Special Olympics

‘Let me be brave in the attempt’

By MAGGIE MURPHY
Staff Writer

“Let me win, but if I cannot win, let me be brave in the attempt.”

This oath is the philosophy recited by all Special Olympic athletes in their effort to achieve individual goals despite mental and physical obstacles.

Ellensburg sports an active group of athletes and staff involved in the Washington State Special Olympics. Volunteer staff member, Blaine Aaron, is a senior at Central. According to Aaron most of the help are students from the university participating for a class practicum or simply for their own enjoyment. The job of a volunteer requires an “individual who basically cares and has a willingness to help out and accept a challenge,” said Chip Johnson, coach.

The athletes are Ellensburg residents most of whom live at Elmview, the local group home for the mentally handicapped. The sports programs are open to anyone 10 years and older who pass medical qualifications.

Special Olympics, sponsored by the Joseph P. Kennedy, Jr. Foundation, is an international program that promotes physical fitness and athletic competition for mentally handicapped children and adults. The program features a series of sports events modeled after the Olympic Games.

Johnson, CWU senior, began his involvement in Special Olympics five years ago. “I used to coach youth sports and just got tired of the parents - not the kids,” said Johnson. Working with the handicapped has given him a new adventure that he enjoys.

The “new adventure” brings with it some challenges for the staff. “The challenge for me is that the athletes learn the fundamentals and develop the sport so it’s a learning and fun experience,” said Johnson. He added that communication and understanding between coach and athlete are essential to produce a positive working environment.

For Aaron, the real work is dealing with the athlete’s emotional problems. “If they have something on their mind, they are not going to do anything they don’t want and it becomes like a tug of war between you and them.”

The athletes are confronted with problems of their own. Aaron believes behavior control of the mentally handicapped is a challenge. “They are taught appropriate behavior - they know what is expected of them and what is acceptable.”

Overcoming frustration is another difficulty the athletes face said Aaron. At times exercise of both body and mind becomes too much for the handicapped and frustration is inevitable.

The program includes summer and winter sports. Ellensburg participants are currently playing basketball in preparation for the regional tournament in Pasco, Wash., Feb. 22. If the team places first in this tournament, they will advance to the state tournament in Marysville, March 14.

A typical workout for the hoopsters is similar to that of a high school practice. According to Aaron the athletes warm up with exercises and simple calisthenics. This is followed by jogging a few laps around the gym. “We run through different drills to build up the participants basic knowledge of the sport,” said Aaron. The practice then finishes up with a short scrimmage.

The intrinsic value working with the mentally handicapped people has attracted many individuals. “It’s really rewarding emotionally,” said Mitzi Michaud, Central senior and coach.

Johnson believes more volunteers in Special Olympics would be advantageous to the program. By decreasing the athlete/staff ratio, concentrated instruction and attention could be given.

“Most people look at it as being kind of strange, working with someone who is disabled or mentally handicapped, because they classify them as different,” said Aaron. “But,” he adds, “they’re still people.”

Anyone interested in volunteering contact Susan Paul, supervisor of Ellensburg Special Olympics, at Lincoln Elementary 925-5831. Track and field begins the second week of spring quarter.
Reader wonders: 'what happened to our emotions?'

The Observer, Thursday, Feb. 6, 1986

By SHARON CHASE
Editor

Shuttle crash raises question of media's role

To the editors:

Reader wonders: 'what happened to our emotions?'

To last week, as we all know by now, the United States suffered its worst space disaster ever. The president declared the entire week to be one of mourning for those lost, even as the nation acknowledged the men and women who lost their lives. The media stated explicitly how the nation had been rocked by this awful tragedy. Yet, I didn't see it here.

Some joke about the disaster, while others discussed it as if it were a game or an accident. Sure, I've seen people get worked up over Khadafi and his antics; we enjoy shaking our fists at the world. It's human nature, I think. Yet, I was left wondering about my own reaction. I felt responsible journalism is keeping a sense of priorities above, and to develop AIDS one must first do one or all of the above, and to develop AIDS one must hope to be the one in 10. Certainly this complicated route does not demand, or even suggest, a quarantine. You suggestion of a quarantine involves from 750,000 to 1.5 million people thought to be infected by the virus, not the mere 16,000 you mentioned. This brings up several questions: How do we find all these people? How will we round them all up for testing and quarantine? Where will we put them? We've not enough room

Please see Letters page 7

To the editors:

Reader corrects inaccuracies in AIDS editorial

To the editors:

Your editorial recommending the quarantine of AIDS victims is irresponsible and insensitive. It is ignorant of the facts of AIDS and demeans the men, women and children who are AIDS victims.

I suggest you read "The Reality of AIDS" by Jonathan Lieberson in the Jan. 16, 1986 issue of The New York Review of Books, available in the library. Mr. Lieberson has consulted current research and presents the important facts about AIDS.

1. AIDS is not a disease, rather a severe result of infection by a virus called HTLV-3.

2. There is a one in 10 chance depends on your immune system being in an already weakened condition during infection by the virus.

3. The virus is weak outside of the human body and therefore are contagious; only the former qualifies for quarantine.

4. The US Public Health Service recommends simple hygiene as a precaution against infection for those not well included with AIDS victims. This is born out by the fact that no known cases of AIDS have been transmitted to uninfected people.

5. You are only at risk of infection if you indulge in practices already known to be sources of other diseases: these practices are hetero- or homosexual anal intercourse involving shared and contaminated needles. (Testing of our blood supplies now protects our blood supplies now protects hemophiliacs and others. Only children born to mothers with the virus cannot know the risk.) So, in order to become infected one must first do one or all of the important, like personal and national loss. Last Tuesday, America lost seven brave and outstanding individuals. They gave their lives for our country, as have many Americans in protecting this great nation we call home.

Perhaps people simply don't care anymore, or maybe we're all too concerned with ourselves. It would be a shame to think so, yet from what I saw last week, I do believe it's true.

Sincerely,

Bruce Carbary

To the editors:

Media hype. Last week a tragedy became copy for print and broadcast media. Are we losing our sense of perspective and respect for individual privacy in the mad scramble to beat the competition to still another news story angle?

I feel responsible journalism is keeping a sense of priorities about what is news, and reporting it: what is fair, and presenting it: what is important, and what is sensationalism. The media doesn't have to tug at the heart strings of the populace when a national tragedy occurs. The media doesn't have to tell me to be "shocked and saddened." Let me feel and think about the sadness of the event on my own terms, in my time and in my way.

Grief is a personal thing, for those directly involved, and those not touched in a personal way. Our grief manifests itself as an individual thing: a missed class because of thoughtful conversation, or just some introspective thinking about the frailty of our place in this universe.

If you're living at all, life is a risk. The astronauts risked for all the world to see you and I risk every day in our small universe. Hopefully we learn from the success or failure of our "challenges" just as the people at NASA will learn from the explosion of the "Challenger."
Casey’s resignation battle over

By MICK E. SHULTZ
Staff Writer

The Board of Directors of ASCWU accepted a letter of resignation from former board member Jeff Casey at the board’s Tuesday night meeting. The resignation, by all indications, is not in conflict with the constitution or the newly instituted resignation policy.

The letter, Casey’s third, brings to an end four weeks of confusion and turmoil for the BOD and its members.

Casey called the behavior of the board members “unprofessional and unbecoming” in his letter and said a press release issued by ASCWU President Jeff Morris regarding the matter contained “false and inaccurate data.”

At the meeting, Morris said “this charade has been carried too far” and added that the whole matter has been largely due to personal animosity between himself and Casey. Casey’s actions have “embarrassed and disgraced the entire student body” said Morris.

Pam Putnam, currently director at Large to Student Living, will be appointed to Casey’s former post of Director at Large Representative to Faculty Senate at next Monday’s meeting the board decided.

The reason for delaying Putnam’s appointment until next week has to do with the board’s new resignation policy instituted on Jan. 28. Putnam cannot be appointed to the new position until she resigns her old one, and the policy states that all letters of resignation must be placed on the agenda of the very next meeting after receiving the letter. In order to be in line with the policy they have to wait until next week’s meeting to accept Putnam’s resignation and appoint her to her new post.

ASCWU President Jeff Morris said he will list the name of David Coon to be appointed to the seat left vacant by Putnam at next week’s meeting.

Candidates line up for election

By MICK E. SHULTZ
Staff Writer

Twelve students have officially filed and announced their candidacy in this quarter’s ASCWU Board of Directors election.

Vying for the office of president are David W. Coon and Marc Johnson. Johnson is the only incumbent in this years race.

Three candidates are competing for the position of executive vice president, they are Ellen E. Nolan, Duane LaRue, and John M. Rooney.

Scott A. Lemert and Lynel Schack are campaigning for the position of director at large representative to Faculty Senate.

The office of director at large representative to clubs and organizations will go to either R. Scott Harnisch or Karen Henninger.

Three students are running uncontested, they are John Bash, director at large representative to student living, Jeanine Godfrey, director at large representative to facilities planning, and Michael S. Ferguson, vice president for budget and finance.

According to ASCWU Election Commission Member Chuck Garvey, the primary election will be held on Feb. 26. Garvey said all of the candidates’ names will be included on the ballot but only the votes for executive vice president will be counted.

The candidates will have an opportunity to address the student body in a forum in the SUB Pit at noon on March 10. The event is being organized by Janet Shoove, ASCWU Current. Events Coordinator.

A live televised debate to be aired on community access station KCWU channel 2 is also in the works according to Shoove, and is tentatively scheduled for 7 p.m. on March 3.

Residence Hall Council will also hold a candidates forum. The event is tentatively scheduled for the March 12 RHC meeting, said RHC Treasurer Dean Otey.

Central question:
How do you feel about the shuttle crash coverage?

* "They spend too much time in the immediate relatives personal grief. I feel it's impolite." -Jack Horny, emergency room doctor, auditing Spanish

* "I think they are over hashing I feel it is a tragic event, but going over and over is wearing it out." -Tony Viola, sophomore

* "I believe that the coverage by the media has a great effect on my emotional state, knowing that 27 other people died in a plane crash that day and didn't get hardly any coverage at all, if any." -Ramona Fletcher, sophomore

* "I think they have done a good job. All the details were well covered. I really don't like it when a reporter sticks a microphone in a person's face the day of the problem — it's too intrusive." -Phil Backlund, communications professor

Minister says South America calls for awareness

By LIONEL G. CAMPOS
Staff Writer

Sponsored by Peacemakers, Dana-Joel Belkhulm spread his message of the need for awareness of South America’s problems on Jan. 28 in the SUB pit.

Explaining he had no solutions to South America’s problems, Belkhulm said what he wanted to promote was awareness and understanding of South America. “If we are going to help, we need to understand and learn what they do before we act,” said Belkhulm.

Belkhulm, a Lutheran Campus Minister, spent some time in South America (Equador, Bolivia, and Peru) last year doing Lutheran Missimnary work. What he shared with the group that gathered to hear him was his experiences there.

Belkhulm said the United States is not giving the people of South America what they need. He said the United States is not helping by offering South America money because the countries are not able to pay back the loans. He said the United States is just furthering their dependence on it.

Adding that dependency does not solve poverty, Belkhulm said there is an open door for communism. Communists, he said, promise the people of South America what the capitalist countries do not, food and education.

Belkhulm said the revolutions and many demonstrations that do occur are against the oppression which exists. He said the Communist movement is strong because of what they do promise and what the United States does not.

While admitting that South America does have problems which include poverty and illiteracy, Belkhulm said the United States has something to learn from its southern counterpart.

“More than anything, it’s (South America) a land of people. A people that are so full of love and so full of life that I think for us to say we got something to share with you is an erroneous statement. We’ve got something to learn from them,” he said.
Term papers for sale
Catalog sells plagiarism opportunities

By KEVIN M. BUSH
Staff Writer

(This is the second part of a two-part story on plagiarism at Central.)

You've seen the advertisements in the back of the magazines. They read "RESEARCH ASSISTANCE - 376 PAGES - OVER 15,000 SUBJECTS."

There are such advertisements for a "Term Paper (assistance) Catalog" right here on Central's campus. At pretime, there was still an advertisement on a notepad outside Barge 307.

The catalogs are cross-referenced lists of mail order term papers which can be used at the student's discretion. They are expensive — from $6 to $20 per page, but imagine the time they would save.

"I would call it plagiarism," said Mike Lopez, associate dean of students and minority affairs. "No matter what you call it, it's academic dishonesty."

Plagiarism is punishable by anything from simply asking for the assignment to be repeated, to suspension from college. The terms for such a procedure are listed in the appendix of Central's catalog.

"I used one at another college and I'd probably use one here (at Central), just haven't needed to yet," said one Central student who wished to remain anonymous. "I gave them a call and told them what I needed and 24 hours later I turned it in," he said referring to the mail order term paper he'd used.

"I'm here to study business, I didn't have time to research some dumb history paper, so I bought one," the student continued. "I figure that as long as I know where to get the information that I need the easy way, it's inefficient to waste my time," he said.

"Most professors can spot it in a minute," said Donald Schliesman, dean of undergraduate studies. "Imagine a communications professor for example," he said, "He gets all these term papers and suddenly there's one that is perfect, fully referenced and perfectly typed."

When asked how he had gotten away with using a mail order term paper at the other college, the student said it was simple.

"No problem, I just plugged it into the old computer, added a few mistakes, left a little out and handed it in on computer paper."

Even with all its advantages, buying a term paper could involve some major obstacles, like cost.

A catalog from the Research Assistance Company out of Los Angeles cost $2 and doesn't take more than 14 days to arrive by mail. It has 14,278 topics, all cross-listed and in alphabetical order. The company also compiles demographic data, statistics, legal data, abstracts, medical information, annotated bibliographies, marketing surveys and similar data in any field. They'll even do custom research.

The catalog says the papers are, "prepared by people who are talented writers as well as being experts in their various scholastic areas. All our writers have advanced degrees," the catalog continued. "They've been through the mill. They know exactly what's required."

The company even includes a guarantee:

"We want to emphasize our exclusive two-fold guarantee that covers every one of the more than 14,000 research papers. You have a money back guarantee that the description in the catalog accurately describes the essence of the paper. We ship all research papers in unmarked envelopes to ensure confidentiality...AND WE GUARANTEE THAT ALL ORDERS ARE MAILED WITHIN FOUR HOURS OF RECEIPT."

Added to the cost obstacle, is the chance of being expelled for using such a paper.

"If you use someone else's work then you do have to acknowledge that," said Richard Meier, assistant dean of students. "I would advocate that faculty members set up something ahead of time to serve as guidelines for dealing with such things."

Have a Heart...

...Invite your Valentine to the annual Sweetheart Dinner, Saturday, February 8th, in the Sue Dining Room of Tunstall Commons Dining Hall. We have a limited number of seats for this special dinner, so for planning purposes, we are asking that reservations be made at the Dining Services Office between January 27 and February 7. Reserved seating arrangements and a list of entrees will be available for your selection at the time you make reservations.

Flowers for the lady—as well as a few other surprises—will be provided. Cost for meal card holders is $3. Guest price is $6.

SWEETHEART DINNER

presented by
CWU Dining Services

RHC Sweetheart Dance following, 9 pm - 1 am in the SUB Ballroom
Couples $5.00  Singles $3.00
Financial aid director analyzes past performance

By JEAN EDGE
Staff Writer

For many students last quarter, financial aid was a headache of unprocessed files, delayed aid checks, tuition and housing extensions, mounting bills and frustration.

In August 1985, Lynn Tindall, the former financial aid director, resigned in order to take a job elsewhere. Tindall's resignation, according to Dave Lee, the newly appointed director of financial aid, caused a staff shortage which resulted in many financial aid files not being processed.

"The staff had to work twice as hard in order to compensate for Tindall's absence," Lee said. "As a result, there were a lot of files that didn't get processed until later on in the quarter."

For some students, the delay in processing the financial aid files meant financial difficulty.

"I had some serious money problems," said junior Ann Brennan. "My financial aid check didn't arrive until late November. I couldn't pay my tuition, buy my books or pay my share of the rent. Fortunately, my roommate was one of the lucky ones who received her check on time, so she was able to loan me enough money to tide me over until my check arrived."

Although Tindall's resignation was directly responsible for some of the staff shortages and delays, Lee said he felt that part of the delay had been caused by budget cuts and the lack of necessary information in the students' files.

"I suspect a good part of the delay was caused by budget cuts," Lee said. "The budget cuts drastically reduced the staff available to us, which meant that when Tindall resigned, the available staff had to assume his duties on top of their own duties. As a result, the smaller staff wasn't able to process the files as quickly as we would have liked."

The other reason for the delay, according to Lee, was that many students did not submit the documents that are necessary to process the financial aid files and award financial aid monies.

"Many of the students didn't send us pertinent information, such as tax returns, or summer earnings, and the files can't be processed until we have a complete application packet," said Lee.

Club to provide new social setting

By PERRIE BIXLER
Staff Writer

One goal of higher education is to provide instruction and prepare students for entering the job market. But another important aspect of going to college is the socializing between students. A university campus provides a perfect setting for such interaction and Central is no exception.

Unfortunately, here and at other institutions, student activities can lack structure and direction and consequently students lose interest in those activities.

A concept called the "Undergraduate Club" in its beginning stages is intended to change that situation here at Central.

This concept was introduced last quarter during Preview Week by Deacon Meier, assistant dean of students and Tom Phelan, a Living Group Advisor (LGA) at Davies Hall. It involves a nightclub atmosphere in Tunstall Commons dining room with a doorman, waitresses serving non-alcoholic beverages and live music in the Lombard Dining Room.

According to Phelan, the idea has gotten positive responses, an observation also made by many students.

There has been a continuing concern by some interest groups about the lack of student activities on campus for underclassmen. There is also the concern of James Hollister, housing director, about overcrowded hall dances.

"What I wanted to do was take those two concerns and merge them into one and develop the idea," he said.

Please see Social page 7
Officer tried to detain the suspect. The suspect got away, and the suspect by assaulting the citizen. A man came to the aid of the police officer and another man who came to his aid was arrested. Neither are Central students. The two men were seen talking together when the officer approached them.

Also on campus, there have been several burglaries in residence halls and a few in Student Village. "There have been several incidences of students waking up in the middle of the night to find an unwelcomed guest in the room, or waking up finding their valuables missing," said Chief Alfred Teeples. He said the door was unlocked in each instance. "We are concerned about it (people not locking their doors) and you ought to be concerned enough to lock your doors," said Teeples.

Teeples said first floor windows, laundry room windows, and residence hall entrance doors should be kept locked at night, also.

Over the weekend there were several cases of malicious mischief reported to Campus Safety. In Hitchcock, a living group advisor was assaulted while trying to take some alcohol away from several people who were not residents of the hall. Also, in Moore, a woman called Campus Safety when a man standing outside her door said he was a campus police officer, and she could see through the door peephole that he wasn't a policeman.

CWU yearbook reappears after a 16-year absence

By PAT BAKER 
Staff Writer

In 1971 a tradition of yearbooks ended at Central, but with the help of an editorial board selected by senior and ASCWU Board of Director member Doug Pahl, an annual will be published next spring.

Students Todd Powell, Steve Parker and Chris Brunner are conducting a marketing survey to find out what students want in an annual, and how much they are willing to pay.

According to Pahl, there is a "90 percent chance" there will be a yearbook in 1987 unless research shows it to be infeasible. The total cost for 1,000 to 1,500 copies is estimated between $25,000 and $30,000, but the cost will be offset by advertisements and income from sales. The estimated cost per copy is $815, according to Pahl.

Pahl said tradition has been scrapped or thrown away at Central like student government and homecoming. He says there are a lot of things we can do on this campus to make college experiences more memorable, such as having an annual.

"It would also promote campus, club and individual recognition," he said.

Communication professor and former yearbook advisor John Foster said the first copy will be a difficult task since nobody working for the yearbook has experience.

Without experienced people, there is a greater possibility of mistakes being made, and there should be few mistakes if any because the "yearbook is a book of records." It is something that will be referred to throughout a lifetime, he said. Foster said a yearbook is a lot of hard work and claims when he was the advisor, it turned his hair white.

According to Foster, statistics have shown that mainly freshmen and seniors purchase yearbooks. He said the annual would be more successful if sophomores and juniors could be convinced to purchase one.

"I wish them luck but I won't hold my breath until the first copy comes out."

"A yearbook is a record of friends and activities of the institution involved," said Deacon Meier, assistant dean of Students. He said it would build alumni support and family ties among friends at Central. Meier said when he was in college, people were not interested in annuals, but now he wishes he had one. "I think it could be successful."

Although an editorial board has been established, Pahl said the yearbook staff is still in desperate need of an advisor and all the help they can get. If you are interested in working on the annual, contact Pahl at 963-1694.

TRADITION — Doug Pahl is trying to get a Central annual started again to help "make college experiences more memorable."

Man wrestles and escapes cop

While being questioned outside the C-Wing of Barto, a man, who was seen with a beer, turned to walk away from a Campus Safety police officer. According to Campus Safety reports, the police officer tried to detain the suspect by "grabbing him on the back of the collar" when a wrestling match ensued.

A citizen attempted to assist the police officer and another man came to his aid was a campus police officer, and he it turned his hair white.

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Letters

Continued from page 2

for our current population of prisoners and homeless. (I can imagine your opinion of them.) How long is the quarantine? Is it limited only to the times when the guests want drugs or sex? Who will monitor them? Squads of men and women in white coats, with whistles, and tapping pencils, saying, "Tsk, tsk, none of that now!" Who will pay for all this? A tax increase makes the public edge. The questions are endless, blithely ignored by your editorial, and show the idea of a quarantine to be absurd.

The most appalling part of your editorial, however, was its bigoted ending. You called homosexuals and drug users "unsavory," not "normal (like) us," as getting their "just rewards" from AIDS, and that they are somehow guilty and not "innocent." Your use of quotes around these words does not hide your malicious intent and tone. How sad that such remarks appear just a week after our nation honored Martin Luther King Jr. and his commitment to eliminating hatred and bigotry.

You owe your readers an apology for distorting a very important issue and you owe an apology to AIDS victims, their families, and friends for your insensitive remarks. Next time, please research a subject before writing on it.

Jim Fox

Daterape article finally takes the fault off women

To the editors:

I would like to commend you on the article in last Thursday's paper titled, "Survey Reveals Shocking Statistics." I appreciate the realistic facts about rape, and the positive thoughts for victims as well as all women.

I believe the majority of people still think of a sassy, scary stranger when they hear the word, "rape." This is a very grave mistake since, as stated, the rapist is often an acquaintance.

The attitude that some men and women have about rape somehow being the woman's fault is despicable. It is time men took responsibility for their actions and for women to blame the irresponsible men instead of themselves.

I think the article was much more realistic than an article on ways to prevent rape. Many preventative measures such as walking quickly and confidently won't help in something like a date rape situation. That type of article still places all the blame on women, as if they were the ones doing something wrong.

Sincerely,

Lori Rude

Social

Continued from page 5

concept of the "Undergraduate Club," not just for underclassmen but for everyone," said Phelan.

He discussed his idea with Meier and Hollister and enlisted the help of Katie Rogers, manager of Carmody Munro Hall. Phelan and Rogers made plans, identified objectives, and decided on a location. The Fountain Room and adjacent South cafeteria in the SUB seemed ideal. At this point they began collecting resource groups.

It was decided that the program should go through SUB Facilities (like the cafeteria and Ware Fair do) to eliminate the cost of rent.

To reduce conflict and gain support, the program was to be non-alcoholic. Several interest groups and clubs showed their support by offering to pick up the program's expenses. Phelan and Rogers solved the problem of manpower with an internship program.

"We felt by using all the campus resources (advertising, finance, public relations, etc.) to fill positions, it would create a high quality production and also be educational," Phelan explained.

As outside support grew and the feasibility continued to increase, Phelan and Rogers expanded the idea to three nights a week.

Monday night would feature sports, Wednesday night would offer a multitude of alternatives including movies, food fairs, etc. Friday night there could be dancing in the nightclub atmosphere.

Shelley Larsen, BOD facilities planning director, joined Phelan and Rogers and they hoped to finalize everything and begin spring quarter. As Christmas break approached, however, talks slowed down and productivity lessened between students and SUB operations. There seemed to be some concerns about such a complex project going through SUB facilities.

But Phelan didn't want to give up the idea and he took it to BOD to see if they would sponsor the program. According to Phelan, that's where the project stands now.

"The project has become much more complex than I ever anticipated," said Meier. "While the idea is a good one, it will have to be tied into Cooperative Education, the individual departments etc.," Meier said.

The concept could be done without all that. This concept could be applied by utilizing the SUB resources with student employees and liaison people like Tom (Phelan)," Meier explained.

Student reaction is important to the future of this project. For now, Phelan wants students simply to circulate their feeling around campus.
SCENE

Balancing act: parenting, school

By SHARON CHASE

The Ranch Tavern was the scene of a beach party and the "beach" was full Friday night. The event was designed by KXLE and Students Against Multiple Sclerosis (SAMS). Between 500 and 600 supporters turned out for the party, most in beach wear. Over 81600 was raised for SAMS benefit and, according to Chester Reitze, special event coordinator for KXLE/SAMS, the turnout was "beyond our wildest estimation."

Dance music was provided by the local group, Boys Will Be Boys, a band specializing in top 40 pop music, and DB Productions.

In keeping with the beach theme, a wind surfer was given away and as dance fever hit the crowd, the dance floor, table tops and even benches were used for dancing.

"Everyone gave 110 percent," said Reitze, including the entertainment and the Ranch management.

SAMS has scheduled numerous events for the next few months on campus. Frazzlin's SAMS official pizza place, has donated to the campaign through discounts on pizzas. A panel discussion on MS will be held today at noon and on Feb. II in the SUB pit at noon. The panel will consist of a student, a health worker, a physician and a health worker, a physician and an MS patient.

SAMS Chairperson Joanne Schoettler is "challenging all resident halls, clubs and organizations to compete against each other to raise funds for MS."

Governor Booth Gardner has proclaimed February as "Bust MS Month," as have the Ellensburg City Council and the ASCWU.

Beach party at Ranch begins 'Bust MS Month'

By SHARON CHASE

Editor's note: The single parent usually opts to make parenting their first priority after weighing the responsibilities of school versus time with the children. Small but important choices are made by the student-parent, and to better understand these dilemma, an example is the routine chore of bedtime.

The tucking-in process takes only minutes, but these are precious for the relationship and security of both. A ritual of bedtime story or just quiet talk before lights out provides a touchstone and when it is missed because of other obligations, the single parent misses more than, "Good night, I love you..."

Diapers and back packs. She is carrying nine credits this quarter and a seven month old daughter. She works three nights a week waitressing and is pursuing a second degree in early childhood education. She is a returning student and said about being a full-time student, "It was the best thing for both of us.

Joann Riggs, 24, is a student during the day at Central, a waitress at night and a mother 24 hours a day. The hardest part Joann says is giving equal time to all the demands placed on her. "There is just not enough time in the day...there's just not. And, I want to give my studies 100 percent, I want to give my daughter 100 percent." There is not much time or energy left for a social life and she wishes she had more time to herself.

Her expectations about being a full-time student have been adjusted downward in favor of balancing classwork and motherhood. "After the first three days (of winter quarter), I knew that it was impossible, and as a mother...I didn't have the energy to be able to devote enough time to all those classes," Joann said.

Childcare is usually an extra burden for the single parent student, but Joann is fortunate to have her daughter's grandparents at hand. She worries about her child's adjustment to the new routine and is concerned that she is not spending enough time with her.

Finances are a quarterly issue of quarter stress, but Joann is optimistic about the goals she has set for herself, "I just have a really strong faith. I feel that God gave me this beautiful baby and He is going to see that we are taken care of, and there's a future for us. I just really believe that, and every day that is something I hold onto."

Lunch was typically late for Joann. She munched on a peanut butter sandwich and sipped a glass of milk while being interviewed. And when

Please see Single page 11

EQUAL TIME — Homework and motherhood are all in a day's work for Joann Riggs, but her seventh month old daughter, Angela, doesn't seem to mind.
Thur~day, way of the dinosaur, vanishing from the face of the earth in only a few short years. In their place will come new technology in the form of the compact disc. Compact discs (CD's) are rapidly becoming the champion product ever introduced, according to the Dec. 1985 issue of Digital Audio.

The CD as it is commonly known does not have to contend with the format battles that plagued magnetic tape. It took cassettes 20 years to conquer the 8-track and open-reel formats. Consumers don’t have to choose with CD’s…there is only one format. This is part of the reason many experts believe CD’s will make records obsolete in as little as five to 10 years.

The CD disc itself is 12 centimeters wide and 1.2 millimeters thick. It is covered with a mirror-like protective surface. If treated well, a CD should sound just as good decades from now because it uses pure light instead of a needle. A CD can play over an hour of continuous music. It plays one side only, the bottom side, so there’s no changing sides.

Underneath the protective coating are extremely tiny pits and bumps which reflect light from a microscopic laser beam forming a digital music signal. The laser must travel within a much smaller groove than that of an Lp. In the space of one Lp groove there is room for 60 CD grooves. Within the CD groove are eight channels available for "subcode" information. Currently, only two of the channels are used for music playback. Eventually the remaining six channels will be used for picture displays on a TV; combined music with images.

Some new CD’s are using this process already. Picture CD’s open a whole new door for artistic creativity. Along with the CD’s burst in popularity have come a few problems. There is a shortage of availability and variety of CD’s. There are only about 5,000 titles being produced currently. Part of the problem is there are only about seven CD manufacturing plants in the world. Joe France, manager of Stereocraft, says Ellensburg has not escaped the CD shortage; sometimes customers must wait as long as 90 days for their favorite disc. France says the 250- to 350 CD’s he normally has on hand sell pretty fast.

Tim Nelson, owner and manager of Ace Records says CD’s are “the best sound yet.” His customers tend to agree. On Christmas Eve a quarter of all his sales were in CD’s, rather unusual since he has over 7,000 records and tapes.

The increased dynamic range of the CD has also proven to be a problem in CD players for cars. The new CD technology promises to continue to bring new and exciting developments in the years ahead. Keep an eye on it.

By GREG KIRKPATRICK
Staff Writer

Ordinary records will go the way of the dinosaur, vanishing from the face of the earth in only a few short years. In their place will come new technology in the form of the compact disc. Compact discs (CD’s) are rapidly becoming the champion product ever introduced, according to the Dec. 1985 issue of Digital Audio.

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Compact discs trend .of the future

NEW WAVE — CD’s are rapidly replacing conventional recording formats.

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A DREAM BECOMES A REALITY

On January 20, 1986, the first legal holiday honoring Dr. Martin Luther King Jr. was declared. Dr. King, a civil rights activist, paved the way for Black-Americans seeking justice and equal rights in the United States.

April 4, 1968, Dr. King was assassinated at his hotel room in Memphis, Tenn. A great leader was lost...but his dream lives on.

Due to conflicts with scheduling set in 1985, CWU was unable to celebrate Martin Luther King Jr. Day this year. The holiday schedule, when arranged in 1985, set aside July 5th as a holiday - replacing Lincoln’s birthday on the schedule. All state employees are guaranteed eleven holidays per year: New Years, Martin Luther King Jr. Day, Presidents Day - which is in honor of Washington’s and Lincoln’s Birthdays combined, Memorial Day, Independence Day, Labor Day, Veterans Day, Thanksgiving, the day after Thanksgiving, Christmas, plus a personal holiday.

In arranging the holiday schedules for CWU employees, the initial arrangements for moving Lincoln’s Birthday to the 5th of July were made before the announcement of the new Martin Luther King Jr. holiday, along with the combination of Washington’s Birthday with Lincoln’s Birthday into one holiday - President’s Day.

According to Dr. Donald Schliesman, Dean of Undergraduate Students, the holiday schedule will be revised in 1986 to include the Martin Luther King Jr. holiday at CWU. Suggestions for special events that you would like CWU to consider implementing next year can be turned into SUB 215 between 3 and 5 pm.

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ATTENTION STUDENTS

Each quarter $48 of your tuition is used as a type of self-tax. This tax, the student activity fee, provides money to help support student related areas. The breakdown of how this fee is distributed is as follows:

<table>
<thead>
<tr>
<th>Bond Retirement:</th>
<th>1983-84</th>
<th>Quarterly</th>
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<td>Housing Buildings</td>
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<tr>
<td>SUB</td>
<td>16</td>
<td>4.00</td>
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<tr>
<td>Student Newspaper, Radio, TV</td>
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</tr>
<tr>
<td>Intercollegiate Athletics</td>
<td>18</td>
<td>4.50</td>
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<tr>
<td>Intramurals</td>
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<td>.75</td>
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<tr>
<td>SUB Administration &amp; Building Maintenance</td>
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<td>11.00</td>
</tr>
<tr>
<td>Department Related Activities</td>
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<tr>
<td>Social &amp; Recreational Activities</td>
<td>13</td>
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<tr>
<td>Guaranteed Student Loan Fund 21%</td>
<td>13.50</td>
<td>3.38</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td><strong>193.50</strong></td>
<td><strong>48.38</strong></td>
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HERE IS A BREAKDOWN OF WHERE YOUR S & A DOLLARS HAVE BEEN SPENT DURING THE LAST BIENNium

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ELECTION RESULTS

Results from ASCWU Club Senate officer elections of January 21 are as follows:

- **Vice Chairman**: Tony Dulley
- **Treasurer**: Karen Henninger
- **Secretary**: Tara Wise

The appointments were approved with the passage of the By-Law election on January 23, 1986.

Congratulations to all new Club Senate Officers.

- **Public Relations Coordinator**: Sandi Murdock
- **Advertising Coordinator**: Cindy Coffman

(This is a paid advertisement)
AFROTC offers CWU students scholarship

By GAILIN HESTER
Staff Writer

With the cost for a college education increasing, the U.S. Air Force Reserve Officer Training Corps (ROTC) is now offering four year scholarships at Central to help interested students obtain their college degree.

"The Air Force is going to be a four-year program for a couple of reasons," said Captain Jim Boynton, Professor of Aerospace Studies. "Number one is that there are a lot more scholarships available to students and applicant cadets with a four-year program," continued Boynton.

Minimum qualifications for entry into the scholarship program consist of scoring over a thousand on the Scholastic Achievement Test (SAT), a 2.5 GPA and a recommendation from a principal or counselor, if still in high school.

"The four-year program allows the cadre or faculty here at ROTC to expand our leadership training, expand our management training and hopefully put out better officers into the Air Force," said Boynton.

Those enrolling in ROTC without a four-year scholarship program must be at least 17 years old, have a 2.5 GPA, and an interview with Boynton or another faculty member in the ROTC program.

Maximum age for a non-scholarship student is 30 at the time of graduation. The four-year ROTC program allows a freshman or sophomore who is not on a scholarship to enroll in the program, take classes, and wear the Air Force uniform once a week without any obligation.

Those who accept the scholarship must make a commitment their sophomore year to finish the ROTC program and to serve in the Air Force for four years.

Single

Continued from page 8

questioned about what she does just for herself, there was more than peanut butter stuck in her throat. "...the only thing I can really say that I do for myself is that I fill up the bathtub, and put in the bath minerals and I just sit in silence and relax."

If the baby wasn't a consideration Joann said she would do something physical like swim or jog. She added, "other than that, when I think of time for myself, it's really time with her. "Cause it makes me feel good when I'm with her."

This young mother and her daughter represent lots of single parent students here at Central. Their problems are not unique to two parent families, but because of the nature of single parenting, they are sometimes magnified and the burdens seem heavier. Vicki, 38, is a special education major with one child, 17. Single parenting and a being a full-time student leaves little time for Vicki and her teenager to just enjoy each other. She feels certain returning to school was the only option for a secure financial future. Vicki has no regrets but says, "...living is a daily thing. Just getting by daily. Studies and parenting are very hard, at times I give up on the studies."

Together Desiree, 26 and her child aged 3 make a family unit. She also returned to school to improve her chances of getting a better job. Desiree echoes the feelings of the other single parent students when she said, "There is never enough time." She added that, "If it is a choice between schoolwork and being mommy, the mommy wins everytime."

This student-parent answered emphatically that even though there are obstacles, coming back to school was the right decision for her.

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(across from campus)

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Monday – Saturday
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It's the best meal deal going. Our 100% pure beef single burger with "more burger than bun". A small order of crispy golden fries. Your favorite small drink. And, to top it all off, a cool and creamy 5 oz. DAIRY QUEEN sundae.

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925-5542

American Heart Association
WE'RE FIGHTING FOR YOUR LIFE

Our Heart is in your hands
SAMS.

HEART of ROCK-n-ROLL
Tues. Feb.11, 10-2pm: SUB
Thursday, February 6
□ Red Cross Blood Drive—SUB Theater, 11 a.m. to 3 p.m. Sponsored by Air Force ROTC.
□ Panel Presentation—Multiple Sclerosis, SUB Pit, noon.
□ Meeting—BACCUS, SUB 210, 3:30 p.m. to 5 p.m.
□ Meeting—Campus Ambassadors, SUB Taneum, 4 p.m. to 5:30 p.m.
□ Meeting—MECHA, SUB 204, 5:15 p.m.
□ Seminar—Winter Camping Skills Pre-Seminar, 7 p.m., Recreation Center. For more information, please call 963-3537.
□ Theater Festival—Detrimax, performed by Western Washington University, 8 p.m., McConnell, 84 or 912 series pass.
□ Men’s Basketball—CWU Junior Varsity vs. Seattle Pacific University, 3 p.m.; CWU Varsity vs. SPU, 7:30 p.m., Nicholson.
□ Women’s Basketball—CWU Varsity vs. SPU, 5 p.m.

Friday, February 7
□ Jazz—Sights and Sounds of Jazz ‘86, featuring jazz dances and music. Jazz Band 1 director John Moawad. Orchesta directors Christie Brown and Lena Jo Sharpe, 8 p.m., Hertz, 84 general admission, 83 students.
□ Theater Festival—Waiting for Godot, performed by Washington State University, 8 p.m., Hertz, 84 general admission, 83 students.
□ Dance—Hitchcock Hall, 9 p.m. to 1 a.m.
□ Deadline—Last day to withdraw from classes with permission.
□ Wrestling—At Simon Fraser University, 6:30 p.m.
□ Women’s Basketball—At WWU, 7:30 p.m.

Military recruiting
□ U.S. Marine Corps—Feb. 6-7; March 12-14: Officer Selection, SUB Information Booth.
□ U.S. Army—Feb. 12; March 12; Army College Fund, SUB Information Booth.
□ U.S. Air Force—Feb. 21; Advance sign-up for interviews at CP&PC; Pilots and navigators; looking for people with math backgrounds.

Graduate school recruiting
□ Gonzaga University—School of Law—Feb. 10. Advance sign-up at CP&PC, Barge 105. Group meeting, 1:15 p.m., SUB 107. Interviews, 2 p.m., Barge 105. military recruiting

Campus Interviews
The following organizations will have representatives at the Career Planning and Placement Center to interview interested candidates. Sign-up schedules are posted one week, to the day before the arrival of the interviewers.
□ Oregon—Estacada School District, Feb. 28. Four openings in Special Education.
□ Washington—Public School Personnel Cooperative, Feb. 21. All subjects and grade levels. Districts: Olympia, Tumwater, Yelm, North Thurston, Griffin, Chehalis, Centralia, Napavine, Oakville, Tahoma, Group meetings for all interviewing: 9 a.m. and 1:30 p.m., SUB 204-05.
□ Teacher Job Search Workshops—4 p.m. to 5 p.m., Black 106, featuring the following topics: Feb. 18: Job Finding Skills, Feb. 19: Resume Writing, Feb. 20: Interviewing.

Attendances
□ Colloquia Series—“Professional Ethics in the Military: Evolution from 1750 to 1918,” featuring CWU History Professor Zoltan Kramar, 7:30 p.m., Grupe Center. Public invited, free. Sponsored by the College of Letters, Arts and Sciences.
□ Presentation—“Making Reading Fun,” presented by Cathy Teely, 7 p.m., Black 108.

Coming Events
Students/Staff for the Education and Prevention of Sexual Assault (STEPB) is conducting a training workshop Feb. 21-23. For more information, please call Key Bils, 963-1881 or Susan Sonnen and Marlene Brookhart, 963-1391.

Job search workshops
Two job search workshops will be presented by Robert D. Malde, CP&PC, for all those interested on Feb. 6, 3 p.m. to 4 p.m.; Shaw-Smyser and March 4-6, 4 p.m. to 5 p.m.; Shaw-Smyser 105.

□ Red Cross Blood Drive—SUB Theater, 11 a.m. to 3 p.m. Sponsored by Air Force ROTC.
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Built Ford tough

CWU wrestling coach leading by example

By BRIAN ZYLSTRA
Staff Writer

As a Central wrestling coach in 1983, Greg Ford accomplished a big goal: winning a NAIA individual title. Now as a co-coach at CWU, he is trying to help his grapplers achieve the same goal he did three years ago.

"My goal is to make national champions," Ford said. "I want to do that." The 30-year-old coach said, "Right now that’s one of my biggest goals." Ford said the Wildcats, on paper, could be a force at nationals this season. But he warned that wrestling has a long, demanding season.

"My goal is to send these guys to nationals healthy," Ford said. "If we can get these guys healthy, we can do well." Ford said one of his team’s strengths is its attitude. "It’s a big plus," he stressed. "We’re just like a big family. We work together, we train together, we study together." He noted that coaching a team like Central, which doesn’t have wrestling scholarships, is an ideal situation for him. "I would never coach at a scholarship school," Ford said. "I wouldn’t want to use it (a scholarship) to control wrestlers."

Ford said his expectations for his grapplers are pretty high. "I want to do the best. For that, we need the best guys." Although he said he stresses conditioning and preparation on the mat, Ford also emphasizes trust, caring and academic achievement off it.

"In dealing with past experience, I try to get them to not put wrestling ahead of the world," he said. His experiences with wrestling during the past several years have definitely been interesting. His has been a story of boom to bust to boom again.

While at Tamalpais High School in Mill Valley, Calif., Ford lettered four times in wrestling, was the team’s most valuable wrestler, his junior and senior seasons, and won the state title in the 114-pound division of Greco-Freestyle wrestling as a senior.

Ford also lettered twice in baseball — he was the team’s MVP both years — and once in football. After graduating from high school in 1974, Ford attended the University of California-Berkeley, where he wrestled one season. Ford then transferred to Diablo Valley College in Concord, Calif. "I switched because it was pretty close," he said. "And because they had a good wrestling program there."

Ford hit the transfer trail again in 1976, arriving this time at San Francisco State, where he opted not to wrestle. He then dropped out of school and stayed out of college wrestling for almost four years. "I was a little discouraged with wrestling," he admitted. During this period Ford had a variety of jobs and began coaching wrestling — he coached two years at Redwood High School in Redwood, Calif. But Ford continued to keep his wrestling skills sharp. In addition to training with the 1980 Olympic wrestling team in Colorado, Ford worked out with the Bakersfield (Calif.) Express in the summer of 1976. While training with the Express, Ford was under the tutelage of then Bakersfield State wrestling coach Joe Seaye, now the coach at Oklahoma and the 1988 Olympic wrestling coach.

Ford said Seaye influenced him in his decision to wrestle in college again. "I have to give him credit for getting me to go back to school," Ford said.

Yet Ford was apprehensive about resuming his college wrestling career. "I wasn’t sure I wanted to wrestle because I’d been out so long. I wanted to see if I could fit in."

Ford followed Seaye’s advice and contacted such NAIA schools as Central, Southern Oregon, Central State (Okla.) and Adams State (Colo.). Ford decided to enroll at Central. A key factor in his decision to come to Ellensburg was wrestling coach Eric Beardsley.

"Coach Beardsley stressed education," Ford said. "That’s why I came to Central. He was straight forward and honest. "He didn’t promise me anything, and I didn’t owe him anything. That’s rare." Ford was also impressed by Beardsley’s interest in him as a person. "He didn’t talk to me about wrestling. He talked to me about what I wanted to do."

The 1981-82 season, Ford’s first at Central, was one in which he was plagued by injuries. The injuries limited Ford to only 11 matches that season. "I had injuries everywhere," he said. "I was being beaten by guys who I’d beaten previously. Mentally I was still strong, but physically I wasn’t sharp."

Ford’s biggest win that season was the 118-pound division championship at the Washington State Collegiate Tournament.

Following that injury-riddled season, Ford dropped out of school after winter quarter and returned home to California. "I re-evaluated my life," Ford said of his time away from CWU. "I thought about whether to keep wrestling."

Ford decided to return to Central, a move that paid off handsomely for him and the Wildcats. In 1983 Ford captured the NAIA title at 118 pounds. "To me, that was a very successful season," he said.

Another Central wrestler, Robin McAlpine, won the NAIA crown in the 126-pound class that year, helping the ‘Cats earn a sixth-place finish in the national tourney.

Ford said a key incentive for the team to do well in 1982-83 was that it was Beardsley’s last season as coach.

"I felt we had to do it for him that year," he said.

After completing his college wrestling eligibility, Ford spent much less time on the mat during the past few years, wrestling at local tournaments and working with the Ellensburg High School wrestling team.

Ford returned to the CWU wrestling team for the 1984-85 campaign, serving as assistant coach to head mentor Scott Ricardo. This season Ford was named co-coach along with Ricardo.

In addition to coaching, Ford has almost completed his studies at Central. A Physical Education major and Psychology minor, he will graduate this June.
Wildcats steamroll PLU; standings tighten

BY MATT MASSEY
Staff Writer

Turning the corner. That's exactly what the Central men's basketball team made sure it did last Tuesday night at Nicholson Pavilion. In fact, the Wildcat hoopers made sure they were around the bend in NAIA District 1 action by running over previous district- leader Pacific Lutheran University, 82-60.

"We're definitely playing better now," said CWU mentor Dean Nicholson after the crucial victory that lifted his 'Cats one- half game of the district pace. "We came out with great intensity tonight. I feel good about the team, we're playing harder now."

With the win, Central topped its district mark to 8-2, while PLU fell to 9-2 and into a tie with Lewis-Clark State College for a non-district encounter at 7 po.m. at Nicholson Pavilion.

SATURDAY: Central at Lewis Clark State College.

NAIA DISTRICT 1 STANDINGS

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REMAINING CWU DISTRICT SCHEDULE:
Saturday at Lewis-Clark
Feb. 15 at Western Wash.
Feb. 19 vs. Whitworth
Feb. 20 at Seattle U.

a non-district encounter at 7:30. Tonight Nicholson will be shooting for his 500th career on- the-court victory, unofficially. By NAIA standards Nicholson would officially be going for the 500th, but his affiliation, the NAIA, takes away 19 wins from forfet in the 1982-83 season. By NAIA standards Nicholson has 480 wins.

CWU showed no signs of the letting the depleted Lute troop from Tacoma get of Ellensburg alive. Nor did it allow them any chance to think of it either. Without three regulars, PLU gave way much height and quickness. The Lutes were without second-leading scorer and top rebounder 6-7 Scott Lewis (13.7 and 5.9), third- leading rebounder 6-4 Dan Lierh (4.9), and 5-11 point guard Doug Galloway, who reinjured a tender knee early in Tuesday's contest. Central took advantage of that, blowing out to a 10-4 lead after Tim Durden's slam dunk at the 14:00 mark. The Wildcats never looked back, increasing the margin to 38-27 by intermission.

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Men

Continued from page 14

shot. To open the half, the Wildcats went on a 17-6 tear to take a 23-point cushion at 55-33, the largest advantage of the evening.

Durden (6 points) and Harris (4 points) triggered the run. The 'Cats held to no less than a 14-point bulge to run down the undermanned Lutes.

Taylor topped the Wildcats with 15 points, while Harris and Durden chipped in 14 and 12, respectively.

CWU overwhelmed the PLU squad on the boards, 45-24. It was simple. The 'Cats were much more prepared for this one and it showed.

"It would have been more fun to play them with our three starters in ther," PLU coach Bruce Haroldson told afterward. "We really got outquicked."

CWU Men 68, St. Martin's College 57

The Wildcats made it a clean sweep from the Saints for 1985-86 in NAIA District 1 play with the victory in Lacey. After holding a 54-53 advantage with 4:58 remaining in the Saturday night contest, the 'Cats poured through eight unanswered tallies to pull away.

Central had defeated the pesky Saints just 14 days earlier by a 69-55 count in Ellensburg.

With 1:49 to go in the game, CWU clung to the nine-point lead with the string of consecutive buckets. In the offensive burst, the Wildcats got two big hoops from always-reliable center Ron vanderSchaaf, who finished with a game-high 21 points, one point shy of his season-best.

CWU guard Joe Callero, a 5-foot-9 senior from Enumclaw, popped in a career-high 16 points to boost the 'Cats' offensive attack. Callero netted his first five field goal attempts, all from long range. The 6-foot-8 junior, vanderSchaaf, was the big horse inside, drawing constant pressure — which eventually paid dividends in the form of 11-of-12 free throws converted.

Callero hooped 8-of-11 field goals and pulled in five rebounds on the night.

"This was Callero’s best game of the year," Nicholson told of the point guard, who has started in every game this year.

"One of the key things for us was that outside shooting," said Nicholson. "I was really pleased with that part of our game. It was a good win for us. St. Martin’s played very tough."

Nicholson pointed to the CWU bench as a major contributor in the win. Junior guards Jeff Leary (2-of-3) and Billy Veliz (3-of-4) provided some outside shooting spark in reserve roles.

"CAT CLAWS — CWU needs to register victories in its final four District 1 matchups to claim a district playoff spot as the No. 1 or 2 regular-season seed. Although, the 'Cats aren’t even assured of a playoff berth mathematically, they should qualify for post-season play with two more wins. The top four teams will advance to the playoff tournament with No. 4 team at No. 1 and No. 3 at No. 2 on Feb. 27 in single-elimination games.

The two winners move onto the NAIA District 1 best-of-three-games championship series, March 3, 5, and 6.

The first game in the series will be played at the lower-ranked team’s homecourt. In 22 years at CWU, coach Nicholson is vying for his 20th trip to Kansas City, Mo. with his 1985-86 club.

Joe Powell Signing party

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MIDDLE MAN — CWU forward Tom Petterson (43) is sandwiched by Seattle University foes Steve McNulty (31) and Kevin Bailey (32) on Jan. 28.
Revenge is top priority for Central

BY BRIAN ZYLSTRA
Staff Writer

If anyone was looking for wrestling action last weekend, Nicholson Pavilion was the place to be, as Central hosted a dual meet with Simon Fraser University and the Washington State Collegiate Championships.

The Wildcat grapplers, still plagued with injuries, were handed a 57-17 defeat by the Klamshmen Friday night. Central then took fourth place in the seven-team State Collegiate Championships Saturday.

Despite its slumping record of late (four straight dual meet losses), Central co-coach Greg Ford feels his team will still be competitive. "We'll fare well with the guys we have in there," he said.

Injuries once again made a dent in the Wildcats' fortunes at nationals. Kris Morgan (158 pounds), who began working out this week, was injured early in the meet with Simon Fraser Friday, and took first in his division Saturday.

Injuries, will be out of the lineup for two weeks, according to Ford. Chris Riley (118), who injured a knee, will be sidelined for a week.

On the brighter side, the Wildcats got 134-pound Mark Peterson back into the lineup. Peterson, who had been out with a viral infection, wrestled well enough last weekend to be named Wildcat Wrestler Of The Week.

Washington State Collegiate Championships
Washington State University successfully defended its team title, edging out Simon Fraser by less than a point. Eastern Washington University took third place and Central captured fourth. No scores were available. Also competing in the tourney were Pacific Lutheran and Big Bend and Highline CCs.

Please see Wrestlingpage 17

Ringold will remind westsiders of home

BY DOUG ECK
Staff Writer

Steelheading is starting to pick up all over the state. Unfortunately for some of you westside anglers who normally fish famous waterways like the Coutiltz, Snoqualmie, and Green Rivers, you're a long way from home.

However, you are not too far from some good winter run steelheading on, believe it or not, this side of the mountains.

Ringold, for some, is the eastside equivalent to the Coutiltz River. Year after year, I've seen many Central students come home with their limits of these sea-going trout.

Ringold is located southeast of Ellensburg on the Columbia River, and it takes less than two hours to drive to this angling hot spot. There is also a trout and salmon hatchery on the east bank of the river, and on the west bank of the Columbia is Ringold, which is located in the middle of the Hanford nuclear site's eastern border.

Now that you know where to go, what do you use? Well, I personally like to drift fast water and that is what I know best. Since the Columbia is hardly "fast water" I find my knowledge sorely tested in this instance. However, I have talked to a few of the Central anglers that fish the Ringold area and they recommend the following.

Since the water is so deep and rocky, they use a slipline bobber set up. This allows you to get out, and down to the bottom of the river without dragging across line breaking debris. The bait is up to the fisherman. Everyone knows what they like to use, or what works for them. However, if you would like a suggestion, it's hard to go wrong with shrimp.

Well, now that you know where to go on this side of the mountains, what to possibly use for a set up and bait, all you've got to do is get there.

A word of advice though, if you are planning on trying your luck at Ringold, keep in mind that you are surrounded by the Hanford nuclear site and travel is limited to the roads only this strictly enforced. So be careful and good luck fishing.

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24 HOUR TOWING
Fourth-place ’Cats controlling own destiny

By DANIEL STILLER
Staff Writer

With four teams from this district qualifying for the playoffs, Central’s women’s basketball coach Gary Frederick says his fourth place team “has the ability to control our own destiny.”

Western Washington University occupies first place in the NAIA District 1 standings with a 10-1 record, while the University of Puget Sound and Gonzaga are tied for second with 10-3 records. Central is at 8-6.

This week, Frederick’s squad takes on Seattle Pacific Thursday at Nicholson Pavilion, before travelling to Bellingham on Friday to face the Western Washington Vikings.

The meeting between Central and Seattle Pacific will be the first of the season between the two teams. The Falcons are in eighth place with a 5-6 district record.

Gonzaga are tied for second with a 5-6 district record.

At Nicholson Pavilion, before Central hosts Seattle Pacific Thursday and Central’s only team in the district to have beaten Western this season.

“Fourth-place ’Cats controlling own destiny.”

Staff Writer

The meeting between Central and Seattle Pacific Thursday at Nicholson Pavilion, before travelling to Bellingham on Friday to face the Western Washington Vikings.

The league-leading Vikings met the Wildcats on Jan. 11 at Nicholson Pavilion and were dealt their only District 1 loss by a 64-63 score.

Carmen Dolfo leads the Vikings with a 16.1 scoring average, good for fourth in the district. Kris Keltner adds 13.9 points a game, with Anne Cooper and Shelly Bruns rounding out a balanced attack with 10.2 and 10 points a game, respectively.

Western’s high-powered offense is second in the district, averaging 74.7 points a game. The Vikings also have a stingy defense that gives up on 59.6 ppg., tops in the district.

Central averages 67.3 points a game while holding their opponents to 60.8. The Wildcats also outrebounded foes by almost 9.2 per game.

“They (WWU) will be waiting for us up there,” Frederick said.

“You can’t get into a running game,” according to Frederick. “We don’t handle the ball very well.”

The key to these two games, as well as the rest of the season is “to play good defense and patient offense because we don’t want to get into a running game,”

Gonzaga 73, CWU 72 (2 OT’s)

Four Gonzaga players scored in double figures in leading the Bulldogs to a 73-72 double overtime win over Central in Spokane last Friday.

Wrestling

Continued from page 16

Two Wildcats nabbed individual crowns. John Sevigny captured the 126-pound division title when he decisioned Eastern's Troy Ward, and Peterson took the 150-pounder Randy Talvi earned a third when he pinned Pat Peterson of Big Bend.

Ford said he was pleased with Central was up by as many 12 points in the first half before taking a 34-26 lead into the locker room at halftime. In the second half, Gonzaga clawed back into the game and tied it with four minutes to play. The Bulldogs went ahead until Wildcat Toni Larimer’s last second shot forced the game into overtime.

“We played well but we had a lot of turnovers and a lot of them were unforced. We played with good intensity and even the kids on the bench were into it,” Frederick said.

Lisa Vestal hit for 22 points for the Bulldogs and Loretta O’Brien added 20. High scoring guard Tami Tibbles was held to 13 points.

Larimer led the Wildcats with 18 points, while Julie Fees added 13 and Jennifer Phelps 12. Kristi Wilson was the game’s leading rebounder with 12.

CWU’s showing in the tourney.

“I felt with the injuries and the sicknesses, we performed well,” he said, “but I’m not satisfied.”

Ford singled out the efforts of Peterson, Mason, Sroka, Danielson and Jim McCormick, who entered the lineup after being sidelined because of eligibility.

“I felt that our team can play with anyone in this district if we don’t handle the ball very well.”

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Ford said he was pleased with
Central set for dual finale Saturday

By DAMON STEWART
Staff Writer

Central's swim teams venture to Tacoma Saturday to square off with the Pacific Lutheran University Lutes. It is the final dual meet of the season for the Wildcats.

The Central women enter the meet with an 8-1 dual meet record, while the men are 7-1 on the season.

According to Central coach Bob Gregson, the meet should be a good one in the women's area. "Our women's team is very evenly matched with PLU," Gregson said. "It'll be another good test for our girls."

Gregson wishes his team didn't have to come right off a tough meet like the Washington State Open. Combined team scores at the open had Central finishing second in the meet behind the University of Washington, with Bellevue Athletic third.

"I would really like to have the week off (from meets)," Gregson said. "But they're in the same situation as us." PLU also competed in last week's WSO.

"We have much more talent than Central's men will not face as stiff competition as the women.

"The meet will not be real close as of right now," Gregson said, "we probably have the top relays in the nation."

"Very few (colleges) ever beat us," Gregson said. "We still have some respect," Gregson said of his women's team. "We still have a hard time scoring, but are moving up to more elite groups."

Washington State Open

The Wildcats are coming off of a weekend at the University of Washington where they had many outstanding performances.

The men defeated a UW relay team for the fourth consecutive year at the WSO. It came on the final day of competition in the 400-yard freestyle relay. Central's team of Tom Harn, Tom Edwards, John Dieckman and Stan Vela outswam the Huskies to a new meet record in the event, clocking 3:09.65. That time tops CWU's best this season, and also is the top time in the nation (NAIA).

"It really is enjoyable to beat them in one of the most exciting parts of the meet," Gregson said, referring to the relay events. "We gain respect from other clubs by dumps a team like the UW."

"The 'Cats nearly beat the Huskies on the first day of competition in the 400-yard medley relay, but finished second and third (they had several entered) with times that would have had both at the top of the NAIA this season.

"Very few (colleges) ever beat them in relays during the year, if at all," Gregson said. "I can't ever remember a great UPS, Simon Fraser, Chico State (Calif.) team ever beating them. That indicates the strength of our team."

Central had many good performances at the three-day meet in Seattle.

Waft Flury swam to team-leading times in the 100- and 200-yard butterflies, earning second place in both events. Flury's times were :52.31 and 1:57.39, respectively.

Jef Hills did the same in the 100 and 200 yard breaststrokes, earning fourth places in both events with times of :59.70 and 2:11.82.

Vela led the way for Central individually, placing in the top six in five events. Vela was first in the 100 backstroke (:53.62), third in the 200 back (1:57.49), fourth, in the 200 IM (1:50.11), fourth in the 200 freestyle (:1:44.69), and a sixth place finish in the 100 free with a :48.20 time. All swims were best times this year for Central, with the exception of the 100 free.

Harn won the 50 yard freestyle, and was third in the 100 free with times of :21.82 and :47.73 respectively. Again, the times were season bests for the 'Cats.

Along with Harn's victory in the 50, Central swimmers finished second, fourth, sixth, eighth and 10th places in the 100 and 200 yard breaststrokes, Shake in the 200 backstroke, and Braden in the 100 butterfly.

New national qualifiers for the women included: Audra Hammerschmidt in the 200 IM and 200 breaststroke, Shake in the 400 IM and 1650 freestyle, Carroll in the 50 and 100 freestyles, Tari Stonecipher in the 100 backstroke, Mary Malgarini in the 50 free and 100 butterfly and Flury also in the 100 fly.

"We are finally starting to get a hard time scoring, but are moving up to more elite groups." Gregson said. "We probably have the top relays in the nation."

The only other top six finishers for the women were the 400 yard freestyle and medley relays. The free relay team of Christy Stake, Tani Thorstenson, Amy Carroll and Michelle Flury finished fourth in 3:44.86, and the medley relay of Cyndi Hudson, Gray, Sharon Wilson and Flury was fifth with a 4:11.78 time. Both times are tops for the women this season.

"As of right now," Gregson said, "we probably have the top relays in the nation."

The men defeated a UW relay team for the fourth consecutive year at the WSO. Combined team scores at the open had Central finishing second in the meet behind the University of Washington, with Bellevue Athletic third.

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"We have much more talent than
Is it live or is it intramurals? Ask the guy who's got VOIT impressed on his forehead from an explosive spike. Ask the gal who's sporting a new pair of Nike Air Jordan hightops.

Oh, there are a few teams donned in bermuda shorts bubbling with laughter. But an intense competitiveness stirs in the blood of many dedicated gym rats.

Photography by Stacy L. Bradshaw

text by Maggie Murphy
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**The New York Times**

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