WWU Ralph Vernacchia Team Meet (April 11 at Bellingham)

Women's Team Scores – Western Washington 134, Seattle Pacific 95 ½, Simon Fraser 94 ½, British Columbia 67, Puget Sound 7, Northwest 1, Seattle 1, Everett CC 1.


400 Hurdles -  1. Dimmitt, Heidi, Western Washingh, 1:02.78; 2. Boss, Traci, Simon Fraser, 1:03.45; 3. Pike, Jennifer, Seattle Pacific, 1:07.29; 4. Howe, Michelle, Western Washingh, 1:08.95; 5. Cole, Meisha, British Columbia, 1:10.10.


4x 400 - 1. Simon Fraser University 'A' (Channell, Jane , Abdulai, Ruky , Kane, Brianna , Keeping, Cassie ), 47.57; 2. Western Washington 'A' (Dimmitt, Heidi , Brownell, Sarah , Houplin, Joana , Zukowski, Megan ), 48.72; --. Puget Sound 'A' (Wong, Il , Milleson, Caroline , Simmons, Venessa , Leiven, Janece ), DNF; --. University of British Columbia 'A' (Nestman, Jenna , Richard, Claudia , Johns, Adelle , Chin Aleong, Janessa ), DNF.

High Jump - 1. Abdulai, Ruky, Simon Fraser, 1.75m, (5-08.75); 2. Cook, Clara, Western Washington, 1.60m, (5-03); 3. Barnett, Rachelle, Simon Fraser, J1.60m, (5-03); 4. Twitchell, Morgan, Simon Fraser, J1.60m, (5-03); 5. Rogers, Jill, Western Washington, J1.60m, (5-03); 6. Mattson, Jaquie, Seattle Pacific, 1.50m, (4-11); --. Wong, Ili, Puget Sound, NH.

Pole Vault - 1. Peaslee, Mellisa, Seattle Pacific, 3.75m, (12-03.50); 2. Miller, Christy, Western Washington, 3.60m, (11-09.75); 3. Anderson, Monica, Seattle Pacific, 3.45m, (11-03.75); 4. Clarke, Camille, Western Washington, 3.15m, (10-04); 5. Wulfekuhle, Jamie, Western Washington, J3.15m, (10-04); 6. Stevens, Samantha, Western Washington, 3.00m, (9-10); 7. Kamphuis, Esther, Unattached, J3.00m, (9-10); 8. DiMarco, Diana, Western Washington, 2.85m, (9-04.25); 9. Dockins, Cara, Western Washington, 2.85m, (9-04.25); 10. DiEnno, Amanda, Western Washington, J2.85m, (9-04.25); 11. Quick, Jennifer, Western Washington, J2.85m, (9-04.25); 12. Craigie, Katie, Puget Sound, 2.55m, (8-04.25); --. Hauk, Carrie, Seattle Pacific, NH; --. McClay, Sophia, Western Washington, NH; --. Lundsten, Tracie, Seattle Pacific, NH.

Long Jump - 1. Williams, Valerie, Simon Fraser, 5.42m, w:0.6 (17-09.50); 2. Butler, Gail, Western Washington, 5.22m, w:1.8 (17-01.50); 3. Aanstad, Brittany, Seattle Pacific, 5.12m, w:0.8 (16-09.75); 4. Iworima, Diepiriye, Simon Fraser, 5.11m, w:0.6 (16-09.25); 5. Johns, Adell, Western Washington, 5.03m, w:2.0 (16-006); 6. Twitchell, Morgan, Simon Fraser, 5.02m, w:1.5 (16-05.75); 7. Bekins, Brittany, Pacific, 5.02m, w:1.2 (16-05.75); 8. Nestman, Jenna, British Columbia, 4.86m, w:0.5 (15-11.50); 8. Cook, Clara, Western Washington, 4.86m, w:0.2 (15-11.50); 10. Peaslee, Mellisa, Seattle Pacific, 4.69m, w:1.2 (15-04.75); 10. Wong, Ili, Puget Sound, 4.69m, w:1.7 (15-04.75); 12. Miller, Christy, Western Washington, 4.66m, w:0.2 (15-03.50); 13. Flower, Mellisa, Seattle Pacific, 4.62m, w:0.9 (15-02); 14. DiEnno, Amanda, Western Washington, 4.50m, w:2.0 (14-09.25); 15. Johnson, Kristin, Western Washington, 4.41m, w:0.7 (14-05.75); 16. Squires, Kamala, Seattle U., 4.23m, w:0.4 (13-10.50).

Triple Jump - 1. Williams, Valerie, Simon Fraser, 11.14m, w:+0.0 (36-06.75); 2. Paulsen, Megan, Western Washington, 10.80m, w:+0.0 (35-05.25); 3. Flower, Mellisa, Seattle Pacific, 10.71m, w:0.3 (35-01.75); 4. Wong, Ili, Puget Sound, 10.35m, w:+0.0 (33-11.50); 5. Johnson, Kristin, Western Washington, 10.22m, w:0.5 (33-06.50); 6. Squires, Kamala, Seattle U., 9.43m, w:+0.0 (30-11.25).

Shot Put - 1. Johnstone, Ella, British Columbia, 11.18m, (36-08.25); 2. Sadler, Chelsea, Western Washington, 10.32m, (33-10.25); 3. Rance, Erica, Western Washington, 9.72m, (31-10.75).

Discus - 1. Rance, Erica, Western Washington, 38.67m, (126-10); 2. Sadler, Chelsea, Western Washington, 32.61m, (107-00); 3. Kaligis, Lauren, Western Washington, 24.68m, (81-07).

Hammer - 1. Rance, Erica, Western Washington, 39.20m, (128-07); 2. Kaligis, Lauren, Western Washington, 33.44m, (109-08); --. Ter Laak, Lara, British Columbia, ND.

Javelin - 1. Schantin, Jeeni, Seattle Pacific, 45.86m, (150-05); 2. Aanstad, Brittany, Seattle Pacific, 45.20m, (148-03); 3. VerMulk, Lauren, Seattle Pacific, 44.20m, (145-00); 4. Gruszci, Monika, Western Washington, 44.12m, (144-09); 5. Bekins, Brittany, Seattle Pacific, 39.89m, (130-10); 6. Johnstone, Ella, British Columbia, 36.31m, (119-01); 7. Campbell, Katie, Northwest U., 35.75m, (117-03); 8. Dennis, Lindsey, Puget Sound, 32.42m, (106-04); 9. Jensen, Melissa, Western Washington, 31.68m, (103-11); 10. Vliet, Katie, Western Washington, 30.64m, (100-06); 11. Peoples, Sarah, Northwest U., 29.55m, (96-11).


200 - 1. Van Sant, Pete, Puget Sound, 22.82, w:0.8; 2. Giuffre, Mike, British Columbia, 22.93, w:0.8; 3. Merrill, Riley, Simon Fraser, 23.17, w:+0.0; 4. O'Connell, Matt, Western Washington, 23.20, w:0.8; 5. Blum, Isaac, Puget Sound, 23.35, w:0.8; 6. Gruger, Shane, Western Washington, 23.62, w:0.8; 7. Stewart, Darrell, Puget Sound, 23.74, w:0.8; 8. Galvin, Andrew, Puget Sound, 23.97, w:0.8; 9. Villanueva, Phillip, Western Washington, 24.12, w:0.8; 10. Snyder, Maxx, Western Washington, 24.47, w:+0.0; 11. Dye, Alex, Western


4x100 - 1. Western Washington 'A' (Wargo, Ben, Myhre, Kevin, O'Connell, Matt, Gruger, Shane ), 43.46; 2. Puget Sound 'A' (Blum, Isaac, Stewart, Darrell, Bye, Brycen, Van Sant, Pete ), 43.53; 3. University of British Columbia 'A' (Giuffre, Mike, Gustavson, Reid, Beck, Matt, Knouw, Justin ), 44.77; 4. Puget Sound 'B' (Ivy, Jimmy, Pierce-Wright, Chris, Andersen, Luc, Galvin, Andrew ), 45.45.

High Jump - 1. Brockman, Keefe, Western Washington, 1.95m, (6-04.75); 2. Gustavson, Reid, British Columbia, 1.90m, (6-02.75); 3. Martinelli, Brian, Western Washington, 1.90m, (6-02.75); 4. Morgan, Michael-Sean, Simon Fraser, 1.80m, (5-10.75); 5. Lucke, Bryan, Western Washington, 1.80m, (5-10.75); 5. Brown, Ryan, Western Washington, 1.80m, (5-10.75).

Pole Vault - 1. Winters, Josh, Western Washington, 4.35m, (14-03.25); 2. Lucke, Bryan, Western Washington, 4.35m, (14-03.25); 3. Millson, Michael, Western Washington, 4.05m, (13-03.50); 4. Bailey, Wilson, Puget Sound, 3.90m, (12-09.50); 5. Cronenwett, Nick, Puget Sound, 3.75m, (12-03.50); 6. Lackman, Nick, Puget Sound, 3.75m, (12-03.50); 7. Edwards, Darren, Western Washington, 3.45m, (11-03.75); 8. Lloyd, Will, Western Washington, 3.30m, (10-10); --. Brown, Ryan, Western Washington, NH.

Long Jump - 1. Gruger, Shane, Western Washington, 6.56m, w:+0.2 (21-06.25); 2. Felt, Justin, Seattle Pacific, 6.47m, w:+0.7 (21-02.75); 3. Khouw, Justin, British Columbia, 6.28m, w:+0.3 (20-07.25); 4. Brockman, Keefe, Western Washington, 6.21m, w:+0.0 (20-04.50); 5. Morgan, Michael-Sean, Simon Fraser, 6.07m, w:+0.3 (19-11); 6. Satterwhite, Tim, Western Washington, 6.04m, w:+0.2 (19-09.75); 7. Skolnik, David, Puget Sound, 6.04m, w:+2.0 (19-09.75); 8. Nicolas, Dennis, Simon Fraser, 6.02m, w:+0.2 (19-09); --. Butler, DJ, Whatcom CC, FOUL.

Triple Jump - 1. Satterwhite, Tim, Western Washington, 13.60m, w:+0.0 (44-07.50); 2. Ivory, Jimmy, Puget Sound, 12.97m, w:+0.0 (42-06.75); 3. Felt, Justin, Seattle Pacific, 12.77m, w:+0.0 (41-10.75); 4. Skolnik, David, Puget Sound, 12.21m, w:+0.0 (40-00.75).

Shot Put - 1. Middleton, AJ, Puget Sound, 14.64m, (48-00.50); 2. Matschiner, Andrew, Seattle Pacific, 14.03m, (46-00.50); 3. Varkevisser, Brandon, Western Washington, 13.46m, (44-02); 4. Hoffman, Michael, Western Washington, 13.00m, (42-08); 5. Michaelson, Bryant, Western Washington, 12.37m, (40-07); 6. Gustavson, Reid, British Columbia, 12.07m, (39-07.25); 7. Harrison, Alex, Western Washington, 11.93m, (39-01.75); 8. Whyburn, Ian, Puget Sound, 10.88m, (35-08.50).

Discus - 1. Elder, Ben, Unattached, 45.63m, (149-08); 2. Hoffman, Michael, Western Washington, 45.01m, (147-08); 3. Michaelson, Bryant, Western Washington, 44.32m, (145-05); 4. Harrison, Alex, Western Washington, 39.07m, (128-02); 5. Matschiner, Andrew, Seattle Pacific, 36.81m, (120-09); 6. Larson, Josh, Whatcom CC, 32.29m, (105-11); 7. Varkevisser, Brandon, Western Washington, 30.60m, (100-05).

Hammer - 1. Bailey, Greg, Puget Sound, 50.74m, (166-06); 2. Hoffman, Michael, Western Washington, 44.66m, (146-06); 3. Middleton, AJ, Puget Sound, 44.53m, (146-01); 4. Whyburn, Ian, Puget Sound, 32.21m, (105-08); 5. Michaelson, Bryant, Western Washington, 27.83m, (91-04); 6. Harrison, Alex, Western Washington, 22.31m, (73-02).

Javelin - 1. Dekock, Ben, Western Washington, 56.82m, (186-05); 2. Jorgensen, Joshua, Seattle Pacific, 51.20m, (168-00); 3. Harrison, Alex, Western Washington, 50.44m, (165-06); 4. Valentine, Bob, Western Washington, 49.13m, (161-02); 5. Lloyd, Will, Western Washington, 44.29m, (145-04); 6. Larson, Josh, Western Washington, 39.97m, (131-02).