4-8-2006

JD Shotwell Invitational

Great Northwest Athletic Conference

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Event 1  Women 100 Meter Dash

Stadium: # 12.06  4/17/1999   Christine Axley, PLU
Meet: * 12.06  4/17/1999   Christine Axley, PLU
AUTO II:   11.50  
AUTO III:   11.97
PROVO II:   12.10
PROVO III:   12.34
NWC:   13.75

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Event 2 Women 200 Meter Dash

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Stadium: # 24.75  4/17/1999   Christine Axley, PLU
Meet: * 24.75  4/17/1999   Christine Axley, PLU
AUTO II:   23.80
AUTO III:   24.50
PROVO II:   24.80
PROVO III:   25.36
NWC:   27.78

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Event 3  Women 400 Meter Dash

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Stadium: #   55.4h  5/3/1980    Rhonda Bell, BCC
Meet: *   55.4h  5/3/1980    Rhonda Bell, BCC
AUTO II:     54.00
AUTO III:     55.90
PROVO II:     56.60
PROVO III:     57.60
NWC:   1:04.93

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Event 4  Women 800 Meter Run

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Stadium: # 2:10.9h  4/25/1987   Laura Johnson, Unattched

Meet: * 2:10.9h  4/25/1987   Laura Johnson, Unattached

AUTO II:   2:08.00
AUTO III:   2:12.00
PROVO II:   2:15.00
PROVO III:   2:15.80
NWC:   2:28.46

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24 Fraser, Erin                 Wwu                    2:46.83
25 Blume, Katelynn              St. Martin'            3:10.63
-- Martinez, Natalie            Seattle U                   NT

Event 5  Women 1500 Meter Run

=======================================================================
Stadium: # 4:34.3h  4/23/1988   Minta Misley, PLU
Meet: * 4:34.30  4/23/1988   Minta Misley, PLU
AUTO II:   4:27.00
AUTO III:   4:34.00
PROVO II:   4:41.00
PROVO III:   4:41.00
NWC:   5:01.93

Name                    Year School                  Finals  Points
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1 Moriarty, Mary               Spu                    4:43.74    10
2 Rohde, Karin                 Spu                    4:44.86     8
3 Timmer, Emily                Puget Sound            4:53.18     6
4 Benson, Sarah                Central                4:54.35     5
5 Strickler, Suzie             Spu                    4:55.14     4
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Event 7  Women 5000 Meter Run

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Event 6  Women 3000 Meter Steeplechase

=======================================================================

Stadium: # 10:59.44  4/24/2004  Kari Holbert, Willamette

Meet: * 11:24.80  4/12/2003  Kelly Fullerton, Seattle U

AUTO II:   10:20.00

AUTO III:   10:48.00

PROVO II:   11:27.00

PROVO III:   11:20.00

NWC:   13:32.56

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Stadium: # 16:45.5h  4/26/1986   Debbie Myra, PSU

Meet: * 16:45.5h  4/26/1986   Debbie Myra, PSU

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AUTO III:   17:00.00

PROVO II:   17:50.00

PROVO III:   17:46.00

NWC:   19:28.25

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Event 10  Women 400 Meter Hurdles

Stadium: # 1:02.05  4/24/2004  Carrie Larsen, PLU

Meet: * 1:02.74  4/10/2004  Carrie Larsen, SPU

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AUTO III: 1:01.90

PROVO II: 1:03.30

PROVO III: 1:04.14

NWC: 1:18.29

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<td>Wwu</td>
<td>1:10.17</td>
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6 Pendon, Jessica  St. Martin'  1:10.72  1  3
7 Druktenis, Stephanie  Central  1:11.79  2  2
8 Genther, Arielle  Wwu  1:11.99  1  1
9 Holland, Caitlin  Puget Sound  1:12.22  1
10 Hoke, Emily  Puget Sound  1:16.48  2

Event 11  Women 4x100 Meter Relay

________________________________________________________________________________

Stadium: # 47.50  4/22/1995  Plu, PLU
Meet: * 47.50  4/22/1995 , PLU

AUTO II:  45.50
AUTO III:  47.50
PROVO II:  47.90
PROVO III:  48.88

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<th>Points</th>
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<tr>
<td>3 Pacific Lutheran Univ. 'A'</td>
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1) Araya, Faven  2) LeBrun, Amy
3) Morton, Jeva  4) Millard, Lynette
Event 12  Women 4x400 Meter Relay

Stadium: # 3:51.61  4/22/1995  , PLU
Andrade, Keene, Saathoff, Metzger

Andrade, Keene, Saathoff, Metzger

AUTO II:  3:42.00
AUTO III:  3:49.60
PROVO II:  3:52.00
PROVO III:  3:58.00

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<td>4 University Puget Sound 'A'</td>
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1) Higa, Kelly                        2) Holland, Caitlin
3) Bassett, Maddy                  4) Davis, Devyn

5 Highline Community Collrg 'A'                  4:30.56     4

Event 13 Women High Jump

=================================================================================
Stadium: # 1.73m  4/22/1995   Corrina Wolf, SFU
Meet: * 1.73m  4/20/1991   Lisa Grey, CNW
AUTO II:   1.79m
AUTO III:   1.71m
PROVO II:   1.69m
PROVO III:   1.65m
NWC:   1.44m

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<td>5-00.50</td>
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<td>Spu</td>
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<td>Puget Sound</td>
<td>J1.54m</td>
<td>5-00.50</td>
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<td>Bjella, Sharon</td>
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<td>Spu</td>
<td>1.49m</td>
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<td>Farquhar, Amy</td>
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Benish, Clare Puget Sound J1.49m 4-10.50

Mendenhall, Martha Unattached J1.49m 4-10.50

Event 14 Women Pole Vault

Stadium: # 3.65m 3/5/2005 Ally Studer, SPU
Meet: * 3.50m 4/9/2005 Katie Heaton, Puget Sound
AUTO II: 4.00m
AUTO III: 3.73m
PROVO II: 3.55m
PROVO III: 3.40m
NWC: 2.85m

Name Year School Finals

1 Hedges, Allison Spu 3.35m 10-11.75
2 Anderson, Monica Spu 3.20m 10-06.00
3 Holt, Kirsten Wwu J3.20m 10-06.00
4 Dockins, Cara Wwu 2.75m 9-00.25
5 Miller, Christy Wwu 2.60m 8-06.25
6 Craigie, Katie Puget Sound 2.45m 8-00.50
7 Riedel, Kristi Pacific Lutheran 2.30m 7-06.50
Event 15  Women Long Jump

Stadium: # 5.84m  4/18/1992   Stephanie Libbyl, WU
Meet: * 5.84m  4/18/1992   Stephanie Libby, WU
AUTO II:   6.25m
AUTO III:   5.80m
PROVO II:   5.69m
PROVO III:   5.51m
NWC:   4.83m

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<td>3 Bascom, Kimberly</td>
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<td>5.11m</td>
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Event 16  Women Triple Jump

Stadium: # 11.89m  4/17/1999   Jane Wallace, WWU

Meet: * 11.89m  4/17/1999   Jane Wallace, WWU

AUTO II:   12.50m
AUTO III:   12.00m
PROVO II:   11.60m
PROVO III:   11.30m
NWC:    9.80m

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<td>Wwu</td>
<td>11.27m</td>
<td>NWI 36-1</td>
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3 Smith, Brittany              Highline                11.26m   NWI  36-1
4 Morrison, Lydia              Wwu                     11.01m   NWI  36-0
5 Miller, Christy              Wwu                     10.35m   NWI  33-1
6 Lewis, Rebecca               Pacific Lutheran         9.52m   NWI  31-0

Event 17  Women Shot Put

==================================================================================================

Stadium: # 48-06.50  3/21/1981   J. Luebke, WVCC


AUTO II:     15.24m
AUTO III:     14.28m
PROVO II:     13.26m
PROVO III:     12.85m
NWC:     10.06m

Name                    Year School                  Finals            Points
==================================================================================================
1 Chase, Karen                 Puget Sound             11.29m   37-00.50
2 Fernandez, Shatanya          Seattle U               11.11m   36-05.50
3 Sasse, Emily                 Pacific Lutheran        10.76m   35-03.75
4 Hacker, Taylor               Pacific Lutheran        10.41m   34-02.00
5 Richard, Julie               Pacific Lutheran        10.28m   33-08.75
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Event 19  Women Javelin Throw

Stadium: # 50.69m  4/23/1988  Patricia Perry, Puget Sound
Meet: * 50.68m  4/23/1988  Patricia Perry, Puget Sound
AUTO II:  47.24m
AUTO III:  43.40m
PROVO II:  40.84m
PROVO III:  38.89m
NWC:  33.36m

Name                    Year School                  Finals   Points
=================================================================================
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<td>Barnes, Molly</td>
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<td>36.18m</td>
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<td>33.55m</td>
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<td>18.23m</td>
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**Event 20 Women Hammer Throw**

---

**Stadium:** # 47.32m  3/24/2006  Megan Wochnick, PLU

**Meet:** * 46.66m  4/17/1999  Leslie Seelye, PLU

**AUTO II:**  56.38m

**AUTO III:**  52.60m

**PROVO II:**  48.75m

**PROVO III:**  46.00m
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<td>36.26m, 118-11</td>
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<td>Rance, Erica</td>
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Event 31  Men 100 Meter Dash

Stadium: # 10.65  4/18/1998  Ricardo Colon, Clackamas CC

Meet: * 10.65  4/18/1998  Ricardo Colon, Clackamas CC

AUTO II: 10.30

AUTO III: 10.58
PROVO II:  10.65  

PROVO III:  10.83  

NWC:  11.56

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17 Page, Nick        Pacific Lutheran         12.09   NWI  3
18 Ko, Suang        Puget Sound              12.11   NWI  4
19 Dexter, Tyler    Central                  12.19   NWI  3
19 Hoffman, Jarrod  Pacific Lutheran         12.19   NWI  4
21 Hatcher, Jason   Northwest                12.27   NWI  3
22 Van, Brian       Highline                 12.29   NWI  2
23 Bailey, Kyle     Unattached               12.44   NWI  3
24 Daltoso, Brian   St. Martin'              12.71   NWI  3

Event 32  Men 200 Meter Dash

Stadium: # 21.5h  5/1/1982    Erick Krauss, University of Pacific
Meet: * 21.5h  5/1/1982    Erick Krauss, University of Pacific
AUTO II:   20.65
AUTO III:  21.31
PROVO II:  21.50
PROVO III: 21.81
NWC:   23.56

Name                    Year School                  Finals  Wind H# Points
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1 Van Sant, Pete               Puget Sound              22.21   NWI  1
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Event 33  Men 400 Meter Dash

Stadium: # 46.87  4/17/1999   Derek Prior, Unattached
Meet: * 46.87  4/17/1999   Derek Prior, Unattached
AUTO II:   46.50
AUTO III:   47.45
PROVO II:   48.00
PROVO III:   48.50
NWC:   51.87

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7 Inge, Jerome  Northwest  53.83  2  2
8 Dimond, Corey  Central  54.30  2  1
9 Brown, Garrett  Seattle U  54.86  2
10 Johnson, Carl  Wwu  55.54  1
11 Henderson, Paul  Spu  56.29  2
12 Adams, Nolan  Pacific Lutheran  57.54  3
13 Daltoso, Brian  St. Martin'  58.81  3
14 Pentz, Keven  Wwu  1:26.47  1
-- Thomas, Rich  St. Martin'  NT  3

Event 34  Men 800 Meter Run

Stadium: # 1:50.6h  4/20/1991  Ted Hamlin, SPU
Meet: * 1:50.6h  4/20/1991  Ted Hamlin, SPU

AUTO II:  1:49.40
AUTO III:  1:51.30
PROVO II:  1:53.00
PROVO III:  1:53.60
NWC:  1:59.80
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Event 35  Men 1500 Meter Run

=======================================================================
Stadium: # 3:52.1h  4/23/1988   Todd Bearny, HCC
Meet: * 3:52.1h  4/23/1988   Todd Beamy, Highline CC
AUTO II:   3:47.00
AUTO III:   3:50.60
PROVO II:   3:54.00
PROVO III:   3:55.20
NWC:   4:09.93

Name                    Year School                  Finals  Points
=======================================================================
1 Riak, John                   St. Martin'            4:02.88    10
2 Tomsich, Anthony             Wwu                    4:05.51     8
3 Dols, Nick                   Seattle U              4:05.71     6
4 Molinaro, Gabe               Northwest             4:11.23     5
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Event 36  Men 3000 Meter Steeplechase

==================================================================================
Stadium: # 9:01.0h 4/18/1998 Eric Tollefson, Unattached

Meet: * 9:01.0h 4/18/1998 Eric Tollefson, Unattached

AUTO II: 9:00.00

AUTO III: 9:07.00

PROVO II: 9:24.00

PROVO III: 9:23.00

NWC: 10:30.03

Name                    Year School                  Finals  Points
=======================================================================
1 Burris, Greg                 Unattached            10:04.78    10
2 Kulw, Trevor                 Highline              10:35.33     8
3 McDonald, Noah               Highline              10:35.62     6

Event 37  Men 5000 Meter Run

Stadium: # 14:11.8h 5/18/1974 Jim Johnson, CNW

Meet: * 14:34.45 4/10/2004 Eric Tolefson, Unattached

AUTO II: 14:00.00

AUTO III: 14:28.00

PROVO II: 14:50.00

PROVO III: 14:48.00
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Event 39  Men 110 Meter Hurdles

===============================================================================

Stadium: # 14.1h  6/3/1967    Bill Roe, UW


AUTO II:   13.90

AUTO III:  14.44

PROVO II:  14.75

PROVO III: 14.90

NWC:   17.98

Name                    Year School                  Finals  Wind H# Points
===============================================================================

1 Wilson, Dustin               Wwu                      15.42   NWI  1   10

2 Redding, Dustin              Wwu                      15.79   NWI  1    8

3 Timmer, Josh                 St. Martin'              16.08   NWI  1    6

4 Hill, Casey                  Pacific Lutheran         16.57   NWI  1    5

5 Gordon, LeVar                Unattached               16.85   NWI  1    4

6 Phend, Parker                Puget Sound              18.06   NWI  2    3

7 Maze, Matt                   Puget Sound              18.40   NWI  2    2

-- Jensen, Erik                 Pacific Lutheran         DQ   NWI  1

Event 40  Men 400 Meter Hurdles
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Event 41  Men 4x100 Meter Relay
Stadium: # 41.40 4/17/1993, Western Oregon State

Meet: * 41.40 4/17/1993, Western Oregon College

AUTO II: 40.00

AUTO III: 41.20

PROVO II: 41.15

PROVO III: 42.00

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Event 42 Men 4x400 Meter Relay


AUTO II:   3:09.00
AUTO III:   3:13.50
PROVO II:  3:13.30
PROVO III: 3:17.30

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Event 43  Men High Jump

Stadium: # 2.10m  4/10/2004   Jeff Skiba, Unattached

Meet: * 2.10m  4/10/2004   Jeff Skiba, Linfield

AUTO II:  2.16m
AUTO III:  2.11m
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<td>Wwu</td>
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<td>6-04.25</td>
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<td>Wwu</td>
<td>1.89m</td>
<td>6-02.25</td>
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Event 44  Men Pole Vault

Stadium: # 5.03m 4/18/1992  Curt Heywood, Linfield
Meet: * 5.03m 4/18/1992  Curt Heywood, Linfield

AUTO II:  5.18m
AUTO III:  5.00m
PROVO II:  4.80m
PROVO III:  4.70m
NWC:  3.90m
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Event 45  Men Long Jump

Stadium: # 7.30m  4/22/1995   Rob Rising, CWU
Meet: * 7.30m  4/22/1995   Rob Rising, CWU

AUTO II:  7.72m
AUTO III:  7.26m
PROVO II:  7.21m
PROVO III:  7.00m
NWC:   6.26m

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Event 46  Men Triple Jump

Stadium: # 50-05  4/17/1993  James McCann, WOC
Meet: * 50-05  4/17/1993  James McCann, WOC
AUTO II:  15.54m
AUTO III:  14.80m
PROVO II:  14.55m
PROVO III:  14.05m
NWC: 12.26m

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Event 47  Men Shot Put

Stadium: # 57-04  6/3/1967  John Allamano, UW
Meet: * 16.94m  4/22/1995  Scott Easley, WWU
AUTO II: 18.29m
AUTO III: 17.25m
PROVO II: 16.00m
PROVO III: 15.55m
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<td>Skogsberg, Nik</td>
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Event 48  Men Discus Throw

Stadium: # 52.84m 6/4/1966   Al Pemberton, UW
Meet: * 50.44m  4/17/1999   Tony Hoiby, CWU

AUTO II:   54.86m
AUTO III:   52.50m
PROVO II:   49.08m
PROVO III:   47.70m
NWC:   39.25m

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Event 49  Men Javelin Throw
Stadium: # 64.32m  4/18/1992   Ken Weinberg, Linfield

Meet: * 64.32m  4/18/1992   Ken Weinberg, Linfield

AUTO II:   66.44m

AUTO III:   62.79m

PROVO II:   58.84m

PROVO III:   57.30m

NWC:   51.79m

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Event 50  Men Hammer Throw

Stadium: # 64.86m  4/23/1988   Neil Kneip, Unattached

Meet: * 64.84m  4/23/1988   Neil Kneip, Unattached

AUTO II:   60.96m

AUTO III:   57.60m

PROVO II:   52.42m

PROVO III:   51.46m

NWC:   39.94m

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### Women - Team Rankings - 19 Events Scored

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### Men - Team Rankings - 20 Events Scored

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