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Student Opinion

Central Washington University

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MESSAGE FROM U. S. FOOD ADMINISTRATION

To the Presidents of the Colleges and Normal Schools:

We are sending you a copy of a speech made by Dr. Alonso E. Taylor at the meeting of hotel men, when most of the large hotels pledged themselves to serve absolutely no wheat until the next harvest.

This speech is a powerful appeal and should be read by every college and woman. Can you have it published, wholly or in part, in your college paper; or read at chapel or on other public occasions?

Colleges are beginning to follow the splendid example of the hotels.

Will you not bring up the question before your students of abstaining from wheat for the rest of the college year? Doubtless many of them will be willing to help induce others to make the same sacrifice. Such an action would be a great service in meeting our present emergency.

United States Food Administration.

Speech by Dr. Alonso E. Taylor at the Food Administration meeting at a hotel men, New Willard Hotel, Washington, D. C., March 29, 1918:

"I wish very briefly to lay stress upon three points that every man in this room ought to realize and accept as war policies.

"We have got to reach the place, each one of us, where we define every decision in our lives as an act of war policy. Everything that we do, plan, eat, wear, must be measured and measured from one single point of view—will it contribute to the carrying on of this war, or will it contribute to its proclamation. There is no other thing in the world for us but to define everything in our lives as acts of military necessity or policy.

"The first necessity for us is to get a clear conception of the relation of wheat in the human diet and to divest ourselves of all preconceptions that a life of generations of ease, indolence and luxury has bred in us.

"We are accustomed to regard wheat as a more or less indispen-
sable article of diet. It isn't. It is an article of luxury and absolutely nothing else. Wheat possesses over oats, corn and rice absolutely no nutritional quality for man or beast. It has no more protein and no better protein. It has no more fat and no different fat. It has no mineral salt better of in larger amounts. It has no more fuel or better fuel. It is just one of the cereals, and there isn't the slightest evidence that it is the best one, nor that so far as comparative values are concerned in animals, it isn't the best one, it is very far from the best one.

"Our predilection for wheat is solely a question of taste, comfort and convenience; It is absolutely nothing else. Wheat makes the nicest bread, the lightest bread, the bread that is transported best, the bread that must have wheat, that longest. It lends itself to the habits of ease and convenience of people. We want it sent to Europe and not here, and we ask and expect the American man and woman in judging of every situation as contrasted with that of our Allies, men and women, to ask who has wasted in resources the most, who has lost the most by sacrifice, who has suffered the most in death and destruction, or we our Allies? and when we have a choice to decide as to whether we or they should increase or decrease our burden, it ought not to be the duty, but the joyful privilege of every American to lessen the burden of every man, woman and child in the Allied coun-
try of Europe, by accepting the heavier burden on this side. And because wheat is easier to prepare than oats and rice and barley—that is the very best reason in the world why we ought to accept the oats and the rice and barley and give them the wheat that is necessary to maintain a normal ration.

"You gentlemen serve a great many landlords and cranks, and you will hear a great many expressions to this or that other thing, or because they have had idiosyncra-
sies bred in them or developed by luxury. Now, when ever any one of your patrons tells you that he or she can't eat oats, or rice, or even beans, you must have a word with him and tell him that his individual is either a crank or a slack-
er and deserves from your hand only the consideration proper to the one or the other.

"We have all to decide whether we will serve the Allies, who need help the most, or whether we will serve ourselves who need it less. It is said that you had better begin serving the Allies now.

"We have all to decide whether we will serve the Allies, who need help the most, or whether we will serve ourselves who need it less. It is said that you had better begin serving the Allies now.

"The second point that I wish to emphasize, and this is based upon European experience in the art of rationing, is the enormous positive (Continued on Page Three)
STUDENT OPINION

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Editor........Josephine Gracy
Business Manager........hazel Bales
Assistant Business Manager.............Evelyn Sullivan

EDITORIAL STAFF
Assembly..................Alice Hays
Training School........Alma Flower
Features...............Nettina Stroback
Stenographer........Edna Johnson
Editor.............Glaydes Baker

After reading the earnest appeal made by Dr. Taylor to the eastern hotel men, we cannot help but feel that it applies to us right here at school as much as it did to those men, and we need to take it as seriously. As Dr. Taylor said, "we have to decide whether we will serve the allies, who need it more or whether we will serve ourselves, who need it less"—think of this a little oftener when for instance the menu doesn't quite suit you—follow the example of those who have this great war truly at heart—for we all have—and we don't want any one else to do the little we are able to do.

A Cornerstone.

Mr. Lechner an Editor.
Mr. H. J. Lechner, former agriculture instructor here, and at present county agricultural agent for Clatsop county, Oregon, is editing a small sheet called the Clatsop County Agricultural Council News, and has sent us a copy of this month's publication. This is a wide awake pamphlet and shows that Mr. Lechner is as active in his new position as he was here at school. We are glad to receive this issue and hope Mr. Lechner will remember us again.

EIGHTH GRADE GIVES SPECIAL PROGRAM
The program put on by the eighth grade in the Normal Assembly Thursday evening was unusually attractive. The play "The Burglar," prepared under the direction of Myrcle Ellis, showed up splendid talent and hard work. Mrs. Morton's Glee Club made quite a hit with their patriotic songs. The program and the cast in the "Burglar" follows:

Piano Duet—Trula Martin, Lena Kleineberg.
Play, "The Burglar"—Mrs. John Burton the Hostess, Wanda Wolf; Mrs. Valerie Arnusby, a widow, Peggy Pelch; Mrs. Charles Dover, a bride, Harriet Jacobson; Miss Freda Dixon, Loretta Chase; Miss Edith Brent, Pauline Miller.
Song, Welcome Sweet Spring Time. Bow Down to Uncle Sam. Eighth Grade Glee Club.

NEWS NOTES.
Mr. John W. Hays of Pasco visited his daughter Alice at Kamola hall on Tuesday. Mildred Wray is confined to her home in Orting with a severe case of mumps. Miss Helen Rice of Tacoma, a sister of Marian Rice, '17, visited with Miss McFarlane last week. Miss Rankin and Miss Mott motored to Yakima Saturday. Harriet Lucas and Anna Bristley spent the week end at Yakima.

DAMMAN SCHOOL PRESENTS PAGEANT
(Continued From Page One.)

Patronize Our Advertisers—They Will Treat You Right.
MESSAGE FROM FOOD ADMINISTRATOR

(Continued From Page One.)

example, the worth of the example, of the highest grade hotels and
restaurant. The greatest diet difficul-
ties in Germany today are due
to the fact that the poor man real-
izes that the big hotels don’t play
the game. A rich man today in
Germany can buy anything he has
the price to pay for—hams at $69
to $70 apiece, butter at $5 a pound.
Any delicacy outside of the regula-
tions can be bought by a man of
wealth in Germany today, and this
has honeycombed that nation with
graft. And it started with the very
best hotels—The Adlon, the Esplande—
and they are today responsible
for the disorganization of the ra-
tioning systems in public eating
places. Each manager or owner of
the high grade hotel and eating
house has a positive influence and
example that cannot be measured, as
judged by European experience.

“We have just sent over two of the
best food experts of the United
States to Europe, and what is the
striking thing contained in their
letters from London and Paris? The
thing that struck them the most
was the scarcity of food in the
best hotels of those two cities.

Thirdly and lastly, you have a
very important field of negative ex-
ample. It isn’t possible to main-
tain a conservation program in the
home, if the husband can leave and
go to a hotel and escape it. It is
thus impossible for a home program
to be successful. so long as hotels,
restaurants, public eating houses
and clubs will give the spoiled man
things to eat which the housewife
is trying to keep him from having.

“Now, this is not a theory, it is
an absolute fact. We hear it from
every state, we hear it in all
classes, we hear it from women
of larger means and from women
of little means, that they, who are try-
ing to play the game, who are con-
scientious, are frustrated in their ef-
forts at conservation by the selfish-
ness of men who will not play the
game with them, because they know
that they can find some public eat-
ing places in which the policy of
conservation is violated. In this
negative manner, by making it im-
possible for selfish men to break
the rules which their wives are try-
ing to follow, you can contribute
eormously to the effectiveness of
a food conservation program.

“Go to England today and com-
pare it with England of a year or
two years ago, and what is the
striking conviction that comes
home? That the intensity with
which England is fighting this war
is due as much as anything else
to the example, force and ability
of her upper classes, so-called, the
classes of means. They deny them-
selves the most, they take the heav-

(Continued on Page Four.)

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Wear Munsingwear.

DRAMATIC CLUB TO STAGE
"A VIRGINIA COURTSHIP" SOON
The Dramatic club will present
"A Virginia Courtship." in about
three weeks.
In the final tryout the parts as-
signed were: Major Richard Fair-
fax, of Virginia, Myrtle Calkins;
Amour Kendall, Overseer, Mary
Pakenham; Jack Neville, Christine
Brothers; Berkley, a young planter;
Mildred Hill; Squire Fenorich,
an old lover, Aggie Beck; Neal,
master of hounds, Grace West;
Sam a negro servant, Marie Flynn;
Jumper, a negro servant, Allegra
Baxter; Madame Constance, Robert-
on, Edna Johnson; Prudence, Doris
Buren; Marie, her maid, Nova Ger-
man; Betty Fairfax, her sister,
Alma Flower; Laura Fenwick, Mar-
ian McGill; Grace Fenwick, Helen
Walton.

ELVIS EATON MAKES
SURVEY OF COUNTY
Elvis Eaton '17 who is teaching
at Oakville, Wash., has just com-
pleted a survey of the rural dis-
tricts of Grays Harbor county for
Pres. Black. This survey included
the general location of school houses,
school districts numbers, railroads
and highways passing thru them
and the closest station of any size.
He has also sent in blue print maps
showing the exact location of school
houses in the district, and pictures
of many of the school buildings.
This survey will be used as data
for use in the rural department.

Wall Tennis.
Necessity is truly the mother of
invention. The wind blows so much
in Ellensburg that many students
cannot play tennis, during their
assigned period, so they have in-
vented a new game of wall tennis.
Wall tennis is an indoor game, usu-
ally played in the gymnasticum.
Each player chooses a wall and be-
gin by batting the ball against it
and keeping it up in the air as
much as possible. Each one plays
for himself alone and the game
is completed only by the sound of
the next period bell. This game
affords excellent practice for "The
Game" however and many do not
wait for the wind to drive them
to it.

MESSAGE FROM FOOD
ADMINISTRATOR
(Continued from Page Three)

The Game, like, with its trenches, its men
and all of the paraphernalia, but
to get the reaction of the French
common soldier toward the Ameri-
can visitor. These men who have
faced death for three and a half
years for you and me, fighting a
battle in which we have just as
much at stake as they have—these
men salute an American civilian
with an expression of respect,
reverence and trust that is absolutely
past description by human word.
"Why do these French soldiers
who have struggled with death for
freedom for three and a half years,
salute the American? Because in
that salute they express their trust
in America in the war: they ex-
press the trust in our assurance our
share of this struggle from every
point of view, not merely by gov-
ernmental participation in a mil-
tary program, but also by the
reconstruction of our entire lives
from the point of view of saving
and sacrifice, by supporting them
in the same sense that the Ameri-
can boy who fights beside them,
supports them, and is supported
by them.

"Now, we must be worthy of
this trust, and when a French sol-
dier salutes an American civilian
and he knows that American is
merely one typical of a hundred
and five million, he expects us to
do our duty as an ally, and he
knows we will do it. The peo-
lple of France know that the
American people are being asked to
undergo food conservation and they
know that the man who asks them
to undergo it is the man best qual-
ified in the world to do it—a pro-
gram—the Hoover of Northern
France and Belgium and now the
Hoover of the United States."

STUDENT OPINION

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Full fashioned, high spiced heel, double sole, hemmed garter
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