12-31-1996

Central Washington University Women's Basketball Individual Game Bests, 1995-1996

Central Washington University Athletics

Follow this and additional works at: http://digitalcommons.cwu.edu/cwu_basketball

Recommended Citation
http://digitalcommons.cwu.edu/cwu_basketball/68

This Article is brought to you for free and open access by the Sports Statistics and Histories at ScholarWorks@CWU. It has been accepted for inclusion in Basketball by an authorized administrator of ScholarWorks@CWU.
Individual Game Bests

Field goals - 12, Nicole Trammell, St. Martin's (2-27)
FG attempts - 26, Nicole Trammell, Seattle (2-3)
FG PCT. (min. 5) - 80.0, Stephanie Bergstrom, Simon Fraser, 4-5 (2-10)
FG PCT. (min. 12) - 62.5, Shannan Sherrill, Seattle, 10-16 (2-24)
3-PT Field goals - 6, Nicole Trammell, Puget Sound (2-12), St. Martin's (2-22)
3-PT FG attempts - 13, Nicole Trammell, Puget Sound (2-12)
3-PT FG PCT. (min. 4) - 80.0, Jennifer Sharp, Albertson, 4-5 (12-16)
Free throws - 13, Nicole Trammell, Simon Fraser (2-10)
Free throw attempts - 18, Nicole Trammell, Eastern Oregon (11-18)
FT PCT. - 100.0, Nicole Trammell, Simon Fraser, 13-13 (2-10)
Offensive Rebounds - 7, Jodi Coker, Concordia (1-5)
Rebounds - 12, Nicole Trammell, Pacific (12-30); Shannan Sherrill, Seattle (2-24), St. Martin's (2-27)
Assists - 9, Carrie Gosselin, St. Martin's (2-22)
Turnovers - 11, Nicole Trammell, Western Washington (1-20)
Steals - Nicole Trammell (2), Natalie Hutcheson, Jennifer Sharp 6
Blocked shots - Nicole Trammell, Carrie Gosselin, Jodi Coker 3
Points - 36, Nicole Trammell, Puget Sound (2-12)
Minutes - 40, Nicole Trammell, Seattle (2-3)

Team Game Bests

Offense
Field goals - 33, Seattle (2-24)
FG attempts - 84, Concordia (1-5)
FG PCT. - 47.5, Puget Sound 28-59 (2-12)
3-PT Field goals - 11, Albertson (12-16)
3-PT FG attempts - 23, St. Martin's (2-27)
3-PT FG PCT. (min. 8) - 55.6, St. Martin's 10-18 (2-22)
Free throws - 22, Puget Sound (2-12), WWU (2-17)
Free throw attempts - 34, Eastern Oregon (11-18)
FT PCT. (min. 10) - 100.0, Pacific, 11-11 (12-30)
Offensive Rebounds - 28, Concordia (1-5)
Rebounds - 62, Concordia (1-5)
Assists - 23, St. Martin's (2-22)
Turnovers - 35, Western Washington (1-20)
Fewest Turnovers - 12, Seattle (2-3 & 2-24)
Steals - 19, Western Washington (1-20)
Blocked shots - 6, Northwest Nazarene (12-15)
Fouls - 28, Eastern Oregon (11-18)
Fouled out - 3, Whitman (12-9)
Points - 88, Puget Sound (2-12)

*Defense best fewest except where indicated with asterik.

Defense
Field goals - 20, Pacific (12-30), Seattle (2-3)
FG attempts - 54, Seattle (2-24)
FG PCT. - 31.8, Eastern Oregon, 21-66 (11-17)
3-PT Field goals* - 16, Lewis-Clark State (1-18)
3-PT FG attempts* - 23, Lewis-Clark State (1-18)
3-PT FG PCT. (min. 8) - 12.5, Western Baptist, 1-8 (12-8)
Free throws - 7, Western Washington (2-17)
Free throw attempts - 13, Western Washington (2-17)
FT PCT. (min. 10) - 42.1, St. Martin's 8-19 (2-27)
Offensive Rebounds - 8, Seattle (2-24)
Rebounds - 32, Pacific (12-30)
Assists - 9, Puget Sound (1-27)
Turnovers* - 29, Eastern Oregon (11-17)
Steals - 2, Albertson (12-16)
Blocked shots* - 7, Pacific (12-30)
Fouls* - 25, Pacific Lutheran (12-1)
Fouled out* - 2, Puget Sound (2-12)
Points - 54, Pacific Lutheran (12-1)
Most points* - 111, Lewis-Clark State (1-18)
Pacific Northwest Athletic Conference

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Western Washington</td>
<td>11-1</td>
<td>899</td>
<td>696</td>
<td>26</td>
<td>7</td>
<td>2471</td>
<td>2100</td>
<td>11.2</td>
<td>1459</td>
<td>1293</td>
<td>5.0</td>
<td>11-0</td>
<td>7-5</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Simon Fraser</td>
<td>10-2</td>
<td>869</td>
<td>696</td>
<td>31</td>
<td>6</td>
<td>2640</td>
<td>2026</td>
<td>16.6</td>
<td>1427</td>
<td>1224</td>
<td>6.2</td>
<td>12-1</td>
<td>11-4</td>
<td>8-1</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lewis-Clark State</td>
<td>9-3</td>
<td>897</td>
<td>816</td>
<td>25</td>
<td>7</td>
<td>2398</td>
<td>2047</td>
<td>11.0</td>
<td>1144</td>
<td>1191</td>
<td>-1.5</td>
<td>12-1</td>
<td>9-5</td>
<td>4-1</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Central Washington</td>
<td>4-8</td>
<td>814</td>
<td>986</td>
<td>10</td>
<td>15</td>
<td>1754</td>
<td>1904</td>
<td>-5.9</td>
<td>1057</td>
<td>1115</td>
<td>-2.3</td>
<td>4-7</td>
<td>6-8</td>
<td>0-0</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>St. Martin's</td>
<td>3-9</td>
<td>811</td>
<td>891</td>
<td>12</td>
<td>17</td>
<td>2053</td>
<td>2160</td>
<td>-3.7</td>
<td>1075</td>
<td>1278</td>
<td>-7.0</td>
<td>7-4</td>
<td>1-9</td>
<td>4-4</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Seattle3</td>
<td>9-7</td>
<td>748</td>
<td>786</td>
<td>12</td>
<td>18</td>
<td>2007</td>
<td>2059</td>
<td>-1.7</td>
<td>1142</td>
<td>1083</td>
<td>2.0</td>
<td>8-8</td>
<td>3-8</td>
<td>1-2</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Puget Sound</td>
<td>2-10</td>
<td>803</td>
<td>960</td>
<td>9</td>
<td>16</td>
<td>1714</td>
<td>1824</td>
<td>-4.4</td>
<td>887</td>
<td>999</td>
<td>-4.5</td>
<td>5-6</td>
<td>2-9</td>
<td>2-1</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>


NAIA Nationals at Jackson, Tenn.: Mar. 13 - Simon Fraser 63, Rockhurst, Mo. 55; Arkansas Tech 72, Lewis-Clark State 55; Mar. 14 - Western Washington 70, Northwestern Oklahoma 67 (ot). Mar. 15 - Western Washington 71, Montevalo 67; Simon Fraser 60, East Central Oklahoma 57. Mar. 16 - Union, Tenn. 92, Western Washington 76; Southern Nazarene 59, Simon Fraser 55 (ot).

NAIA Pacific Northwest Athletic Conference All-Stars

<table>
<thead>
<tr>
<th>Name</th>
<th>Team</th>
<th>Ht.</th>
<th>Yr.</th>
<th>Pos.</th>
<th>Hometown</th>
</tr>
</thead>
<tbody>
<tr>
<td>+*Gina Sampson</td>
<td>Western Washington</td>
<td>6-0</td>
<td>Sr.</td>
<td>C</td>
<td>Redmond</td>
</tr>
<tr>
<td>+*Rosie Albert</td>
<td>Lewis-Clark State</td>
<td>5-10</td>
<td>So.</td>
<td>F</td>
<td>Salmo, BC</td>
</tr>
<tr>
<td>+*Olivia Carrillo</td>
<td>St. Martin's</td>
<td>5-7</td>
<td>Sr.</td>
<td>G</td>
<td>Mexico City</td>
</tr>
<tr>
<td>+*Kim McLeod</td>
<td>Simon Fraser</td>
<td>5-9</td>
<td>Sr.</td>
<td>G</td>
<td>Salmon Arm, BC</td>
</tr>
<tr>
<td>*Nicole Trammell</td>
<td>Central Washington</td>
<td>6-0</td>
<td>So.</td>
<td>F</td>
<td>Yakima</td>
</tr>
<tr>
<td>Julie Orth</td>
<td>Seattle</td>
<td>6-1</td>
<td>Jr.</td>
<td>F</td>
<td>Seattle</td>
</tr>
</tbody>
</table>
Eva Aiken           Simon Fraser  6-3       So.  F    Port Mood, BC
Darlene Nyhoff      Lewis-Clark State  6-1       Sr.  C    Lynden
Addy Johnson        Western Washington  5-10      So.  F    Billings, MT
Kristina Goos        Puget Sound  5-9        Fr.  G    Portland, OR

*Unanimous  +Repeater

Player-of-the-Year - Gina Sampson, Western Washington    Coach-of-the-Year - Carmen Dolfo, Western Washington

NAIA All-Americans:  First Team - Gina Sampson, Western Washington; Olivia Carrillo, St. Martin's.  Second Team - Kim McLeod, Simon Fraser.  Third Team - Rosie Albert, Lewis-Clark State.


PNWAC STATISTICAL LEADERS

