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The Observer

Central Washington University

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**SCHOOL RECORD**

**Lady 'Cats clinch playoffs**

By ERIC HOLSTROM  
Staff Writer

"Bring on the playoffs! The Central Washington University women's basketball team clinched a playoff spot by collecting NAIA District 1 victories over Puget Sound (85-69), and Seattle Pacific (79-65) at Nicholson Pavilion last weekend.

The Lady Wildcats put a fitting end on a nearly perfect regular season by defeating Pacific Lutheran 105-90 at Tacoma. Their game scheduled for February 17 against Whitworth will go down as a forfeit win. Whitworth had to bow out of competition earlier this season due to injuries.

The Wildcats not only extended their win streak to 11 games, but also set a single-season record for victories. The 'Cats, who are now 24-3 overall and on top of the district standings, broke the previous mark of 23-3 set by the 1977-78 team.

Puget Sound dropped to 16-19 in district play and 9-15 overall, while SPU slipped to 11-8 and 14-9.

Against UPS last Friday, the Wildcat starting five scored all of Central's points, led by Lanette Martin with 25. Sonia Swan also scored 26 points, (including 21 in the second half), on Saturday to lead the 'Cats over SPU.

"It was really great to see Sonia (Swan) come out and play this well," CWU head coach Gary Frederick said. Swan connected on 10-of-14 shots from the field and also grabbed a game-high 12 rebounds in just 24 minutes of play.

Lanette Martin chipped in 20 points and Natalie Long added 12. Kristelle Arthur had 11 rebounds to continue her quest for the 500 rebound mark.

The SPU Falcons were led by the district's top scorer Linda Johnson, who had 29 points. Johnson also had 11 rebounds and 5 assists, well below her 6.2 average.

Central led 34-30 at halftime. Swan then took matters into her own hands at the outset of the second half. She triggered an 18-6 scoring spurt to give the 'Cats a 52-36 advantage with a little more than 13 minutes remaining.

The Wildcats will host either Western Washington or Simon Fraser in a first-round game on Friday, February 26. The Lady Wildcats have clinched a home game in the district playoffs which begin February 26.

The 1-800-562-6000.

**Senate bill 7508 receives opposition**

By SUSAN MONAHAN  
Staff Writer

Washington Student Lobby has been active trying to gain support in its opposition and support of many bills that are beneficial to college students.

Tuesday was the last day for any bill to be passed from its house of origin into a committee in the next. As of Friday, February 12, HB 1115, HB 1356, HCR 4433 had passed from the House of Representatives to the Senate; bills which had passed from the Senate to House are SB 6591, SJM 8026, SCR 8429, SB 5708.

There are several other bills which were still in committee on Friday and it was not known at the time of printing if they had been passed or died in committee.

**HOTLINE**

1-800-562-6000

Student support is needed to get HB 1115 passed. This bill deals with transportation and parking vehicles of disabled persons. If passed, vehicles transporting disabled students and others will be allowed to park free in a parking zone or area most accessible to meet the needs of the disabled persons.

SB 7508 is strongly opposed by the Washington Student Lobby (WSL). Mike Little, ASCWU President, said, "this bill would establish a state commission to oversee business activities of state and local government. (Remove governance of activities from institutions and puts into the hands of the state). - not good." This bill is currently in House Committee of Commerce and Labor.

Representatives on this committee are Art Wang, Chair, 27th District and Curtis Smith of the 13th District, Ellensburg. For the Legislator in your district contact Mike Little at his ASCWU Office and he will try to get the information to you. Call your legislator on the legislative hotline, 1-800-562-6000.
DITORIAL

Does he know what he is doing?

By LOREN D. WOHLGEMUTH JR

Editor

It's happening again.

Writer's block.

I've got it and I've got it in a bad way.

I think this is what scares me most about being in journalism—facing the fact that every once in a while, I might not have an intelligent opinion about anything.

Oh sure, I have opinions about the Olympics (overkill) and slow drivers on Sunday afternoons on a major interstate that just happens to connect Spokane with Seattle (need another hint?). But who really wants to read about such trifling stupidity?

I don't even like to write about such things.

So, I sit in front of my stupid terminal, staring blankly at the screen, hoping for divine intervention.

I thought about discussing the evolution of the Seattle Mariners in the 17th and March 3rd are two very important dates to remember. These dates are the primary and general elections.

By voting in these elections YOU decide who will be your next ASCWU executive officers and board of directors representatives.

Why do we need these student reps? Well, without them your voice would go unheard, concerning university policy and the future of Central by casting your ballot.

I urge you to take advantage of this opportunity to influence your future and the future of Central by casting your vote March 3rd. Remember your vote does count!

Signed,
Ron Eckroth

LETTERS TO THE EDITOR

He says vote

To the Editor:

Central is YOUR school, don't let your influence go to waste! February 17th and March 3rd are two very important dates to remember. These dates are the primary and general elections.

By voting in these elections YOU decide who will be your next ASCWU executive officers and board of director representatives.

Why do we need these student reps? Well, without them your voice would go unheard, concerning university policy changes, proposals and all decisions that directly affect you as a student. Without you, CWU would not be here. As students, you are paying the money that allows Central's doors to remain wide open. This means you have a great deal of power and influence. Don't let it go to waste, get involved and VOTE! ASCWU represents YOU, the students.

I urge you to take advantage of this opportunity to influence your future and the future of Central by casting your vote March 3rd. Remember your vote does count!

Signed,
Ron Eckroth

Free For All opinion on business activities

To the Editor:

The Central Washington University business "incentive" policy already a contradiction in missions is rapidly becoming a contradiction in specifics.

There were fourteen areas of CWU- Ellensburg business competition uncovered by the Ellensburg committee last summer. CWU was asked to "open its books" [if there were any books] in order to assess the reach of CWU competition pursuant to SSB 5688. No accountable answer has ever come from CWU. Instead we are subjected to veiled threats from semi-official CWU spokesmen. Apparently all opinion contrary to the "Official" CWU line must be silenced or unspoken consequences will ensue. Well I say save that crap for the totalitarian socialist states and here is my opinion.

One. Hey! CWU SUB Ware Fair how about trying out truth in advertising? Your merchandise is about ninety-five per cent mass produced or made in another country, not local or hand-crafted.

Two. Ware Fair according to one "Spokesman" is "significant" for the greater Ellensburg community. Yet we see the community voting with its feet! Spring Ware Fair has been cancelled due to lack of interest! (But not the winter Ware Fair or the "Incidental" merchants who stream through CWU at will any time they please through the year.)

Three. The fact is that Ware Fair and the "Incidental" merchants line the pockets of a select few for profit vendors, not the students or charities or clubs or community.

Four. Why has Ware Fair followed the example of PANACA (Bellevue Art Fair) which we were told thirteen years ago was the Ware Fair's future? Yes, I tried Ware Fair last year and I quit attending because I have too much respect for Arts and Crafts to accept that "Open invitation" again.

I have discovered that the CWU crafts policy is a bureaucratic travesty, an embarrassment to the community. A divisive element created and nurtured by the CWU SUB administration in direct contradiction with state laws both past and present.

Signed,
Frank Erickson

Not only do you read it, but two of you use the paper as a floor covering in your apartment to thwart the urinary attempts of your rat-sized dog named Joey. (Gotcha kids?)

You have to understand that nothing is sacred with me, save God and Mom.

When was the last time you read the paper at a time other than a class? Okay, three of you.

Percentage-wise, that number is almost lower than Bob Uecker's lifetime batting average.

Frankly, I'm ashamed. What would it take for this campus to react—positively or negatively—to an article in this paper?

Scandalous articles about leading university officials? Obviously, we would get in trouble for that—but wouldn't it be fun?

As an alternative, I've decided to start a new feature in The Observer—weekly stories called "Really Stupid Things That People Have Done While Trying To Impress Someone."

We'll be there when you least expect us. We'll have cameras and microphones. We'll even bring some of your best friends along.

I'd like this to be like Stupid Pet Tricks—I fancy myself to be like Letterman, anyway! (It was only a joke. Actually, I'm more like Larry Bud Melman.)

What we need to do is hold auditions.

Come to The Observer office on Friday, February 19, between 2 and 5 p.m. for the auditions.

Of course I don't know what to audition people for, but it will be nice to see how many people actually walk all the way down to Boulillon Hall and alll the way up those stairs and alll the way down the hall to Room 225.

We'll give out prizes for everyone who shows up, and if you bring us a story idea, you'll get two prizes.

By Friday, we'll know what candidates won in the primary elections on campus—if you are one of those people, I sure would like to meet you and find out what earth-shaking plans you have for this university.

Am I being cynical? Absolutely.

Why?

Why not. After all, I'm suffering from acute writer's block. Medie! Medie!

IN CHARGE

ADS - Vickie & Ramona
BUSINESS - Angie
THE REST - Loren
THE NUMBER - 963-1026
Club no longer sells plants, too much bother

By KELLEY R. WOOD
Staff Writer

Last fall, after an ongoing bout with the community and the university competition, we have lost yet another fund-raising activity, the Spring Plant Sale.

"It's kind of a historical thing," explained Professor Barker, chairman of biological sciences. "What happened was, during the course of the year, various classes would wind up with more plants than they started with. By the end of the year, we would have a stockpile that we really wanted, and we would just throw them out. We then came up with the idea of selling them as a fund-raiser for the Biology Club. It seemed like a logical thing to do."

To promote the plant sale, signs were posted throughout the various departments and buildings with the intent of reaching the students, staff, and faculty. Some people in the community would also hear about the sale and come in and purchase the plants.

"We weren't trying to compete with the plant-sellers in town," said Barker. "But there's a committee on campus that investigates all commercial activities." Last quarter, the Board of Trustees passed a Commercial Activities Policy, and a Commercial Activity Review Committee was appointed to review current and proposed activities to ensure that activities are consistent with the institutional policies.

The Commercial Activities Policy states that each activity must meet one of the nine policies and the last of the following conditions:

☐ The activity is deemed to be important in the fulfillment of Central's instructional, research, or public service mission.
☐ The activity is a part of the University's extracurricular or residential life programs, including residence halls, food services, athletic and recreational programs, and performing arts programs.
☐ The activity is one officially sanctioned by the Associated Students of Central Washington University Board of Directors for the enrichment of student life.
☐ The activity will assist in the recruitment of qualified students.
☐ The activity is needed to provide a public awareness of Central.
☐ The activity is needed to foster the relationship between Central and its alumni.
☐ The activity is one that originated with the University in order to provide a service that was not at the time available in the private sector.
☐ The activity is needed to provide a good or service at a reasonable price, on reasonable terms, and at a convenient location and time.
☐ The activity is one prescribed by operating or cost efficiency standards imposed by state law, regulations, rulings, or directiveness.

The activity is carried out for the primary benefit of the students, faculty, staff, patients, and invited guests but with sensitivity to the total community. At this point, a decision was made. Considering that the plant sale wasn't a big thing, as far as the club was concerned, and since it was becoming somewhat of a bother, no plants will be sold this spring.

"We weren't forced out of it," explained Barker. "We just figured that it was more trouble than it was worth."

It is now up to the Association of Biology to decide how to generate some other fundraising activities. As for the Biology Club, no one really knows what they will do.

Observer equipment over a decade old; outdated

By NICK BEAUMONT
Staff Writer

Each week a lot of time is spent looking into information and searching out people for the writing of stories like you are now reading, into the editing and proofing of what writers write, and into the layout and planning of The Observer.

Writers have deadlines to meet, complicated by unavailable or uncooperative people who are the news, and it is hard to get material to fill the pages each week. Editors and advertising people have trouble with story ideas and making good ads, and then formatting these stories and advertisements out on multiples of four pages to make a newspaper of a good length with not too much white space.

All of the work done to put the paper out each week is done on a machine called a Compugraphic, but all this may change in the future. The current machine in which stories are produced is over a decade old, maybe two decades old, and earlier this quarter the people who provide the service and materials for the Compugraphic informed the communication department that the paper used by the machine would be going out of production. All that would exist is that which is already in stock.

Papers are hard to produce when the main machine is not able to make the proofs which are used to make the "dummy" paper. That copy is sent to Shields Printing in Yakima by Greyhound each week for the printing of approximately 6,000 copies.

Another problem with production is the possibility of equipment breakdowns, from typewriters to what was once a "modern" computer.

The Observer has three machines for typesetting, one for printing, a headline machine, and a water, all of which are used in production of the newspaper before it is sent to Yakima.

When the machine still under warranty breaks down, the communication department must call Spokane to contact the only person in the state who can service the machine. This person charges the department from when he leaves Spokane until he returns, charging approximately $100 an hour. Once here, he is usually asked to look at the other machines and do what he can to make them work better.

However, the paper's future looks bright, as it is a definite plus for journalism and advertising students who are interested in getting practical experience.

The department has two options before it: one originated within the communications department, and the other came from the university itself. The department has the option of purchasing a number of Apple computers from Clift Miller Electronics in Yakima, along with the necessary printers and desktop publishing software needed to make a newspaper. According to communication department chair Corwin King, the machines would cost, "in round numbers, fifteen thousand dollars to buy."

The option which may be provided by the University is one that would cost close to half a million dollars. The investment would meet the computer needs of other departments as well, the art department being one example. The type of computer would be a new edition of the Compugraphic. The equipment, King also said, "would be used by the media production people in the poster and design shop."

George Harper, faculty advisor for the Observer, said, "We are in the position of having antiquated equipment." He says the machines in use are breaking down and something must be done. King said of the present equipment, "It is outdated, and not in the best of repair."

King says the department, through Turnbull's looking into the cost of the Apple computers from Miller, has in mind "a couple of desktop-publishing systems," one set for the news side and another for the advertising side. "What we had in mind, we thought, was a nice little system," he says. What Turnbull found, and what Miller recommended was a system with two machines and two printers.
Spring Ware Fair called due to lack of interest

By NICK BEAUMONT
Staff Writer

Since Parent's Weekend is being held the weekend after Mother's Day, a usual spring quarter happening will not happen.

Mother's Day is May 8, and because Parent's Weekend is being held the weekend after, the spring quarter Ware Fair will not take place.

Karen Moawad, director of the SUB, said the plan has been to "always schedule Ware Fair to go along with Mother's Day." It is looking as if this year will be different.

Wade Fair has been a twice-a-year event at Central for fourteen years, taking place during the last three or four weeks of fall and spring quarters. Traditionally, fall quarter Ware Fairs have had many booths and merchants. The spring quarter Ware Fairs, Moawad said, differ in that "spring fairs are usually smaller than fall fairs...but expenses are about the same." Moawad said this is related to the demise of the spring quarter Ware Fair. "It's not economically feasible to do the Spring Fair," she said.

Another negative factor in the issue is related to the story that appeared earlier this quarter in the January 28 Observer.

Washington Senate Bill 5688 says that commercial activity undertaken on the university must be aimed at the school's educational purposes. The Ware Fair, with a number of off-campus merchants, is far from being within the bill's requirements.

Last fall, there were 79 vendors selling merchandise at Ware Fair; 43 percent came from out-of-town, 32 percent were students representing their clubs, and 25 percent were local Ellensburg residents.

Claire Fisman, Ellensburg resident and owner of Leather and Lace, Ltd., likes the Ware Fair idea, but does have some complaints. "It was kind of a nice thing to have for the campus and local community," she said, but felt more local craftsmen and merchants should be in the fair. "I would like to see more emphasis on local craftsmen," said Fisman. Despite the Ware Fair's being gone next quarter, it will most likely be back for fall of '88. It is too popular an event to be put to rest so suddenly. But for the long term, "With the impact of the Senate bill and the decisions of the University committee, the Ware Fair may soon be nothing but a nice memory."

Central Washington University and the Internal Revenue Service will be offering free tax return preparation service through the Volunteer Income Tax Assistance Program on Monday and Saturday, starting February 1 and ending April 11. Service is limited to low or medium complexity returns. Hours are:

Mondays: 7 to 9 p.m.
Saturdays: 9 a.m. to 1 p.m.

The service will be located in Shaw-Smyser Hall (NW corner of CWU campus) Room 104. Please bring all necessary forms, 1040's, 1040A's, 1040EZ's, 1099's, W-2's, W-3's, 1098 forms and answering questions. For more information, contact Denise Angelo of the Student Activities office.

Tax Help

Central Washington University and the Internal Revenue Service will be offering free tax return preparation service through the Volunteer Income Tax Assistance Program on Monday and Saturday, starting February 1 and ending April 11. Service is limited to low or medium complexity returns. Hours are:

Mondays: 7 to 9 p.m.
Saturdays: 9 a.m. to 1 p.m.

The service will be located in Shaw-Smyser Hall (NW corner of CWU campus) Room 104. Please bring all necessary forms, 1040's, 1040A's, 1040EZ's, 1099's, W-2's, 1099-A's, documents supporting deduction claims, including a copy of your 1986 return to the VITA site to avoid delays in work. This service is available to anyone with low income. Advanced accounting students at Central will help with the preparation of tax forms.
Central May Lose Ware Fair

By Caryn Hanan
Representative to SUB Facilities Planning

We feel that it is very important that the students of Central are aware of what is happening with the Small Business Committee and the Business Competition Policy. In the last year Frank Erickson, the owner of the Art of Jewelry, located in downtown Ellensburg, has diligently pursued the elimination of Ware Fair and later the Tent-n-Tube, under the pretense that these student services unfairly compete with the downtown businesses.

The Small Business Committees, comprised of downtown community and University community members, are right now arguing over issues that, if passed, will most likely eliminate the Ware Fair and the Tent-n-Tube. These issues will be brought up at the Board of Trustees' meeting this Friday afternoon. If the Board of Trustees' (the highest governing body of the university) and the administration do not see student support at this meeting, they will assume that these services aren't important to us. In light of that assumption and in order to appease Frank Erickson, the administration may very likely support the closing of the Tent-n-Tube and the banning of Ware Fair.

And if this happens, who knows? It is possible to jeopardize the Bookstore, University Recreation (the ski trips, the Leavenworth Tree Lighting Festival), the Conference Center, the SUB Cafeteria, the Games Room, etc.

We believe that the students want these services, but a few of us telling the administration is not enough.

The bottom line is that if you want to protect these student services, you need to show up at the Board of Trustees meeting at 12:30 on Friday in room 143 of Bouillon Hall. We will be there voicing our concerns, but to make them legitimate, you need to be with us.

In addition to showing up to the Board of Trustees' meeting, please call your legislator on the Toll-Free Hotline Number 1-800-562-8000 and appose SSB 5708. The proposed Bill establishes a statewide Commission to deal with business situations at Universities. This would take the power to deal with individual situations away from the university.

Students are Faced with Issues that will Change Central Policy

By Peter Laney
Representative to Faculty Senate

I have recently been appointed to the ASCWU Board of Directors as Representative to Faculty Senate. The process of getting deeply involved in student government has been educational and has opened my eyes to the number of complex issues that exist. Whether or not you believe it or take number of complex issues that exist.

1. Ware Fair and Tent-n-Tube are under fire from the administration and certain downtown businesses. These will probably be eliminated unless you, the students, voice your opinions on February 19th, at the Board of Trustees meeting.

2. The Withdrawal Policy is in the process of review; it may or may not include a $10 FEE PER CLASS DROPPED, even during add/drop.

3. The course SUBSTITUTION POLICY is being questioned - are you for or against the present policy?

4. SEVERE RESTRICTIONS ARE ABOUT TO BE PLACED ON BIKES - offenders of the new policy will be referred directly to Lower Kittitas County District Court.

5. SKATEBOARDS ARE ABOUT TO BE BANNED ON CAMPUS.

6. I understand there are plans to convert approximately half the SUB PARKING LOT INTO A "GREEN AREA". This would eliminate more of the already scarce parking available to the students.

7. COMPUTER STICKERS: Is the fee too high? Does the way the stickers are administered seem inefficient to you?

8. Would you like to have a STUDENT COURSE GUIDE at CWU? I am gathering information about the previously proposed course guide. If you have been to another school that had offered one, please let me know.

9. Lack of communication between FINANCIAL AID and MITCHELL HALL always seems to be a problem. I would be glad to hear your story.

10. There is a possibility of FULL PREPAYMENT OF TUITION at preregistration.

11. Preregistration: has it helped or hindered the registration process?

12. How could the BOD communicate better with you?

I am trying to draw attention to the fact that these issues affect you and your opinions and views DO count! Our office is now on the first floor of the SUB, room 106 and our telephone number is 963-1093.

Board of Trustees' Meeting will be held

Friday, February 19th
in Bouillon Hall
room 143
at 12:00 p.m.
Doug Heir has accumulated approximately $150 medals from national and international competitions in just six years. And all this was done in a wheelchair.

At the age of 18, while he was attending Alfred University in upstate New York and working as a lifeguard at a New Jersey public pool, Heir met with an accident which confined his once energetic, athletic body to a wheelchair. The inspiring story of his comeback has been featured in a number of articles and T.V. talk shows, and recently became the subject of a book, a movie, and an ASCW special appearance in CWU’s SUB pit last Thursday.

While the six-foot-four, 230-pound football player was on duty at the pool, he dove in after a boy who appeared to be drowning. “He was just joking,” Heir reflected. “I don’t even think he knew what happened.’’

He is now competing and achieving success has earned Heir the title of Best Overall Wheelchair Athlete in the World.

Heir has collected countless gold medals in the shot put, javelin, discus, and 100 meter race. He typically includes a mile and a 100 meter race. He has faced “very stiff” competition at the 1982 World Games, the 1984 World Olympic Games, and the 1986 World Championships in Europe, as well as national competitions; and he is excited about the 1988 summer Olympics in Seoul, Korea.

Achieving physical greatness was not the end of the story for Heir. While he was still in rehabilitation, he was also back in school studying law. “Law school is a challenge,” Heir said. “It’s only a matter of time before you get out and you’re licensed.”

According to Darcy Buell, treasurer of STEPS, “We have a mailing list of students and professionals of about 40.’’ Counseling Center at 6 p.m., and the first Tuesday of every month at the Counseling Center at 6 p.m., and welcomes anyone who wishes to attend.

According to Darcy Buell, treasurer of STEPS, “We have a mailing list of students and professionals of about 40.’’ The organization’s main objective is to help those who are student victims of any form of rape.

The organization holds meetings the first Tuesday of every month at the Counseling Center at 6 p.m., and welcomes anyone who wishes to attend.

When asked if he ever expected to accomplish so much and be known so widely, Heir replied, “Not at all, certainly not on a Wheaties box or anything. That was the last thing I ever thought would happen. It was kinda neat.

Heir’s presentation encourages all ages and walks of life to discover their self-worth and to look at what they can do, rather than dwell on what they can’t, and to like themselves as they are. His campaign inspires many, and adds life and power to the old adage, ‘Go for it.’

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interview with a relationship addict

By LYSSA J. LOFTIS

Staff Writer

Not all relationship addicts were abused physically or sexually as children. Many were deprived emotionally in some way. And some were forced into unhealthy caretaker roles as a result of the death or illness of a primary family member. Forced to grow up too soon, these children tend to become adults who are very needy in their relationships with men.

One such woman is Liz, a 30-year-old mother of three, who grew up in an alcoholic home. Both parents were sober and in recovery programs from the time Liz was very young. Still, there were unhealthy patterns of relating and unresolved conflict in the home.

"My parents would get into screaming fights that would last for hours, even days. I can remember them hurling obscenities at each other. And my father was always made out to be the bad guy," said Liz.

Liz married at age 18, as is typical, to escape the anger of her home life. She lived three years with her alcoholic husband.

"He was not abusive to me, but he did abuse my son. He drank, stayed out late—out of the house and out of anything. We fought in much the same manner as my parents. And I didn't recognize that at the time.

Liz divorced and moved across the country, marrying another alcoholic. "I should have seen this one coming," she said. "He was just so obviously sick. But, I thought I could fix him. He was drinking, unresponsive, suicidal, and very jealous. But, as is typical of a codependent, I hung on long after the pain was horrible. I was depressed, nervous, unable to function. At one point I was suicidal. I got down on my knees and prayed to God to take me so I wouldn't have to live with the pain anymore."

Liz said that was the first time she sought help through a therapist. "But the experience was an expensive and bitter one. The therapist did not understand her problems, and violated the counselor-client relationship by making sexual advances toward her. She left therapy, and later left her husband."

"It is difficult to explain anyone who has not lived with the disease of addiction. A person who is a co-dependent has so many sick ways of looking at life and is so lonely. Yet, there are millions of women just like me. At treatment centers across the country, they are including families of alcoholics more and more in their programs. It is really a family disease," said Liz.

Liz went through a series of unhealthy relationships before finally finding help in a twelve-step program. Liz said that she knew long before anyone identified her problem as a "relationship addiction" that she somehow attracted the "wrong men." But knowing wasn't enough; she didn't see quite how to change.

They were always what I call 'sick puppies.' One book I read comes right out and calls them 'bastards.' Basically, they were usually alcoholic, always trouble, and often very charming on the surface. Some of them were very good to me in the beginning. That's typical. I'm finding out. It is the way they get you hooked. They're so nice in the early stages of the relationship that you can't understand why they don't stay that way. And you are forever trying to make them 'change back.'

Liz described her most recent failed relationship as one that appeared to be healthy for nearly a year. She had spent some time in a twelve-step program for families of alcoholics, so she had some idea that her behavior with her alcoholic husbands had been unhealthy.

"I deliberately chose a man I would never have been attracted to before. He was younger. I always went for older men. He was not an addict, and he was very affectionate. I found out rather abruptly after a year of seeing him, that he had been seeing other women and lying to me all along. I was heartbroken and had a terrible time letting go of him. I even considered suicide. It was then that I realized how serious relationship addiction was," said Liz.

"It was the help and support of friends, and her own willingness to work harder in the recovery program that helped Liz work through her addiction to 'bad men.'"

"The recovery takes work. It often takes years to learn new ways of relating to men and finding new ways of looking at yourself. I'm in a fairly healthy relationship now, but I find myself slipping into old patterns of behavior and I have to consciously work at recovery daily."

I have a lot of women friends who are in various stages of relationship addiction. If a woman dates a man and begins to see that he is not good for her, but she can't make herself break free and somehow fantasizes that he will change, she is practicing relationship addiction. There doesn't have to be physical abuse thereetall that has to be present is her need to control him and she has all the makings of a woman who loves too much.

"As women we need to love and accept, we don't have to feel guilty. And we can't go on living the way we have been."

There are ones out there who love us and we want to find them. We need to 'get real' about who we are and what we want. If we have the capacity to be honest with ourselves and others, we find that the people in our lives will either stay or go, but we don't have to 'need' them to stay so badly that we destroy ourselves."

"It is difficult to explain anyone who has not lived with the disease of addiction. A person who is a co-dependent has so many sick ways of looking at life and is so lonely. Yet, there are millions of women just like me. At treatment centers across the country, they are including families of alcoholics more and more in their programs. It is really a family disease," said Liz.
French films play in town

By BARBARA RADKE

University Relations

For those who just cannot get enough of that Gallic charm, who want to brush up on their French, or who want to soak up five days of European culture, Ellensburg's French Film Festival has it all.

The fourth annual movie series, running February 19-23, is sponsored by the CWU foreign languages department, CWU international programs office, Liberty Theater, and the French Embassy in New York.

The five new films, not yet released to American theaters, are in French with English subtitles. They will be shown at the Liberty Theater at 8:45 p.m. daily.

Admission is $2 at the door or $8 for a series ticket, available at the CWU foreign languages department, L-1102. A portion of the proceeds from series ticket sales will be contributed to the University's foreign language scholarship fund by the Liberty Theater.

The 1986 series begins tomorrow with La Femme De Ma Vie (The Woman of My Life). Variety describes the 1986 production as "a first film [by director Regis Wargnier] of considerable dramatic force and cinematic skill, relating the psychological torments of an alcoholic musician's struggle to get back on the wagon without the help of his wife, whose exclusive sense of love is an abiding threat to his equilibrium."

The Saturday feature is Rouge Baiser (Red Kiss), released in 1985. Starring 18-year-old Charlotte Vannerey, dubbed France's newest film star by The New York Times, the film is an autobiographical account of director Vera Belmont's adolescence.

Vallandry earned the best actress award at the 1986 Berlin Film Festival for her performance as the "passionately Stalinist daughter of Polish Jewish refugees in Paris in 1952, whose love affair with a politically conservative newspaperman changes her outlook and relationships," according to the Times, La Triche (The Cheat) will be screened Sunday evening. Director Yannick Bellon tackles the subject of homosexuality in the 1984 production, weaving a tale about a respected Bordeaux police detective and family man whose attraction to a young musician becomes hard to conceal.

His family's reaction, and a murder investigation that might threaten his career, keep the action quick and tense.

The series ends Tuesday, February 23, with Buffet Froid (Cold Cuts), an absurdist 1979 release by Academy Award-winning director Bertrand Blier, who says the movie is "about the unmotivated violence we meet more and more these days."

The film is described as "a marvelous new impertinence" by Variety, full of "bizarre nocturnal misadventures that draw three hapless folks together in an inescapable complicity of murder, treachery and parodied flight."

The Miami Herald calls it "a cops-and-robbers movie turned completely inside-out."

The local five-film series is arranged by CWU French professor Kelton Knight, with movies provided by the French Embassy's cultural services division, offering first-run films to American universities and cultural centers. Philippe Met, cultural attaché from the French Embassy in Washington, D.C., will be in Ellensburg for several days during the festival, talking about the films after their screenings, according to Knight.

中央的Career Planning & Placement Center (CPPC), located in Barge 105, invites students to visit the office to register for service, maintain a current placement file, keep on campus interviewing and current jobs, and discuss concerns regarding career goals. Current bulletins are posted in the SUB near the bookstore, Shaw-Smyser and Barge 105.

TEACHER EDUCATION CANDIDATES INTERVIEWS: Candidates must have completed their College Information Form and Placement File prior to the interview. Sign-ups are posted one week to the day, before the interview.

Public Schools Personnel Coop (all subjects) is coming February 23.

Aberdeen School District (all subjects and grade levels) February 23.

Lake Washington School District (all subject group meeting only) March 2.

Renton School District (all subjects) March 2.


Northshore School District (all subject) March 11.

Delano Union School District, CA (elementary, bilingual-Spanish, special ed, junior high choral music) March 11.


BARGED 105.

The Observer
Thursday, February 18, 1988
Club celebrates 50th anniversary

By NICK BEAUMONT
Staff Writer

Tomorrow is the golden anniversary of CWU’s chapter of Kappa Delta Pi. The honor society in education was established at CWU February 19, 1938. In celebration, the club is “having a potluck dinner at one of the members’ houses, and having Dr. James Brooks speak to us. He is past president of Central, and a member of the KDP,” according to chapter president Suzanne Fegles.

In addition to Brooks’ speech, Fegles says the anniversary will see the initiation of “probably about four or five new members.”

The club sees its initials “KDP” as representing knowledge, duty, and power, which is the club motto. CWU’s chapter, which goes by the name Delta Omicron, bears the colors of green and violet.

KDP’s approximately 30 members can benefit by the scholastic honorary club’s prestigious name when completing placement files, job applications, and resumes.

The purpose of KDP, from its constitution, is “to recognize outstanding contributions to education. To this end it shall invite to membership such persons as exhibit commendable personal qualities, worthy educational ideals, and sound scholarship, without regard for race, color, religion or sex.”

“The shall endeavor to maintain a high degree of professional fellowship among its members and to quicken professional growth by honoring achievement in educational work.”

The club meets every third Monday in SUB 207. Being a chapter of KDP, the club receives two journals with information helpful and important to anyone in the teaching profession: The Educational Forum and the Record.

Other officials of CWU’s KDP chapter are vice president Karen Harker, secretary Julie Christensen, treasurer Greg Moser, and Club Senate representative Leslie Reisig.

Persons who wish to be members of KDP may apply, but usually, according to the Addendum, education students are invited to apply, their names coming from a list from the registrar’s office.

The club usually meets monthly, and the club’s advisor and counselor, Dr. Floyd, hosts two social gatherings annually. At the present time, Floyd is taking a sabbatical in Australia, and his duties for the KDP are being handled by Joanne Stevenson.

Aside from the meetings, the club takes part in CWU’s “Education Week,” and sets up booths at other times so people in the education program can learn about the club.

In other activities, Fegles says the club is “currently trying to start up a scholarship for educational majors, and primarily building scholarships through donations.” She added that donations will be accepted. Sometimes in early April, Fegles said, KDP will be sending two members to New Orleans for the KDP national convention.

KDP Membership Requirements

UNDERGRADUATES:
1) full second quarter sophomore standing
2) 3.4 GPA for the entire college career
3) admissions to the Teacher Education Program or intentions of application and acceptance
4) exhibition of worthy educational goals
5) expression of the intention to continue in the field of education
6) manifestations of desirable personal qualities
7) evidence of leadership attributes.

GRADUATES:
1) full graduate student standing and admission to the graduate program
2) either a full-time residence record of at least 12 weeks in the graduate school or department, OR the completion of at least 18 credits of graduate work at CWU
3) the completion of at least 18 credit hours in professional educational courses
4) an cumulative GPA of at least 3.25 for all graduate work undertaken.

Food additives play a major role in our food production. They help preserve our food and make it look and taste better. Many think of food additives as being dangerous chemicals, but in reality the most commonly used additives are sugar, salt, and corn syrup. Food additives are strictly regulated by the FDA. Before a new additive can be used, the manufacturers must prove its safety. Once an additive is shown to be safe, the FDA sets guidelines for its use. If you are concerned about consuming too many additives, here are some ways to avoid them:

1. Eat fresh or minimally processed foods.
2. Read food labels.
3. Limit your intake of foods listing “artificial colors.”
4. Eat a variety of foods.

Just because your Mom is far away, doesn’t mean you can’t be close. You can still share the love and laughter on AT&T Long Distance Service. It costs less than you think to hear that she likes the peace and quiet, but she misses you. So go ahead, give your Mom a call. You can clean your room later. Reach out and touch someone!
Cagers avenge losses; beat Seattle U., Puget Sound

By GEORGE EDGAR

With Central ahead 40-21 at the 3:09 mark of the first half, forward Kenny Thompson argued a call with one of the referees. The argument resulted in two technical shots for Seattle's Ron Kuhn. But the 'Cats were in the middle of an 18-5 run at the time to go up 48-25, then followed up with a dunk by Bryan Gerig, en route to a 52-30 lead at the intermission.

The second technical was against the Chieftains in the second half. The 'Cats were well ahead 79-48 with five and a half minutes remaining, when Israel Dorsey and Seattle's Tony Pope got tangled up under the basket after a Central free throw. Pope did a poor imitation of Larry Holmes and took a swing at Dorsey. The incident led to Pope's automatic ejection from the game.

The loss was Seattle's seventh in a row since beating CWU over on their home court last Jan. 21. The Chieftains are now 7-7 in District I and 11-14 overall.

Art Haskins followed up Aaron's showing with 13 points and had eight rebounds, along with his fellow forward Gerig added 12 and Kevin Burton contributed 10.

Against the Loggers, Central was given all it could handle by UPS, a team that had beaten them twice in December. If it hadn't been for Aaron's 24 points in the first half over UPS, Maurice Selvin, the 37-37 halftime score would've been much different.

UPS applied a lot of pressure against Aaron at the start of the second half, allowing him only one basket in a 6:46 stretch. But Aaron succeeded in passing the ball off to his teammates before Jack Forney fouled him, putting him at the line for the first 30-second individual effort of the year for Central.

Dave Bower and Gerig were the only other 'Cats in double figures with 11 points each, with Bower having a team high nine rebounds. The Loggers were led by Jay Brewer with 17 points and Selvin with 16 points.

BLOCKIN' — Central's Kenny Thompson tries to block a shot attempt by a Seattle opponent.

Central men beat Puget Sound: finish undefeated

By MATT BRADEN

It was a good two years, but more importantly is what happens in nationals.

— Student-coach Rob Phelan

It was nice to beat UPS,' head coach Bob Gregson said. 'They knew we were undefeated this year, and they were out to get us.

Defending national champions Tom Harn and Tom Drury were the stars for the 'Cats in the meet, racing their way to victories every time they dove in.

Drury won three solo shots, while Harn axed the competition twice on his own and once in a relay.

Probably the most impressive performance of the meet was Drury's 200-meter butterfly, when he stroked his way to a meet record. His time of 2:08.39 sliced the old record by .51 seconds which was set back in 1984 by ex-Central great John Sayre. He also won the 400- (4:11.22) and 800-meter (8:43.62) freestyle.

Harn's 100 (52.47) and 200 (1:57.16) freestyle swims wiped out the competition for dual wins. He was a member of the first-place 400 freestyle relay team as well. The other three (Steve Deligan, Erik Hanson, and Chad Younquist) combined to finish the event in 3:30.90.

The Chieftains other freestyle relay team of Mike McGuire, Fraser McDonell, Mike Hall, and Buzz Vickery chopped past the Logger boys in a time of 3:42.45.

Also performing at peak level was another national champion, Jeff Hillis, who edged by his opponents in the 200 breaststroke (2:28.46).

The women had some outstanding swims,' said assistant-coach Lori Clark, 'but it was difficult to tell how fast the times really were because it was in a 25-meter pool.'

'It was nice to beat UPS. They knew we were undefeated this year, and they were out to get us. — Coach Gregson

Maybe the night's finest women's performance came on Chris Hayden's second-place finish, by a second, in the 400 freestyle (4:35.71) behind lady Logger Stacey Carlson. Both times were fast enough to crush the meet record (by nearly four seconds) set in 1984, by ex-UPS standout and three-time NCAA champion Sarah Rudolph.

'The women had some outstanding swims,' said assistant-coach Lori Clark, 'but it was difficult to tell how fast the times really were because it was in a 25-meter pool.'

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BLOCKIN' — Central's Kenny Thompson tries to block a shot attempt by a Seattle opponent.

Central men beat Puget Sound: finish undefeated

By MATT BRADEN

The men's swim team made history last Thursday as they flushed the Loggers of Puget Sound 95-88 in Tacoma.

Carl was out of sight, said head coach Dean Nicholson after the UPS game. He was just super. We had good execution in getting the ball to him in the right spot.

The two wins helped Central solidify its second place standing in NAIA district I play with a 11-4 mark and 17-9 overall record. They are assured of one home playoff game when the NAIA playoffs get underway in March. Central is expected to battle front-running Western Washington for the right to play in Kansas City.

Central heads for Alaska this weekend to play Sheldon Jackson on Saturday and Alaska Southeast the following Sunday. The Cats then close the regular season against St. Martin's in Lacey on Feb. 25.

The game with Seattle saw some uncharacteristic behavior on Central's part. They turned the ball over 28 times and had it stolen 14 times. The contest also saw some ugly moments that resulted in technical fouls against both squads being assessed.

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'It was nice to beat UPS. They knew we were undefeated this year, and they were out to get us.' — Coach Gregson

Today, Friday, and Saturday's district meet will be swim in yards, so times will be easily identified. To win the meet, the Wildcat swimmers will need some more outstanding swims. The next stop is the national meet in Orlando, Florida, the 2nd-5th of March.
Swimmers travel to Olympia for districts

By MATT BRADEN
Staff Writer

The 1987-88 regular season came to a close for the swim team last Thursday with the men's team capping one of its finest seasons' ever, and the women having struggled against some very tough competition that will surely pay dividends come tourney time.

The last six months of training will hopefully pay off for the 'Cats, as they begin post-season competition at the district swimming and diving meet in Olympia today through Saturday.

All NAIA schools and a few community colleges from around the Northwest will be involved.

In the past, Central has fared exceptionally well in the meet, with the men winning the district title the past six straight years while the women have won the last four.

But what about this year? According to assistant coach Lori Clark, "The men should win the meet... but UPS will give us some stiff competition."

On the other hand, "UPS should be the favorite to win it for the women," Clark said. "I consider us to be the underdog."

Teams competing in the meet are allowed to send a maximum of 17 swimmers and two divers (or 18 and one respectively) from each of the men's and women's teams to the meet. Central will send 17 and two from each team.

The following is a roster of the swimmers expected to compete at Evergreen.

The lady swimmers representing CWU will be: Cherri Bortleson, Lorijo Claunch, Maureen Flury, Michelle Flury, Debbie Gray, Audra Hammerschmidt, Chris Hayden, Laura Hill, Cyndy Hudson, Moni McBeth, Leigh Morling, Eric Schatz, Lisa Thomas, Tiffany Voorhees, Julie Wetzel, Sharon Wilson, and Julie Zenner.

The men will include: Kevin Dekoster, Steve Deligan, Tom Drury, Mike Hall, Erik Hanson, Tom Hans, Jeff Hills, Brian Hull, Fraser MacDennell, Mike McGuire, Arie Moss, Eric Peter, Kyle Rodenberger, Buzz Vickery, Anthony Woerner, Scott Yates, and Chad Youngquist.

The four Central divers competing will be: Tim Barlow, Carre Hallbeck, Karen Crain, and Jill Shaw.

"UPS should be the favorite to win it for the women." - Coach Lori Clark

This will be the last opportunity for the swimmers to qualify for the national meet, and in order to make the flight to Orlando, Florida the coaches require a swimmer to make the time standard in at least two events.

"The meet should be a good one all around," said head coach Bob Gregson. "With UPS showing a very strong team, we should finally get some competition... we've been dominating the meet for a long time now."

And the dynasty may continue if the Wildcats can execute a bunch of outstanding performances from their swimmers.

Lucas qualifies for meet in the mile

By NEAL STURGEON
Guest Writer

CWU sophomore Heather Lucas qualified for the NAIA Indoor National Championships last Saturday at the University of Washington's Hec Edmondson Pavilion.

Lucas broke the qualifying standard of 5:12 by 8.1 seconds, when she coasted to a fifth-place finish in an unofficial time of 5:03.9 on the 200-meter flat, rubber track.

The elated Lucas, who missed qualifying in a meet held last week by less than a second, feels that her marathon training this winter is starting to pay off.

"I originally planned to run in a marathon in February. But the closer I got to the track season, the more I realized that it could ruin my track season. Now I have all these miles under my belt, and I think they are starting to pay off," Heather said.

Mary Venetianeri, Jody Dempewolfe, and Jill Shaw will all be running in the Seaside Marathon which will be held in Oregon on Feb. 27.

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Mat men travel to Alaska; prepare for districts

By GUILLERMO CABALLERO
Sports Editor

Central Washington University's wrestling team, having just returned from a trip to Alaska where it took on NAIA powerhouse Alaska Pacific last weekend, is back in the wrestling room preparing for this weekend's district meet at Pacific Lutheran University in Tacoma.

The district meet will be the last opportunity to qualify for the national tournament, which will be held at PLU March 3-5. The top wrestler from each weight class will advance to the national meet.

Only four schools will compete in districts. Three of the schools represented have already qualified the bulk of their respective line-ups, so CWU wrestlers will have their work cut out for them.

Alaska Pacific is one of those schools, and last weekend the Wildcats discovered why it is ranked second in the NAIA. You could say that deuces were wild for Alaska Pac.: Ranked second, won two meets against Central, and allowed only two individual victories for Central in each of them.

Ed Lacross (167) and Bill Walker (186) picked up four of the next five matches to go ahead 18-15. Joe LeBresh pick up a big win for Central at 177 lbs., defeating Eastern's Hall 17-10. Hall had picked up two solid wins against LeBresh earlier in the season.

Then with the score tied going into the heavyweight match, a win from either Eastern's Soni or Bill Walker for Central would have clinched a victory for their team. Ironically, the two wrestled to a "raw," to make the final margin 24-24.

Unfortunately for the Eagles, the difference in the match turned out to be a point that Eastern was penalized in the 118 pound match for unsportsmanlike conduct.

"We were on the mat in our first dual less than an hour after we got off the plane. Some of our wrestlers were really flat. Chris Riley is a good example, he was completely dominated by a kid that he's pinned twice this season," said Ford.

Ford also said that he thought the officializing could have been much better, but said that Alaska Pacific is "an awfully tough squad" and even if all the conditions were right, Central would have had its hands full trying to beat their arctic foes.

Central's hands were not full against Eastern Washington University last Thursday, but they were, so to speak, "tied up."

After Riley received a forfeit at 118, Chris Mason pinned his opponent at 120 to put Central up 12-0. However, the Eagles came soaring back, winning four of the next five matches to go ahead 18-15. Joe LeBresh pick up a big win for Central at 177 lbs., defeating Eastern's Hall 17-10. Hall had picked up two solid wins against LeBresh earlier in the season.

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