2-17-1994

The Observer

Central Washington University
Sex therapist addresses campus

by Gregg Roulst

It's been a long time since Princeton University held an hour-long lecture on "Sexually Speaking" and actress Dr. Ruth Westheimer answered questions from the audience. Friday night was the occasion, and students attended to learn from one of the world's leading sex therapists who is now an old grandmother-type woman.

Though she encourages sexual literacy, she does not encourage everyone to have sex. "I'm all for people who want to choose abstinence," Westheimer said.

"If I think we need to have sex, I'm for people who want to choose abstinence," Westheimer said. "But I'm not for people who want to have sex and don't do it when you've had too much to drink," she added.

Westheimer told people not to allow one to tell you to be sexually active. "If all for people who want to choose abstinence," Westheimer said.

"Do it when you want to, and don't do it when you've had too much to drink," she said.

"I'm for people who want to choose abstinence," Westheimer said.

"Lovenaking can get boring," she said. "Put some variety in it. Get rid of the kids, check into the motel. Anything two consenting adults do in the privacy of their home is OK," Westheimer said.

Tom Borland and Annmarie Klatt assisted Dr. Ruth Westheimer Tuesday night by reading questions for her far-ranging lecture and question/answer session dealing with the need for sexual literacy.

She also has headed up the campaign to encourage more people to engage in safe sex by using condoms. Westheimer, who helped generations of "body-conscious" people without bursting out in laughter, is the author of "Dr. Ruth's Guide to Sex," "Dr. Ruth Talks to Kids" and eight other books. She is also coming out with "Dr. Ruth's Encyclopedia of Sex."

Since 1980, she has hosted "Sexually Speaking," an hour-long nationally syndicated call-in-radio talk show.

This is 1994—some people believe too fastidiously. Westheimer said. "We can bring a man to the moon and back, but we can't find a perfect contraceptive. This is because of sexual illiteracy.

Westheimer has attempted to educate the public about AIDS. She still maintains a private practice and spends eight hours per week seeing patients.

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**Failure to lock doors allows looters access to cars, rooms**

-Campus police officers have seen an increase in the number of vehicle prowls this year. Steve Ritterman, chief of Public Safety and Police Services, said the most common target has been compact disc players and stereo systems.

This week, there were two reported incidents of car prowls. The first occurred Tuesday morning when a resident of Hitchcock Hall discovered their passenger-side car window was shattered and their stereo missing. Officers investigated the car parked in the H-15 lot and estimated the loss at $400. Police do not have a suspect, but the investigation is continuing.

The second prowl occurred Friday afternoon in the library parking lot. A person discovered discs and it. The doors were unlocked.

-When officers checked his car registered in the computer, it was discovered to have expired a year before, even though his tabs appeared to be current. He was cited for having altered license plates and failing to produce proof of liability insurance.

-Also on Monday afternoon, a resident of Brookline Village saw two boys standing near a car in the laundry parking area. The boys were holding a can of spray paint and proceeded to spray the passenger window of a car. Officers arrived, contacted the juveniles and released them to their parents. Juvenile chargers of third-degree malicious mischief will be filed against them.

-Monday afternoon, a resident of Short-Getz Apartments called police because they had watched two teenage boys setting up orals outside their door. Officers arrived, could not find the boys, but confiscated 10 traps. Officers suspect the traps are stolen, but an owner has not been identified.

-Another floor, someone entered the 1-15 lot and estimated the loss at $500. Failure to lock doors allows looters access to cars, rooms.

-When officers checked his car registered in the computer, it was discovered to have expired a year before, even though his tabs appeared to be current. He was cited for having altered license plates and failing to produce proof of liability insurance.

-Monday night, a man walked into the Intramural Office at Nicholson Pavilion. He told the woman working there he had just been hit by a car. When the woman offered to call the police, the man started yelling, "No police!" and ran outside. Officers arrived later but could find no trace of the man. The woman described him as a white male 16-18 years old wearing a Georgetown jacket. He also showed evidence of injury to his arm and leg.

-Feb. 9, a man visiting a friend in Murzelli Hall was the victim of theft. While showering on another floor, someone entered the room his clothes were in and took $1000 from his wallet. He said the room was closed but unlocked.

-Last Wednesday, the stage manager of McConnell Auditorium discovered an attempt to take an amplifier from the auditorium. The screws and face plate from the amplifier were removed, but the amplifier remained securely locked. There was no sign of forced entry.

-The best scenario is when both professors work together to design a syllabus that works for both students and instructors. This format is new to both professors, and having a smaller class gives each more time to co operate and coordinate efforts in designing the course curriculum.

-One thing we’re doing with this class that I’m not able to do when I teach Education 301 by myself is explore the issues and the themes of the papers to a much greater depth,” she said.

-But, in teaching a linked course, time is and will continue to be a major constraint, she said. “It’s nice having a small group,” Sutphin said. “I think we could do it with a larger group but there would be a lot more time invested in paper grading.”

-The students in the class benefit from the extra time invested by the professors. There’s a lot of individual attention,” said Cindy Deck, a senior majoring in art.

-The obvious way of taking care of both classes at once,” Deck said. “It’s easier to write papers when I’m enthused about what I’m getting up to."

-Sutphin agrees. "In my regular composition courses, I let people pick their own subjects which means I get all kinds of things, some things rather local and some things very global." Allowing students to write on topics within their own discipline provides them the freedom to focus on what they’re really interested in, she said.

-Kleck said the specialization of writing skills is a primary goal of SWAC.

-one of the nice things about getting writing out of the English department and into the disciplines is students begin to see writing is not something that happens just in the English department," she said. "It is a critical part of an educated person’s life." This process of learning skills on a need-to-know basis is being applied both in higher education and at the K-12 level, she said. By applying this process in Bowman and Sutphin’s linked curriculum students are mastering a technique they can apply as teachers.

-"Everything we do has that dual emphasis," Bowman said. "They’re learning, and they’re learning to help others."
Psychology department reels in fish grant
State gives whopper of grant to study behavior of Chinook salmon in hatcheries

by Tim Yeadon
Staff reporter

Central's psychology department has recently been awarded approximately $57,000 by the State of Washington's Water Re­search Center to evaluate a new hatchery program in Leavenworth. A team of three people from Central, including Dr. Terry DeVietti, a psychology professor, and James, assistant professor of psychology, Jim Thomson, designer and technician of lab equipment and Dr. Paul Thomason, assistant professor of biol­ogy, is attempting to determine behavioral differences between wild Chinook Salmon and hatch­ery-bred salmon.

This team and several Central graduate students will observe salmon at the Icicle Creek Hatch­ery, which is owned by the United States Fish and Wildlife Depart­ment. They will collect samples of the fish and transport them to the third floor of the Psychology Build­ing for further research.

This project will attempt to deter­mine why hatchery fish do not sur­vive and are not able to spawn, DeVietti said. The program being implemented at the hatchery is attempting to re­move people from the feeding pro­cess, which DeVietti said is part of the reason hatchery-bred fish do not survive long in the wild. An average of only 0.05 percent of Chinook Salmon raised and re­leased by hatcheries in the upper Columbia River Basin return to spawns, DeVietti said. That's only five fish out of 10,000.

“People are just as fast as they are to the toilet,” DeVietti said. Fish born in the wild return to spawn at an average of about 3 percent (300 out of 10,000 Chi­nook Salmon), he said. He believes this rate is tremendous, consider­ing hatcheries have a 90 percent survival rate from the time hatchery­eggs hatch until they grow into smolt, or mature fish. In the wild this survival rate is about 8 percent. “Hatchery fish have jobs to do and they do a marvelous job at it,” DeVietti said. “The problem is the fish don’t survive once they are thrown out into the wild.”

In most Washington fish hatch­eries, DeVietti said, salmon are reared in long concrete holding tanks, or “raceways,” approximately 80 feet long. They are fed daily by workers who approach the side of the tanks and throw pellets into the water. DeVietti calls this form of feeding “a nursing-home style.” He has seen hatchery fish come racing to the side of the tank to the worker feed­ing them.

“The fish know if they aren’t there then they won’t get fed,” DeVietti said. “Why should they hide?”

The Leavenworth tank is differ­ent because plywood strips cover the tank and automatic feeders spec­radically “burp” pellets to the fish. When people approach now, the fish hide.

In the hatchery experiment, the workers from Central will take four samples from both the standard hatchery stock and the other groups (innovative treatment and regular hatchery stock) during April, June, August and October of 1994 and run them through a behavioral pro­file.

The fish lab in the Psychology Building is an artificial stream for evaluating fish behavior. The stream is a tank 8 feet long, 2 feet wide and 2 feet tall.

The lab was created to measure the differences between wild fish and hatchery fish by controlling water current, temperature and structure within the tank.

Through these experiments, DeVietti and his colleagues hope to answer two questions. First, does the treatment produce a different behavior in the fish? Second, when is the fish’s critical learning pe­riod?

With this new data DeVietti hopes to have new ways to improve the hatchery system.

“If you look at the data coming out of the Columbia River system, it is just terrible, DeVietti said. As a psychologist, DeVietti fo­cuses on behavioral tendencies. If he isolates the conditions affect­ing how and when the wild fish develop survival behaviors, hatch­eries could mimic those conditions, he said.

But the hatchery fish are not sur­viving as well, and DeVietti has observed the behavior patterns of the fish as very different.

“You’ve got two different geno­types,” DeVietti said. “It’s hatch­ery stock versus wild stock, and it’s their different rearing environ­ments. It’s nature versus nurture, genotype versus environment.”

The basis of DeVietti’s experi­ments evolved from a study recently conducted over a two-year period by the Yakima Indian Na­tion. The study took fertilized wild Chinook eggs and reared them as hatchery fish. Those participating in the study released the fish as smolt into the upper Yakima River and collected data as the fish trav­eled about 80 miles down the river. Like hatchery-reared fish, the sur­vival rate was very low as they migrated down the river.

Whether the fertilized eggs were wild or hatchery-produced was a factor, DeVietti said.

“Basically, the environment a smolt is raised in will affect its ability to survive in the wild.”

“Like raising a puppy in a Seattle apartment, then taking the dog into the woods and leaving him there,” DeVietti said. “He’s not going to make it home.”

Reproducing conditions from a wild fish ecosystem in hatcheries could produce a fish better suited for release, DeVietti said.

DeVieiti has observed how wild fish remain low in the water, use cover to protect themselves, and often stop and rest on the stream floor. Hatchery fish, on the other hand, remain high in the water, swim 24 hours a day, and never use cover. “That’s the thing that jumps out at me,” DeVietti said. “If you’re high in the water column in clear sight of predators, you’re dead.”

During experiments in the lab, a “threat stimuli,” or artificial hawk, is moved over the tank during feeding periods.

The wild fish immediately find cover for up to 10 minutes. The hatchery fish become very active for two to three seconds, then con­tinue to feed, according to the re­sults of DeVietti’s experiment.

“I’ve seen ravens and garter snakes take hatchery smolts,” DeVietti said. “The smolts do not have a clue.

“Nature is tough on these fish.”
The Observer

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The Observer is a laboratory newspaper produced in conjunction with the school’s communication department. The opinions here do not necessarily reflect those of the university. Unsigned editorials and cartoons represent the opinions of a majority of The Observer editorial board.

OBSERVANCE

Advantages of three strikes' outweigh its disadvantages

Now that the "three strikes, you’re out" law has had time to take effect in Washington, voters are beginning to realize the law they so strongly supported will send some not-so-violent criminals to prison for life.

In one case, a man faces his third "strike" for the holdup of a sandwich shop for $151. He is accused of pretending to have a gun by concealing it inside his coat pocket. His first two strikes were for robbery; neither involved a gun.

Other downfalls are suspects’ increased resistance to arrest and unwillingness to plea bargain in an attempt to avoid "strikes."

Nevertheless, the federal government estimates 6 percent of criminals commit 70 percent of all crimes.

In Washington state alone, projections show the law will send approximately 70 people to prison for life annually.

Considering all the violent crimes reported on television news, and the vast majority of crimes which never even make headlines—albeit not the law to "three strikes, you’re out" law is a way to remove the threat of violence from the everyday pressures of societal living.

If out of fear of worry about violence, if people are free from worry about surviving day to day without being a victim of violence, society is then free to concentrate on solutions to other problems.

Our justice system prior to "three strikes, you’re out" was designed to keep criminals off the streets and out of mainstream society.

Considering the amount of public support for a law which takes a tougher stance, it obviously didn’t do its job.

"Three strikes, you’re out" was designed to take up the slack in the justice system. It was designed to be violent where "three strikes, you’re out" law is a way to remove the threat of violence from the everyday pressures of societal living.

If we are free from worry about violence, if people are free from worry about surviving day to day without being a victim of violence, society is then free to concentrate on solutions to other problems.

Our justice system prior to “three strikes, you’re out” was designed to keep criminals off the streets and out of mainstream society.

Considering the amount of public support for a law which takes a tougher stance, it obviously didn’t do its job.

Staff members: Ernest M. Baldwin, Comet Brower, Matthew Burke, Jason Carter, Chuck E. Case, Anthony Costantin, John Costello, Lisa Fraser, Brian Gill, Garrett Grobler, Al Harrison, Joanne Horne, Deborah Inner, Scott Mahre, Greg Poulard, David Scott Sway, Jennifer Thompson, Tom Yeardon

BELIEFS OUGHT TO BE SHARED

To the Editor:

This is in regards to Jennifer Match’s letter, “Silence Encourages Illegal Protest.”

I am a Central student and a member of Chestnut Street Baptist Church.

Though I don’t fully agree with my church’s beliefs about abortion, I feel we have a right to be heard.

Our church members are only human, and as humans, we make mistakes. We have no right to assume that people who are not accepting of sharing our beliefs, we forgot to get the necessary sign permit.

I wonder if Jennifer would have been so eager to point that out if we had displayed a less controversial issue or one she agreed with.

Nonetheless, we rectified our error when it was pointed out to us. Another thing I take issue with is she implies our “one out of three” statistic is inflated. As a student at Central, I have written numerous research papers and have seldom found statistics from different sources to exactly match. Even assuming 38 percent is the only correct answer, one out of three is not too misleading.

Jennifer states, “Symbolically protest-aborting can have a negative impact on residents and Central student.”

When I hear a statement like this, my initial reaction is shock. To become free-thinking individuals we should listen to all sides of a story. Not only the ones we agree with. At my church, we feel we have the responsibility to share our beliefs with others. On the positive side, Jennifer is to be commended because she had the courage to ask our pastor for our viewpoint. I feel others should share their courage.

Michael D. Brown

LETTERS

Mr. Central contest offensive, infuriating

To the Editor:

I speak for no other club or organization when I say I find the concept of the Mr. Central contest sponsored by the Residence Hall Council offensive. It is an idea which should have never left the meeting floor. I ask all to think what would happen if this were instead a Ms. Central contest. Imagine the ramifications.

This paper would be flooded with letters. Men in EHC would receive phone calls, be accused of being sexist and a general uproar around campus would quickly quell any spark of the idea.

Instead, this contest is veiled in the shroud of being a male contest. While I will say I know nothing other than there is no women’s portion of the event, this concept in itself infuriates me. I cannot say enough how much of a furor would be created if this was a Ms. Central contest. I don’t care what this is about. If it be a perfunctory personality or looks or mental ability, it does not matter.

If women want the equality of not being compared by men, do not compare men to each other. Each individual is a unique entity in himself. The Mr. Central contest will create an atmosphere in the residence halls which will destroy someone’s self-worth.

Is destroying that one person’s self-esteem worth the few days of publicity the organization and the “winner” get?

Billy Wagner

Money real reason dietary request denied

To the Editor:

During fall quarter, my roommate and I were denied our request to drop our housing meal plan by Auxiliary Services Director Rob Chrisler.

We made this request because we are extremely health conscious and work out religiously to reach our goals of lower body fat percentage and higher energy.

We felt very limited by the dining halls and wished to cook healthy meals for ourselves, which would be quite easy in Quigley Hall.

Mr. Chrisler’s reasons for the denial which we just received were not acceptable. He claims we are not students, that the law does not state you must have a medical reason. Auxiliary Services pulled that policy out of thin air.

Of course, Mr. Chrisler’s retort is not true. I, for instance, have more half-way decent deficits have between 30 to 50 calories of fat and even the low calorie salad dressings have 12 grams of fat per serving. Good luck being healthy on that. As you can see, they don’t give us too much credit.

Since the director first made his decision, we have asked that he reconsider.

The contract says any student can cancel their meal plan by obtaining a director’s exemption. No contract should be based on an exemption because Chrisler has continued to use this to hide the real reason for his denial which I wish he had admitted in the first place: MONEY!

Mary Mahre

LANGUAGE OFFENSIVE

To the Editor:

I was offended at the language I found in your Feb. 3 paper. As I was reading the ads, I noticed on the back page a set for students to back up. Unfortunately, this warning was accompanied by a word I find very offensive. I sometimes people need to be reminded to buck up when sharing, but also feel you could have found a better way to express yourself. I have found language is a good judge of character, and will be cautious in the future as to whether I will read or recommend your paper. Please keep in mind there are many people who feel as I do and would appreciate a paper which has clean language.

Elaine Fox

LETTER WRITERS:

All letters must be submitted by 5 p.m. Friday before the week of publication date. Letters must be typewritten and less than 300 words. All letters MUST include your name and phone number for verification. Please write to the reader rather than to any specific person.

The Observer reserves the right to edit for length, style, grammar, libel and matters of taste.

Send letters to: Boulevard 227, Ellensville, WA 98405, or bring them to the newsroom.

Boulevard 227, 9031-073 of Boulevard 223, 9031-027
MORE LETTERS

Students dissatisfied with chosen speakers

To the Editor:

We find it contradicting the ASCWU and Augmented Services will invite speakers Ice-T and Dr. Ruth Westheimer to Central when a task force is being formed to address violence on our campus (The Observer, Feb. 3, 1994) and when studies show high levels of STDS among Central students (The Observer, Jan. 27, 1994).

Central has a growing problem with violence and promiscuous sex, yet the ASCWU and Augmented Services pour gasoline on the fire by inviting two people who promote Central’s problems. We find Ice-T and Dr. Ruth to hold views quite different from our own, but at the same time we respect them as talented people. Respecting authority and waiting to have intercourse until marriage are values that can only be a positive step for our society.

Nevertheless, Ice-T’s and Dr. Ruth’s views which promote unlawful violence and promiscuous sex, respectively, are not ideas we think need to be promoted, nor do many of our peers. We feel our education, values and views are not being addressed through guest speakers invited to lecture at Central. We would like to begin to see an effort toward balance in the selection of our campus lecturers.

Keith Kemp
Christopher Knox

Speakers such as Colin Powell and Dr. Josh McDowell would begin to balance the scales. We feel speakers like these would be engaging and useful to more of the student body. We again appeal to the ASCWU and Augmented Services to invite speakers who support the above positive values. Students and faculty who share our views can expect to find people of similar conviction at the various campus Christian groups. We invite you to come visit any of these and share your views with us.

Washington Student Lobby

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Quiz Question of the week:

Which sports team at Central has had a winning record for the past 10 years?
Jean Ellis Gilles, a Haitian exchange student, lounges in his room listening to music. He is married and has three children who are 7, 5 and 3 years old. He will not be relocating soon, he said. Making a move across the country will take time.

Riexinger came to watch the Ellensburg Rodeo for the first time in 1992. He heard about the rodeo from relatives in Cle Elum and Roslyn. Riexinger liked Ellensburg and picked up a real estate flier, he said. "The people here are nice and receptive to a new guy," Riexinger said. He bought the Grand Central Theatre about three months ago and reopened it Nov. 24.

He also owns three storefronts, which are small businesses separate from the theater but on the same block, he said. Riexinger is a building contractor in New York and liked the building the Grand Central Theatre is housed in when he saw it. It was the worst looking building in town, he said, but he liked the architecture and thought it had the potential to be an attractive building.

He also boards and trains horses in New York, he said. The horses he trains are eventually sold. In fact, he sold a Palomino Quarter Horse to obtain the down payment for the Grand Central Theatre. The movie business just happened to be a way to pay the theater mortgage, Riexinger said.

His plans for the future are clear. He wants to fix up the interior of the theater and show what he thinks are quality films, he said. "Our (the theater) goal is to get a decent facelift on the inside," Riexinger said.

He doesn't want the theater to show movies that have shown before in other theaters, he said. "I don't want to follow the Liberty (Theatre)," he said. "Competition is good for a town.

He would also like to add an additional screen so he could show a wider selection of movies, he said. However, he doesn't know where that screen would go, he said. When Riexinger bought the theater, he was told its screen was the biggest one in Kittitas County, he said.

"I won't let anyone change the big screen," Riexinger said.
Long distance relationships need trust, honesty, comfort

by David Scott Saey
Staff reporter

A lone student waits by the oldest telephone. The student waits and waits, but the telephone never rings. This student is involved in a long distance relationship, a relationship that could involve steamy love letters and frequent phone calls, but also worry, stress and mistrust.

"(Long distance relationships) is a common discussion topic in class," said Owen Dugmore, associate professor of psychology and instructor of Psychology 235, an interpersonal and relationship development class. "One person in a relationship tends to love more," Dugmore said. "What that means is there is going to be a person who feels less awful than the other about being separated," he said.

Long distance relationships can hinge on trust and honesty. "In order to make a long distance relationship work, it's important for partners to know and trust each other," Dugmore said.

"There is no substitute for being honest, feeling comfortable with one's self, and not being possessive," he said.

Most intriguing to me are the seven color photos from Seattle artist Janine Cook, four of which are from her "Calendar Series." These images are not found, how­ever, at the National Invitational Contemporary Photography exhibit at the Sarah Spurgeon Art Gallery in Randall Hall.

"Mr. February" clutches a Cook O'Matic mixer while wearing a matching metal bowl on his head. Cook uses unnaturally bright and vibrant colors to highlight areas of the 10 featured contemporary pieces.

Other pieces in the exhibit include a series of 36 photos of Campbell's soup cans next to an­other series of 36 photos of bowls of Campbell's soup. These series were done by Japanese artist Masaru Nakamoto.

Nakamoto has been influenced by "cheap science fiction movies," he said at a public lecture and slide show last week in Randall Hall. He cited the importance of "cheap staging of subjects." "Often pictures can be funny if they are obviously cheap," Nakamoto said, referring to a photo of a fish stuck in the sand, close to make the fish look as if it were as large as the skyscrapers in the background.

Other artists featured in the exhibit are Suzanne Saylor, Michael Cleary, Greg McGregor, Heather Cox, Stu Levy, Terri Warpinski, Dan Powell and Thom Tu Duc. The exhibit leaves the Sarah Spurgeon Art Gallery March 4.
Check out these activities: play, film & lectures.

WHAT'S HAPPENING

FILM
- "Ran," a film directed by Akira Kurosawa, will play at 7 p.m. Feb. 20 in McConnell Auditorium as part of the Classic Film Series.
- "Ran" combines action and cross-culturalism. The film is 160 minutes long and is unrated.

PLAY
- "The Grapes of Wrath," directed by Wesley Van Tassel, will be at 8 p.m. Feb. 17, 18, 19, 24, 25 and 26 in McConnell Auditorium. Admission is $6; $4 for students and seniors. Thursday performances are half price.
- A matinee for school groups will be at 10 a.m. Feb. 23. It is recommended for grades seven and up. A discussion will follow.

PROGRAMS
- "Beyond Tolerance: An Intercultural Approach to International and Domestic Diversity," a program presented by Milton and Janet Bennett, will be from 8:30 to 10 a.m. Feb. 18 in Black Hall Room 101. Both presenters direct the Intercultural Communication Institute in Portland, Ore., and have devoted their careers to developing theory and training methods in intercultural communication. Both presenters also have doctorate degrees in intercultural communication from the University of Minnesota, Minneapolis.
- Admission is free.
- "China in the '90s," a program discussing modern China, will be at 3 p.m. Feb. 22 in the Grupe Center.

EMPLOYMENT
- An Easter Seals representative will be in the Samuelson Union Building Pit Feb. 17 to meet with students interested in working at the Easter Seals summer camp.

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CLASSIC FILM SERIES

RAN

Ran is a work of such consummate grandeur that it dwarfs almost all other films of the last decade. The crowning masterpiece of Akira Kurosawa's 50 year career, it combines the sweeping action of THE SEVEN SAMURAI and the cross-culturalism of THRONE OF BLOOD with the distilled philosophical depth of the director's late period.

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Stevenson looks back on wrestling career

by Paul L. Williams

Sports editor

The Central wrestling squad won three of its four meets and did something it hasn’t done in nine years Friday: beat Simon Fraser University in a dual meet.

“It was a big win for us,” said head coach Greg Olson. “It’s been about nine years since we beat Simon Fraser and now we’ve got a chance to have our first winning season since 1990.”

The Wildcats’ 19-17 win over the defending NAIA champions brought their dual-meet record to 4-5 for the season.

Gaining victories for Central were Chad Requa at 126 pounds, Jason Stevenson at 142 pounds, Adam Scanlon at 158 pounds and Jamie Peterson at 177 pounds. Jason Baril won by forfeit at 118 pounds.

Olson pointed to Peterson’s win as the key to winning the meet.

“Jamie Peterson had to win that match at 177 for us to win the meet and he did that,” Olson said.

Baril got the ball rolling for Central with the forfeit. Requa then defeated Anders Bloomgren of Simon Fraser 16-8 to give Central a 10-4 lead.

Joe Knox had a tougher time with his opponent, Mike Livingston. With 36 seconds remaining in the second round, Livingston took a 6-5 lead and held on, winning 14-11. Knox aggravated a previous ankle injury in the match. “It’s (the ankle injury) been a continuing problem for him all year,” Olson said.

Stevenson got the Wildcats back on track with a 5-1 win over Steve Rose, who took a 33-15 season record into the match.

With the victory, Stevenson upped his record to 30-13, becoming the eighth Central wrestler to win 30 or more matches in one season.

“I wanted to wrestle smart, be conservative,” Stevenson said. “I didn’t feel like I pushed as hard as I could have, but I felt like I wrestled a pretty smart match.”

Brett Lucas didn’t fare so well, losing to Scott Austin 16-6. The decision made the score 13-7 in Central’s favor.

Scanlon then defeated Travis Himmelbright 8-2. After Ryan Elsemore lost his match to Simon Kissinger, Peterson defeated Sam Barudin 8-2. It was Peterson’s fifth win of the year and the last match the Wildcats won that night. Jason Vose and Paul Martinez both lost decisions by scores of 5-3 and 7-2.

“I’m hoping to get wins in both weekend meets and be seeded high going into districts,” Stevenson said.

The Wildcats may be without Erik McDowell for the rest of the season. He has been out for more than a month with a knee injury.

“There’s a real good chance he’ll be done for the season,” Olson said. “That scares us because I think with him we would have a shot to be in the top three at nationals.”

When his wrestling career is over, Stevenson said, “When I look back I don’t think about the wrestling so much as the guys on the team,” Stevenson said.

“He endured his toughest season as a sophomore, the only year he did not qualify for nationals.

“I did a lot of thinking after that season about what my goals were and how important wrestling was to me,” Stevenson said.

During his junior season, Stevenson moved up to the 150-pound weight class and placed seventh at nationals. This year, after starting at 150 pounds, he decided to move back to the 142-pound weight class.

“I have the best shot of accomplishing my goals at the 142-pound weight class,” Stevenson said.

He has been able to keep up his outstanding performances by looking at the big picture instead of the immediate match, Stevenson said.

“During the season you need to realize you’re not going to be the best every match, and when you’re going bad you’ve got to shake it off and get the next one,” Stevenson said.

Stevenson uses an aggressive, attacking style when on the mat.

“My style of wrestling, the way I wrestle best, is when I’m aggressive and physical,” said Stevenson.

“In his career, Stevenson has faced many tough opponents, including an NCAA All-American who wrestled for Boise State.

“When I look back I don’t think about the wrestling so much as the guys on the team,” Stevenson said.

“You make a lot of friends and take a lot of long road trips.”

The 110 wins is “more of a consistency-type record and being healthy for four years,” Stevenson said.

“When his wrestling career is over after nationals, Stevenson hopes to get into coaching. He will graduate this summer and starts his student teaching spring quarter in Federal Way.

Joe Knox stares down his opponent, looking for an opening.

Brian Gill/The Observer

Few opponents have been able to get the upper hand on Jason Stevenson in his career.
Men defeat Seattle, shock Seattle Pacific

by Chuck E. Case
Staff reporter

Central’s men’s basketball team boat league rival Seattle University in a battle for fourth place in the region with an 81-75 win Saturday night at Nicholson Pavilion. The top four teams in the region host their first games in the regional tournament March 2, 3 and 4. The Wildcats were 4-5 in regional play as of Saturday.

Then on Monday, Central pulled off another huge upset over a nationally ranked team. The Wildcats stunned Seattle Pacific University 66-59, ending the 32-game home-court winning streak of the 10th-ranked team in the NCAA Division II.

Guard Ryan Pepper, a junior law and justice major, led the way Saturday with 27 points, including a 12-for-14 effort from the free throw line. He also grabbed six rebounds. He had 16 points Monday against the Falcons.

Central took advantage of four personal fouls by Seattle in the first four minutes to take a 13-6 lead. Ryan Pepper scored seven points in the stretch. Junior forward Willie Thomas, a public relations major, contributed to the run with an alley-oop jam from junior guard David Rockwood.

Rockwood contributed 11 points and a game-high seven assists along with Venters, led the Wildcats to 76-75. Then Central hit five of six free throws to clinch the game.

In addition to Ryan Pepper’s 27 points, Thomas had 13 points and, along with Venters, led the Wildcats in rebounds with eight. Rockwood contributed 11 points and a game-high seven assists. Despite the fact Venters hurt his hip committing a blocking foul, Mychal Brown hit one of two free throws to make the score 72-70. Brown hit a three-pointer with 31 seconds left to close the margin to 76-75. Then Central hit five of eight free throws to clinch the game.

In the next four minutes Seattle went on a run of its own. Eton Pope’s jumper ended a 13-2 run that gave the Chief-ta.ins a five-point lead.

Two and a half minutes later, Thomas jammed again to give Central a 23-21 lead, its last of the first half. A layup by Seattle’s Donnyell Frazier ended an 11-2 run to give Seattle a seven-point lead with 5:45 left in the half. Seattle’s lead grew to eight before Central came back in the final three minutes to close the deficit to 39-38 at halftime.

Seattle started the second half by scoring four points to take a 43-38 lead. With 13:50 remaining, junior forward Vince Haggard, a computer science major, converted two free throws to give Central a 50-48 lead. Central never relinquished the lead the rest of the night. Thomas’ third jam with 8:36 left made it 67-58, Central’s third nine-point lead in two minutes.

Central came back in the next six minutes. With 2:22 left, senior center Wade Venters, a law and justice major, hurt his hip committing a blocking foul. Mychal Brown hit one of two free throws to make the score 72-70.

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This was a key league win and a point lead. Seattle started the second half by scoring four points to take a 43-38 lead. With 13:50 remaining, junior forward Vince Haggard, a computer science major, converted two free throws to give Central a 50-48 lead. Central never relinquished the lead the rest of the night. Thomas’ third jam with 8:36 left made it 67-58, Central’s third nine-point lead in two minutes.

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In addition to Ryan Pepper’s 27 points, Thomas had 13 points and, along with Venters, led the Wildcats in rebounds with eight. Rockwood contributed 11 points and a game-high seven assists. Despite the fact Venters hurt his hip, assistant coach Jeff Albrecht said it won’t hinder his play.

“It’s just a little nick,” Albrecht said. “Wade’s a tough guy and he can handle it.”

This was a key league win and a good sign for the rest of the season, the team and its coaches said.

“We lost to Western, but we’ve won four out of our last five,” head coach Gil Coleman said. “I’ve been encouraged by our play down the stretch.”

Albrecht said, “A win like this will help us turn things around. This was a big win for us after losing so many close games.”

Thomas said the win was important for statistical reasons.

“This win gives us a chance for third place and home-court advantage for the postseason,” he said.

Thomas also issued a warning to other teams Central will play the rest of the season.

“It’d like to tell other teams to watch out,” Thomas said. “We’re for real this time.”

The Wildcats backed this up by shocking Seattle Pacific. Four players, led by the 16 points of Ryan Pepper, scored in double figures. Thomas added 15, Bryan Silver had 12 and Rockwood had 11. Rockwood also had seven assists and five steals in the contest.

Central is now 10-5 overall for the season. Tonight the Wildcats play in Tacoma against the University of Puget Sound. The Loggers have won both meetings between the two teams this season.

WILDCAT NOTES: Central will be without junior guard Chico King, a business education major, for the remainder of the season. He left the team Sunday for unspecified reasons. King is the fourth player to leave the team since the beginning of the season.

Rockwood’s effort Monday was on a broken foot. His status is day-to-day, Coleman said.

Ryan Pepper still leads the team in scoring, averaging 20.3 points per game. Thomas is second with 12.8 points a contest.

Brian Gill/The Observer

Vince Haggard scores two of his eight points against Seattle University.

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RADIO & TELEVISION
Loggers defeat Central swimmers

by Deborah Irmer
Staff reporter

Central’s swim team hosted the University of Puget Sound Friday in the last meet before districts.

Although the Loggers won both the men’s and women’s meets, the Wildcats racked up some of their best times of the season.

"It was an OK meet," said head coach Lori Clark. "I would've been a lot better, but it was our best dual meet against Puget Sound. Overall, we showed improvement and you've got to like that.

In diving action, Rob Nichols took first in both the one-meter and three-meter springboard events and qualified for nationals.

Meanwhile, in the 400-yard medley relay, it came down to a photo finish between Central’s men’s teams to decide second and third places.

Kevin Daniels, Kris Kluthe, Gary Ames and Jeff Ritchie took second with 3:41.40. Brian Knittle, Kevin Stemp took second with 1:48.75, and the 1,000-meter freestyle. Melissa Newman won two diving events.

Central’s women’s 400-yard medley relay team of Davis, Marina Cardenas, Annette Harris and Julie Newman won two diving events. Central’s men’s 100-yard breaststroke. Melissa Newman won two diving events.

The Central swimmers will be competing in the Pacific Northwest College Swimming and Diving Championships beginning at 9:30 a.m. Feb. 17 and ending Feb. 19 at Central’s Swimming Complex. This is the district meet.

Wildcat Notes: Nichols is the 14th Central men’s swimmer to qualify for nationals.

On the women’s side, the Wildcats have qualified for nationals in all but three events: the 100-yard freestyle, the 800-meter freestyle and the 1,000-meter freestyle.
Women lose to Puget Sound

by Ernest M. Baldwin
Staff reporter

The Central women’s basketball team struggled through another loss Saturday at the hands of the University of Puget Sound 84-60. The Wildcats are now 4-16 overall and 0-7 in league play for the season.

The Wildcats started the first half slow and were behind 44-25 at halftime. Despite an improvement in the second half, the margin was too wide to make up.

“We got off to a slow start and were never able to recover in time,” said head coach Nancy Katzer. The ‘Cats shot only 34 percent from the floor in the contest. “Their (Puget Sound’s) defense was quick and strong tonight, but our cold shooting did not help us either for the first half,” Katzer said.

The Wildcats were outscored in the second half 55-39. Central was 0-8 from the three-point line. But, the Wildcats out-rebounded the Loggers 54-38.

“With the rebounding total the way it was, you would think the game would be a lot closer, but that wasn’t the case, we were missing the close shots, too,” Katzer said.

The Wildcats were led in scoring and rebounding by senior Kurla Hawes, an education major, who had 16 points and 13 rebounds in the game.

Puget Sound had a balanced scoring attack led by Kelly Kaiser and Molly Avery, who both finished with 15 points. The Loggers had five players in double figures.

The Central women’s next game was in Lacey against the University of St. Martin’s Feb. 15. Results were not available at press time.

Central now travels to Lewiston, Idaho, to take on Lewis & Clark State College Friday. The last home game of the season will be against arch-rival Western Washington University Feb. 22. The last game of the season, unless the Wildcats make the playoffs, is Feb. 25 against Seattle University, which handed Central its first league loss of the season Jan. 8.