the band. He wants everyone to know that no matter what a student is here to study, as long as they love playing their instrument, they are welcome in the band.

"We are all musicians," Norfleet said.

Norfleet hopes the marching band will continue to grow and include more and more students. He likes how the band is able to give back to the community in the form of music and plans to continue the tradition of excellence, creativity and inclusion.

These values help make the marching band one of the best. The direction and teaching are aimed at helping the band grow and thrive. The community that has been built shows through the music they play. Every piece fits together and adds to the band as a whole.

Scene

Editor: Daisy Perez | scene@cwuobserver.com

Greg Ruby & The Rhythm Runners live jazz concert

By Adam Robertson
Staff Reporter

Wooden floorboards creaked underfoot and a star-shaped light fixture glowed orange on the ceiling 16 feet overhead. The enormous Elks Ballroom once served as the meeting room for the Benevolent and Protective Order of Elks, but they left in 2004. The building has since been restored by new owners.

Between the time that Elks left and the building was purchased and renovated, the 94-year-old structure was slated for demolition, ready to be forgotten by history. It's something the venue has in common with the music that will be played there this weekend.

Greg Ruby & the Rhythm Runners are bringing the compositions of Seattle jazz pioneer Frank D. Waldron back to life with "Syncopated Classic," an album of Waldron's works arranged for a full band by Ruby, a jazz guitarist based in Seattle.

In 1924, Waldron published a book of original compositions in the guise of an instruction book for saxophone. Despite having taught jazz to two generations of musicians and having played gigs around the region in various places, Waldron's name and compositions have faded away.

On Saturday night, the creaking of the floorboards will be caused by dancing feet by Waldron's melodies, nearly as old as the Elks building itself.

Intrigued by a short passage about Waldron in a history of early Seattle jazz, Ruby set out to find the man's music. He hunted through libraries and book sellers, but came up empty. Eventually he found a 20-year-old photocopy in the basement archive of the history's author.

"Waldron was probably one of the most important people [for Seattle jazz]," Ruby said.

"He was one of the first really legit jazz teachers in Seattle."

Ruby thought Waldron's compositions were too brilliant and unique to be lost, to only exist as one old photocopy, so he set out to save them.

He's spent the last few years preserving and reinterpreting the instruction book, arranging the songs and recording them with his band and raising the money to print those recordings as an album to share Waldron's music with the world.

"It's relentlessly joyful music," Ruby said. "We need that joy, always."

Waldron's book originally contained only notation for saxophone with piano accompaniment, but Ruby has expanded the arrangement to include the traditional jazz instrumentation of clarinet, trumpet and trombone, as well as his own guitar.

"He had to hunt this stuff down, transpose it for all the different instruments," said Don Shriner, who booked the show at the Elks building. "The knowledge in that head of his just blows me away."

Shriner booked Ruby through Ellensburg Community Radio (ECR). He hosts the show Americana Live at the member-run station, and met Ruby at Jazz in the Valley more than 15 years ago. They've stayed in contact—Shriner even took a guitar lesson or two from Ruby—and when the opportunity to bring Ruby here through the radio station presented itself, Shriner jumped.

"I walked into the Elks Building over here and that ballroom, it was just the perfect band and the perfect place," Shriner said.

Shriner hopes the event will be a success so that ECR can continue to bring talent to Ellensburg for the community to enjoy, uncommon talent that people here might not otherwise have

Jazz Show

When: Oct. 28

doors open at 7 p.m. & show starts at 7:30 p.m.

Where: Elks Ballroom, 119 W 5th Ave.

Cost: \$20

Tickets online:
eburgradio.bpt.me

the opportunity to see.

"I saw the poster [for the concert] and I was like, 'Whoa, where'd this come from?'" said CWU Director of Jazz Studies Chris Bruya "I was impressed at the lineup."

Ruby's band includes renowned musicians from New York and New Orleans, people who don't usually make their way out to this side of the mountains. Their throwback style is a rarity as well.

"It's early jazz. So my students, while they are aware of that, they don't study that era because it's not what we do now," Bruya said.

Though jazz has changed over the course of the last century, music's place in the human heart has remained constant.

Going to a musical performance can bring together people of all ages and bind a community closer together. Playing music works wonders as well.

"It is tremendously soothing to your soul, no matter what level you get to," Shriner said.

The majority of those who play music do it for themselves, but for those who wish to do it for others, to make a living, Ruby has some words of wisdom.

"Make sure you love it," Ruby said. "You need that passion and love to keep you going through the times when it feels like the income doesn't equal the energy."



OBSERVER HEALTH

Ask Dr. H

Dear Dr. H,

Do condoms affect sexual pleasure differently for guys and girls?

Dear student,

Although we public health people love to tell people to wear condoms, we know that condoms aren't always viewed in the most positive light among users.

The research shows this too—people, generally men doing the penetrating, report less pleasure when using condoms during sex. "Pleasure," in this case, mostly relates to the physical sensation during sex, but some people report condoms impact the "intimacy" of sex (which can, impact pleasure but this relates more to the emotional side of sex).

Because women often don't climax from penetration alone, there are plenty of work-arounds to still enjoy sex, and have orgasms, with condoms, i.e. manual/oral stimulation.

Perhaps no surprise here, people who report less pleasure when using condoms are less likely to use them. Condoms aren't all the same, so shop around and try different styles.

"Whatever is cheapest" isn't really the best strategy for this shopping trip, and a quick Google search of "best condoms" will provide a ton of options and reviews that could help you make an informed decision. Use lube and don't skimp on the foreplay.

I guess this is where I also say that, because STIs can be spread through oral sex, dental dams and condoms are also important for this type of sex. The fact that I usually get blank stares when I mention "dental dams", however, either means that people don't know what they are or, more likely, people wonder "who in the world uses condoms for oral sex?!"

So, in effort to avoid losing my student audience altogether, let me just say that if you don't want to use condoms or dental dams, but you do want to avoid getting an STI, then a conversation with your partner must be had.

Get tested for STIs, including HIV, and talk to your partners about their testing history and status, so you can make an informed decision about

condomless sex.

Don't let a partner pull the "condoms just don't feel good" card to talk you out of using them, especially if you don't know their status and aren't willing to ask. If you've shopped around and found condoms that you like, stock up and carry them with you. If you whip one out and say "I like these ones" and you're shown the door, I would say you dodged a bullet.

My roommate sleeps around, and I'm worried about her. She's had sex with a couple of guys already this year - what do I say?

Dear student,

"Sleeping around" means different things to different people, and rather than approaching your friend with concerns about her behavior, perhaps just get the conversation going by talking about casual sex in general.

When is it risky or unhealthy? Why do people have sex without wanting a relationship or "strings"? What are the benefits or harms? If the sex is consensual, safe (i.e. condoms, contraception, and STI tests, etc.), and enjoyable, what's the problem?

This conversation may give you a better idea of where your roommate is coming from—and you may or may not have something to be worried about.

When it comes to casual sex, slut shaming isn't doled out equally, and women who are perceived to sleep around often bear the brunt of the criticism. So, if you're concerned about your friend because casual sex isn't "lady-like" or clearly she must have low self-esteem, ask yourself if you would have the same thoughts about your guy friend's behavior.

But, if you do get the feeling from this conversation that your friend isn't really that happy with the casual sex, avoid casting judgment about reckless behavior and offer the support of an open ear.

Having the opportunity to just talk through the behavior may open her up to choosing differently in the future, if "sleeping around" truly isn't something she's happy about.

Dr. Jill Hoxmeier is a public health professor at CWU. Send anonymous public health and sex-related questions to askdrh@cwuobserver.com and have them answered here.



Courtesy of the Greg Ruby & the Rhythm Runners

People dance to the traditional jazz music instrumented by the clarinet, trumpet, trombone and guitar that the band composes.

Scene

Editor: Daisy Perez | scene@cwuobserver.com

Unique finds at Junk-Tiquen in the 'Burg

By Tai Jackson
Staff Reporter

The sound of live music filled a 7,200-square foot building. People walk around, eyes bright and satisfied with their new findings. A rusted blue bike with a brown wicker basket hangs on a white wooden wall near a large window. The large room, where the bike hanged, is filled with all sorts of items, and at first glance a person would not even notice the starch white walls that lay behind the vast amounts of antique items.

Handmade signs and wall ornaments, large chairs and other knick-knacks laid scattered about. Old license plates, signs, posters, tools, clothing, games and a sign that read "Junk-Tiquen."

Junk-Tiquen started October 2014 in Ellensburg with 25 vendors filling most of a 7,200 square foot building. Since then it has grown to over 50 vendors, packing two 7,200 square foot buildings, as well as adding a food court and live entertainment.

"Each year, there is a spring show in April and a fall show in October," Becky Sherley said, creator of Junk-Tiquen.

Sherley explained how, for years while she was younger, she would travel to vintage shows with her mother and sister, excited by all of the unique treasures a person could find.

"One day, I decided, why not bring the fun here? With Ellensburg being in the heart of Washington, I felt it would be the perfect location to host a vintage market," Sherley said.

There is also a modern variation to this event called Junkin'. Junkin' is a place where a person can go hunting for old treasures and decorate with their finds or re-purpose them into something new. Taking a little from both ideas, Junk-Tiquen in the 'Burg was born.

People from all over the state participate in this event. Outback Antiques, Blonde Dog Trading, JT's Kettlecorn, Anderson Family Farm, Vintage Me, Shabby and Sew Much More, Vintage Chick Primitives, and Antiques Etc. all come from cities ranging from Yakima to Des Moines.

"I opened my shop in June of 2015. I love all things old. And [to] show people how to use vintage items in their decor. I'm a junker at heart," Michelle Emmons said, owner of "Vintage Me" and vendor at Junk-Tiquen since 2015.

Another vendor that participated in Junk-Tiquen since 2015 is Judy Pozarich, owner of "Vintage Chick".

"I have vintage furniture that I repurpose. My passion is to find an old broken-down piece and bring it back to life," Pozarich said.

In 2014, she became interested in the vintage and re-purposing business through a show she attended on the west side of the state. She was also a loyal viewer of the popular

Vintage show

When: Oct. 28 9a.m.-4p.m.

Where: Kittitas County

Fairgrounds

Cost: All day entry is \$5
children 12 and under are free

American Pickers show.

Sherley explained how the purpose of Junk-Tiquen is to bring excitement to those who are looking for hidden jewels.

"My hope for those attending is that they leave with exciting new treasures, like the missing Pyrex dish they have been looking for, great smelling candles or maybe an old cupboard or antique quilt to decorate with," Sherley said.

Junk-Tiquen welcomes crowds of people from all over to enjoy vintage, up-cycled and re-purposed décor, furniture and accessories. The shopping is different than walking into a store where someone will find multiples of the same item. Often times, these are one of a kind items. Each booth is like walking into a shop all on its own, and the vendors each bring something unique to the table.

"It's kind of like a vintage black Friday. The diehard shoppers are there bright and early to get the first look at the treasures brought," Sherley said.

She also explains that she wants people leaving the event to realize that there are many other things a person can do with old items rather than throwing them away.

"Maybe take an old rusty headboard they were going to take to the dump, and instead give it new life in a flowerbed. I hope visitors leave with an appreciation and love for antiques and Ellensburg, just like I have," Sherley said.

The show has lots of great ideas on how to decorate and re-purpose things.

If people are interested in learning more about becoming a vintage or re-purposed vendor or applying for the Junk-Tiquen show, Sherley has more information available at www.junk-tiquenintheburg.com.



Courtesy of wikimediacommense
Find hidden jewels at the vintage show.

Elect
Larry Nickel



**Ellensburg
City Council**
Position #3

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BA Education, CWU.
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- Certificate, Arts Administration, Harvard University.
- Main Street training, National Trust for Historic Preservation.
- Washington State Advisor, Emeritus, National Trust for Historic Preservation.
- Founding Director, Kittitas County Museum (16 years of service).
- Founding Officer, Washington Trust for Historic Preservation.
- Founding board member, Washington Museum Association.
- Member, Washington State Senate Committee, Historic Preservation.
- Associate founder, Local History Collection, Ellensburg Public Library.
- Originated and signed the nomination for the Ellensburg Historic District, resulting in Ellensburg's placement on the State and National Registers of Historic Places.
- Secured freeway signage for the Ellensburg Historic District.
- Advocated for Historic Preservation policies and codes, City of Ellensburg.
- Historic building ownership/stewardship/management.
- Initiation and discovery of historic cast iron street lamps that were purchased by the City replacing those that had been long removed.
- Former Ellensburg City Council member, two terms, Mayor, one term.
- Former Ellensburg Planning Commissioner, served as Chairman
- Former Chairman, Ellensburg Urban Growth Area Committee.
- Advisor/Consultant Kittitas County Fairgrounds Renovation group that also established the Kittitas County Heritage Center.
- Proponent of Kittitas County Fairgrounds Historic District.
- Proponent of First Railroad Historic District.
- Proponent of and led City Council in blocking the demolition of the Northern Pacific Railroad Station.
- Initiated and led City Council in establishing the collection of non regressive Hotel/Motel sales tax now generating hundreds of thousands of dollars annually for existing tourism attractions and tourist promotion.
- Initiated and led City Council in successful arbitration resulting in reduced fees for City residents from the Kittitas County Health District.
- Initiated and led City Council in successfully, legally, challenging Central Washington University's administration and then governing board in securing their State mandated support in paying for fire protection services, then provided by the City.
- Initiated the motion, passed by the City Council, to secure land now known as Irene Rinehart Riverfront Park.
- Represented the City Council as we were awarded the designation as Tree City USA, the first City in Washington State to meet the criteria.
- Successfully supported the City's maneuvering to avoid the alleged public debt owed due to the WPPSS fiasco that was the result of previous City Council's actions.
- Helped reject City Council action to bring a State Prison to Ellensburg.
- Personally circulated advisory petition resulting in City Council action insuring, on a regular basis, police foot patrols in downtown during late night due to heavy, destructive, illegal bar related issues.
- Personally circulated advisory petition resulting in the City Manager insuring Parking Code enforcement during Saturday's that was not helping affected downtown businesses.
- Participates with the Ellensburg Senior Advisory Commission and is a member of the Adult Activity Center.
- Originated and organized the downtown, upstairs Public walking tours of our historic buildings.
- Participated in the design and construction of our Memorial Pool and the Hal Holmes Center next to the Ellensburg Public Library.

We wonder what his opponent attests to?

Paid for by Larry Nickel • 509.929.6425 • ljnickel5@icloud.com

1679354

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SPORTS

EDITOR: NATALIE HYLAND | sports@cwuobserver.com

Men's basketball welcomes Brown & Cola

By Jack Belcher
Staff Reporter

When the Wildcats take the court this year, expect to see a few fresh faces on the men's team. Malcolm Cola and Andreas Brown are two of the newest additions to the program having joined the team in April.

Both Cola and Brown have been playing basketball since they were young. Cola started playing basketball in a rec league when he was in third grade. Brown got his start playing with his brother when he was younger.

Meet Malcolm Cola

"I couldn't choose between football and basketball, then high school came... I just felt like I got to go all in at basketball," Cola said. "I loved it so much... I had a real passion for it."

During high school, Cola received his AA degree through Running Start, a program that allows high school students to take classes at a college to obtain credit for both simultaneously.

The 6'6" forward and center averaged 19.5 points per game and set a 2015 record for blocks in a game with 13 in high school.

When it came to recruiting, head coach Greg Sparling described Cola as being "under the radar" due to an injury during his junior year.

The Wildcats also reminded him of his former team at Federal Way High School, where he was part of the team with the longest winning streak in the US at 63



Malcolm Cola (left) and Andreas Brown (right).

Photo courtesy of CWU Athletics

games. "People always ask if there was a lot of pressure on us every game, but it wasn't like that," Cola said.

"We just played like regular games... we didn't know the exact number of our streak. We didn't think about it."

Bringing in Brown

"There is so much about basketball that other people that don't

know," Brown said. "When I'm out there it's like nothing else really matters."

They know what they're doing and they're following the examples of their leaders.

-Jawan Stepney, Guard

itself wasn't too big or too small. "It just felt right after meeting the coaches and meeting the players," Brown said.

Assistant coach Jared Johnson had also known the Brown family for a long time and they have kept their eyes on Brown for a few years now.

In high school, Brown was had an average of 12.7 points per game, with 6 rebounds and over 6 assists. The 6'4" guard from Shadle Park High School was the 3A Washington State Assist Leader, with a total of 67 assists during his senior year.

Welcome to the team

Sparling is glad to have the two new freshmen on the team because they both bring some-

thing new to the table.

"Malcolm is a heck of a shot blocker, guy that can score around the basket real long. He just gets better and better," Sparling said. "Andreas is... a bigger point guard. He knows the game."

Teammates Jawan Stepney and Fuquan Niles, who are both seniors this year agree.

"They know what they're doing and they are following the examples of their leaders," Stepney said. "Malcolm brings in the energy, offensive rebounds, extra possessions. Andreas brings in that poise that we needed and the stick-to-itiveness that we have."

Niles knows through the experience he has had with Cola that he is someone who soaks up everything that he can and that he listens to veterans like himself.

"Like, during practice," Niles said, "[Cola] might not know how or what kind of position to be in or where his footing needs to be at, so I show him because I know how to do it... then, once he learns it he becomes better at it."

Cola is already forming the bonds that many college athletes form as they play, practice and travel more with their teammates.

"It is like a family, so there might be some bickering here and there, but at the end of the day we are all in it, and pushing each other to get better" Cola said. "I know I'm a little bit shorter than the rest of the bigs, but as long as I just play hard and rebound and block shots I'll be fine."

CWU to face Azusa in rivalry game

By Anna Eyears
Staff Reporter

The CWU football team will face Azusa Pacific University on Oct. 28 for the second time this season. The Wildcats are heading into the week undefeated, with a current standing of 8-0 and 5-0 GNAC. They will be looking to claim their ninth win for the season.

CWU Quarterback and team captain, Reilly Hennessey, said the team was constantly working on improving themselves.

"We never want to plateau in the sense that we always want to be getting better at something," Hennessey said. "Being undefeated feels good, but it doesn't really feel like we're undefeated. We've just been trying to take everything week by week and be as focused as we can. That's how we can play better."

In their last game against Azusa on Sept. 16, the Wildcats defeated the Cougars 17-16.

This close final score will set the tone for the game this Saturday. The team needs to be at their best throughout the entirety of the game.

"It took us until the last play of the game to beat them," Hennessey said. "If we can play better from the beginning and not



Senior Austin Pernel hangs on to the ball as he tries to break free of two defenders during the Oct. 21 vs. UNA.

Xander Fu / The Observer

turn the ball over, then I think we'll have a better chance at beating them."

The Cougars feature a strong defensive unit that will prove a force to be reckoned with in Saturday's game. Hennessey said Azusa played with

They're big, they're fast and they play physically.

-Reilly Hennessey, Quarterback

a lot of athleticism in their last game against the team.

"They're big, they're fast and they play physically," Hennessey said. "I can only speak to their

defense, but they tend to always be in the right places. They force you to make decisions, otherwise they'll make you pay for it."

Azusa began 2017 ranked No. 13 in NCAA Division II in the preseason coaches poll and were picked as favorites for the GNAC championship.

In 2016 Azusa achieved a perfect 8-0 in conference play and earned selection into the NCAA

CWU v Azusa

When: Oct. 28; 1 p.m.

Where: Tomlinson Stadium

Cost: Free for CWU students

Division II playoffs for the first time in three years of active NCAA membership.

This season, the Cougars have performed well against their opponents. On Sept. 30 Azusa played against Western Oregon University (WOU) and finished with a final score of 48-17. Comparably, the Wildcats played WOU on Oct. 14 and came away with a 42-0 victory.

In addition to this matchup, the teams have also both played Humboldt State University. The Cougars lost both of their games to Humboldt, 30-19 on Sept. 9 and 52-49 on Oct. 14, while the Wildcats beat Humboldt 55-27 on Oct. 7.

Saturday's game will prove to be a close matchup, as two strong teams face up against each other. CWU's eight-game winning streak is the longest of any college team in the Pacific Northwest, making the Wildcats a serious threat.

SPORTS

EDITOR: NATALIE HYLAND | sports@cwuobserver.com

Wildcats to play Halloween doubleheader

Women v. Northwest

By Clayton Huber
Staff Reporter

CWU women's basketball will begin their season against Northwest University (NU) Oct. 31 at 5 p.m. Coming off last season with a 15-15 record the team is looking forward to Oct. 31 for a fresh start.

Last year, CWU advanced to the second round of the GNAC tournament. They upset Simon Fraser in the first round to advance further than ever under former coach Jeff Harada.

In the second round, the Wildcats fell to Western Washington University (WU) ending their season with a 73-61 loss.

The Wildcats are bringing back leading scorers Taylor Baird, Jasmine Edwards and Sadie Mensing. CWU is returning 14 of the 15 players from last year, losing only one senior. This year's roster features only two freshmen.

"Seeing as we only graduated Kortney Grattic, we have everyone else back. We don't know who the starters this year will be yet but everyone has come back from the summer better than we left last spring," senior forward Taylor Baird said.

Baird, who transferred from

Southern Utah before last season, is a senior forward who lead the team in scoring and rebounding last season. She averaged 12.8 points per game and 8.4 rebounds. She also started every game last season.

While the game is still about a week away, CWU is preparing for their first game and the long season.

"Going into this first game, we all want to be able to put what we have been working so hard for in preseason and in practices into play and to see how we do

"I think our team is looking really strong. Everyone... is working hard and buying in."

-Sadie Mensing, Guard

against different teams," Mensing said. "Just going out there playing hard, playing together, having fun and coming out with a win is always the goal."

Mensing, a junior guard averaged 9.3 points per game 3.1 rebounds per game and 1.8 assists.

This season also brings changes in the form of a new coaching staff. Randi Richardson was named head coach of the team in April of this year.

Tip Off

When: Oct. 31; 5 p.m.

Where: Nicholson Pavilion

She was the assistant coach for two seasons before landing her new position in the wake of Jeff Harada's departure.

"We played Northwest two years ago when I was an assistant in a similar type of exhibition match up," Richardson said. "Their team had a talented young core who have now become a group of talented upperclassmen. This game will be a great open test against an experienced group."

NU isn't in the same conference as CWU, so the game won't count to GNAC records, but will still be an important matchup. NU also had a 15-15 record last year, but were eliminated in the first round of their divisional playoffs.

"I think our team is looking really strong. Everyone on our team is working hard and buying in," Mensing said. "Being under a new coaching staff we have gone through some changes but we just keep getting better everyday."

"We haven't spent any time on our game plan for Northwest yet," Baird said. "We're just focusing on ourselves and learning to play with new expectations and a new coaching staff."



Mikaela Nickolds/The Observer

Sadie Mensing runs down the court during a scrimmage in practice.

Men v. Northwest

By Hanson Lee
Staff Reporter

CWU men's basketball gears up to face off against Northwest University (NU) in their opening exhibition game on Tuesday, Oct. 31. Coming off of last season, the Wildcats are headed into this season with goals they want to accomplish as a team and a plan to reach them.

"We have high expectations. I think every year, our goal is to win a GNAC championship and go to the national tournament," said assistant coach Drew Harris. "This year we think that we have a great chance. We have five seniors and 11 returners... the most seniors and returners that we've had in while."

Along with these expectations for the season comes a sense of urgency to improve upon what the team struggled with last season. The Wildcats had a 14-12 record at the end of last year, falling just shy of a postseason berth.

"Overall, we want to get better defensively and with rebounding," Harris said. "These have been our true keys as far

as improvement for this year, in comparison to last year."

With the amount of players rejoining the team for this year, veteran players, such as senior guard Jawan Stepney, reiterated the importance of this year's season and the goals that this team has going into their first matchup against NU on Tuesday night.

"Our goals are to just get better every day and to focus on

"We still have a sour taste in our mouths from last year."

-Drew Harris, Assistant Coach

getting all of the new guys caught up with everything, and to just continue working hard," Stepney said. "We still have a sour taste in our mouths from last year, so coming into this year strong is our main goal."

As an individual, Stepney also hopes that his efforts this season and in their upcoming matchup against NU, will have a positive impact on the team moving forward.

"My plan is to get everybody caught up as individuals and to hold everybody accountable for their actions," Stepney said. "Everybody needs to work hard and push themselves every day and continue to get better because that's how we get better as

Tip Off

When: Oct. 31; 7 p.m.

Where: Nicholson Pavilion

a team, and that starts with me leading and pushing everybody."

Senior center Fuquan Niles has high expectations for the team. Niles hopes to have an impact on the team's upcoming performance against NU, as well.

"I just want to help out my team as much as possible," Niles said. "I know that I'm one of the bigger people on the team."

Niles, who has been with the Wildcats for two seasons this year after transferring from North Idaho College in 2016, averaged 9.5 points and 8.3 rebounds per game last season.

With the new season in mind, the Wildcats have also introduced some new talent to the team, bringing five new freshman onto the team this season in hopes that some of them will be able to make an impact down the road.

"Every year, when we bring freshman in, we don't tell them that they're redshirting coming into the season," Harris said. "I think some of our freshmen could definitely get out there and impact the game a little bit right now."

The hope is that these freshmen will eventually become difference makers on the court at some point in the future.



Xander Fu/The Observer

Jawan Stepney (back) guards Marc Rogers (front) during a scrimmage.

SPORTS

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Women's rugby takes on BYU

By Simo Rul
Senior Sports Reporter

The No. 2 ranked women's rugby team will face Brigham Young University (BYU) at home on Oct. 28. The Wildcats have gotten the best of BYU three of their last four previous matches.

The Wildcats have mostly come away with some wins against BYU, but that doesn't mean they're taking the matchup lightly.

"It's honestly one of the most physical games, if we're not in it then we're not in it, we just need to play the best we can," junior fly-half Leah Ingold said. "They know what they're doing. We just need to tune in as a team."

BYU isn't just physical, but they are also capable of putting points up on the board, as they showed when they defeated Boise State 55-22. They are currently 2-0 going into the Oct. 28 match.

Sophomore center Suiluana A'au has had a big impact on the Wildcats season, leading the team in tries with ten. She agreed with her teammates that despite the favorable outcome based on previous matches, they shouldn't be downplaying their competition.

"We can't go in there thinking [we're better]. We still gotta go and give them a good fight," A'au said. "They're really productive on their attack and their structure."

For interim head coach Trevor Richards, this will be his first time



Xander Fu / The Observer

Suiluana A'au breaks free of her Life University opponents during a home match. A'au currently leads the team in tries.

seeing the women's BYU team in action. Richards assisted CWU men's head coach Todd Thornley last year, but joined the women in the wake of former coach Mel Denham's resignation.

"They are usually pretty physical, very talented team. I'm more familiar with their men's side than their women's side because I coached the men last year," Richards said. "I expect more of the same from them."

The Wildcats have two games at home before the playoffs begin and these matchups could help

steer the team in the right direction. They will face the Seattle Saracens in the last home game before postseason play.

"Get[ting] our momentum in the right direction is really important," Richards said regarding the Wildcats finishing the season strong.

The Wildcats have enough motivation going into the game, but they know that they have more work to do in the upcoming games to get to the level that they are accustomed to playing.

"As a program, we're not quite

CWU v. BYU

When: Oct. 28

Where: Alder Fields

Cost: Free for CWU students

where we want to be yet. We've gotten second and third multiple years in a row," Richards said. "We definitely have the capability of being the champions, but we still have a lot of work to get through."

Athletics
ReviewFootball v. UNA
17-10 (8-0)

CWU narrowly made it around the Lions in the third quarter to win their eighth straight at home on Oct. 21.

X. C. @ GNACs

Alexa Shindruk claimed 11th with a time of 22:13.61 to lead the women to sixth place. Josh Boston finished 25th with a time of 26:18.62 for the men. The CWU men finished fifth.

Volleyball v. Concordia
3-2 (10-2)

CWU volleyball bested the Cavaliers three sets to two at home in front of a Wildcat crowd. CWU currently sits at No. 3 in the GNAC behind WWU and NNU who are tied for first.

Soccer @ WWU
6-0 (0-8-2)

CWU fell to Western 6-0 on Oct. 21 in Bellingham. The loss puts CWU out of reach of the postseason.

W. Rugby @ Quinnipiac
29-24 (2-1)

Quinnipiac dealt the Wildcats their first conference loss Oct. 22 in Connecticut. CWU will play again at home on Oct. 28 against the BYU Cougars.

**HAUNTING AT
CENTRAL
2017**

**OCTOBER 28
9PM - MIDNIGHT SURC**

**HAUNTED HOUSE • HALLOWEEN PHOTO SHOW
9 HOLE MINI GOLF • ZOMBIE ZONE**

CWU Student ID needed • Sign Ups at 8pm in SURC Pit • Free Food

Sponsored by ASCWU, Campus Activities, Dining Services, Recreation, RHA, Student Union, Wellness Center, Wildcat Shop
CWU is an EEO/AA/Title IX Institution. For accommodation: DS@cwu.edu

Oktoberfest

**Special
DINNER**

**Thursday, October 26
4:30 - 7 P.M. • Holmes Dining Room**

\$14.50+tax
(Meal plan discounts apply)

MENU

Oktoberfest Appetizer	Roasted Winter Vegetables
Brats, Kielbasa & German Dogs	Assorted Salads
Bavarian Beef Stew w/ Pretzel Bread	Apple Cobbler & Ice Cream
Potato Pancakes	Hot Apple Cider

Vegetarian option available upon request

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